Prayer of Self-Offering

-St. Ignatius of Loyola



Receive, Lord, my entire freedom. Accept the whole of my memory, my intellect and my will. Whatever I have or possess, it was you who gave it to me; I restore it to you in full, and I surrender it completely to the guidance of your will. Give me only love of you together with your grace, and I am rich enough and ask for nothing more. Amen.

Poetic Translation:

Take, Lord, and receive all my liberty, my memory, my understanding, and my entire will, all that I have and possess.
You have given all to me.
To You, O Lord, I return it all.
All is yours; dispose of it wholly according to Your will.
Give me Your love and Your grace, for this is enough for me.
For with these I am rich enough and desire nothing more.
Amen.