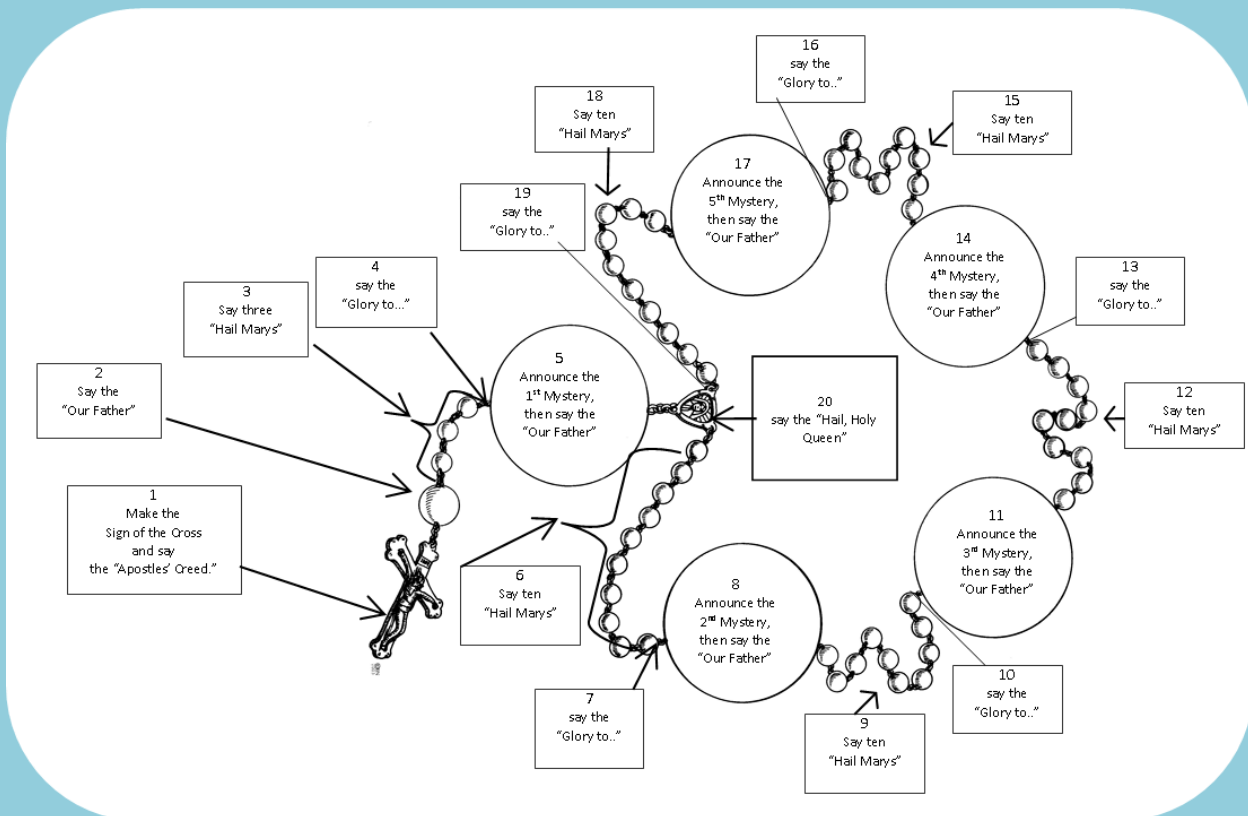


How to pray the Rosary

A rosary is made up of groups of beads arranged in a circle. It begins with a cross followed by one large bead and three small ones. The next large bead begins the first "decade." Each decade consists of one large bead followed by ten smaller beads. Begin the rosary with the Sign of the Cross. Recite the Apostles' Creed (1). Then pray one Our Father (2), three Hail Marys (3), and one Glory to the Father (4). To pray each decade, say an Our Father (5) on the large bead and a Hail Mary (6) on each of the ten small beads. Close each decade by praying the Glory to the Father (7). Pray the Hail Holy Queen (20) as the last prayer of the rosary. The mysteries of the rosary are special events in the lives of Jesus and Mary. As you pray each decade, think of the appropriate Joyful Mystery, Mystery of Light, Sorrowful Mystery or Glorious Mystery.



Joyful Mysteries

Monday and Saturday

- 1st – The Annunciation
- 2nd – The Visitation
- 3rd – The Nativity
- 4th – The Presentation
- 5th – Finding of Child Jesus in Temple

Mysteries of Light

Thursday

- 1st –The Baptism of Jesus
- 2nd –The Wedding of Cana
- 3rd – Proclamation of the Kingdom of God
- 4th –The Transfiguration
- 5th –Institution of the Eucharist

Sorrowful Mysteries

Tuesday and Friday

- 1st – Agony in the Garden
- 2nd – The Scourging
- 3rd – Crowning with thorns
- 4th – Carrying the Cross
- 5th – Crucifixion

Glorious Mysteries

Sunday and Wednesday

- 1st – The Resurrection
- 2nd – The Ascension
- 3rd – Descent of Holy Spirit on Pentecost
- 4th – Assumption of the Blessed Virgin Mary
- 5th – Crowning of Mary as Queen of Heaven