

## “Don’t Fall for a Scam” And New Keeping Active Class Featured in LEOH Programs

New Town Hall programs, interesting monthly trips, classes in Beginning Spanish, Healthy Living / Keeping Active, and Watercolor Painting will be featured in the fall program of Life Enrichment of Houston beginning September 25. This series of eight Thursday programs is open to all age 50 and above and is held at the facilities of Bethany United Methodist Church, 3511 Linkwood.

Registration for the LEOH fall program will be Thursday, September 18, from 10 a.m. to noon in the Fellowship Hall at Bethany. Membership in Life Enrichment of Houston, an ecumenical, all volunteer program, is \$20 for the eight Thursday fall session.

Membership includes Town Hall lectures, the Healthy Living / Keeping Active and Spanish classes, and the afternoon Bridge games. There is a small additional charge for the optional Watercolor Painting Class and for the monthly Day Trips. A sandwich and dessert lunch is offered each Thursday for \$3. Convenient free parking is available in the Bethany parking lot.

“Don’t Fall for a Scam” is the first Town Hall program for LEOH members on Thursday, September 25, at 11 a.m. Speaker will be Candace Twyman, executive director of the Better Business Bureau. The number of scams targeted to seniors, including foreign lotteries and grandparent scams, is increasing every day. Highlighted will be ways to protect yourself from becoming a victim.

On October 2 will be a special presentation on “Solar and Lunar Eclipses” by Debbie Moran, the educational director of the Houston Astronomical Society. Drawing on her own travels to far corners of the world to witness solar and lunar eclipses, she will tell about the total lunar eclipse that will occur six days later on October 8.

Other Town Hall lectures will include “Accessing the Houston Library through Your Computer” with Pamela Dora-Thomas, senior community liaison, Houston Public Library, on October 9; “Harris County Issues” with Steve Radack, Harris County commissioner, Precinct Three, on October 16; and “Galveston and the Seaweed Cycle” with Captain Robert Weaver, instructor, Research, Texas A&M University, Galveston, on October 23.

Final fall Town Hall programs will be “Human Trafficking – The New Epidemic” by Linda Geffin, senior assistant county prosecutor, Harris County Attorney’s Office, on October 30, and “The Effects and Threat of Methane” by Gerald R. Dickens, PhD, Rice University,

Department of Earth Science, on November 6.

These Town Hall programs are coordinated by Charlese Charlton, chairman, and her committee: Sally Brashear, Judy Bristol, Jack Cuvillier, and Tim Mock.

On November 13 members of Life Enrichment will celebrate 33 years of fellowship with the traditional Party Time. This fall it will be a musical extravaganza with Paul Ofield as host and will include duets with Sue Ofield at the organ and Ann Hendrix at the piano. There will be an exhibition of works by members of the watercolor class, recognition of teachers and volunteers who make the LEOH program possible, and a special lunch.

Life Enrichment will continue its program of monthly day trips with Tom Sanders as host. For further information on the day trips, call him at 713-410-2934.

All the LEOH Thursday sessions begin at 10 a.m. with a choice of two classes: Beginning Spanish with Maura Rodriguez, M.D., a native speaker of Spanish who

makes her classes both interesting and fun, and the new Healthy Living / Staying Active Class which is coordinated by Tom Sanders. This class will feature speakers on popular hobbies like gardening, social media, volunteering, traveling, cooking, and exercising.

Next comes the Town Hall lecture at 11 a.m., followed by lunch and fellowship. Afternoon activities include two sessions of bridge: Social Bridge for both beginning and intermediate players, and Year-Round Bridge for those who continue to play all year.

Afternoons also offer the popular Watercolor Painting class with Marsha Harris, a past president and current instructor at the Watercolor Art Society of Houston, winner of several painting awards.

For more information on the fall Life Enrichment of Houston program, call Ken Euler, president, 713-664-5740. He will be happy to answer your questions or to send you a brochure detailing the LEOH fall activities.



At the beginning of each school year, St. Vincent de Paul 6th grade students are paired with Pre-K students as part of the Big Buddy program. The students meet once a month to read books, play games, work on crafts and other fun activities. They met for the first time this week. They played inside the gym and enjoyed reading time. Here, Caroline Tanner, Claire Bonura, Mia Still enjoy getting to know each other.

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