Chapter 1: Sunday is Special



Objectives

- To proclaim the Eucharist is one of life's greatest blessings
- To explain that every day is a new day in our journey with God and every day God has a message He is trying to share with us
- To teach that going to Mass on Sunday is a great way to show God we are grateful for all our blessings

Opening Prayer

- Start by saying, "Let's take a moment in silence to be still and quiet and open ourselves up to whatever God wants to lead us to today."
- Have your child/children bless themselves and read the prayer.

God, our loving Father,

Thank you for all the ways you bless me.

Help me to be aware that every person, place, and adventure I experience is an opportunity to love you more.

Fill me with a desire to change and to grow, and give me the grace to become the best-version-of-myself in every moment of every day.

Amen.

Watch Episode 1 and read pages 2-3

Watch <u>Episode 2</u> and read pages 4-27 - Ask your child which of the great Catholic moments they are looking forward to most and why?

Watch <u>Episode 3</u> and read pages 28-35 - What is your favorite saint and why? What saints do you know about?

Watch Episode 4 and read pages 36-39 - Ask your child to think of one thing they are grateful for today.

Watch Episode 5 and read pages 40-43

Watch Episode 6 and read pages 44-45

<u>Show What You Know</u> - Pages 46 and 47 are a review of what you have learned in this chapter. Give your child time to answer all of the questions and review the answers with them at the end. Suggest that they may have to look back in the chapter to find the answers to some of the trickier questions.

<u>Journal with Jesus</u> - Have your child write as if they are writing a letter to Jesus. In this chapter they will be writing a letter about why they think Sundays are special.

Watch **Episode 7** and read the closing prayer on page 50-51

Chapter 2: The Greatest Event on Earth



Objectives

- To proclaim that the Mass is the most amazing event on earth
- To explain that spending time with God fills us with grace so that we can live holy lives
- To teach that learning to listen to God's voice is one of life's greatest lessons

Opening Prayer

- Start by saying, "Let's take a moment in silence to be still and quiet and open ourselves up to whatever God wants to lead us to today."
- Have your child/children bless themselves and read the prayer.

God, our loving Father,

Thank you for all the ways you bless me.

Help me to be aware that every person, place, and adventure I experience is an opportunity to love you more.

Fill me with a desire to change and to grow, and give me the grace to become the best-version-of-myself in every moment of every day.

Amen.

Watch <u>Episode 1</u> and read pages 54-55. - Ask your child what the four types of prayer are. (thanksgiving, petition/intercession, praise, and adoration)

Watch Episode 2 and read pages 56-57

Watch Episode 3 and read pages 58-59 - Talk to your child about why it is important to go to Church on Sundays.

Watch Episode 4 and read pages 60-65

Watch Episode 5 and read pages 66-69

Watch Episode 6 and read pages 70-71

<u>Show What You Know</u> - Pages 72 and 73 are a review of what you have learned in this chapter. Give your child time to answer all of the questions and review the answers with them at the end. Suggest that they may have to look back in the chapter to find the answers to some of the trickier questions.

<u>Journal with Jesus</u> - Have your child write as if they are writing a letter to Jesus. In this chapter they will be writing a letter about Why they are excited to receive the eucharist.

Watch **Episode 7** and read the closing prayer on page 76-77