

St. Ignatius Catholic Parish

Seventh Sunday in Ordinary Time

597 Walkers Road, George Town, Grand Cayman

Phone: +1 (345) 949-6797 E-mail: Ignatius@candw.ky

Website: https://ignatius.ky

Facebook: www.facebook.com/StIgnatiusParishCayman/

Mailing Address: P.O. Box 2638, Grand Cayman KY1-1102, CAYMAN ISLANDS



Weekend Mass times:

Saturday 6:00 pm Sunday 8:00 am, 11:30 am, and 6:00 pm

Weekday Mass times:

Monday-Friday 7:00 am Friday 6:00 pm Saturday 8:30 am Public Holidays 8:30 am

Confessions:

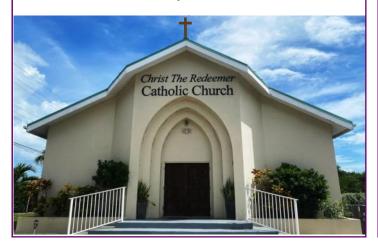
Saturday 5:00-5:45 pm

Christ the Redeemer Catholic Church

Rev. Blackman Road, West Bay Phone: +1 (345) 949-6797

Weekend Mass time:

Sunday 9:45 am

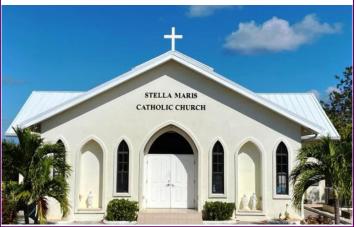


Stella Maris Catholic Church

Alta Vista Drive, Cotton Tree Bay, Cayman Brac Phone: +1 (345) 926-5555 or +1 (345) 949-6797

Weekend Mass / Communion Service:

See inside for latest updates



PARISH MISSION STATEMENT

St. Ignatius Parish is a welcoming Roman Catholic Christian Communion. We worship God the Father, Son and Holy Spirit, we celebrate Jesus Christ in the Word and in the Eucharist, we evangelise, we educate, and we serve as disciples of Jesus.

PLEASE remember our Parish in your Will.

WELCOME TO ST. IGNATIUS PARISH, AND A SPECIAL WELCOME TO ALL OF OUR VISITORS!





MEET OUR CLERGY (Left to Right)

Pastor: Rev. Fr. Naveen D'Souza, SAC **Associate:** Rev. Fr. Anthony Fernandes, SAC

PARISH STAFF Religious Education Director and

Youth Ministry Team Coordinator

Mr. O'Neil Miller

Church Secretary

Mrs. May U. Ursua

Administrative Assistant

Ms. Anna Cayasso

OTHER CONTACTS

Music Ministry — Organists

Mrs. Sarah Bertran Mr. Albert Chin Mr. McAllister Fernandes Mr. Reymar Latap

Food Pantry

Please contact the Parish Office

PRAYER MEETINGS AND RELIGIOUS EDUCATION

Rosary (St. Ignatius):

Monday through Friday in Adoration Chapel 7:30 to 8:00 am Saturday in Adoration Chapel after 8:30 am Mass

Morning Prayers (St. Ignatius):

Monday to Friday 6:40 am, Saturday 8:10 am

Prayer Meetings:

St. Ignatius — Wednesdays 6:00 pm (English) and 7:00 pm (Spanish)

Missionary Families of Christ:

Last Sunday of each Month 1:30 pm

Faith Formation and First Communion:

Sunday mornings, 10:15 am to 11:15 am (September to June) First Communion begins at 10:00 am. All children of the Parish are welcome.

Confirmation:

Classes are held on Sunday mornings, 9:45 am to 11:15 am (September to June) for students in Years 7-9 of High School and other High School aged students who have not been confirmed.

PARISH PASTORAL COUNCIL

Pastoral: Fr. Naveen, SAC; Fr. Anthony, SAC

Chairperson: Wil Pineau **Other elected members:** Blas Serrano, Blaise Ting,

Renee Caudeiron, Denise Delpesh-Morain

Commission Representatives:

Worship: Angela J. Miller Evangelisation/Education: Michelle Haylock

Stewardship: Andrew Hulse Christian Service: TBD

FINANCE COUNCIL

Facilitates the means for pastoral priorities and planning, Monitors and Maintains parish goods, and Communicates with the Pastoral Council on prioritizing resources. Members are:

Fr. Naveen D'Souza, SAC Frank Gallippi Angela Miller Jennison Nunez Deborah Kirkconnell Jasper Uy

Facilities Manager: Mr. Sambasivam Dhanasekar



ST. IGNATIUS CATHOLIC SCHOOL

Instaurare Omnia in Christo Phone: 949-9250

E-mail: general@st-ignatius.com Website: www.st-ignatius.com

Facebook: www.facebook.com/St.IgnatiusCayman

Principal: Mr. Peter Embleton



Building and Growing Together for our Future!

February 23, 2025 - Seventh Sunday in Ordinary Time

This Weekend's Readings

TODAY'S READINGS

First Reading: 1 Samuel 26:2, 7-9, 12-13, 22-23 Responsorial Psalm: Psalm 103: 1-2, 3-4, 8, 10, 12-13

Second Reading: 1 Corinthians 15:45-49

Gospel: Luke 6:27-38

GOSPEL ACCLAMATION

"I give you a new commandment, says the Lord: love one another as I have loved you." (John 13:34)

POPE FRANCIS' PRAYER INTENTIONS FOR FEBRUARY 2025

For vocations to the priesthood and religious life

Let us pray that the ecclesial community might welcome the desires and doubts of those young people who feel a call to serve Christ's mission in the priesthood and religious life.

PRAYERS FOR OUR HOLY FATHER

All the faithful of St. Ignatius Parish are invited to pray for our Holy Father Pope Francis as he's admitted in and is being treated at hospital in Rome. We pray for his good health and a timely and safe recovery.

SECOND COLLECTION

This weekend, February 22 and 23, there will be a second collection to support the ministry of the Pallottines. Please give generously.

CONFIRMATION MASS LAST WEEKEND

Last weekend we celebrated the Sacrament of Confirmation for 21 teens, completing their initiation into the life of the Church and Christ. Thank you to all who made the celebrations a success. A very special thank you O'Neil Miller our Director of Religious Education and the Catechists, Joseph Solomon and Francis Ribeiro for all their hard work.

BELOVED MARRIAGE PREP SERIES

Couples getting married between April and October this year are asked to sign up for the Beloved Series which begins on March 12.

ASH WEDNESDAY MASS SCHEDULE

Please see page 8 with details regarding our Ash Wednesday Mass schedule. Also Pay attention to our Lenten Holy Hour and Vespers that will take place every Monday during Lent. At St. Ignatius Church.

GOSPEL REFLECTION Seventh Sunday in Ordinary Time

Stagnant or Overflowing?

We find ourselves in the midst of a short, seven and a half week stint of Ordinary Time. It can seem like we are somewhat lost in time - no longer in the Christmas season and not yet in the throes of Lent. It can also be a dreary time. All of the exterior lights are extinguished; the days are still short and the nights still long. The gray clouds and threats of snow linger on in some parts, yet without the childlike anticipation to pull us through. What do we have to look forward to now? How can we not grow stagnant in our walk of faith during this time?

A friend once told me that Ordinary Time was his favorite season of all. When he first said it, I thought he was crazy. How can anyone enjoy Ordinary Time more than Christmas or Easter?! But then he shared that, just as the liturgical color green indicates, Ordinary Time is a season of growth. As we muddle through the mundane, tackle the trivial and battle the boredom, we are invited to continue blossoming and blooming.

In today's first reading we discover Saul and David in the middle of a cat and mouse chase. Saul finds himself in a jealous rage and wishes to extinguish David, while David's men encourage him to obliterate Saul. David could have just as easily become enraged. Afterall, his best friend's father wanted to chop his head off! But he fled in self defense, and when afforded the opportunity to retaliate, refused to lay a finger on the Lord's anointed one. He acquiesced to God rather than anger.

Jesus puts the actions of David into words saying: "love your enemies, do good to those who hate you, bless those who curse you, pray for those who mistreat you... Do to others as you would have them do to you...and you will be children of the Most High, for he himself is kind to the ungrateful and the wicked." Sounds selfless and saintly and... super hard. To act in a way that gains no reward, not even a tiny bit of dopamine, sounds just horrible. It offers my humanness no motivation, my pride no boost.

Yet we live for the promise of a different kind of reward all together: "then your reward will be great and you will be children of the Most High...gifts will be given to you; a good measure, packed together, shaken down and overflowing..." So let us shake off the ordinary-ness of this time and dive into the growth, so that our heavenly reward may be overflowing.

FAITH FORMATION CLASSES RESUME

All Faith Formation classes resume this week Sunday at the regular times. There will be a half term break on March 02 and 09. Classes will then resume on Sunday, March 16.

FOCUS MISSION TRIP TO CAYMAN

A group of 15 Missionaries from the Fellowship of Catholic University Students (FOCUS) will be working in our Parish, School and wider community from March 15-22. Thank you to those who have offered to host these families. Parishioners are invited to participate in the week of activities that these young men and women will be engaging us in.

Wishing you all a wonderful week - Fr. Naveen

STEWARDSHIP: TIME TALENT TREASURE

"How shall I make a return to the Lord for all the good He has done for me?"

Offertory Collection for last weekend's Masses: \$9,949.35

- Your offerings can also be transferred to the St. Ignatius Church Butterfield account 02 101 031260.
- Alternatively, cheques can be mailed to St. Ignatius Church, PO Box 2638, Grand Cayman, KY1-1102. Thank you for your generosity and good stewardship for all that God has given you!

MASS SCHEDULE, INTENTIONS, AND PRAYER LIST

St. Ignatius Mass Schedule and Intentions

Saturday:February 22St. Peter the ApostleFr. Anthony8:30am+Ana Margarita Miranda MartinFr. Naveen6:00pm+Ana Ester Castillo de Suarez

Vega Rojo Galindo Roxas

Seventh Sunday in Ordinary Time

Fr. Anthony 8:00 am +Elsamma Antony

February 23

Sunday:

+Jose Rafael Azavedo +Sr. Elma Olivera

Fr. Anthony 11:30am +Ma. Lourdes Gamboa

+Merson Manansala

+Ana Margarita Miranda Martin

Fr. Naveen 6:00pm +Capt. Charles Kirkconnell

+Darryl & Angela Myers

Monday: February 24 St. Luke Belludi

Fr. Naveen 7:00 am +Derek & Margurite Wight (Anniversary)

Tuesday: February 25 St. Walburga

Fr. Anthony 7:00 am Jonica Fernandes (Birthday)

Fr. Naveen 8:05am Staff and Students of St. Ignatius High School

Wednesday: February 26 St. Isabel of France

Fr. Anthony 7:00am +Derek Wight

+Vincenzina Pitavo

Thursday: February 27 St. Gregory of Narek

Fr. Anthony 7:00am +Michael Sheils

Fr. Naveen 8:15am Staff and Students of St. Ignatius Primary School

Friday: February 28 St. Romanus of Condat Fr. Anthony 7:00am +Marguerite Wight

Edwin Fernandes (50th Birthday)

Fr. Naveen 6:00pm People of the Parish

Saturday: March 01 St. David of Wales

Fr. Anthony 8:30am Persin Fernandes (Thanksgiving)
Fr. Naveen 6:00pm +Ans Ester Castillo de Svarez

Sunday: March 02 Eighth Sunday in Ordinary Time

Fr. Naveen 8:00 am +Julius Ortiz

Fr. Naveen 11:30am People of the Parish

Fr. Anthony 6:00pm +Ian Lambert

Christ the Redeemer Mass Intentions

Sunday: February 23 Seventh Sunday in Ordinary Time

Fr. Naveen 9:45 am People of the Parish

Sunday: March 02 Eighth Sunday in Ordinary Time

Fr. Anthony 9:45 am +JC Calhoun

Stella Maris Mass Intentions

Sunday: February 23 Sixth Sunday in Ordinary Time

Fr. Anthony 6:00pm Mass

Sunday: March 02 Seventh Sunday in Ordinary Time

11:00am Communion Service

Our Prayer List for the Sick

Dr. Joseph Ostroski
Tom Dunbar
Antonio Soriano
Eva Wiggan
Francis De Vera
Owen Henry
Linval Webb
George Webb
Barbara Man-Song-Hing
Donna Hurlston
Jean Denees Brown-Afable

John Michael Stafford Jesally Ebasan Rocamora Mike Carey

Janet Pereira
Jade Brown Afable
Burns Rutty
Megan Stewart Greene
Mavis Hennings

Jennifer Scott-O'Sullivan
Anne Rodriguez
Tony Wood
Sarah Drebenstedt
Casey Gill
Walwin Clarke
Damien Reidy
Esther Tatum
Steve Leftwich
David Jarman
James Carr
Gloria Mosca

Gloria Mosca Natalie Bueden Shelia Seigel Christopher Lee Gerardo Rossano Laura Foster Ludmiea

Mark Delapenha Winston Salmon



IMPORTANT UPDATE:

Please note that our prayer list for the sick was growing very lengthy, and some names have been on the list for a significant amount of time. As a result, any names that have been on the list for more than a year have now been removed. If any families would like any of the names reinstated, please contact the Parish Office via phone or e-mail. Parishioners are kindly asked to help us keep this list up-to-date by notifying the Office in timely fashion if any names need to be added or removed.

Please pray that the Healing Hand of the Lord touches all our sick, bringing consolation to the aged, peace of soul to the terminally ill, and strength to those who are young and all those in our Parish and families who are suffering. May all of them know God's healing love. We pray for all the sick not listed and those in hospitals.

Please contact the office to add/remove names.

CONFIRMATION — THANK YOU!!



Last Sunday, February 16, Bishop Donald Hanchon from the Archdiocese of Detroit celebrated a very special Confirmation Mass, where he conferred the sacrament on 21 of our Parish' teens. Thank you to everyone who gave of their time, talent and monies to make the celebrations a success.

Thank you to the following:

- Bishop Hanchon who travelled from the Archdiocese of Detroit to confirm our teens
- Fr. Naveen SAC and Fr. Anthony SAC, for their Pastoral leadership and support
- Our Parish Staff for their administrative work and invaluable support
- Fr. Anthony, Mrs. Angela Miller and Ms. Suzanne Howden and the Altar Society for organizing the liturgical space and other liturgical needs for the beautifully celebrated Mass
- Our group of Confirmation families and sponsors, who have made sacrifices in numerous ways to ensure that the gift of faith is passed on to
 our confirmed teens. Thank you to the team of parents who went above and beyond with their material donations toward the retreat, the
 flowers for the Confirmation Mass, the photographer, etc. All your kindness of your time, talent and resources made last week Sunday
 special for all our children
- Joseph Solomon and Francis Ribeiro, the Confirmation Catechists, who facilitated the Confirmation preparation all the way through the reception of the Sacrament. We are so grateful to their dedication to this group of teens
- Fr. Patrick Gonyeau and his Mom, Patricia Gonyeau for their Spiritual direction and leadership while we were on Retreat
- Allan & Tecla Namatovu, Angela Miller, Angella Graham, Anna Cayasso, Arianna Anglin, Blaise Ting, Joan Lagman, Joseph Solomon, Joy Anglin, Jude Solomon Julius Aurelio, Mairead Joannou and Suzanne Howden who provided invaluable leadership and support with the retreat activities
- Sarah Bertran and members of the Music Ministry and Choir for the beautiful music which made the Confirmation Liturgy a prayerful and memorable one
- Our Parish's faithful Altar Servers who were present at the Confirmation Mass in large numbers
- Our teen readers, Ella Conen, Isabella Ting and Nathaniel Rouse; our Parish's Ushers/Greeters and all those who contributed to the Mass in some way or another.
- Dr. Smita and her team of parents for planning the Reception event in the Msgr. Meaney Sports Hall.
- Ms. Lanie Taguibao and her friends for decorating the Hall for the reception.
- Mrs. Lori Ann Foley and The Cake Studio for the donation of the delicious celebratory cake for the reception
- Chefs Thomas and Vivian for preparing wonderful spread of food at the reception
- Our talented and dependable photographer, Ryan Dumaguing
- Jerry Gracias, for his assistance in preparing and cleaning the facilities

- O'Neil Miller - Director of Religious Education

CONGRATULATIONS

Baby Andromeda Mila Bodden was baptized on Sunday, February 09 by Fr. Naveen D'Souza, SAC at Stella Marich Church, Cayman Brac

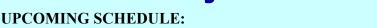
Welcome to the family of God and to His Holy Church!

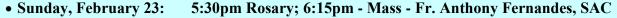
IN ME MORIAM

We extend our sincerest condolences to Rosie Myles, Kafara Augustine and their extended family on the passing of their Aunt, +Sr. Elma Olívera, this past week.

May her soul and the souls of all the faithful departed, through the mercy of God, rest in eternal peace.

Attention Stella Maris Cayman Brac





• Sunday, March 2: 10:30am Rosary; 11:00am - Communion Service

• Sunday, March 09: 5:30pm Rosary; 6:15pm - Mass - Fr. Naveen D'Souza, SAC

• Sunday, March 16: 10:30am Rosary; 11:00am - Communion Service

• Sunday, March 23: 5:30pm Rosary; 6:15pm - Mass - Fr. Anthony Fernandes, SAC

Please check out the Stella Maris Facebook page for weekly updates and/or any changes to schedule:

https://www.facebook.com/Stella-Maris-Catholic-Church-Cayman-Brac-441278865976433/

REQUESTS FOR LETTERS/REFERENCES FROM ST. IGNATIUS PARISH OFFICE

Anyone who resides in the Cayman Islands for more the 6 months and is requesting letters for the purposes listed below, must be registered, at St. Ignatius Parish, and be active Parishioners at either St. Ignatius, Christ the Redeemer, or Stella Maris (Cayman Brac):

- Infant Baptism overseas
- First Communion & Confirmation overseas
- Godparents overseas
- Permanent Residence and Caymanian Status References (must be active volunteers in Parish Ministries for at least 2 years)
- Bank References
- General Parishioners Letter
- Marriage overseas
- School Admission overseas/locally
- Sacramental Preparations locally

If you require a letter, and meet the above criteria, please give plenty of notice, as last minute requests may not be possible.

Please provide all necessary evidence.

Please contact the Parish Office by phone or e-mail if you have any questions.

SAINTS AND FEASTS THIS WEEK

- Monday, February 24th: St. Luke Belludi
- Tuesday, February 25th: St. Walburga
- Wednesday, February 26th: St. Isabel of France
- Thursday, February 27th: St. Gregory of Narek
- Friday, February 28th: St. Romanus of Condat
- Saturday, March 1st: St. David of Wales

Saint Quote of the Week:

"Be joyful, and keep your faith and your creed. Do the little things that you have seen me do and heard about. I will walk the path that our fathers have trod before us."

- St. David of Wales (Feast Day - March 1st)





'My Parish App'

Download the St. Ignatius Parish app at https://myparishapp.com/, or by using the QR code.





THE GROTTO GIFT SHOP

We are **OPEN** after weekend
Masses (right behind the
Adoration Chapel).
Rosaries, cards, gifts
and more in stock!
New items regularly arriving!
We look forward to seeing you!
Be sure to thank our
wonderful volunteers!

E-mail: Ignatius@candw.ky

Phone: +1 (345) 949-6797 Website: https://ignatius.ky

The Divine Mercy Adoration Chapel

Dedicated on December 4th, 2016

"...could you not watch one hour with Me?" - St. Matthew

The Adoration Chapel is open daily from 6:00 am to 9:00 pm.

We invite you to sign up for a Holy Hour!

If you have any questions please contact the coordinators, as listed below,

or via the Parish Office:

6:00 am to Noon:

Moira Abbott - mporajmj@gmail.com

Noon to 6pm:

Fay Anne de Freitas - fayanne@defreitas.info

6:00pm to 9:00pm:

Lily McLaughlin: lilygcm0859@gmail.com.

List of Vacant Hours:

Monday: 9-10am; 12-1pm; 4-5pm **Tuesday:** 1-2pm; 4-5pm; 7-8pm; 8-9pm

Thursday: 10-11am

Friday: 11-noon; 7-8pm, 8-9pm

Saturday: 7-8am; 10-11am; 3-4pm; 4-5pm; 5-6pm

Sunday: 7-8am; 9-10am; Noon-1pm; 2-3pm; 4-5pm; 5-6pm; 8-9pm



Thank you to all those who faithfully attend!

Scripture Readings Week February 24 - March 2

Mon: Sirach 1:1-10

Mark 9:14-29

Tues: Sirach 2:1-11

Mark 9:30-37

Wed: Sirach 4:11-19

Mark 9:38-40

Thurs: Sirach 5:1-8

Mark 9:41-50

Fri: Sirach 6:5-17

Mark 10:1-12

Sat: Sirach 17:1-15

Mark 10:13-16

Sun: Sirach 27:4-7

1 Corinthians 15:54-58

Luke 6:39-45

See United in Christ Missal for alternate readings, or please visit www.usccb.org.

UPCOMING EVENTS - PARISH/SCHOOL

Feb 23	Faith Formation Classes
Feb 23	Baptisms Scheduled
Feb 28	School Staff Professional Development Day
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Mar 3-7 School Closed - Half Term Break Mar 05 Ash Wednesday - Public Holiday

Mar 07 Lenten Fish Fry
Mar 10 School Reopens
March 09 1st Sunday of Lent
Mar 09 OCIA - Rite of Election

Mar 15-22 FOCUS Mission Trip to Cayman

Mar 18 Installation of New Archbishop of Detroit

Mar 29 Blood Donation Drive

Apr 11 School Closes for Easter Break

Apr 13 Palm Sunday Apr 17 Holy Thursday

Apr 18 Good Friday - Public Holiday

Apr 19 Holy Saturday Apr 20 Easter Sunday

Apr 21 Easter Monday - Public Holiday

Jun 01 First Communion Mass

ALTAR FLOWERS

The Altar Flowers for this weekend,
were donated by **Joy Anglin & Ngozi Onah.** Thank you!
The sign up sheets are at the main entrance of the Church.
All those who have signed up for flowers are reminded to
please make the payment to the office
at least one week ahead of time.
Cost is \$100. Thank you!

CHRIST THE REDEEMER ALTAR FLOWERS

The Parish has sponsored today's flowers. Thank you!
Please sign up to sponsor flowers!
The sheet is on the notice board. Cost is \$50 per week.

MASS ATTIRE

Sacred Scripture — in Psalm 29, Psalm 96, and 1 Chronicles — calls us to "worship the Lord in holy attire and splendid in holiness", and all parishioners are asked to reflect on the way that we dress as we prepare to attend Mass.

ASH WEDNESDAY

Schedule of Masses March 05, 2025

8am 10am 12Noon

6pm

St. Ignatius Christ the Redeemer
8am 9:45am

PARKING SAFEFTY

When you attend Mass on Sundays or visit the Church/Chapel or Parish offices during the week, be mindful of all parking lot safety precautions that you would take in other parking spaces on island.

- Be mindful of how you're parking your car, using the spaces as you should.
- Only park in designated parking spaces at all times.
- Do not block the areas that are coned off as they are for everyone's safety.
- Do not leave handbags, electronics and other valuables in your car. In case your car is broken into, your possessions will be securely with you.
- Lock all your car doors as you leave the car.





PRE-MARRIAGE PREPARATIONS

Six months notice required and completion of pre-marital instruction.

Couples intending to get married are invited to contact the Parish Office well in advance and make an appointment to see the one of the priests and to register for the pre-Marital course.

Contact the Parish Office at Ignatius@candw.ky or 949-6797 to make an appointment, to register, and for further information.



THE CATHOLIC FAITH.
ON DEMAND.

Watching great <u>CATHOLIC</u> content is really easy!
This is a FREE service thanks to the generosity of our Parish Evangelization Commission!

What is FORMED?

• Access the truth, beauty, and meaning of the Catholic Faith anytime, anywhere... with

FORMED.

- Use it on your computer, tablet, or smartphone.
- Multiple programs for all ages. TEENS, CHILDREN AND ADULTS. Movies, books, audios, & bible studies.
- Informative and inspiring teaching from renowned speakers Scott Hahn, Edward Sri, Fr. Robert Barron, Tim Gray, Chris Stefanick, Teresa Tomeo... and many more.
- Create your own personal account which allows you access anytime, anywhere!
- A resources from the St. Augustine Institute.

All Parishioners are encouraged to register! It's very simple!

- 1. Go to https://formed.org and click signup. Chrome works best!
- 2. Select option 3, "I belong to a parish or organization".
- 3. Type in St. Ignatius Parish and select 597 Walkers Road, George Town
- 4. Register with your name and e-mail address.



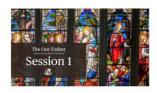
This Week on Formed

Week of February 23, 2025



An American Blessed

In May 2020, Pope Francis approved a miracle attributed to the intercession of Fr. Michael McGivney, paving the way for his beatification. This documentary highlights Fr. McGivney's fraternal charity, evangelization, and empowerment of the laity.



The Our Father

In this episode of his course on the Our Father, Dr. Ben Akers teaches us what we can learn from the perfect model and master of prayer: Jesus himself.



Discerning God's Will

Discovering the will of God can be an intimidating challenge in the spiritual life. Join Fr. Larry Richards as he guides us in this task through prictical advice and personal stories!, Discovering the will of God can be an intimidating challenge in the spiritual life. Join Fr. Larry Richards as he guides us in this task through practical advice and personal stories!

Our parish has a FORMED subscription. Visit signup.formed.org and select our parish name.



How Frequent Communion Can Preserve a Soul From Evil Desires



Frequent reception of Holy Communion can preserve a soul, keeping it receptive to the many graces God wants to give.

Saints over the centuries have often promoted the frequent

reception of Jesus in Holy Communion.

They have not only promoted the reception of Communion on Sundays, but even at daily Mass whenever possible.

There are many benefits to this spiritual practice, but it must be said that Holy Communion needs to be received **without any stain of mortal sin**. Otherwise, Communion will only further separate a soul from God, as it is a mortal sin to receive Holy Communion in such a spiritual state. With this in mind, St. Francis de Sales highly recommends Holy Communion as a way to preserve the soul from evil desires.

St. Francis de Sales explains in his *Introduction to the Devout Life* that God instituted this sacrament to help preserve our souls from evil: "The Savior instituted the most holy Sacrament of the Eucharist, really containing His Body and Blood, in order that they who eat it might live for ever. And therefore whosever receives it **frequently and devoutly**, so strengthens the health and life of his soul, that it is hardly possible for him to be **poisoned by any evil desires**.

He then uses an analogy to help illustrates this spiritual truth: The most fragile, easily spoilt fruits, such as cherries, apricots, and strawberries, can be kept all the year by being preserved in sugar or honey; so what wonder if our hearts, frail and weakly as they are, are kept from the corruption of sin when they are preserved in the sweetness ("sweeter than honey and the honeycomb") of the Incorruption Body and Blood of the Son of God.

This is possible because Holy Communion can bring us into a deeper "communion" with Jesus Christ.

If we do receive Holy Communion frequently and don't feel any difference, it may be because our heart is not disposed to the graces God wants to give to us.

God always knocks at the door of our heart, but we have to open it.

https://aleteia.org/2025/01/13/how-frequent-communion-can -preserve-a-soul-from-evil-desires

PRAYER FOR LIFE

Lord Jesus Christ,
You are the Author of Life,
Who died and now lives forevermore.
May we who work and pray
That children in the womb may be pro

That children in the womb may be protected Always draw strength, confidence, and joy From Your victory over death,

For you are Lord forever and ever. Amen.

Phone: +1 (345) 949-6797 Website: https://ignatius.ky

Join our Church's Whatsapp Channel



St. Ignatius Parish - Grand Cayman

WhatsApp channel



Scan this QR Code using the camera or use the link below to view or follow the channel https://whatsapp.com/channel/0029Vb3lqNfF6smpvati0D1n

TREASURES FROM OUR TRADITION

This week's calendar appears at first to have a feast day for a piece of furniture: the Chair of Peter. In fact, it functions as a kind of ecclesial



"Presidents' Day." The church day points to Peter, but just as Presidents' Day began with Washington's birthday and now includes all presidents, this day celebrates the Petrine ministry: Peter's apostolic presidency passed down in our tradition as an essential aspect of Catholic identity. Maybe the day should be subtitled "Popes' Day." As for the "chair" itself, it can be traced to the house of Priscilla and Aquila in ancient Rome. Peter sat there to instruct the faithful and to receive the newly baptized. When Christianity became legal, the house was transformed into a place for public prayer, and soon the chair was transported to the tomb of St. Peter on the Vatican hill. Over the centuries, the hill was leveled, but the tomb and the chair were preserved.

Today, it is said that the chair from that ancient Roman community is raised high above the altar in St. Peter's, clearly visible just beneath the oval window showing the descent of the Holy Spirit. The symbol of the chair reminds the current occupant of the Petrine office of his duties to shepherd the flock by clear teaching and by building up the unity of the Church. Last year, on this very day, Pope Benedict XVI named fifteen new cardinals as an expression of this pastoral care for the unity of the Church, drawing them from a variety of cultures everywhere around the globe.

THE ST. IGNATIUS FOOD PANTRY

There are many different ways that Parishioners may help!

- 1. Donations of non-perishable food items or toiletries are welcome!
- 2. Supermarket gift cards are welcome (Foster's, Kirk Market, Hurley's, Cost-U-Less)!
- 3. Plastic and/or reusable shopping bags are always much appreciated!
- 4. If you prefer to make monetary donations our volunteers can purchase items needed!

 Food Pantry donations may be brought to the PARISH OFFICE or dropped off after weekend Masses. Please ensure that items have at least six months left before expiry date!

"For I was hungry and you gave me food, I was thirsty and you gave me drink."
-Matthew 25:35

Together, as a community, let us continue making a difference in the lives of others!

<u>Items Needed!</u>

- Flour
- Corned Beef
- Condensed Milk
- Evaporated Milk
- Biscuits
- Instant Coffee
- Canned Vegetable
- Toothpaste
- Ramen Noodles
- Bar Soap
- Supermarket Gift Cards (\$25 or \$50)



When donating items, please bring smaller sizes (bottles, cans, packs) whenever possible! This gives us much more flexibility when distributing the items to individuals or families. For example, 6 small bags of Rice is much better than 1 large one! Thank you!

ST. IGNATIUS/DOROTHY RICE SCHOLARSHIP FUND

How you can help:

- Donation envelopes are available at the entrances to the Church.
- On-line transfers can be done through Butterfield Bank... please e-mail Ignatius@candw.ky for details.
- Donations can also be sent in by mail to PO Box 2638, Grand Cayman, KY1-1102. If paying by cheque, please make your donations payable to: **ST. IGNATIUS**, and in the memo, please indicate "**Scholarship Fund**".
- Perhaps your company would like to assist with regular contributions OR a one-off donation?

Please consider the Scholarship Fund from time to time when doing your charitable work throughout the year! Many thanks to all those who have contributed to the fund during recent months and during the past several years! For further information, please contact Fr. Naveen in the Parish Office or via e-mail: Ignatius@candw.ky

PLEASE SUPPORT OUR ADVERTISERS!!! Be sure to tell them you saw their ad in the St. Ignatius Parish Bulletin!



DO YOU FOLLOW OUR PARISH FACEBOOK PAGE?

The intent of our Parish Facebook page is to keep parishioners abreast of the latest happenings and upcoming Masses and events within our Church community. To 'like' our Facebook page, please visit https://www.facebook.com/pages/St-Ignatius-Parish-Grand-Cayman/400740876744368?sk=timeline or alternatively you may conduct a Facebook search for: *St. Ignatius Parish - Grand Cayman*.

FOUNT OF LIFE PRAYER GROUP MEETS WEDNESDAYS AT 6:00 PM

"Let everything that has breath praise the Lord!" - Psalm 150:6 All are welcome to join in Fount of Life Prayer Group meetings at St. Ignatius Church, **Wednesdays at 6:00 pm**. We praise, worship, give thanks, petition, intercede, share, witness and fellowship at our prayer meetings. We look forward to seeing you!

LIVING HOPE COMMUNITY

The Living Hope Community is currently meeting on the 2nd and 4th Sundays of the month at **3:00 PM** in the St. Ignatius Sixth Form Common Room. For further information and/or updates, please contact Bel Aurelio at belmd2001@yahoo.com.



Thank you to all those companies and individuals who have placed ads on these last two pages of the Parish Bulletin! We encourage ALL parishioners to support these fine businesses and tell them you saw them listed in the St. Ignatius Parish Bulletin!

Any companies or organizations wishing to take out a bulletin ad next time we print the covers are urged to contact the Parish Office before <u>Wednesday</u>, <u>April 02</u>, <u>2025!</u>

The price of ads is \$250 (for a 1" by 2.5" block) for 4 months... May 01 through August 31, 2025

Ads will appear in full COLOUR!

The Bulletins are uploaded to the Parish website also. We require electronic copy of ads/logos, etc. For further information, please contact the Parish Office by phone or e-mail.



PARISH OFFICE HOURS

Weekdays from 8:00 am to 4:00 pm.

Note that hours are normally reduced in July and August.

Please phone 949-6797 or e-mail Ignatius@candw.ky.

Thank you for supporting the St. Ignatius Food Pantry!



Please support the St. Ignatius — Dorothy Rice Memorial Scholarship Fund. Envelopes at the Church entrance.

PLACE YOUR AD HERE!

Call 949-6797 or e-mail Ignatius@candw.ky for details. Ads will appear in full COLOUR!



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THE GROTTO **GIFT SHOP**

The Gift Shop is open after weekend Masses. Gifts, Cards, Rosaries, Books and much more! We look forward



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Visit the Divine Mercy Adoration Chapel

Open daily from 6:00 am to 9:00 pm.

Sign up for a holy hour! See inside this bulletin for complete details.

"...could you not watch one hour with Me?"





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