



LADIES AUXILIARY

St. Pius X Council #3858

Prayer
Share

**ABVM LADIES
AUXILIARY**

PRAYER SHARE

We are such a FAITH-FILLED group of Sisters! Here is a collection of our favorite prayers, which are a part of our mornings, our evenings, our day-to-day rituals, our times of need, and our thanksgivings.

Blessings to all who shared their thoughts and prayers-whether via email or heart.

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MORNING AND EVENING

THE GOOD MORNING GOD PRAYER

Good Morning, God.

You are ushering in another day, untouched and freshly new,

so here I come to ask You, God, if You'll renew me too.

Forgive the many errors that I made yesterday

and let me try again, dear God, to walk closer in Your way.

But, Father, I am well aware I can't make it on my own.

So take my hand and hold it tight for I can't walk alone.

Author Unknown

MORNING PRAYER

Lord Jesus, I offer You this day with the desire that I may serve You in all things.

Bless the people that I will meet today and help me to be a channel of Your love to them.

Bless me in the challenges I will face and in the frustrations and fears that may come my way.

May my hope always be with You as I trust in Your mercy.
Amen.

Author Unknown

THE MORNING OFFERING

O Jesus, through the Immaculate Heart of Mary, I offer You my prayers, works, joys, and sufferings of this day for all the intentions of Your Sacred Heart,

in union with the Holy Sacrifice of the Mass throughout the world, in reparation for my sins, for the intentions of all my relatives and friends, and in particular for the intentions of the Holy Father. Amen.

Fr. Francois-Xavier Goutrelet SJ, 1807 – 1886

MORNING PRAYER

O God, I want to do today whatever it is You want me to do.

"Little Blue Book," Advent/Christmas 2020–21

BEDTIME PRAYER

Lord, as I go to sleep, I place myself in Your hands.

"Little Blue Book," Advent/Christmas 2020–21

BE AT PEACE

Do not look forward in fear to the changes in life; rather, look to them with full hope that, as they arise, God, whose very own you are, will lead you safely through all things, and when you cannot stand it, God will carry you in His arms.

Do not fear what may happen tomorrow; the same understanding Father who cares for you today will take care of you then and every day. He will either shield you from suffering or will give you unfailing strength to bear it.

Be at peace, and put aside all anxious thoughts and imaginations.

Saint Francis De Sales, 1567 – 1622

SAME PRAYER WITH DIFFERENT WORDS

Do not look ahead to what may happen tomorrow. The same everlasting Father who cares for you today will take care of you tomorrow and every day. Either He will shield you from suffering or He will give you His unwavering strength that you may bear it. Be at peace, then, and set aside all anxious thoughts and worries.

Author Unknown

BLESSSED MOTHER

MEMORARE

(Novena: Say 9 times a day.)

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help, or sought your intercession was left unaided.

Inspired with this confidence, I fly to you, O Virgin of virgins, my Mother!

To you I come; before you I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions but, in your mercy, hear and answer me. Amen.

Author Unknown; Attributed to St. Bernard of Clairvaux (17th century abbot)

SHORTENED VERSION

O most gracious Virgin Mary, never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession was left unaided.

O Mother of the word Incarnate, despise not my petitions but, in thy mercy, hear and answer me. Amen.

FATIMA PRAYER

(Rosary Decade Prayer)

O my God, forgive us our sins. Save us from the fires of hell.
Lead all souls to heaven especially those most in need of
Thy mercy, such as the poor, the elderly, the unborn, the
disenfranchised, the LGBTQ community, and those on the
fringes of society.

According to Roman Catholic tradition, the Fatima Prayer was revealed by Our Lady of Fatima on July 13, 1917 to three shepherd children in Fatima, Portugal. (Last sentence adapted)

GENERAL

CONSECRATION LIFE OFFERING

O my God, in union with the Lord Jesus Christ, through the Immaculate Heart of Mary and St. Joseph, I offer to You my entire life, just as it is, from the moment You breathed me out of Your Infinite Heart of Love into my mother's womb, until that moment we are reunited when my life on earth is spent.

I offer to You all my handicaps and weaknesses, past mistakes and failures, talents and abilities; all the joys, sorrows, blessings, disappointments, and victories of my entire life.

I entrust to Your mercy my past and my future. I place in Your Hands my family and loved ones, those who are living now on earth, those who preceded me, and those yet to be born.

I offer to You all that happens to me this day and every day of my life, together with all my thoughts, words, and deeds for Your honor and glory and for the salvation of souls.

May Your Perfect Will be realized in my life. Amen.

From the book "Praying with Mary: Sacred Prayers to the Blessed Mother for All Occasions" by Janice T. Connell

IT'S NOT WHAT YOU DO

It's not what you do but how you do it.

It's not what you see but how you see it.

It's not what you say, what you know or achieve.

But it's the Presence, the Presence you are.

From the CD "Awakening Consciousness" by Jan Novotka

PRAYER TO END RACISM

God of love and justice, St. Paul proclaimed that “there is neither Jew nor Gentile, neither slave nor free, nor is there male and female, for you are all one in Christ Jesus.” May we be emboldened by Your living Word to rid the world of the sin of discrimination in our attitudes and actions. Help us to seek the unity that Paul saw so clearly so that all forms of injustice will cease. Grant us the courage and determination to be prophets of peace. May we welcome one another as brothers and sisters, rooted in Your everlasting love. Amen.

Author Unknown, Notre Dame Prayer Card

PRAYER FOR THE HUMAN FAMILY

O God, You made us in Your own image and redeemed us through Jesus Your Son. Look with compassion on the whole human family. Take away the arrogance and hatred which infect our hearts. Break down the walls that separate us. Unite us in bonds of love and work through our struggle and confusion to accomplish Your purposes on earth. That, in Your good time, all nations and races may serve You. Amen.

“Book of Common Prayer,” p. 815

DEAR GOD, OUR FATHER

Dear God, our Father, please be in my head and in my understanding.

Be in my ears and in my listening.

Be in my eyes and in my seeing.

Be in my mouth and in my speaking.

Be in my heart and in my thinking.

Be in my hands and in my doing.

And please be at my end and my departing.

Author Unknown

HEALING

PRAYER OF HEALING

Heavenly Father, I call on You right now in a special way. It is through Your power that (**N.**) was created. Every breath (**he/she**) takes, every morning (**he/she**) wakes and every moment of every hour, (**he/she**) lives under Your power.

Father, we ask You now to touch (**N.**) with that same power. For if You created (**him/her**) from nothing, You can certainly recreate (**him/her**). Fill (**him/her**) with the healing power of Your Spirit.

Cast out anything that should not be in (**him/her**). Mend what is broken. Root out any unproductive cells. Open up any blocked arteries or veins and rebuild any damaged areas. Remove all inflammation and cleanse any infection.

Let the warmth of Your healing love pass through (**N.'s**) body to make new any unhealthy areas so that (**his/her**) body will function the way You created it to function.

And Father, restore (**N.**) to full health in mind, body, and spirit, so (**he/she**) may serve You the rest of (**his/her**) life and make (**his/her**) doctors, nurses, carers, families, and friends the instruments of Your healing love.

I ask this through Christ our Lord. Amen.

Rev. Larry J. Hess, 1950 – 2014 (Last sentence adapted)

HOLY EUCHARIST

O SACRAMENT MOST HOLY

O Sacrament most holy,

O Sacrament divine,

All praise and all thanksgiving be every moment Thine.

From the "Raccolta," Rome (19th century) Author Unknown

ONENESS WITH GOD

WALK WITH ME

My Jesus, my friend, walk with me today.

Hand in hand, guide me to learn and to know what is good.

Arm in arm, help me to grow in my Faith and in love for others.

Side by side, stay by me to protect me and show me Your ways.

Heart to heart, help me to pray and to be all that You want me to be.

Thank You, Jesus, for the special love You have for me.

Amen.

Author Unknown

PEACE

SERENITY PRAYER

God, grant me the serenity to accept the things I cannot change, courage to change the things I can, and wisdom to know the difference.

Dr. Reinhold Niebuhr, 1892 – 1971

SAINTS

PRAYER TO ST. ANTHONY

Dear St. Anthony, please come around [**name what is lost**] is lost and it cannot be found.

Author Unknown

SAME PRAYER INTENTION

WITH DIFFERENT WORDS

St. Anthony, perfect imitator of Jesus, who received from God the special power of restoring lost things, grant that I may find [**name what is lost**] which has been lost.

Author Unknown

PRAYER TO ST. PEREGRINE

St. Peregrine, you are honored as the patron of all cancers. You are known as the wonder-worker. You suffered from cancer and, with your strong devotion to God, were cured. Deliver (N.) from the cancer that afflicts (**her/his**) body. I ask for your most needed intervention before God to assist (N.) and cure (**her/him**).

I ask, O glorious saint, for a miracle if needed. Amen.

Author Unknown

NOVENA TO ST. JUDE

SAINT OF DESPERATE SITUATIONS

AND HOPELESS CASES

(Say this prayer 9 days in a row as a petition and 9 days in thanksgiving)

Apostle and Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful intercessor for all who invoke thee, special patron in time of need, to thee I have recourse from the depth of my heart and humbly beg thee, to whom God hath given such great power, to come to my assistance. Help me now in my urgent need and grant my earnest petition. I will never forget thy graces and the favors thou dost obtain for me and I will do my utmost to spread devotion to thee. Amen.

Author Unknown

PRAYER TO ST. ROCCO

PROTECTOR AGAINST CONTAGIOUS DISEASES

O Great St. Rocco, deliver us, we beseech thee, from the scourges of God; through thy intercession, preserve our bodies from contagious diseases and our souls from the contagion of sin. Obtain for us salubrious air but, above all, purity of heart. Assist us to make good use of health; to bear suffering with patience; and, after thy example, to live in the practice of penance and charity that we may one day enjoy the happiness which thou has merited by thy virtues. Amen.

St. Rocco, pray for us (say three times)

Author Unknown

PRAYER TO ST. JOSEPH

O St. Joseph, whose protection is so great, so strong, so prompt before the throne of God, I place in you all my interests and desires.

O St. Joseph, do assist me by your powerful intercession and obtain for me from your divine Son all spiritual blessings through Jesus Christ our Lord so that, having engaged here below your heavenly power, I may offer my thanksgiving and homage to the most loving of fathers.

O St. Joseph, I never weary contemplating you and Jesus asleep in your arms. I dare not approach while He reposes near your heart. Press Him in my name, and kiss His fine head for me, and ask Him to return the kiss when I draw my dying breath. St. Joseph, patron of departing souls, pray for us. Amen.

Author Unknown

STRENGTH AND COURAGE

I CAN DO ALL THINGS

I can do all things through Christ who strengthens me.

Philippians 4:13 Bible Source Unknown

PRAYER TO ST. MICHAEL THE ARCHANGEL

St. Michael the Archangel, defend us in battle.

Be our protection against the wickedness and snares of the devil.

May God rebuke him we humbly pray. And do thou, O Prince of the Heavenly Host,

by the Power of God, cast into hell Satan and all the evil spirits who prowl about the world seeking the ruin of souls. Amen.

Pope Leo XII, 1878 – 1903

PUT ON THE ARMOR OF GOD

Therefore, put on the armor of God, that you may be able to resist on the evil day and, having done everything, to hold your ground.

So stand fast with your loins girded in truth, clothed with righteousness as a breastplate, and your feet shod in readiness for the gospel of peace.

In all circumstances, hold faith as a shield to quench all the flaming arrows of the evil one and take the helmet of salvation and the sword of the Spirit, which is the word of God.

Ephesians 6:13-17 bible.usccb.org/bible/ephesians/6

THANKSGIVING

THANK YOU FOR LOVING ME

Dear God,

Thank You for loving me unconditionally. Help me to see myself through Your eyes.

Help me to remember that You started a good work in me, and You promise to complete it. Set me free from perfectionism, comparison, and fear. May I get out from under others' expectations of me and live for the audience of One. Replace my worry with trust—striving with rest—and the vice of condemnation with Your voice of acceptance and blessing. May I walk with dignity because the God of the Universe has chosen to make His home in my heart. Amen.

From "Walking With Purpose"

TRUST

THE PRAYER OF JABEZ

And Jabez called on the God of Israel saying, “Oh that You would bless me indeed and enlarge my territory, that Your hand would be with me, and that You would keep me from evil that I may not cause pain!”

So God granted him what he requested.

Chronicles 4:10 NKIV

THE PRAYER OF JABEZ

IN A SISTER'S WORDS

O Lord, outdo me in generosity and make me prosper and thrive according to Your will.

TRUST ME

Do you believe that I am the Son of God? And do you believe that I died for all men and women and that I rose from the dead? Then why do you continue to be distracted and anxious about your loved ones? Do they not also belong to Me?

Would I refuse to work in their lives just as I work in yours?

I have not put you in charge of redeeming them. I have already done that.

Nor do you have the power to change their hearts. Only My Holy Spirit searches and knows the deepest hearts of men and women, and only He can heal their deepest wounds. Your task is to love, to forgive, to pray for them, and to turn them over to Me. Come closer to Me yourself and I will do the rest.

TRUST ME!

Author Unknown

LITANY OF TRUST

From the belief that I have to earn Your love, **Deliver me, Jesus.**

From the fear that I am unlovable, **Deliver me, Jesus.**

From the false security that I have what it takes, **Deliver me, Jesus.**

From the fear that trusting You will leave me more destitute, **Deliver me, Jesus.**

From all suspicion of Your words and promises, **Deliver me, Jesus.**

From the rebellion against childlike dependency on You, **Deliver me, Jesus.**

From refusals and reluctances in accepting Your will, **Deliver me, Jesus.**

From anxiety about the future, **Deliver me, Jesus.**

From resentment or excessive preoccupation with the past, **Deliver me, Jesus.**

From restless self-seeking in the present moment, **Deliver me, Jesus.**

From disbelief in Your love and presence, **Deliver me, Jesus.**

From the fear of being asked to give more than I have,
Deliver me, Jesus.

From the belief that my life has no meaning or worth,
Deliver me, Jesus.

From the fear of what love demands, **Deliver me, Jesus.**

From discouragement, **Deliver me, Jesus.**

That You are continually holding me, sustaining me, loving
me, **Jesus, I trust in You.**

That Your love goes deeper than my sins and failings and
transforms me, **Jesus, I trust in You.**

That not knowing what tomorrow brings is an invitation to
lean on You, **Jesus, I trust in You.**

That You are with me in my suffering, **Jesus, I trust in You.**

That my suffering, united to Your own, will bear fruit in
this life and the next, **Jesus, I trust in You.**

That You will not leave me orphan, that You are present in
Your Church, **Jesus, I trust in You.**

That Your plan is better than anything else, **Jesus, I trust
in You.**

That You always hear me and in Your goodness always respond to me, **Jesus, I trust in You.**

That You give me the grace to accept forgiveness and to forgive others, **Jesus, I trust in You.**

That You give me all the strength I need for what is asked, **Jesus, I trust in You.**

That my life is a gift, **Jesus, I trust in You.**

That You will teach me to trust You, **Jesus, I trust in You.**

That You are my Lord and my God, **Jesus, I trust in You.**

That I am Your beloved one, **Jesus, I trust in You.**

Sr. Faustina Pia Maria SV, b. 1984 or 1985

DO NOT WORRY

Do not worry about things—food, drink and clothes. For you already have life and a body and they are far more important than what to eat and wear. Look at the birds! They don't worry about what to eat; they don't need to sow or reap or store up food, for your heavenly Father feeds them. And you are far more valuable to Him than they are. Will all your worries add a single moment to your life?

And why worry about your clothes? Look at the field lilies! They don't worry about theirs. Yet King Solomon in all his glory was not clothed as beautifully as they. And if God cares so wonderfully for flowers that are here today and gone tomorrow, won't He more surely care for you, O you of little faith?

So, don't worry at all about having enough food and clothing. Why be like the heathen? For they take pride in all these things and are deeply concerned about them. But your heavenly Father already knows perfectly well that you need them, and He will give them to you if you give Him first place in your life and live as He wants you to.

So don't be anxious about tomorrow. God will take care of your tomorrow too. Live one day at a time.

Paraphrase of Matthew 6:25-34, Author Unknown

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- Ann Marie Wengloski



ASSUMPTION

of the Blessed Virgin Mary Parish

To Know Jesus, to Love Jesus, to Serve Jesus

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