

The Solemnity of the Most Holy Trinity
Lectionary: 165

Reading 1: Dt. 4:32-34, 39-40

Responsorial Psalm: Ps. 33:4-5, 6, 9, 18-19, 20, 22

Reading 2: Rom. 8:14-17

Alleluia: Rv. 1:8

Gospel: Mt. 28:16-20

Studies of human behavior tell us that there is a desire in man to seek God, the unknown, the totally other. The different religions are an example of that desire in one way or another to know that natural tendency towards the sacred. We can discuss the how or the why, but the truth is that it exists. Christians, confess that there is something different in our faith than the rest of the others. It is no longer that we try to know God as we can, but that God Himself has taken the initiative and made himself known to us, given our radical inability to reach Him. And he has reveal himself through Jesus Christ, through his words, his teachings, his dealings with people, his dedication to the Kingdom, his death and his resurrection. Thanks to Jesus we have known about that God, and we can establish with him a personal relationship, something not only unthinkable, but scandalous for other religions.

The Church presents to us on this Sunday, the Feast of the Trinity, that profound mystery assumed only from faith, there is no other way: three different people, one God. Every time we meet to celebrate the Eucharist, we celebrate the paschal event, which is none other than the death and resurrection of Christ that has saved us. We also celebrate the love of God who loves us and gives his life for us; a love that today we look from a different perspective, the Trinitarian one. Jesus reveals to us the mystery of God, the face of God, brings us closer to him, and tells us:

- That God is, first of all and above all, Father; or rather, that is the attitude that God has with all mankind: that of being a loving Father. A God who says of himself, “Even if your father and mother abandoned you, I will never leave you.” This is the first perspective from which we can look at the God who loves us so much today. Throughout the liturgical year, in the Sunday readings, we have had many occasions to prove it.
- That God is love, not a God who has decided to stay in heaven, and loves us so much that he has decided to become close and let us pronounce his name **Jesus**; he has let us see his face, that of Jesus of Nazareth. It is the God made son who gives his life for each and every one of us. He is a Son made man who shows us the way to reach truth, freedom and life.
- That God keeps loving us and decided to give us his own Spirit, his own inspiration to live in our hearts. Because we are small, poor and weak, and we need a good help to guide us, to encourage us and to help us discover the will of God in our lives.

We do not need to understand the “**why**” but the “**how**” of the Divine Trinity. To explain the why we need to understand the following terms: the essence, the substance, the nature, the hypostasis or persons, and show how they relate to each other.

We could argue for a long time about how little or how much we know about the Trinity. The important thing is that God cares about us and everything that is ours, that the Father reveals himself to men, interested and concerned about our problems, that the Son became man and preached the Kingdom of God, and that the Spirit leaves his strength in the hearts of those who open themselves to God with confidence.