

Faith Community Nurse (FCN)

- A registered professional nurse (RN), actively licensed within the State
- Working within a ministry mindset committed to:
- Listening rather than fixing
- Searching for joy rather than succumbing to feeling “it’s not fair”
- Helping, encouraging, comforting when it feels awkward
- Praying with rather than praying for
- *“Ministry happens when you participate in the mystery of being with. You can’t solve the world’s problems, but you can be with people.” Henri Nouwen*

Faith Community Nursing emphasizes the importance of

- Whole-Person (Body, Mind and Spirit) Approach to Health
- Focus on the intentional care of the spirit

We are here to serve our Parishes needs:

- Health Needs Assessment survey
- Health Fairs
- Blood Pressure Checks
- Seminars/classes on Health-Faith Topics
- Promotion of Disease Prevention and Health Maintenance
- Assist in finding appropriate healthcare resources

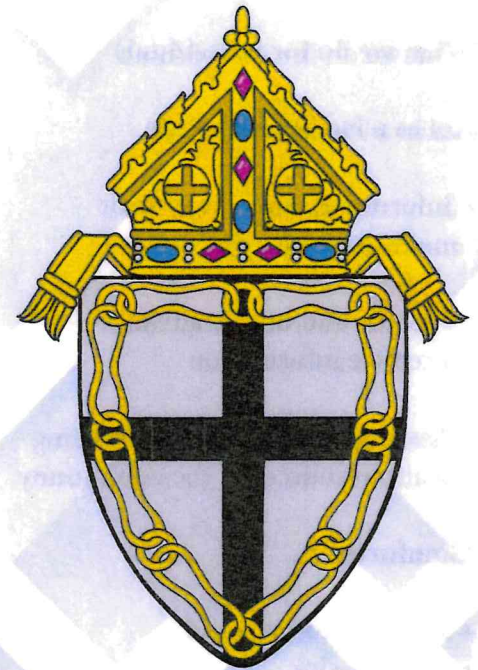


Our Mission:

To promote the wellness of mind, body, and soul in our community through assistance in making responsible and informed health choices which reflect Catholic teaching and tradition.

Our Vision:

To foster the development of health community that recognizes spiritual health as being central to one’s wellness and wholeness.



What is Health Ministry?

Why have a Health Ministry?

What is Faith Community Nursing?

Throughout the scripture, God calls people of faith to healing.

Faith Community Nursing:

Cultivates relationships with individuals and Parishes, to encourage, educate, and equip people to build and sustain healing practice as an integral part of faith practices.

What we do for individuals

Act as a Health Advocate

- Inform parishioners of their medical options and rights
- Provide end on life/advance directive information
- Assist the uninsured in obtaining health resources in the community

Comforter

- Visit the homebound
- Visit the sick
- Listen and support people going through difficult times

Companion

- Counsel and journey
- Pray
- Listen without judgement

Resources and Health Education

- Health educational resources and referrals
- Provide healthy lifestyle resources, health promotion and disease management

Five foundational elements defined in the handbook: Faith Community Nursing: Scope and Standards of Practice

- Health and illness are human experiences
- Health is the integration of the spiritual, physical, psychological, and social aspects of the patient promoting a sense of harmony with self, others, the environment and a higher power
- Health may be experienced in the presence of disease or injury
- The presence of illness does not preclude health nor does optimal health preclude illness
- Healing is the process of integrating the body, mind and spirit to create wholeness, health and a sense of well-being, even when the patient's illness is not cured.

Sample of the roles of a Faith Community Nurse:

- Heath advocate
- Educator of Health Promotion and Illness Prevention for all age groups
- Health Counselor to parishioners of health-related issues
- Referral Agent for parishioners requesting community resource information
- Coordinate various support groups: grief support, Alzheimer's, caregivers, living with chronic illness, etc.



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