

ST. MARY & ST. JOSEPH

A PASTORATE OF THE DIOCESE OF LAFAYETTE-IN-INDIANA

Fr. Paul Cochran ~ Missionary Pastor • Fr. Daniel Duff ~ Associate Pastor



THEY WERE LIKE SHEEP WITHOUT A SHEPHERD.

- MK 6:34

16TH SUNDAY IN ORDINARY TIME

PORQUE ANDABAN COMO OVEJAS SIN PASTOR.

- MC 6, 34

16^º DOMINGO DEL TIEMPO ORDINARIO

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Sixteenth Sunday of Ordinary Time • July 18, 2021

New Parishioners and Guests

We welcome all who are celebrating with us this weekend. If you are new to the parish, please contact the Parish Office so we may greet you properly.

Sacrament of Matrimony

Congratulations on your upcoming marriage. Couples must contact the Parish Office at least six months before the proposed wedding date.

Sacrament of Baptism

Congratulations on the newest member of your family! Parents wishing to have their child baptized are asked to contact the Parish Office to make an appointment for pre-baptismal instruction.



ST. MARY
Catholic Church

600 Saint Mary's Avenue
Frankfort, Indiana 46041
765-654-5796
www.saintmarysfrankfort.org

Saturday Vigil 6:00 pm
Sunday 9:00 am
Español 1:00 pm

Daily Mass
Monday 8:00 am
Tuesday 8:00 am
Wednesday * 6:30 pm
Thursday 8:00 am
Friday 8:00 am
* Not in July

Holy Day See Bulletin

Confessions
Tuesdays at 6:00 pm
Saturdays from 4:00 to 5:00 pm
By appointment

MASS SCHEDULE



ST. JOSEPH
Catholic Church

319 East South Street
Lebanon, IN 46052
765-482-5558
www.stjoeleb.org

Saturday Vigil 4:30 pm
Sunday 8:00 am & 11:00 am

Daily Mass
Monday 6:00 pm
Tuesday * 8:00 am
Wednesday 12:00 pm
Thursday * 8:00 am
Friday * 6:00 pm
Saturday * 9:00 am
* Not in July

Holy Day See Bulletin

Confessions
Wednesdays following 12:00 pm Mass
Thursdays following 8:00 am Mass
Saturdays from 3:30 to 4:15 pm
By appointment

MASS SCHEDULE

PASTORATE

Parish Office Hours - St. Mary

Monday-Friday 9:00 am - 2:00 pm

Parish Office Hours - St. Joseph

Monday-Friday 9:00 am - 4:00 pm

Summer 9:00 am - 2:00 pm

Pastorate Staff

Missionary Pastor

Fr. Paul Cochran

fr.pcochran@dol-in.org

Associate Pastor

Fr. Daniel Duff

fr.dduff@dol-in.org

Director of Evangelization - Pastorate

Mario Delgado

mdelgado@parish.dol-in.org

Director of Operations - Pastorate

Shannon Peycha

speycha@parish.dol-in.org

Administrative Assistant

Susie Bihl

St. Joseph

stjoe@stjoeleb.org

Business Manager

Lori Stover

St. Mary

lstover@parish.dol-in.org

Director of Music

Cathy Rund

St. Joseph

crund@parish.dol-in.org

Sacristan

Judy Mrozinski

St. Joseph

jmrozinski@parish.dol-in.org

Religious Education

Religious Education Coordinators

Yuri Hernández

St. Mary

ayhernandez@parish.dol-in.org

Christa Parker

St. Joseph

cparker@parish.dol-in.org

High School Youth Ministry

Norma DeLaRosa

St. Joseph

ndelarosa@parish.dol-in.org

Maintenance

Mike Depinet

St. Mary

Roger Pratt

St. Joseph

Pastorate Pastoral Council

Stephany Ander

St. Joseph

Alex Andrews

St. Joseph

Arlene Bowyer

St. Mary

Theresa Boyer

St. Joseph

Carmel Brand

St. Joseph

Juan Campos

St. Mary

Scott Laird

St. Mary

Tomacita Perez

St. Mary

Kathy Perry

St. Mary

Mark Scheller

St. Joseph

Pastor's Note...

Why go to Church?

A Church goer wrote a letter to the editor of a newspaper and complained that it made no sense to go to church every Sunday.

He wrote: "I've gone for 30 years now, and in that time I have heard something like 3,000 sermons, but for the life of me, I can't remember a single one of them. So, I think I'm wasting my time, the preachers and priests are wasting theirs by giving sermons at all".

This started a real controversy in the "Letters to the Editor" column. Much to the delight of the editor, it went on for weeks until someone wrote this clincher:

"I've been married for 30 years now. In that time my wife has cooked some 32,000 meals. But, for the life of me, I cannot recall the entire menu for a single one of those meals.

But I do know this: They all nourished me and gave me the strength I needed to do my work. If my wife had not given me these meals, I would be physically dead today.

Likewise, if I had not gone to church for nourishment, I would be spiritually dead today!"

¿Por qué ir a la Iglesia?

Un asistente a la Iglesia escribió una carta al editor de un periódico y se quejó de que no tenía sentido ir a la iglesia todos los domingos.

Escribió: "He ido durante 30 años, y en ese tiempo he escuchado algo así como 3.000 sermones, pero por la vida de mí, no puedo recordar ni uno solo de ellos. Entonces, creo que estoy perdiendo el tiempo, los predicadores y sacerdotes están desperdiciando el suyo dando sermones".

Esto inició una verdadera controversia en la columna "Cartas al editor". Para deleite del editor, se prolongó durante semanas hasta que alguien escribió este clincher:

"Llevo 30 años casada. En ese tiempo mi esposa ha cocinado unas 32.000 comidas. Pero, por la vida de mí, no puedo recordar todo el menú de una sola de esas comidas.

Pero sí sé esto: todos me nutrieron y me dieron la fuerza que necesitaba para hacer mi trabajo. Si mi esposa no me hubiera dado estas comidas, hoy estaría físicamente muerto.

Del mismo modo, si no hubiera ido a la iglesia en busca de alimento, ¡estaría espiritualmente muerto hoy!"

CHURCH

picnic

Save
the
Date!

Sunday,

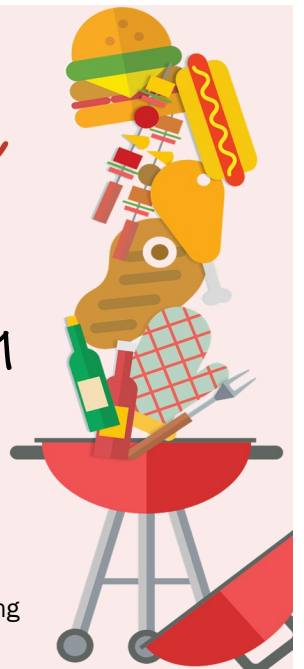
September 19, 2021

At Dull's Tree Farm

1765 W Blublaugh Ave
Thorntown, IN 46071

MORE DETAILS COMING SOON!

If you would like to help in the planning and organizing of the picnic, please contact the parish office.



PASTORATE NEWS

Readings and Observances for the Week

Sunday, July 18 • Sixteenth Sunday in Ordinary Time

Jer 23:1-6/Ps 23:1-3, 3-4, 5, 6 [1]/Eph 2:13-18/Mk 6:30-34

Monday, July 19

Ex 14:5-18/Ex 15:1bc,-2, 3-4, 5-6 [1b]/Mt 12:38-42

Tuesday, July 20 • Saint Apollinaris, Bishop and Martyr

Ex 14:21–15:1/Ex 15:8-9, 10 and 12, 17 [1b]/Mt 12:46-50

Wednesday, July 21 • Saint Lawrence of Brindisi, Priest and Doctor of the Church

Ex 16:1-5, 9-15/Ps 78:18-19, 23-24, 25-26, 27-28 [24b]/Mt 13:1-9

Thursday, July 22 • Saint Mary Magdalene

Sg 3:1-4b or 2 Cor 5:14-17/Ps 63:2, 3-4, 5-6, 8-9 [2]/Jn 20:1-2, 11-18

Friday, July 23 • Saint Bridget, Religious

Ex 20:1-17/Ps 19:8, 9, 10, 11 [cf. Jn 6:68c]/Mt 13:18-23

Saturday, July 24 • Saint Sharbel Makhlūf, Priest

Ex 24:3-8/Ps 50:1b-2, 5-6, 14-15 [14a]/Mt 13:24-30

Sunday, July 25 • Seventeenth Sunday in Ordinary Time

2 Kgs 4:42-44/Ps 145:10-11, 15-16, 17-18 [cf. 16]/Eph 4:1-6/Jn 6:1-15

Stewardship Prayer Corner

In today's Gospel, Jesus had planned to slip away from the crowds for a few moments of peace and a little rest. When He saw the people gathered, however, He put His needs aside to meet the needs of others. Sometimes, as good stewards, we are called to do the same.

Save the Date!

JULY
30

First ever
night game!



FIFTH ANNUAL
SERRA SERIES

PRIESTS VS. SEMINARIANS SOFTBALL GAME

KOKOMO MUNICIPAL STADIUM | GATES OPEN 6 PM

PREGAME STARTS AT 6:45 PM | FIRST PITCH AT 7 PM

\$5/PERSON OR \$20/FAMILY

BENEFITS SEMINARIAN FORMATION!

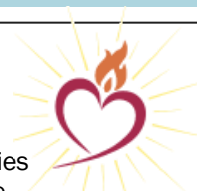
Sponsored by the Serra Club of Kokomo

PARISH OFFICE CLOSED

Tuesday, July 20th



UNITING IN HEART *Roadshows*



The Diocese of Lafayette-in-Indiana, Department of Evangelization, Family Life and Pastoral Ministries, announces the Uniting in Heart Roadshow series. We are going on the road to your pastorate with a series of five workshops presented to pastorate leadership teams to facilitate your 3-year planning efforts. The roadshows expand upon the objectives included in the UiH Pastorate Guide and provide general strategies as well as a plethora of resources to aid pastorates as they seek to fulfill objectives of interest. **Dates and Times to be determined.**



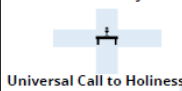
Evangelization & Witness

Beginning with the people already in the pews, this roadshow lays out strategies to evangelize “practicing” Catholics, fallen-away Catholics and the unchurched. It also provides pathways to improve the witness of all parishioners while exploring avenues to grow a team of evangelization leaders in your pastorate. Special attention is given to youth, young adults and the Hispanic community. **Presented By: Jessica Wade**



Vocation of Family Life

Parents are the most influential factors in the religious life of children. Recognizing the importance and challenges of family life, this roadshow presents a multi-layered strategy to strengthen the faith in family life from cradle to grave. Significant emphasis is placed on forming and supporting strong marriages, building the domestic church and healing wounds that impact family life. **Presented By: Rob Hartley**



Universal Call to Holiness

The Mass, and especially the Eucharist, as the source and summit of our faith, is the most dynamic factor in equipping us for the universal call to holiness. Yet many Catholics fail to recognize or experience liturgy in this way. This roadshow will present a strategy to increase liturgical disposition / readiness, improve overall participation during Mass and evoke deeper reflection on the Mass. **Presented By: Sandra Santucci**



Hispanic Ministry

The growth of the Hispanic community in the diocese is a reality we must recognize. The Church must fulfill her calling and position herself to meet the pastoral needs of the Hispanic community in our midst. This roadshow presents a strategy to help the diocese be more responsive in her mission to the Hispanic community while growing competencies to promote authentic unity in our pastorates. **Presented By: Dora Tobar, Ph.D; Claudia Sadowski; Edith Torres**



Catechesis

The Church has widely recognized, but has been slow to respond, to the declining number of Catholics who practice the faith. What role does religious formation play in this decline? This roadshow will present a new paradigm in our approach to catechesis in terms of overall methodology, catechist training and placing greater emphasis on adult formation. **Presented By: Jonathan Sullivan**

PASTORATE NEWS



Cursillo 3-Day Weekend

Cursillo is a movement of the Catholic Church that promotes Catholic ideals, fellowship, and spiritual growth in daily living. It provides an opportunity to deepen your Catholic faith, and to experience the love of God within a supportive and prayerful community. The Cursillo is a method of giving a personal encounter with Christ and the means to further enhance, support, and spread the Gospel of Jesus Christ through evangelizing our environments. The Catholic Cursillo Movement is hosting an upcoming weekend encounter for **Men, September 30 – October 5.** We are sorry that the Women's Weekend is filled for this year. For more information, please contact Dave & Beth Doran at 765-891-2704 or Mark & Becky Scheller at 317-733-4184. Applications and more information are also available online at www.cursillo-cicc.org.

ST. MARY CATHOLIC CHURCH • FRANKFORT, INDIANA



Why be a Catechist?

#1: Because our parish needs you; our universal church needs YOU!

#2: Grow in your faith. The best way to learn is to teach, right?

We are in need of religious education catechists for this upcoming school year. Contact Yuri for more information: 765-654-2913.

God doesn't call the qualified; He qualifies the called.

St. Vincent de Paul would like to again invite parishioners to donate specific items for the Food Pantry's inventory. Please follow the requests for specific sizes, and make sure the items do not have expired dates.



The focus this week is for:

- Applesauce, package of 6 single serve

Please leave donations in the box under the pamphlet rack. Monetary donations can be put in the collection baskets and are also always appreciated! Thank you!



Ladies of Charity

Volunteers are needed for 2 important ministries:

- St. Mary is in need of increasing the number of volunteers who take Communion to the nursing homes in the county and a few homes. This is usually done on Sundays, but flexible scheduling is an option.
- Ladies of Charity also needs female volunteers to go out monthly to visit these same shut-ins with cookies or flowers on the second Thursday afternoon of each month, except January. A short meeting is held before and fellowship with refreshments is done afterwards.

Please consider giving your time to make our sick or elderly parishioners feel they are part of our faith community. What better way than to bring them Jesus in the Eucharist or extend fellowship to people who are often lonely. Simple training is provided. We want to be ready as places begin to open up. Please see Ann Clark for more information.

Reflection:

In this Sunday's Gospel, Jesus tells his disciples to "Come away by yourselves to a deserted place and rest a while." Vincent de Paul, a great man of action was also a contemplative. His contemplation of God's love overflowed into practical love for the poor.



Please say a special prayer for the poor and forgotten, as you place your gift in the Society of St. Vincent de Paul poor box.

We are pleased to host Life Line Screening, who will be on site on **Wednesday, July 21, 2021** at St. Mary Catholic Church to conduct these valuable screenings.



Have you ever thought about the following: I want to see my grandchildren grow up; I want to continue living independently; I don't want to be a burden on my family?

Preventive screenings can help and we have partnered with Life Line Screening to provide these valuable screenings.

The mission of Life Line Screening is to provide advance, yet affordable and convenient health screenings that supplement your traditional healthcare.

They can make you aware of a previously silent, unrecognized problem that can now get treated at an early stage, or confirm that you are on the right path and should continue your healthy habits.

Don't let heart disease and stroke get in your way of the life you love. Call toll free 1-888-653-6441, or text the word, "circle" to 797979 to schedule your health screening.

A package of 5 vital screenings is offered for only \$149. If you call today to register, you will receive a \$10 discount!

St. Mary Mass Intentions & Parish Calendar

Saturday, July 17

6:00 pm Lord's Day Vigil Mass for Intentions of Gilbert Family

Sunday, July 18

9:00 am Lord's Day Mass for all Residents and Workers at Mulberry Health

1:00 pm Lord's Day Mass for Jose Luis Reyes
Presentation of Mariella Modragon during Mass

2:00 pm Platicas de Bautizo

Monday, July 19

8:00 am Mass for †Thomas G Gick

7:00 pm Knights of Columbus Officers Meeting at St. Joseph, Lebanon

Tuesday, July 20 • Parish Office Closed

8:00 am No Daily Mass

6:00 pm No Confessions

6:30 pm Bible Study in Spanish until 8:30 pm in Muller Hall

Wednesday, July 21

8:00 am Life Line Screening in JPll until 5:30 pm

6:30 pm No Daily Mass

7:00 pm Men's Group in Muller Hall

Thursday, July 22

8:00 am Mass for †Helen Probasco

6:20 pm Spanish Prayer & Praise in Church

Friday, July 23

8:00 am Mass for †Aurora Cruz y †Augustin Valdez

Saturday, July 24

1:00 pm Quinceañera of Yoana Barbara Salinas

6:00 pm Lord's Day Vigil Mass for †David Rodenbarger, †Michelle & †Jillian Haskins

Sunday, July 25

9:00 am Lord's Day Mass for Parishioners of St. Mary and St. Joseph Pastorate

1:00 pm Lord's Day Mass for †Carolyn Worth

Liturgical Ministers

July 24 and July 25, 2021

Altar Servers

9:00 am: Volunteers

Extraordinary Ministers

6:00 pm: Russell Anderson

9:00 am: Beverly Cearley

Readers

6:00 pm: Jim Guckien

9:00 am: Reed Cearley

Song Leader/Musician

6:00 pm: Ann Clark, Dottie Pilley

9:00 am: Scott Laird, Don Stock

St. Mary Parish Finance Council

Jenny Neal (Chair), Ryan Haynes, Sheila Morris, George Ponton, Eileen Ridgway

St. Mary Financial Stewardship

Last Week Envelopes and Loose \$4,277.50

Electronic Giving (14 donors).....\$860.00

Total..... \$5,137.50

Weekly Budget.....\$5,997.12

Thank you for your continued financial support!

Your generosity and ongoing commitment in remembering your parish during this difficult time is most appreciated.



NO CONFESSIONS ON JULY 20

Prayer and Devotions

Adoration:

First Friday following 8:00 am Mass until 5:30 pm

Holy Hour:

Wednesdays 5:30 pm until 6:30 pm Holy Hour for Peace in our World



Mass Intentions Needed

One of the greatest acts of charity is to pray for the living and the dead and the most powerful prayer we

have is the Mass. St. Mary is in need of Mass intentions. If you would like to have a Mass celebrated for loved ones who have died, for the living who have a need or are celebrating a special occasion please put your specific request and \$10 stipend in an envelope and place it in the collection basket or you may contact the parish office.



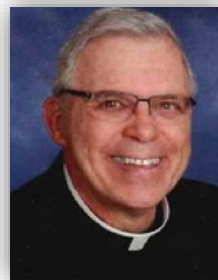
Altar Linen Ministry

Altar Linens are picked up and laundered each week. If you are interested in helping with this ministry please contact the parish office.

Picking up July 18: Jo Moyer

Picking up July 25: Maria Mejia

IN LOVING MEMORY



**Very Rev. Canon
Gerald J. Borawski**
September 6, 1943 - July 10, 2021

Fr. Borawski was the pastor of St. Mary, Frankfort from June 1995 to July 2007.

*Eternal rest grant unto him, O Lord.
And let perpetual light shine upon him.
May his soul, and the souls of all the faithful departed,
through the mercy of God, rest in peace. Amen.*

ST. JOSEPH CATHOLIC CHURCH • LEBANON, INDIANA

St. Joseph Mass Intentions & Parish Calendar

Saturday, July 17

4:30 pm Lord's Day Vigil Mass for †Sr. Patricia O'Bryan

Sunday, July 18

8:00 am Lord's Day Mass for †Jose Luis Reyes Ruiz

11:00 am Lord's Day Mass for Parishioners of St. Mary and St. Joseph Pastorate

5:30 pm Women's Cursillo Group in Sr. Mary Ignatia Room

5:30 pm Men's Group in St. Aloysius Gonzaga Room

Monday, July 19

6:00 pm Mass for Living & Deceased Members of the Brand and Sheets Families

6:30 pm Frozen Cuppa Joe in St. Gregory the Great Room

7:00 pm Knights of Columbus Meeting in Parish Hall

Tuesday, July 20 • Parish Office Closed

8:00 am No Daily Mass

9:00 am Legion of Mary Meeting in Sr. Mary Ignatia Room

6:00 pm Women's Group in Sr. Mary Ignatia Room

Wednesday, July 21

12:00 pm Mass for Fr. Daniel Duff

Thursday, July 22

8:00 am No Daily Mass

Friday, July 23

6:00 pm No Daily Mass

Saturday, July 24

9:00 am No Daily Mass

9:00 am Knights of Columbus District Meeting in Parish Hall

4:30 pm Lord's Day Vigil Mass for Gene Bayless

Sunday, July 25

8:00 am Lord's Day Mass for †Margaret Ann Wunderlich

11:00 am Lord's Day Mass for †Don & †Martha Starkey & †Frank Starkey

5:30 pm Women's Cursillo Group in Sr. Mary Ignatia Room

5:30 pm Men's Group in St. Aloysius Gonzaga Room

Liturgical Ministers

July 24 and July 25, 2021

Readers

4:30 pm: Yvonne Frankewich

8:00 am: Jacqueline Youngstafel

11:00 am: Tina Byers

Extraordinary Ministers

4:30 pm: Lona Lucas

8:00 am: Susie Bihl

11:00 am: Evelyn Huser

Ushers

4:30 pm: Paul Frankewich, Marc Lehmann, Susan Lehmann, Will Morelock

8:00 am: Joseph Leising, Ann Rohdy, Tim Plunkett, Michele Sapp

11:00 am: Michael Gall, Dustin Riley, Angela Vidovich, Liam Washer

St. Joseph Parish Finance Council

Tom Merritt (Chair), Aline Anderson, Dan Lamar, Jon Lehmkuhler, Jeff Newman, Michele Thomas

St. Joseph Financial Stewardship

Last Week Envelopes\$8,063.00

Electronic Giving\$2,455.00

Youth Envelopes\$0.00

Last Week Loose\$425.00

Total\$10,943.00

Weekly Budget.....\$9,500.00

YTD Weekly Collection Budget\$266,000.00

YTD Weekly Collection Actual.....\$282,235.23

Thank you for your continued financial support!

Rosary and Adoration

Rosary:

Weekdays 30 minutes prior to Mass if celebrated at church

Saturdays at 4:00 pm

Adoration:

Wednesdays following 12:00 pm Mass until 1:30 pm

First Friday of the month following 6:00 pm Mass until 7:30 pm

Legion of Mary Novena

The next Novena will begin on Friday, July 30. If you have a special intention that you would like to have included, please complete the following:

Name: _____

Intention(s) _____

You may turn in your intention at the office or place it in the collection basket before July 27.



Luke Rose, Barb Coe, Noah Swarze, Joyce Fundenberger, Elaine Andrews, Joe Fettig, Gerry Fettig, Darlene Dion, Linda Williamson, Lucy Klar

...parishioners and their loved ones who are serving in the military, law enforcement & emergency personnel

If you have someone you would like the parish to pray for, please ask for their permission, and then contact the Parish Office or place a note in the collection basket. We will include their name in this box for a period of one month.



Please pray for the repose of the soul of John Surber, brother of Marcia Rady, who passed away on July 5.

May he rest in peace and may his family and loved ones be comforted during this difficult time.

Enjoy a Milkshake

6:30 pm • Mondays in July
St. Gregory the Great Room

Any High School or Middle School teen get your free milkshake just the way you like it and topped with a little gospel!

Bring a friend

Enter through the parish office and grow in faith with some fun!



LIFE TEEN SERVICE DAY

Wednesday, July 21 • 9:00 am to 4:00 pm

Pizza and fun activity following a hard day's work. Come lend a hand to serve our parish. Light cleaning tasks all around the parish will take place. Mass, lunch and snacks provided. Call the Parish Office to sign up.

Regina Coeli Gift Shop



Surrounded by nature
our souls are enriched.
as we recognize
God in nature,
it lifts our souls in prayer.
Come and see our yard décor.

JULY



Canned Fruit will be collected during the month of July. Donated items may be placed in the collection box in the Narthex.

Next Distribution in the Parish Hall
AUGUST 7 & 21 AT 10:00 am



For our parishioners information: SVDP 3rd Quarterly Report

- 5 Distributions vs 6 (one canceled to celebrate First Communion recipients)
- 357 families served/1042 guests
 - 80/Vets • 301/+65 • 316/18-54
- Total Volunteer hours/401
- Donated food/10,746#

Please see the full Quarterly Report at:

<https://www.stjoeleb.org/svdp>

NOTE: We said farewell due to relocation to Cathy and Jerry Ottinger and Tim Winship who have been active Volunteers. We thank them for their hours of tireless service and wish them Our Lord's on-going protection.

2021 St. Joseph Church

Knights of Columbus Golf Tournament

Saturday, August 28th

Cool Lake Golf Club, Lebanon, IN

Registration: 7:00 AM

Shotgun: 8:00 AM

Lunch & Prizes: 1:00 PM



\$50: Per Participant

\$200: Hole Sponsor

Registration deadline: August 20th

Registration forms available in the Narthex or the Parish Office

Sponsorship Opportunity:

Your company's tax-deductible gift will be recognized on a custom-made sign displayed at one of the tee boxes during the event. **In 2020, we raised over \$4,000 for the St. Vincent de Paul Food Pantry!** Amid the global pandemic of Coronavirus (COVID-19), food pantries need our help more than ever. By being a hole sponsor, you will be helping the Knights of Columbus raise money for the St. Vincent de Paul Food Pantry. The Society of St. Vincent de Paul is a lay society of men and women dedicated to helping the needy of all faiths in whatever ways are necessary and possible. Founded in 1833, the international society has over 900,000 members in 130 countries. Ministries of the St. Joseph's Conference include food distribution twice a month, community agency referrals, and prayer ministry.

Questions? Call or email: Russ Lindner
(765)482-1610 or russlind3@gmail.com

Holy Sneakers! 5K Run/Walk

Saturday,
August 28,
2021

HOLY SNEAKERS!

Register before
August 16 to
receive a T-Shirt

Memorial Park, Lebanon

Registration 7:30 am
Run/Walk at 8:00 am



St. Joseph Saturday
Daily Mass will be at
9:30 am in church

Register online through the parish website
or at <http://getmeregistered.com/HolySneakers5K>
or pick up a registration form at the parish office