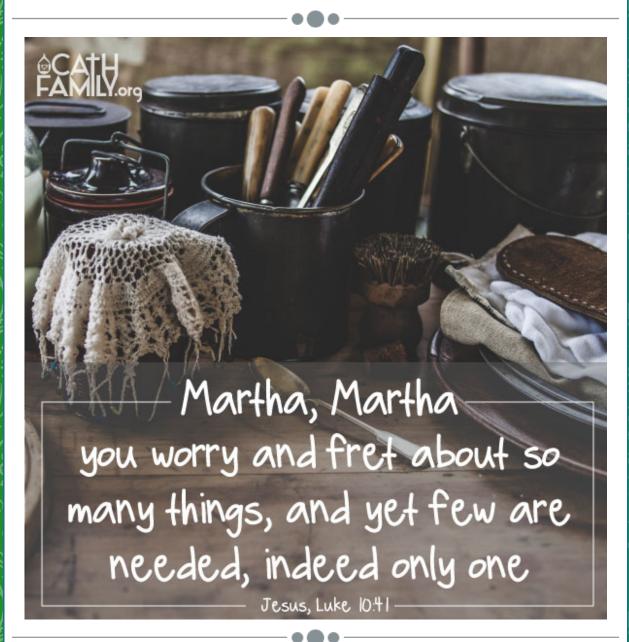




# **Parish Life**

Parish Office Summer Hours: Tuesday - Friday from 9:00 am - 4:00 pm



# **Liturgical Schedule**

Saturday, July 19:

5:00 pm Thanksgiving (Mai family)

Sunday, July 20:

9:00 am +Philip Cashiyas Pereira

10:30 am +Norberto & +Rizalina Penaflorida

12:15 pm +Romal Cairo

THIS SUNDAY'S READINGS

FIRST READING

Tuesday, July 22::

6:30 pm +Julio (Victor) Zaragoza

Wednesday, July 23: 9:30 am +Bill Woodbeck

Thursday, July 24:

9:30 am Thanksgiving (birthday of B. Cruz)

Friday, July 25:

6:30 pm +Jack & +Maureen McMullan

Confession available:

Thursday 10:30 - 11:00 am, Friday 6-6:30 pm, and Saturday 4:00-5:00 pm.

**Eucharistic Adoration Summer Hous:** 

Thursday from 10:00 - 11:00 am

SECOND READING

**GOSPEL READING** 

WEEKLY REFLECTION

## STEWARDSHIP REFLECTION:

July 20, 2025 - 16th Sunday of Ordinary Time

"...I am a minister in accordance with God's stewardship given to me to bring to completion for you the word of God." ~COLOSSIANS 1:25

Stewards are called to evangelize – to convert individuals and society by the divine power of the Gospel. Our faith is more attractive to others by our actions than by our words alone. We may not be called to evangelize like St. Paul, but we should look for opportunities to share our faith through our actions and words, especially with those closest to us, like our family, friends, and neighbors. Pray for the courage to joyfully express your faith the next time the opportunity arises.

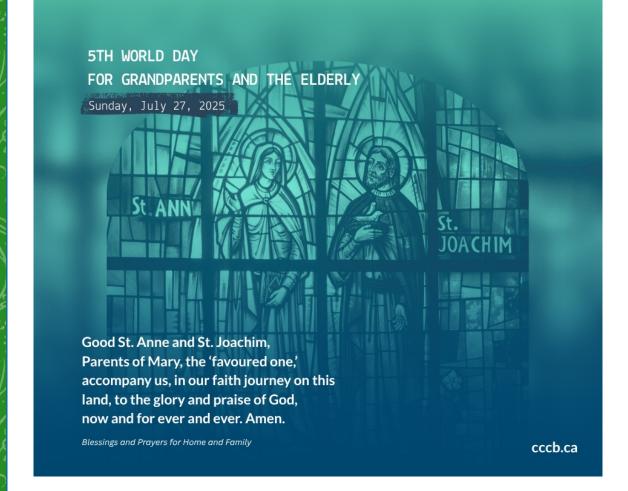


#### PRAYERS FOR THE SICK

If you would like your name listed in this section, asking for the prayers of fellow parishioners, please contact the parish office at 204-261-1579 or email theresa@mmoc.ca. Thank you!

## Notes from the Parish Office...

If you have recently registered with our parish and / or requested a box of offering envelopes, please check the table by the bulletin board to pick up your envelopes. Thank you!



# 5th World Day for Grandparents and the Elderly Sunday, July 27

World Day for Grandparents and the Elderly (WDGE) 2025 will be celebrated on Sunday, July 27, 2025, close to the Feast of Saints Anne and Joachim, grandparents of Jesus (July 26). The theme is "Blessed are those who have not lost hope." (cf. Sirach 14:2). Let us take this opportunity to uplift grandparents and the elderly, cherishing them as blessings in our faith community! For creative tips and resources to help highlight the Day, visit www.cccb.ca.

**Learn more about the Catholic Grandparents Association** 

The date for the World Day for Grandparents and the Elderly was chosen to be close to the Feast of Saints Anne and Joachim which is celebrated on July 26. Keep reading to learn more about the Grandparents of Jesus!



## Sts. Joachim and Anne - Saints & Angels - Catholic Online

Saints Joachim (sometimes spelled 'Joaquin,' pronounced 'wal-keem') and Anne, are the parents of the Virgin Mary. There are no mentions of them in the Bible or Gospels, what we know comes from Catholic legend and the Gospel of James, which is an unsanctioned, apocryphal writing form the second ...

**Read More** 

# CHILDREN, YOUTH, & ADULTS BRING YOUR PRAYERS, STORIES, AND PICTURES FOR YOUR GRANDPARENTS TO HANG ON OUR BULLETIN BOARD!

We will be doing some parish activities to celebrate this year's World Day for Grandparents and the Elderly, including:

#### **PRAYER WALL**

Grandchildren and Grandparents can write prayers for each other which we will pin on to our Prayer Wall. Children can write a short prayer for or share a story about their



grandparents, and draw a picture. Older children and teens could write a prayer or a paragraph about how their grandparents have influenced their faith. Please bring your finished prayers to the church anytime during the next two weeks!

#### SPIRITUAL BOUQUET

Send or give a Grandparent or Elderly person a "Spiritual Bouquet" A Spiritual Bouquet can be a card, homemade or store-bought letting a person know what prayers or sacrifices have been offered up for them. Examples to be included in a Spiritual Bouquet:

- A certain number of a specific prayer 10 Hail Mary's
- A Novena
- A Mass
- Rosary
- Good deeds or sacrifices, for example –shop for clean for a person in need, fast for a meal, or skip dessert

#### **BOOK OF REMEMBRANCE**

This is also an opportunity to remember loved ones. Write the names of your deceased grandparents in our Book of Remembrance, beginning this weeked.

#### PRAY the Catholic Grandparents Association World Day Novena

July 27 is the Memorial Day of SaintJ oachim and Saint Anne, parents of Mary, Grandparents of Jesus Join with us in preparation for the celebration of the Memorial Day by praying this Novena in honor of our heavenly Patrons. Each day we will pray about a different aspect of our lives as Grandparents and Grandchildren, pray one 'Our Father', one 'Hail Mary', one 'Glory Be' and Pope Benedict's Prayer for Grandparents. We conclude by asking for the intercession of St. Joachim and St. Anne.

Get the Novena here

#### **CARPET CLEANING VOLUNTEERS NEEDED!**

We will be doing a deep cleaning of the carpeting in our church during the week of **August 18 - 22**. Our building manager, Ron, is hoping to find some volunteers to help out so that the work goes faster. If you are available during the weekdays, are in good physical shape, and want to serve the Lord, please get in touch with Ron by email ronchoiselat@gmail.com or call / text him at 204-941-3351

Thank you!!



The image of the anchor... helps us to recognize the stability and security that is ours amid the troubled waters of this life, provided we entrust ourselves to the Lord Jesus. (Spes Non Confundit, 25)



www.cccb.ca

#### **ONLINE ROSARY**

Did you know that our parish has an **ONLINE ROSARY** group?

We meet nightly from 9:00-10:00 pm via Zoom. Join us as often as you like to pray the Rosary together. The link to join the Zoom call is found on our <u>website</u>.



#### **APPLY NOW FOR A PARISH SCHOLARSHIP!!**

There are **SIX** scholarships available this year.

Please check out our website for information on criteria and how to apply.

#### Offered by the parish (dealine July 31):

Parish 25th Anniversary Award

#### Offered by Knights of Columbus (deadline Oct.1):

- Richard Benoit Scholarship
- Michael Bartmanovich Scholarship
- Simeon Yap Scholarship
- Gus Van Ginkel Scholarship

#### Offered by Catholic Women's League (deadline July 31):

• Zinny Deen CWL Scholarship

#### MARRIAGE, FAMILY, AND LIFE

**Weekly Marriage Tip:** "I have now brought you the first fruits of the products of the soil which you, O LORD, have given me." (Dt 26:10) There are many demands in life and we can

only give so much effort. Do you give your best to God and your spouse or do they get the time that is leftover?

#### Parenting Tip of the Week: Sharing Chores

Undertaking household chores together gives children of all ages a sense of belonging. Placing a list of specific chores each person is to complete, assigning equal work loads (as much as possible) and having an assigned time when



everyone will clean, will help to create a more cohesive cleaning unit. Sharing chores as a family will create a family bond and develop a sense of responsibility in your children. (From Diocese of Hamilton)

#### E.R.I.K. Kits Available

An Emergency Response Information Kit (**E.R.I.K**) can assist emergency responders in sittions where a patient may not be able to communicate their conditions, medical history or allergies. It provides essential information so responders can provide the correct care in an emergency medical situation.



The kit is ideal for seniors, chronically ill persons, those who live alone or have caregivers, and those living with speech or language difficulties. Once completed, the kit should be placed on your fridge door, where emergency crews have been trained to look for it, ensuring it is readily available if needed.

The production of 100,000 copies of the *Emergency Response Information Kit* (*E.R.I.K*) was made possible by funding from the Government of Manitoba. The **Manitoba Association of Seniors Communities** coordinated the assembly of these kits by volunteers at the **55+ Program** at the **Centro Caboto Centre**.

If you would like one of these kits, please stop by the parish offer. There is no cost to you.

# **Sacraments**

#### FOR INFORMATION ON SACRAMENTS

For infant baptisms, weddings, and funerals, please contact Theresa at theresa@mmoc.ca.

For Reconciliation, First Communion and Confirmation for children & teens, please contact Audrey at catechism@mmoc.ca.

For Baptism, First Communion, and Confirmation for adults, please contact the RCIA team at rcia1@mmoc.ca.

## Monthly Prayer Intentions of Pope Leo XIV JULY:

For formation in discernment – Let us pray that we might again learn how to discern, to know how to choose paths of life and reject everything that leads us away from Christ and the Gospel.

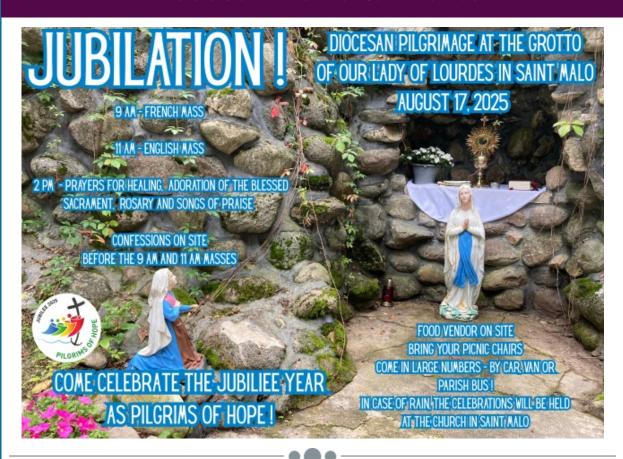
# **Parish Events**

#### **GRIEF SUPPORT GROUP at MMOC**

We will not meet during July and August, but will resume in September.



# **Diocesan News & Events**



## **SURVIVING DIVORCE**

# A Twelve Week Catholic Program for the Separated and Divorced Wednesdays, September 17th to December 10th

Are you or anyone in your family Separated or Divorced? The Archdiocese of Saint Boniface Ministry to the Separated and Divorced will be hosting a twelve-session Surviving Divorce program that will bring hope and healing to those who are experiencing the pain and loneliness of a broken marriage.

Surviving Divorce features twelve video presentations that cover topics such as shock and grief, anger and forgiveness, money issues, dealing with children and a former spouse, and annulment and remarriage. This program is for the newly separated and divorced and those still struggling with issues many years later. It will help them find answers to their questions, restore their hope, and begin authentic healing.

This program will run on Wednesday evenings from 7pm-9pm, starting on September 17th, 2025, at the Saint Boniface Archdiocesan Centre. Registration is required. The cost of the program for participants is \$50 and includes the Surviving Divorce Personal Guide and all program materials. Find comfort and counsel consistent with Catholic Church teachings.

For information, please contact Marie Brunet at mfl@archsaintboniface.ca; 204-594-0274 or Daniel Bahuaud at communications@archsaintboniface.ca; 204-594-0277.

Register here for the program: <a href="https://bit.ly/survivingdivorce2025">https://bit.ly/survivingdivorce2025</a>

For additional help and resources for the Separated and Divorced, visit: <u>Archdiocese of Saint Boniface - Ministry to Divorced and Separated (archsaintboniface.ca)</u>





In the three-video Dying with Christ – Living with Hope series, we seek to demystify death and the dying process, making way for a new approach to end of life questions. The discussion, led by theologians and healthcare professionals, will give timeless perspectives on suffering, grief, dying, and our duty to care. We will discover that when we make a commitment to die with Christ, we can truly live with hope.

## FREE TRAIN THE TRAINER SESSIONS

- September 16, 23, & 30 at 6:30 pm ET
- October 15, 22, & 29 at 7:00 PM ET
- November 13, 20 & 27 at 6:30 pm ET



## **Learn More**

if you have any questions, you can learn more by scanning the QR code, using the URL below or contacting Brad MacKinnon at bmackinnon@cmdacanada.org.



cmdacanada.org/dying-with-christ-living-with-hope/



#### ABOUT CMDA CANADA

Dying with Christ - Living with Hope is a production of the Christian Medical and Dental Association of Canada. CMDA Canada seeks to equip, encourage and engage Christian doctors and dentists across Canada.

**Community News & Events** 





# VISIT CATHEDRAL OF STS. VOLODYMYR AND OLHA - WINNIPEG

Discover the Beauty of the Eastern Catholic Tradition.

In this 2025 Jubilee Year of Hope we invite all to experience the richness of the Eastern Christian iconography, sacred art and spirituality.

Cathedral is designated Jubilee Year

Cathedral is <u>designated Jubilee Year</u>

<u>Pilgrimage Site</u> in Manitoba.

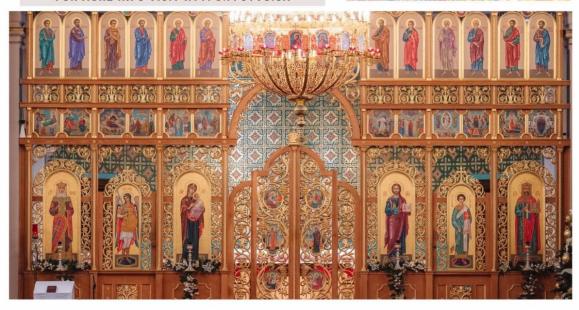
Come to pray, and discover the unity and diversity of the Catholic Church.

All are welcome!

115 MCGREGOR STREET, WINNIPEG, MB.
FOR BOOK A VISIT CONTACT OFFICE@STVO.CA
OR (204) 589 5025
FOR MORE INFO VISIT HTTPS://STVO.CA







## Bridgefolk Hymn Sing – July 25, 2025

As Mennonites commemorate 500 years, Bridgefolk, a Mennonite-Catholic dialogue movement, is holding a Hymn Sing. If you like to sing hymns, old and new, from a variety of traditions, here is a great chance to 'pray twice' with other Christians. **Friday July 25, 7:30 p.m**. at First Mennonite Church (Notre-Dame Avenue at Arlington).



**Donations graciously accepted** 

**Click Here to Donate On-line** 









Mary, Mother of the Church | 85 Kirkbridge Dr. | WINNIPEG, MB, MB R3T 5S7 CA

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