



DIOCESE OF  
FRESNO

# Jubilee Indulgences

## What is an Indulgence?

An indulgence is a remission before God of the temporal punishment due to sins whose guilt has already been forgiven. A faithful Christian properly disposed may gain under certain conditions through the action of the Church a partial or plenary indulgence. Indulgences may be applied to the living or the dead (c.f. CCC, 1471).

## Indulgences During the Jubilee Year

The indulgence is one of the special 'signs' of the Jubilee Year; a priceless gift of divine mercy, which allows us to discover "the unlimited nature of God's mercy." (Pope Francis, *Spes Non Confundit*, 23)

## Who Can Gain An Indulgence?

All the truly repentant faithful, who, moved by a spirit of charity, purified through the sacrament of penance, refreshed by Holy Communion, having prayed for the intentions of the Holy Father, can gain an indulgence for oneself or for the souls in purgatory.

## How to Gain an Indulgence

**Pilgrimages** to any of the Jubilee Sites in Rome, Holy Land, or the local Cathedral along with participation in any of the following: Mass, Liturgy of the Word, Liturgy of the Hours, Stations of the Cross, Rosary, or Penance service.

**Devout Visits to the Jubilee Sites** participating in Eucharistic Adoration and prayer, concluding with the Our Father, the Profession of Faith, and approved prayers to the blessed Virgin Mary (such as the Hail Mary or a Rosary).

**Works of mercy and penance**, including works of charity and service toward those brothers and sisters burdened by various needs, thereby making a pilgrimage to Christ in them; abstaining, in a spirit of penance, at least for one day of the week from futile distractions or superfluous consumption; donating a proportionate sum of money to the poor; supporting works of a religious or social nature especially in support of the defense and protection of life in all its phases.

**In case of illness or physical impediment**, one may obtain the indulgence, properly disposed, reciting an Our Father, the Profession of Faith and other prayers mentioned above while offering up their sufferings.



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# Designated Jubilee Sites

JUBILEE 2025



**St. John's  
Cathedral**

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**Shrine of St. Jude  
Livingston**

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**Shrine of St. Therese  
Fresno**

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**Our Lady of Guadalupe  
Bakersfield**

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**St. Ann's  
Ridegcrest**

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**St. Charles Borromeo  
Visalia**

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