



St. Ignatius Catholic Parish

Fourteenth Sunday in Ordinary Time

597 Walkers Road, George Town, Grand Cayman

Phone: +1 (345) 949-6797

E-mail: Ignatius@candw.ky

Website: <https://ignatius.ky>

Facebook: www.facebook.com/StIgnatiusParishCayman/



Weekend Mass times:

Saturday 6:00 pm

Sunday 8:00 am, 11:30 am, and 6:00 pm

Weekday Mass times:

Monday-Friday 7:00 am

Friday 6:00 pm

Saturday 8:30 am

Public Holidays 8:30 am

Confessions:

Saturday 5:00-5:45 pm

Christ the Redeemer Catholic Church

Rev. Blackman Road, West Bay

Phone: +1 (345) 949-6797

Weekend Mass time:

Sunday 9:45 am



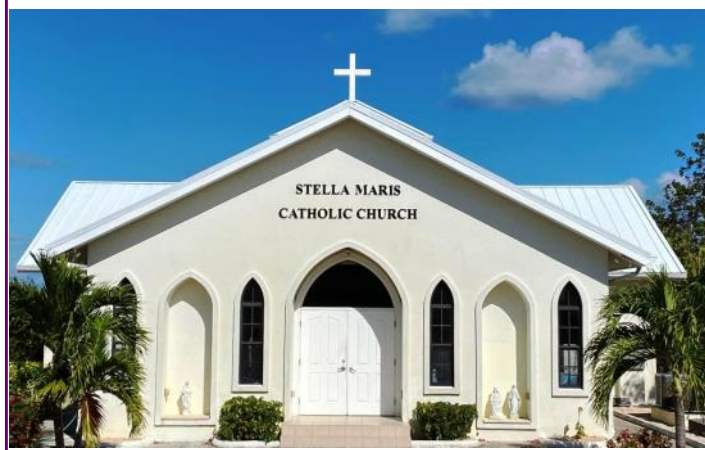
Stella Maris Catholic Church

Alta Vista Drive, Cotton Tree Bay, Cayman Brac

Phone: +1 (345) 926-5555 or +1 (345) 949-6797

Weekend Mass / Communion Service:

See inside for latest updates



PARISH MISSION STATEMENT

St. Ignatius Parish is a welcoming Roman Catholic Christian Communion. We worship God the Father, Son and Holy Spirit, we celebrate Jesus Christ in the Word and in the Eucharist, we evangelise, we educate, and we serve as disciples of Jesus.

**PLEASE
remember
our Parish
in your Will.**

WELCOME TO ST. IGNATIUS PARISH, AND A SPECIAL WELCOME TO ALL OF OUR VISITORS!



MEET OUR CLERGY (Left to Right)

Parish Administrator: Rev. Fr. Anthony Fernandes, SAC

PARISH STAFF

**Religious Education Director and
Youth Ministry Team Coordinator**

Mr. O'Neil Miller

Administrative Officer

Mrs. Gladys Domingo

OTHER CONTACTS

Music Ministry — Organists

Mrs. Sarah Bertran

Mr. Albert Chin

Mr. McAllister Fernandes

Mr. Reymar Latap

Food Pantry

Ms. Suzanne Howden - Coordinator
Please contact the Parish Office for
assistance

PRAYER MEETINGS AND RELIGIOUS EDUCATION

Rosary (St. Ignatius):

Monday through Friday in Adoration Chapel 7:30 to 8:00 am

Saturday in Adoration Chapel after 8:30 am Mass

Morning Prayers (St. Ignatius):

Monday to Friday 6:40 am,

Saturday 8:10 am

Prayer Meetings:

St. Ignatius — Wednesdays 6:00 pm (English) and 7:00 pm (Spanish)

Missionary Families of Christ:

Last Sunday of each Month 1:30 pm

Faith Formation and First Communion:

Sunday mornings, 10:15 am to 11:15 am (September to June)

First Communion begins at 10:00 am. All children of the Parish are welcome.

Confirmation:

Classes are held on Sunday mornings, 9:45 am to 11:15 am (September to June)

for students in Years 7-9 of High School and other

High School aged students who have not been confirmed.

PARISH PASTORAL COUNCIL

Pastoral: Fr. Anthony, SAC

Chairperson: Wil Pineau

Other elected members:

Blas Serrano, Blaise Ting, Renee Caudeiron, Denise Delpesh-Morain

Commission Representatives:

Worship: Angela J. Miller **Evangelisation/Education:** Michelle Haylock

Stewardship: Andrew Hulse **Christian Service:** TBD

Youth: Marcus Lagman

FINANCE COUNCIL

Facilitates the means for pastoral priorities and planning, Monitors and Maintains parish goods, and Communicates with the Pastoral Council on prioritizing resources. Members are:

Fr. Anthony Fernandes, SAC

Frank Gallippi

Angela Miller

Jennison Nunez

Deborah Kirkconnell

Jasper Uy

Facilities Manager: Mr. Sambasivam Dhanasekar



ST. IGNATIUS CATHOLIC SCHOOL

Instaurare Omnia in Christo

Phone: 949-9250

E-mail: general@st-ignatius.com

Website: www.st-ignatius.com

Facebook: www.facebook.com/St.IgnatiusCayman

Principal: Mr. Peter Embleton



*Building and Growing
Together for our Future!*

July 5, 2026 - Fourteenth Sunday in Ordinary Time**This Weekend's Readings****TODAY'S READINGS**

First Reading: Zechariah 9:9-10

Responsorial Psalm: Psalm 145:1-2, 8-9, 10-11, 13-14

Second Reading: Romans 8:9, 11-13

Gospel: Matthew 11:25-30

Gospel Acclamation

"Blessed are you, Father, Lord of heaven and earth; you have revealed to little ones the mysteries of the kingdom. "(Cf. Matthew 11:25)

FOCUS MISSIONS TEAM SCHEDULE

The FOCUS Missions Team arrived on Island on Saturday and will be with us for the next two weeks. They are accompanied by their Chaplain Fr. Derek Mobilio. The team is made up of full time missionaries and Catholic university students, who are excited about serving our community.

The team will be ministering to our children and teens this week at VBS and the following week, they will be on Cayman Brac reaching out to parishioners and non-Catholics alike.

Please see the schedule to the right of this page and also on pages 5 and 6.

Come join the team each day for the Holy Hour and Mass in the Church. On Wednesday there will be a Potluck Supper, so prepare a dish and bring it to share with others while we enjoy each other's company.

FAITH FORMATION & OCIA REGISTRATIONS

Registration for Faith Formation and OCIA is now open. Please see page 7 of today's bulletin for the QR codes. Parents are encouraged to register their children for Faith Formation, and adults interested in becoming Catholic or completing their Sacraments of Initiation are invited to register for OCIA. Please complete the forms soon.

PARISH SUMMER OFFICE HOURS

Starting June 30, the Parish office will open at 9am and close at 3pm.

Wishing you all a blessed week - Fr. Anthony

SUMMER OFFICE HOURS - CHURCH

Weekdays from 9:00 am to 3:00 pm.

Please phone 949-6797

or e-mail Ignatius@candw.ky.

Starting, Monday, June 29

UPCOMING EVENTS - PARISH/SCHOOL

Day

Jul 04-18 FOCUS Summer Mission Trip - Cayman Islands

Jul 05 14th Sunday in Ordinary Time

Jul 6-10 Vacation Bible School

Jul 06 Constitution Day - Public Holiday

Jul 12 15th Sunday in Ordinary Time

Baptisms scheduled

Jul 19 16th Sunday in Ordinary Time

Jul 26 17th Sunday in Ordinary Time

July 31 St. Ignatius of Loyola Feast Day

Aug 02 18th Sunday in Ordinary Time

Aug 09 19th Sunday in Ordinary Time



focus
FELLOWSHIP OF CATHOLIC
UNIVERSITY STUDENTS

FOCUS
Missions Team

ON MISSION
IN THE
Cayman Islands

JULY 04-18, 2026

"Go therefore and make disciples of all nations."
MATTHEW 28:19

COFFEE & DONUTS MORNING
SUNDAY, JULY 05
AFTER THE 8:00AM MASS
ST. IGNATIUS CHURCH

HOLY HOUR & MASSES
MONDAY - THURSDAY
JULY 06 - 09
• 5:00PM | HOLY HOUR
• 6:00PM | MASS
ST. IGNATIUS CHURCH

FRIDAY, JULY 10
11:15AM | MASS DURING VBS
MASS ON JULY 10 WILL BE IN THE LOYOLA HALL.
LOYOLA HALL

WEDNESDAY EVENING
7:15PM Potluck Dinner Night
ALL PARISHIONERS ARE INVITED.
ST. IGNATIUS SCHOOL COURTYARD

VBS

SAINT IGNATIUS CATHOLIC CHURCH
Making Disciples. Building Community. Living Christ's Mission.

STEWARDSHIP: TIME TALENT TREASURE

"How shall I make a return to the Lord for all the good He has done for me?"

Offertory Collection for last weekend's Masses: \$8,725.05

Second Collection—Peter's Pence: \$3,080.52

Your offerings can also be transferred to the St. Ignatius Church Butterfield account 02 101 031260.

- Alternatively, cheques can be mailed to St. Ignatius Church, PO Box 2638, Grand Cayman, KY1-1102.

Thank you for your generosity and good stewardship for all that God has given you!

MASS SCHEDULE, INTENTIONS, AND PRAYER LIST

St. Ignatius Mass Schedule and Intentions

Saturday:	July 04	St. Elizabeth of Portugal
Fr. Anthony	8:30 am	Christian Victory Intentions +Joyancee Badoria Separa +Nicole Dazo
Fr. Anthony	6:00 pm	+Lucio Penaranda +Amparo Trinidad Penaranda +All souls in Purgatory
Sunday:	July 05	Fourteenth Sunday of Ordinary time
Fr. Derek	8:00 am	+Chirayath Jose
Fr. Anthony	11:30 am	+Agnes Ting
Fr. Anthony	6:00 pm	People of the Parish
Fr. Anthony	9:45am	People of the Parish
Fr. Derek	6:00 pm	People of the Parish
Monday:	July 06	St. Maria Goretti
Fr. Anthony	8:30 am	Terry Caudeiron (Birthday)
Tuesday:	July 07	St. Syrus of Genoa
Fr. Anthony	7:00 am	People of the Parish
Wednesday:	July 08	St. Kilian
Fr. Anthony	7:00 am	Zacharie Caudeiron (Birthday) +Gregg Allan Norling
Thursday:	July 09	Martyrs of Orange
Fr. Anthony	7:00 am	+Araceli Garife
Friday:	July 10	St. Amalburga
Fr. Anthony	7:00 am	+Salvador Fernandes
Fr. Anthony	6:00pm	People of the Parish
Saturday:	July 11	St. Benedict of Nursia
Fr. Anthony	8:30 am	People of the Parish
Fr. Anthony	6:00 pm	People of the Parish
Sunday:	July 12	Fifteenth Sunday of Ordinary time
Fr. Anthony	8:00 am	People of the Parish
Fr. Anthony	11:30 am	People of the Parish
Fr. Anthony	6:00 pm	People of the Parish

Christ the Redeemer Mass Intentions

Sunday:	July 05	Fourteenth Sunday of Ordinary time
Fr. Anthony	9:45am	People of the Parish
Sunday:	July 12	Fifteenth Sunday of Ordinary time
Fr. Anthony	9:45am	+Monica Pegnam

Stella Maris Schedule & Mass Intentions

Sunday:	July 05	Fourteenth Sunday of Ordinary time
	11:00am	Communion Service
Sunday:	July 12	Fifteenth Sunday of Ordinary time
Fr. Derek	11:00am	Mass with Focus Mission Team

Our Prayer List for the Sick

Tom Dunbar
Antonio Soriano
Eva Wiggan
Owen Henry
Barbara Man-Song-Hing
Donna Hurlston
Jean Denees Brown-Afable
John Michael Stafford
Jesally Ebasan Rocamora
Mike Carey
Jade Brown Afable
Burns Ruttly
Megan Stewart Greene
Jennifer Scott-O'Sullivan
Anne Rodriguez
Tony Wood
Sarah Drebenstedt
Damien Reidy
Steve Leftwich
James Carr
Natalie Bueden
Gerardo Rossano
Laura Foster
Ludmeca
Winston Salmon
Alexandra Nolan
Luciana Diaz
Lucia Emmanuelle Noel Magana
Mardiorie Lesiguez Posion
Ana Bodden
Athena Penaranda Granados
Rosa Cruz
Rev. Godfrey Meghoo
Kerriann Rivers
Purificacion Domingo
Leticia Maradiaga
Teresia Muthoni Muthui
Peter Domingo
Leonila Cuepo
Harvey Stephenson, Sr.
Alfredo Challenger, Sr.
Blanche Bailey
Alice Giordano
Luana Soares DaSilva
Leo St. Pierre
Ernesto Rivero
Pauline Rivero



IMPORTANT UPDATE:

Please note that our prayer list for the sick was growing very lengthy, and some names have been on the list for a significant amount of time. As a result, any names that have been on the list for more than a year have now been removed. If any families would like any of the names reinstated, please contact the Parish Office via phone or e-mail. Parishioners are kindly asked to help us keep this list up-to-date by notifying the Office in timely fashion if any names need to be added or removed.

Please pray that the Healing Hand of the Lord touches all our sick, bringing consolation to the aged, peace of soul to the terminally ill, and strength to those who are young and all those in our Parish and families who are suffering. May all of them know God's healing love. We pray for all the sick not listed and those in hospitals. Please contact the office to add/remove names.

POPE'S PRAYER INTENTION JULY 2026

For respect for human life

Let us pray for the respect and protection of human life in all its stages, recognizing it as a gift from God.

PARISH NEWS AND ANNOUNCEMENTS

St. Ignatius Church

Potluck

SUPPER

with **FOCUS** Mission Team!



Bring a dish and
spend time with our guests!



WEDNESDAY,
JULY 08



7:15 PM
until **9:00 PM**

**SCAN TO
RSVP**

and indicate
the dish
you will bring.



PARISH NEWS AND ANNOUNCEMENTS



Cayman Brac
Go. Serve. Share Christ's Love.

FOCUS

Missions Team
TO
CAYMAN BRAC

JULY 11-17, 2026

**SATURDAY, JULY 11**

- 5:00PM | HOLY HOUR
- 6:00PM | MASS



STELLA MARIS
CATHOLIC CHURCH
CAYMAN BRAC

**SUNDAY, JULY 12**

- 10:00AM | HOLY HOUR
- 10:30AM | ROSARY
- 11:00AM | MASS
- 12:00PM | POTLUCK LUNCH
- 7:00PM | PRAISE & WORSHIP AND ADORATION



STELLA MARIS
CATHOLIC CHURCH
CAYMAN BRAC

**MONDAY – THURSDAY
JULY 13 – 16**

- 5:30PM | HOLY HOUR
- 6:30PM | MASS



STELLA MARIS
CATHOLIC CHURCH
CAYMAN BRAC

**OTHER ACTIVITIES DURING THE WEEK**

Confessions

Visiting the sick
and shut-insDoor to Door visit of
Catholics on island

Social Activities



Any Parishioners who are able to travel
to Cayman Brac with the team are
invited to contact the Parish office.

*Come, Pray,
Serve & Share
Christ's Love!*



All are invited. All are welcome.



ST. IGNATIUS
CATHOLIC CHURCH
CAYMAN BRAC

PARISH NEWS AND ANNOUNCEMENTS

St. Augustine's Guide to a Holy Summer Rest

We have forgotten how to stop. Augustine has some surprisingly practical advice.



Somewhere between the last work email and the first day of vacation, something goes wrong. We arrive at the beach, the mountains, or the family home with our phones still buzzing, our minds still rehearsing the unfinished business of June, and a vague sense that we should be doing something productive with all this free time. We have scheduled rest but we do not know how to use it. We have stopped working without actually stopping.

Augustine of Hippo, writing in the 5th century, would have recognized the problem immediately — and he had a name for what we are missing. In *The City of God*, he wrote: “The love of truth seeks holy leisure; the necessity of love undertakes just work.” The Latin is even sharper: *otium sanctum* — holy leisure. Not mere idleness, not the collapse of exhaustion, but a quality of rest that is oriented toward something, that has a shape and a purpose. Augustine’s point is that rest is not the absence of work. It is work’s destination.

Rest is not a reward

Augustine knew this from experience. In the autumn of 386, recently converted and worn out by years of teaching rhetoric in Milan, he accepted his friend Verecundus’s offer of a country villa at Cassiciacum, north of the city. He went with a small company — his mother Monica, his son Adeodatus, his friend Alypius, a handful of students — and spent several months there in what he would later call *otium philosophandi*: philosophical leisure. They talked, they read, they argued about happiness and skepticism and the order of things. The conversations became four books — *Contra Academicos*, *De Beata Vita*, *De Ordine*, *Soliloquia* — written not in an office but in a borrowed country house, between walks and meals and, as *Confessions* records with charming specificity, visits to the *balneum*, the bath, which Augustine notes took its name from the Greek *balaneion* because it “washes anxiety from the mind.” He would later describe Cassiciacum as the place where “we found rest in thee from the fever of the world.” This was not vacation as we understand it — Augustine was too restless for that — but something more interesting: a season deliberately structured around the love of truth rather than the demands of work. The thinking he did there was among the most productive of his life. The leisure was not despite the rest. It was because of it.

The first thing Augustine would tell us is to stop treating rest as something we have earned. The logic of modern vacation is essentially mercantile: We work hard, we accumulate enough, and then we permit ourselves to stop. Augustine’s *otium sanctum* operates on a different premise entirely. Rest is not the prize at the end of the race. It is the condition in which we become most fully human — the posture in which the love of truth can actually function. We are, as he wrote in the opening lines of the *Confessions*, made for God, and our heart is restless until it rests in him. The restlessness is not cured by a fortnight in the sun. It is cured by turning the attention, finally, toward what it was always seeking.

Practically, this means that the first act of a holy summer is not booking the holiday but deciding what the holiday is for. Not what you will do, but what you will allow yourself to receive.

Silence is not empty

Augustine’s inner life was intensely noisy — he was a rhetorician, a debater, a bishop with a packed correspondence and a diocese to run. Yet his writing returns constantly to the image of interiority as a vast, quiet palace, a space within the self where God is already present and waiting. “You were within me,” he wrote, “and I was outside.” Summer, with its longer light and slower pace, is one of the few seasons that genuinely invites us back inside — not to the interior of the house but to the interior of the self. Put the podcast down. Sit with the long evening. Let the silence be full rather than filling it.

Do less, and do it for its own sake

Augustine drew a clear line between *negotium* — business, the active life, things done for their usefulness — and *otium*, things done for their own sake. A walk that has no destination. A meal that goes on too long. A conversation with an old friend that produces nothing. These are not wasted hours. They are, in the Augustinian sense, the most human hours of all, because they point beyond utility toward something that simply is. Leisure, properly understood, is a rehearsal for eternity — which will not, Augustine suspected, be particularly busy.

The goal is rest, not restoration

The modern wellness industry frames rest as recovery — something we do so we can work better afterward. Augustine would find this subtly wrong. *Otium sanctum* is not instrumental. It does not exist to make you more productive come mid-August or September. It exists because the love of truth requires it, and because the heart that never stops moving never discovers what it is moving toward.

(Continued on page 6)

PARISH NEWS AND ANNOUNCEMENTS

Attention Stella Maris Cayman Brac

- Sunday, July 05: 10:30am Rosary; 11:00am - Communion Service
- **Sunday, July 12: 10:30am Rosary; 11:00am - Mass - FOCUS Mission Team Chaplain**
- Sunday, July 19: 10:30am Rosary; 11:00am - Communion Service
- Sunday, July 26: 10:30am Rosary; 11:00am - Communion Service
- Sunday, Aug. 02: 10:30am Rosary; 11:00am - Communion Service
- Sunday Aug. 09: 10:30am Rosary; 11:00am - Communion Service

Please check out the Stella Maris Facebook page for weekly updates and/or any changes to schedule:

<https://www.facebook.com/Stella-Maris-Catholic-Church-Cayman-Brac-441278865976433/>

St. Augustine's Guide to a Holy Summer Rest (cont'd from page 5)

This summer, the most Augustinian thing you can do is simple: stop. Not to recover, but to arrive. The restless heart was not made for perpetual motion. It was made, as Augustine knew, for something that will finally hold it still.

From Genesis

Go further in a similar idea to Augustine's by reading Pope Francis' consideration of the Third Commandment: Keep holy the Sabbath Day.

Rest, as God commands it for us, is the "moment of contemplation, it is the moment of praise, not escape. It is the time for looking at reality and saying: How beautiful life is!"

A word from an Augustinian pope

This summer carries a particular resonance for those who read Augustine seriously, because the pope who has just finished his first year in office is himself a son of St. Augustine — a member of the Order of St. Augustine before his election, formed in the same tradition of inwardness, contemplation, and the restless heart seeking rest.

In his first encyclical, *Magnifica Humanitas*, issued in May, Leo XIV wrote that "in the era of artificial intelligence, when human dignity is threatened by new forms of dehumanization, ours is the pressing duty to remain profoundly human." Under this light, the document can be read as a defense of everything that *otium sanctum* protects: interiority, attention, the irreplaceable texture of a human life that cannot be automated or accelerated.

AI, the Pope warned, risks becoming "an instrument of domination, exclusion and death" when severed from the human values that should govern it.

The Augustinian answer to that warning is regulatory or political. It is also personal: recover the interior life, reclaim the silence, practice the holy leisure that keeps you human. Put the phone down this summer as a theological act, and not just some digital detox. Augustine would recognize the gesture immediately.

St. Augustine's guide to a holy summer rest

ANNOUNCEMENTS

May the souls of the faithful departed, through the mercy of God, rest in peace. Please notify the Parish Office of any births, deaths, weddings, milestone anniversaries, or baptisms.

He shall proclaim
peace to the nations

Zechariah 9:10

Phone: +1 (345) 949-6797

Website: <https://ignatius.ky>

E-mail: Ignatius@candw.ky

THE GROTTO GIFT SHOP

We are **OPEN** after weekend Masses (right behind the Adoration Chapel). Rosaries, cards, gifts and more in stock! New items regularly arriving! We look forward to seeing you! Be sure to thank our wonderful volunteers!

Order of Christian Initiation of Adults (OCIA) 2026- 2027 -
Registration Form



St. Ignatius Church - Faith
Formation Registration 2026-2027



PARISH NEWS AND ANNOUNCEMENTS

The Divine Mercy Adoration Chapel

Dedicated on December 4th, 2016

“...could you not watch one hour with Me?” - St. Matthew

The Adoration Chapel is open
daily from 6:00 am to 9:00 pm.



We invite you to sign up for a Holy Hour!

If you have any questions please contact
the coordinators, as listed below,
or via the Parish Office:

6:00 am to Noon:

Moira Abbott - mporajmj@gmail.com

Noon to 6pm:

Fay Anne de Freitas - fayanne@defreitas.info

6:00pm to 9:00pm:

Lily McLaughlin : lilygcm0859@gmail.com.

List of Vacant Hours:

Monday: 9-10am

Tuesday: 3-4pm; 4-5pm

Wednesday: 10-11am

Thursday: 10-11am

Friday: 9-10am

Saturday: 7-8am; 10-11am; 3-4pm; 4-5pm

Sunday: 10-11am; Noon-1pm; 4-5pm; 5-6pm



*Thank you to all those
who faithfully attend!*

Scripture Readings

July 6-12, 2026

Mon:	Hosea 2:16, 17c-18, 21-22 Matthew 9:18-26
Tues:	Hosea 8:4-7, 11-13 Matthew 9:32-38
Wed:	Hosea 10:1-3, 7-8, 12 Matthew 10:1-7
Thurs:	Hosea 11:1-4, 8e-9 Matthew 10:7-15
Fri:	Hosea 14:2-10 Matthew 10:16-23
Sat:	Isaiah 6:1-8 Matthew 10:24-33
Sun:	Isaiah 55:10-11 Romans 8:18-23 Matthew 13:1-23

See United in Christ Missal for alternate readings, or please visit www.usccb.org.

CONFESSIONS

SATURDAYS - 5:00-5:45 pm
at St. Ignatius

SAINTS AND FEASTS THIS WEEK

- Monday, July 06: St. Maria Goretti
- Tuesday, July 07: St. Syrus of Genoa
- Wednesday, July 08: St. Kilian
- Thursday, July 09: Martyrs of Orange
- Friday, July 10: St. Amalburga
- Saturday, July 11: St. Benedict of Nursia

Saint Quote of the Week:

“God has given different gifts to different people. There is no basis for feeling inferior to another who has a different gift. Once it is realized that we shall be judged by the gift we have received, rather than the gift we have not, one is completely delivered from a false sense of inferiority.”

- Venerable Fulton Sheen (1895-1979)

WELCOME NEW PARISHIONERS!

We welcome all those families and individuals who have recently joined our Parish!

If you have not yet officially registered please visit our website at <https://ignatius.ky/forms>.

PARKING SAFETY

When you attend Mass on Sundays or visit the Church/Chapel or Parish offices during the week, be mindful of all parking lot safety precautions that you would take in other parking spaces on island.

- Be mindful of how you're parking your car, using the spaces as you should.
- Only park in designated parking spaces at all times.
- Do not block the areas that are coned off as they are for everyone's safety.
- Do not leave handbags, electronics and other valuables in your car. In case your car is broken into, your possessions will be securely with you.
- Lock all our car doors as you leave the car.

PLEASE KEEP OUR CHURCH TIDY!

Please take a moment after Mass to ensure that all hymnbooks and United in Christ Missals are neatly placed in the racks so that the church is ready for the next Mass.

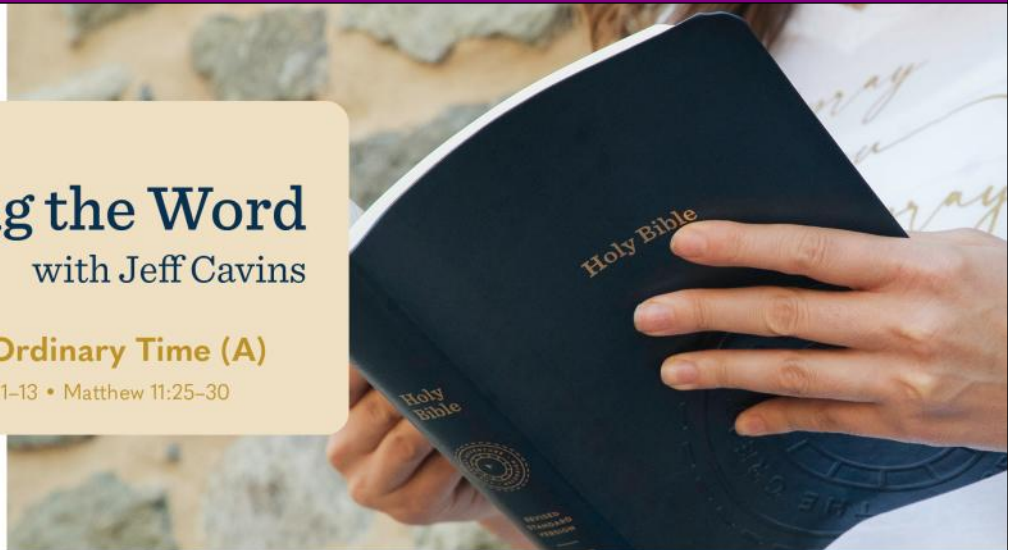
PARISH NEWS AND ANNOUNCEMENTS

Encountering the Word

with Jeff Cavins

Fourteenth Sunday in Ordinary Time (A)

Zechariah 9:9-10 • Romans 8:9, 11-13 • Matthew 11:25-30



His Yoke Is Easy

This Sunday's readings reveal what it truly means to live "in the Spirit." St. Paul reminds us that the Spirit of the One who raised Jesus from the dead dwells within us and gives life to our mortal bodies. To belong to Christ is not simply to avoid sin but to allow his Spirit to shape our every thought, word, and action. Life in the Spirit is not a vague label for Christians; it is a daily reality of surrender and transformation.

Jesus unveils the heart of this life when he says, "Take my yoke upon you and learn from me, for I am meek and humble of heart" (Matthew 11:29). In the language of his time, to take on the "yoke" of a rabbi meant to embrace his teaching and worldview. To live under Christ's yoke means to adopt his way of seeing everything—marriage, family, money, justice, mercy, and eternal life. It is to let his truth and love define not only what we believe but also how we live.

So often we approach holiness as a battle of willpower, endlessly resisting sin but rarely moving forward in grace. Jesus invites us to a deeper freedom! The way to overcome the flesh is not only to resist but also to actively walk in his Spirit. It is not enough to avoid darkness; we must step fully into his light. His yoke is not a crushing burden but a liberating gift, for it aligns us with the one who is meek and humble of heart.

When we surrender our restless striving and carry the yoke of Christ, we discover a paradoxical rest. The world's comfort presses us down, but his burden lifts and frees us! To live under his yoke is to find rest for our souls and to walk in the peace that only he can give.



Living the Gospel

Choose one daily action this week to intentionally place under Christ's yoke. It may be forgiving a small offense, offering your time to someone in need, or entrusting a worry to him in prayer. By submitting that part of your life to his will, you will experience the freedom and rest that only comes from living in the Spirit.

Dive Deeper

Scan this code to watch:



Or go to <https://www.youtube.com/watch?v=RmHO-9PFWuI>

PARISH NEWS AND ANNOUNCEMENTS

Ponder and Pray

» Jesus promises rest to those who take his yoke upon them. Where in your life do you feel weighed down by burdens of the flesh or by trying to control everything on your own? How might his gentleness reshape the way you carry these responsibilities?

“Come to me, all you who labor and are burdened, and I will give you rest. Take my yoke upon you, and learn from me; for I am meek and humble of heart, and you will find rest for yourselves. For my yoke is easy, and my burden light.”
—Matthew 11:28–30

» Living under Christ’s yoke means adopting his worldview. Which part of his teaching do you resist the most? What step could you take to conform your life more fully to his way?

Make It Your Own

You and others in your household may use this space to write anything about today’s Mass. It might be your view of Jeff Cavins’s reflection, your priest’s homily, or your answers to the questions on this page—anything to help you and your household get the most of today’s Mass.

» Jesus describes himself as “meek and humble of heart.” How does his tenderness toward you change the way you view God, and how might you extend that same tenderness to others this week?

Jeff Cavins is the author of *The Bible Timeline: The Story of Salvation* and the creator of the video series *Sundays with Ascension*, from which this reflection was adapted.
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PARISH NEWS AND ANNOUNCEMENTS

Beloved

Catholic? Engaged to be married?

Beloved Pre-Marriage Formation -

Wednesday evenings - September 02 to 30, 2026 - 6:00pm to 8:30pm

& Saturday, October 03 8:30 am to Noon.

Contact the St. Ignatius Church Office for more information - 949-6797 or email ignatius@candw.ky

Congratulations TO OUR NEWLY BAPTISED children

ALLISON ELIZABETH WIGHT

child of Brittany Wight & Taylor Wight,
baptised on Friday, June 05 by Fr. Joseph Kirkconnell.

JUDE EDISON MCCOY

child of Anna Cayasson & Kyle McCoy,
baptised on Saturday, June 06 by Fr. Joseph Kirkconnell.

AHLIE CALARA

child of Marilie Dabu & Albert Cruz,
baptised on Saturday, June 20, by Fr. Anthony Fernandes, SAC.

ROMAN MWANGI

child of Qamar Musa & Alex Mwangi Karanja,
baptised on Saturday, June 20, by Fr. Anthony Fernandes, SAC.

THEODORE RAGUSA

child of Irene Stephen & Simone Ragusa,
baptised on Sunday, June 28 by Fr. Sama Musa.

LILIAN JACKSON

child of Liliana Fuentes & Jermaine Jackson,
baptised on Sunday, June 28 by Fr. Sama Musa.

*We welcome you to
God's family and to His holy Church!*

ST. IGNATIUS ALTAR FLOWERS

The Altar Flowers for this weekend, June 28, were donated by:

- Allan & Thecla
- Alex, Qamar & Roman

The sign up sheets are at the main entrance of the Church.

All those who have signed up for flowers are reminded to please make the payment to the office at least one week ahead of time. Cost is \$100. Thank you!

CHRIST THE REDEEMER ALTAR FLOWERS

The Parish

sponsored today's flowers. Thank you!

Please sign up to sponsor flowers!

The sheet is on the notice board. Cost is \$50 per week.

WEDDING BANNES #2

Justino Rodrigues
&
Alexandra Anglin



WEDDING BANNES #1

Robert Augustin
&
Shennique Seales



PARISH NEWS AND ANNOUNCEMENTS



Watching great **CATHOLIC** content is really easy! This is a **FREE** service thanks to the generosity of our Parish Evangelization Commission!

What is FORMED?

- Access the truth, beauty, and meaning of the Catholic Faith anytime, anywhere...with

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- Use it on your computer, tablet, or smartphone.
- Multiple programs for all ages. TEENS, CHILDREN AND ADULTS. Movies, books, audios, & bible studies.
- Informative and inspiring teaching from renowned speakers Scott Hahn, Edward Sri, Fr. Robert Barron, Tim Gray, Chris Stefanick, Teresa Tomeo... and many more.
- Create your own personal account which allows you access anytime, anywhere!
- A resources from the St. Augustine Institute.

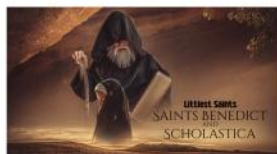
All Parishioners are encouraged to register! It's very simple!

1. Go to <https://formed.org> and click signup. Chrome works best!
2. Select option 3, "I belong to a parish or organization".
3. Type in **St. Ignatius Parish** and select **597 Walkers Road, George Town**
4. Register with your name and e-mail address.
5. Check your e-mail for a link to begin using FORMED!



This Week on Formed

Week of July 05, 2026



Sts. Benedict and Scholastica

A pair of holy twins, a cave, and a group of naughty monks... this is the story of Saint Benedict and Saint Scholastica.



Maria Goretti: The Story of the Patroness of Modern Youth

Learn more about the holy life and martyrdom of St. Maria Goretti in this moving documentary. In particular, the film highlights her ultimate act of love: forgiving her murderer on her deathbed.



Saint Maria Goretti: Fourteen Flowers of Pardon

Learn more about the holy life and martyrdom of St. Maria Goretti in this moving documentary. In particular, the film highlights her ultimate act of love: forgiving her murderer on her deathbed.

Our parish has a Formed subscription.
Visit signup.formed.org and select our parish name.

An offering from the AUGUSTINE INSTITUTE

BAPTISMS

Baptisms are scheduled on the **2nd and 4th Sundays of each month.**

Parents and Godparents **MUST** do the online course AND attend the Pre-Baptismal classes prior to the Baptism.

The next scheduled Baptisms are on July 12 and 26 2026 after the 11:30 am Mass.

Contact the Parish Office well in advance for full details, to sign up for classes, and to book a date for the Baptism.

Dates will only be confirmed after all documents are submitted.



July 05, 2026 14th Sunday in Ordinary Time

Stewards Gifts

"For my yoke is easy, and my burden light." - MATTHEW 11:30

When we think of being good **stewards**, we may think that God is asking too much of us when He calls us to generously share our time, talent and treasure. However, we must remember that we are not "owners" of anything, we are merely **"stewards"** of the gifts God has given us. All He is asking is that we give back a small portion, in gratitude, of what He has already given to us.



PRAYER FOR PROTECTION FROM HURRICANES

Father, all the elements of nature obey your command. Calm the storms and hurricanes that threaten us and turn our fear of your power into praise of your goodness.

Grant this through our Lord Jesus Christ, Your Son, who lives and reigns with you and the Holy Spirit, one God, forever and ever. Amen.

PRAYER FOR LIFE

Lord Jesus Christ,

You are the Author of Life,

Who died and now lives forevermore.

May we who work and pray

That children in the womb may be protected

Always draw strength, confidence, and joy

From Your victory over death,

For you are Lord forever and ever.

Amen.

PARISH NEWS AND ANNOUNCEMENTS



In Memoriam

We extend our **deepest Sympathies** to the **Ting family**, especially **Blaise**, on the recent passing of his mother,
+Agnes Poh Nyuk Ting.

We pray for the repose of her loving soul and comfort for her bereaved family.

Her funeral will be held in Calgary.

May her soul and the souls of all the faithful departed, through the mercy of God, rest in peace.

PRE-MARRIAGE PREPARATIONS

Six months notice required and completion of pre-marital instruction.

Couples intending to get married are invited to contact the Parish Office well in advance and make an appointment to see the one of the priests and to register for the pre-Marital course.

Contact the Parish Office at Ignatius@candw.ky or 949-6797 to make an appointment, to register, and for further information.

BULLETIN DEADLINE

Reminder that any announcements for the Parish Bulletin should be submitted electronically to Ignatius@candw.ky by Wednesdays, 12 noon each week.

Mass requests must be made in person and paid for in the Parish Office by Wednesdays, 12 noon each week.
 A minimum \$10 stipend is acceptable, per Canon Law.

THE ST. IGNATIUS FOOD PANTRY

There are many different ways that Parishioners may help!

1. Donations of non-perishable food items or toiletries are welcome!
 2. Supermarket gift cards are welcome (Foster's, Kirk Market, Hurley's, Cost-U-Less)!
 3. Plastic and/or reusable shopping bags are always much appreciated!
 4. If you prefer to make monetary donations our volunteers can purchase items needed!
- Food Pantry donations may be brought to the PARISH OFFICE or dropped off after weekend Masses. Please ensure that items have at least six months left before expiry date!**

"For I was hungry and you gave me food, I was thirsty and you gave me drink."

-Matthew 25:35

Together, as a community, let us continue making a difference in the lives of others!

Items Needed!

- Baked Beans
- Condensed Milk
- Vienna Sausage
- Toothpaste
- Hand Soap
- Corned Beef
- Supermarket Gift Cards (\$25 or \$50)

Special Request

When donating items, please bring smaller sizes (bottles, cans, packs) whenever possible! This gives us much more flexibility when distributing the items to individuals or families. For example, 6 small bags of Rice is much better than 1 large one! Thank you!

ST. IGNATIUS/DOROTHY RICE SCHOLARSHIP FUND

How you can help:

- Donation envelopes are available at the entrances to the Church.
- On-line transfers can be done through Butterfield Bank... please e-mail Ignatius@candw.ky for details.
- Donations can also be sent in by mail to PO Box 2638, Grand Cayman, KY1-1102. If paying by cheque, please make your donations payable to: **ST. IGNATIUS**, and in the memo, please indicate "Scholarship Fund".
- Perhaps your company would like to assist with regular contributions OR a one-off donation?

Please consider the Scholarship Fund from time to time when doing your charitable work throughout the year!

Many thanks to all those who have contributed to the fund during recent months and during the past several years!

For further information, please contact Fr. Anthony in the Parish Office or via e-mail: Ignatius@candw.ky

St. Ignatius Parish
September 08, 1950 -2025
75 Years of Catholicism in the
Cayman Islands

Visit the Divine Mercy
Adoration Chapel

Open daily from
6:00 am to 9:00 pm.

Sign up for a holy hour!
 See inside this bulletin for complete details.
"...could you not watch one hour with Me?"



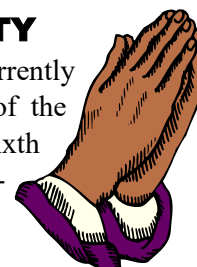
FOUNT OF LIFE PRAYER GROUP
MEETS WEDNESDAYS AT 6:00 PM

"Let everything that has breath praise the Lord!" - Psalm 150:6

All are welcome to join in Fount of Life Prayer Group meetings at St. Ignatius Church, **Wednesdays at 6:00 pm.** We praise, worship, give thanks, petition, intercede, share, witness and fellowship at our prayer meetings. We look forward to seeing you!

LIVING HOPE COMMUNITY

The Living Hope Community is currently meeting on the 2nd and 4th Sundays of the month at **3:00 PM** in the St. Ignatius Sixth Form Common Room. For further information and/or updates, please contact Bel Aurelio at belmd2001@yahoo.com.



THE GROTTO GIFT SHOP

The Gift Shop is open after weekend Masses.
 Gifts, Cards, Rosaries, Books and much more!

We look forward to seeing you!
Thank you for your support!

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OFFICE HOURS

Weekdays from 8:00 am
 to 4:00 pm.

Note that hours are
 normally reduced
 in July and August.

Phone: 949-6797

or e-mail:

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NEW BULLETIN ADS!

ADVERTISE YOUR BUSINESS OR SERVICE!

Thank you to all those companies and individuals who have placed ads on these last two pages of the Parish Bulletin! We encourage ALL parishioners to support these fine businesses and tell them you saw them listed in the St. Ignatius Parish Bulletin!

Any companies or organizations wishing to take out a bulletin ad next time we print the covers are urged to contact the Parish Office before Wednesday, August 01, 2026!

The price of ads is \$250 (for a 1" by 2.5" block)
for 4 months... September 01 through December 31, 2026

Ads will appear in full COLOUR!

The Bulletins are uploaded to the Parish website also. We require electronic copy of ads/logos, etc.
 For further information, please contact the Parish Office by phone or e-mail.



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