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"Gratitude makes sense of our past, brings peace for today, and creates a vision for tomorrow." Melody Beattie, Author

January 5, 2023

Dear Sisters Academy Community:

Welcome back and Happy New Year! I hope your break proved restful, happy and productive. The holiday season is a time of reflection and I know my mind turned to what I am thankful for. I am thankful for my family, my friends, and the young women and their families that attend Sisters Academy. I know my life would be far different and far emptier without these young women. As we start fresh this school year, I ask that parents and guardians take a moment weekly to look at Gradelink to see where your daughter stands in terms of grades and completion of assignments. By looking at grades on a regular basis, you can partner with teachers to reverse any slides a student may be facing in any subject.

During the winter season we are very aware of the increase in respiratory viruses that your daughter may get. Enclosed in this packet is an information sheet about what viruses are being seen and what to look for. I ask that if your daughter is sick please keep her home so other students and teachers can remain healthy. If your daughter is experiencing a runny nose or slight cough be sure that your daughter wears a mask to school to help prevent the spread of any illness. We will continue to send you COVID tests for use by your family which allows you to test and hopefully eliminate COVID as the issue. Finally, we have been offered free thermometers by Hackensack Meridian Hospitals for our students. If you would like one of these thermometers, please either call or email me at [emalinconico@sistersacademynj.org](mailto:emalinconico@sistersacademynj.org).

Finally, please be sure your daughter comes to school each day in the correct uniform. We are cracking down on variations of the uniform and will only accept what is written in our handbook. Welcome Back.

Peace and Blessings,  
Elena Malinconico , Principal