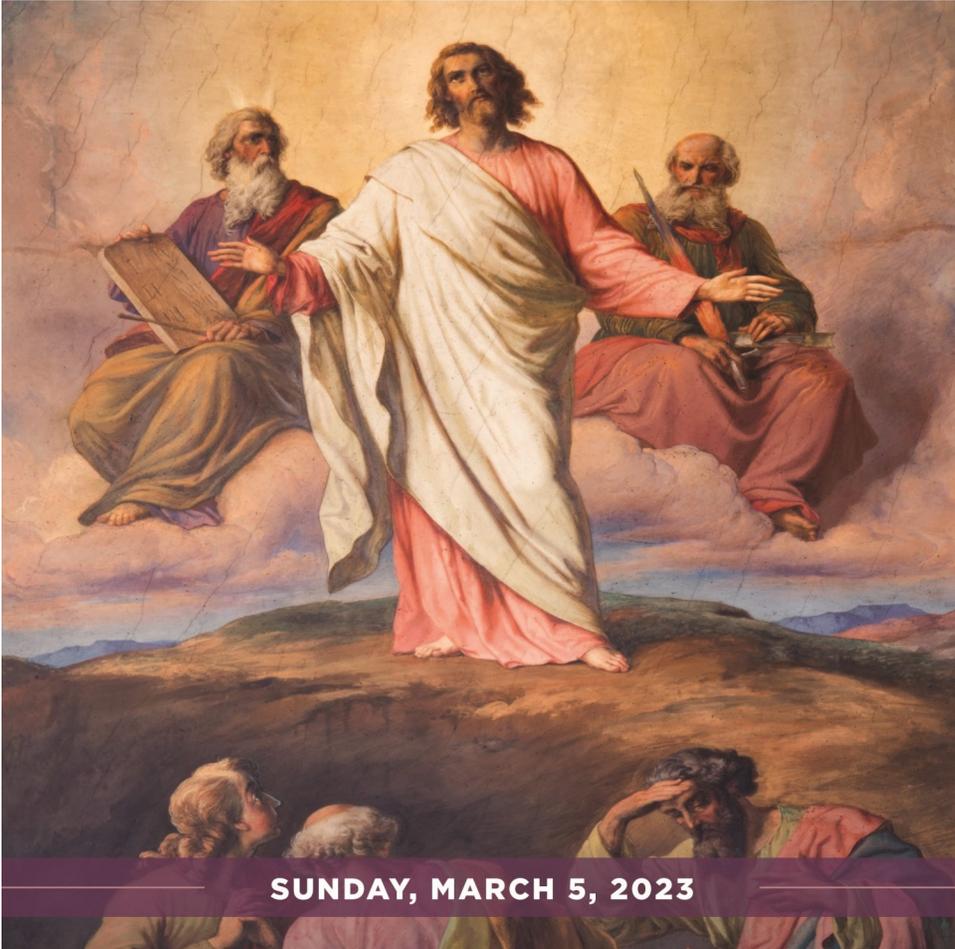


Guardian Angel - St. Columba Parish

MARCH 5, 2023 BULLETIN



SUNDAY, MARCH 5, 2023

2ND SUNDAY OF LENT

“This is my beloved Son, with whom I am well pleased;
listen to him.” - Mt 17:5b

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WEEKEND MASS SCHEDULE

@ Guardian Angel

SATURDAY

Vigil Mass @ 4:00 PM

SUNDAY

9:00 AM & 12:00 NOON
SPANISH MASS — 10:30 AM

DAILY MASS

Mon to Sat — 12 NOON

★

Eucharistic Adoration

Daily from 12:30 -1:30 PM
Sunday from 5:00 - 6:00 PM

★

CONFESSIONS

Before or after all Masses

★

BAPTISMS & MARRIAGES

Contact parish office
(212) 929-5966
Parish cell (917) 439-2328



Guardian Angel Church

193 Tenth Avenue (21st Street) • New York, NY 10011

(212) 929-5966 • (917) 439-2328 • Rev. Pancrose Kalist, Pastor

Email: parish@guardianangelstcolumba.org • **Website:** guardianangelstcolumba.org

FROM THE PASTOR'S DESK

Dear Parish Family,

Two weeks ago, during a casual conversation, one of our parishioners asked me about the times of distribution of ashes on Ash Wednesday. I replied that I Hadn't decided yet. She suggested that it would be good to give the whole day. I thought about it and hesitantly settled for her suggestion of whole day distribution of ashes. She was right. I was truly impressed by the turn out on Ash Wednesday for Masses and the number of people who came to receive ashes in between masses.

Now that we have received ashes on our forehead and begun the journey of Lent what next. Forty days is a long time. We began with great enthusiasm, made many resolutions such as attending Mass, praying, helping others in need, or supporting charities, giving up many habits and other things that are not good for our health and lifestyle. Unfortunately, all of us fail; some within the first week, others a few weeks later. I think it is acceptable if we can get up and begin again. Keep in mind even Jesus didn't carry the cross without falling three times.

The Church requires very minimum for us to observe during Lent: Fast and Abstinence on Ash Wednesday and Good Friday, and in our New York Archdiocese abstinence from meat on all Fridays of Lent. My Lenten practice for us is:

- (1) to try becoming virtuous in thought, word, and deed.
- (2) To make our hearts warm for all our loved ones first and then for all those we meet and work within the world.
- (3) To share the blessings of life with those in need. Then, our Lent 2023 becomes a true blessing.

★ ★ ★

Hace dos semanas, durante una conversación casual, uno de nuestros feligreses me preguntó sobre los tiempos de distribución de cenizas el Miércoles de Ceniza. Le respondí que aún no lo había decidido. Ella sugirió que sería bueno dar

todo el día. Lo pensé y me conformé con su sugerencia de distribución de cenizas durante todo el día. Tenía razón. Me impresionó mucho la participación del Miércoles de Ceniza para las misas y la cantidad de personas que vinieron a recibir cenizas entre misas.

Ahora que hemos recibido cenizas en la frente y comenzado el camino de la Cuaresma, ¿qué sigue? Cuarenta días es mucho tiempo. Rogamos con gran entusiasmo, con muchas resoluciones, como asistir a misa, orar, ayudar a otros necesitados o apoyar a organizaciones benéficas, renunciar a muchos hábitos y otras cosas que no son buenas para nuestra salud y estilo de vida. Desafortunadamente, todos fracasamos; algunos dentro de la primera semana, otros unas semanas más tarde. Creo que es aceptable si podemos levantarnos y comenzar de nuevo. Tenga en cuenta que incluso Jesús no cargó la cruz sin caer tres veces.

La Iglesia requiere un mínimo para que observemos durante la Cuaresma: Ayuno y Abstinencia el Miércoles de Ceniza y el Viernes Santo, y en nuestra Arquidiócesis de Nueva York abstinencia de carne todos los viernes de Cuaresma. Quiero que todos nosotros:

- (1) tratemos de llegar a ser virtuosos en pensamiento, palabra y obra.
- (2) Hacer que nuestros corazones se calienten primero por todos nuestros seres queridos y luego por todos aquellos que conocemos y trabajamos en el mundo.
- (3) Compartir las bendiciones de la vida con los necesitados. Entonces, nuestra Cuaresma 2023 se convierte en una verdadera bendición.

Prayers and blessings,

Fr. Pancrose

CARDINAL'S APPEAL 2023

Goal: \$22,400.00

Total Pledged: \$9,350.00

Total Paid: \$5,050.00

Thank you for your generosity

Fasting: Our culture is coming to realize that even without a spiritual motivation, there are real benefits to fasting. It resets our bodies and expectations and desires, and it makes us more resilient and disciplined. When you **combine those benefits with an intention to grow in goodness**, you have a powerful tool.

Don't dive into fasting without some care and thought, though. Lent lasts 40 days, and it takes intentionality and planning to make sure you are not only giving up the right thing, but doing it in a way that is sustainable and **leads you to think of others more than yourself** — now *that's* a path toward transformation.

Giving up candy is the old tried-and-true method — as kids, many of us took this option. And if you're thinking about joining others in giving up meat, there are **lots of meals** you can make for dinner instead. But now that we're adults, maybe it's time for thinking creatively — **like giving up time or freedom**. You might even think about picking something that will **stretch your personality**

Almsgiving: "Almsgiving" is an old-fashioned word — so what does it actually mean?

Giving alms means giving money or food to people in need — **it means doing something to make a tangible difference in their lives**. That's what love does — it's a gift of self. Connecting our lives with theirs changes the way we think and feel — it pulls us out of ourselves and makes us less selfish. And the assistance we offer others **communicates our care for them** just as much as it improves their circumstances. Both can be sustaining.

Catholic Relief Services is an international humanitarian aid organization that serves the poorest of the poor. Every Lent, Catholics use small cardboard boxes — "rice bowls" — in their homes to collect money that supports people who lack what they need to fully flourish. Using the **CRS Rice Bowl program** is a way to close the gap between us and our brothers and sisters living on the margins.

If giving something material is out of your range right now, you can always give your time. Offering your energy to **help serve a meal** to those who are hungry can be an effective expression of compassion just as much as giving a few bucks.

(to be continued)

MASS INTENTIONS

Saturday - March 4

12:00 pm — Mem - Sr. Ma Soledad de San Jose

4:00 pm — Mem - John Battista

Sunday - March 5

9:00 am — Mem - Edward McElduff

10:30 am — Mass for the Parishioners

12:00 pm — Mem - Tom Stinton & family

Monday - March 6

12:00 pm — Mem - Harry Lesser & family

Tuesday - March 7

12:00 pm — Mem - Sr. Adeline de San Jose

Wednesday - March 8

12:00 pm — Mem - John Gardner

Thursday - March 9

12:00 pm — Mem - Ernest Phillips & family

Friday - March 10

12:00 pm — Mem - Sr. Dolores de San Jose

Saturday - March 11

12:00 pm — Int - World Peace

4:00 pm — Mem - Joseph & Toni Anne Rossi

Sunday - March 12

9:00 am — Mem - Florence Dean

10:30 am — Mass for the Parishioners

12:00 pm — Mem - Kenneth P Gault

Pray for our Sick, Suffering, and Homebound

- John Lawrence McCormick • Christian Rivera
 - Ariel Rivera • Marina Montalvo
- James Patrick Cleary • Kara Jean Fleming
 - Stacy Hearrell • Anthony Orlando
 - Anne Orlando • Kerry Ann Sadak
 - Leu-Anne Nickey • Ellen Consales
- Juan Cerda • Kevin Peet • John Rossi
- Arlene Stock • Michael Bini • Mary Lou Dwyer
- Elena Macleod • Jacob (Age 10) • Jaxson (Age 6)

Pray for our Deceased Family & Friends

CHURCH COLLECTION REPORT

Last Sunday Collection: \$1559.00

Ash Wednesday : \$ 613.00

Weekly Shrine Candles: \$386.00

Worship & Meditation

Readings for the week of March 5, 2023

Sunday: Gn 12:1-4a/Ps 33:4-5, 18-19,
20, 22 (22)/2 Tm 1:8b-10/Mt
17:1-9

Monday: Dn 9:4b-10/Ps 79:8, 9, 11
and 13/Lk 6:36-38

Tuesday: Is 1:10, 16-20/Ps 50:8-9,
16bc-17, 21 and 23/Mt 23:1-12

Wednesday: Jer 18:18-20/Ps 31:5-6, 14,
15-16/Mt 20:17-28

Thursday: Jer 17:5-10/Ps 1:1-2, 3, 4 and
6/Lk 16:19-31

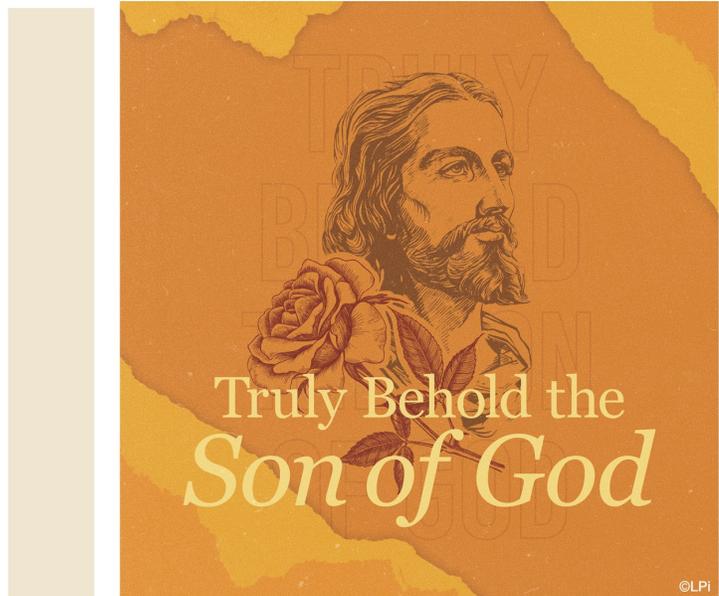
Friday: Gn 37:3-4, 12-13a, 17b-28a
Ps 105:16-17, 18-19, 20-21/Mt
21:33-43, 45-46

Saturday: Mi 7:14-15, 18-20/Ps 103:1-2,
3-4, 9-10, 11-12/Lk 15:1-3, 11-32

Next Sunday: Ex 17:3-7/Ps 95:1-2, 6-7, 8-9
(8)/Rom 5:1-2, 5-8/Jn 4:5
42 or 4:5-15, 19b-26, 39a,
40-42



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Gospel Meditation

Encourage Deeper Understanding of Scripture

As a kid I remember looking at my sister and thinking, “No man is ever going to marry her. She is way too...my *sister!*” I couldn’t see her as anything except my goofy, emotional, cooties-laden sister. Years later, on her wedding day, I remember seeing how her husband looked at her, he was totally in love with her, his watery eyes full of overwhelmed joy, drinking in her beauty and grace. He was the one who actually saw her. Blinded by familiarity, I had not been able to see her until now. She was glorious. I finally saw how beautiful my sister really was.

Jesus is transfigured before Peter, James, and John. His face shone like the sun and his clothes dazzle with heavenly light. If it’s a miracle, it is so related to the apostles’ perception of the glory of Jesus. The physical spectacle reveals how the Father perceives the Son, so to speak: **“This is my beloved Son, with whom I am well-pleased; listen to him.”** The Son is *a/ways* bathed in the Father’s love. It’s only just now that they finally perceive it.

Who could possibly give his or her heart totally to Jesus? If we perceive him to be just another teacher, symbol, or moral example, we can’t. But if the Holy Spirit gives us eyes to see that he is the Beloved Son of God, who makes our humanity not just pleasing to God but filled with glory ... then who can resist him? Perhaps only the lovers are the ones who properly see.

— *Father John Muir*

(PRACTICING) CATHOLIC

The Long Walk

The walk down from Mount Tabor after the Transfiguration must have been a long one for Peter, James, and John. How differently they must have viewed the world with the eyes that had seen what they had just seen. How uncertain they must have been.

I think it's important to remember that, on the mountain, they were amazed, yes — but first, they were afraid. We are given the image of these three grown men — these saints, these giants of salvation history — cowering in fear at the voice of God. It was not until Jesus touched them that they could even bear to look up.

Christ was transfigured on Tabor, but in a way, the disciples were transfigured as well. We are all changed by what we see and what we hear. That change can be hard because knowledge is hard. Truth is hard. Sometimes cowering is easier.

Go forth, God told Abram. I will make of you a great nation.

Rise, Christ told his disciples. And do not be afraid.

I spend too much time cowering in fear at the voice of God. I cower even when the voice whispers into my heart instead of booming from the clouds. When it's the start of a hard day or a tough conversation. When it's the middle of a half-finished battle, big or small. When I know where Christ is and what he is asking, but I'm afraid because the walk down the mountain is so long, and the world that awaits me is so uncertain.

"Lord, let your mercy be on us, as we place our trust in you." — Psalm 33

Colleen Jurkiewicz Dorman

Why do we do that? Catholic Life Explained

Question:

Lent always seems to help me renew my relationship with God and strengthen my religious practice. Do you have any suggestions as to what I could do to achieve that the rest of the year?

Answer:

The obvious answer may seem to be to do whatever you do during Lent all year round. But part of the power of Lent is that we focus as a community on renewing our faith and preparing for Easter. Our Lenten practices have a purpose and a goal. Therein lies the secret. When we focus our efforts on one virtue, or try to change one bad habit, or seek to deepen our understanding of one aspect of faith, we focus our efforts and give our full attention to what we are trying to accomplish. We tend to be more successful achieving our goals. More importantly, it has a ripple effect in our lives: one thing changes or is added to the spiritual mix of our lives and many aspects are changed.

All too often we leave our spiritual growth to chance and the practice of faith to habit, and then wonder why we have no sense of growth or progress. Think of it in terms of exercise. We walk, lift weights, bend and stretch to attain the maximum benefit from what we do. In addition, to keep those benefits, we eat healthful food and get enough vitamins and rest. Spirituality requires the same kind of attention: we pray, fast, read the Bible, receive sacraments, and do charitable work to maximize the benefits of practicing faith. Keeping Lent year round keeps us in spiritual shape!

Jesus took Peter, James, and John his brother, and led them up a high mountain by themselves. And he was transfigured before them; his face shone like the sun and his clothes became white as light. And behold, Moses and Elijah appeared to them, conversing with him.

- Mt 17:1-3

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

Questions of the Week

Invite Parishioners to Reflect and Respond to Scripture

First Reading

Abram left behind his land and home, trusting in the Lord's promise to make him a great nation with many blessings. In what ways have you needed to trust in the Lord during this season of Lent?

Second Reading

Paul tells Timothy to "bear your share of hardship for the gospel with the strength that comes from God." When have you needed to draw upon God's strength in your life?

Gospel Reading

In the transfiguration, Peter, James, and John witnessed the divinity of Jesus: "This is my beloved Son, with whom I am well pleased; listen to him." Why do you suppose Jesus instructed the disciples not to tell anyone until after his death and resurrection?



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