

February 22, 2026

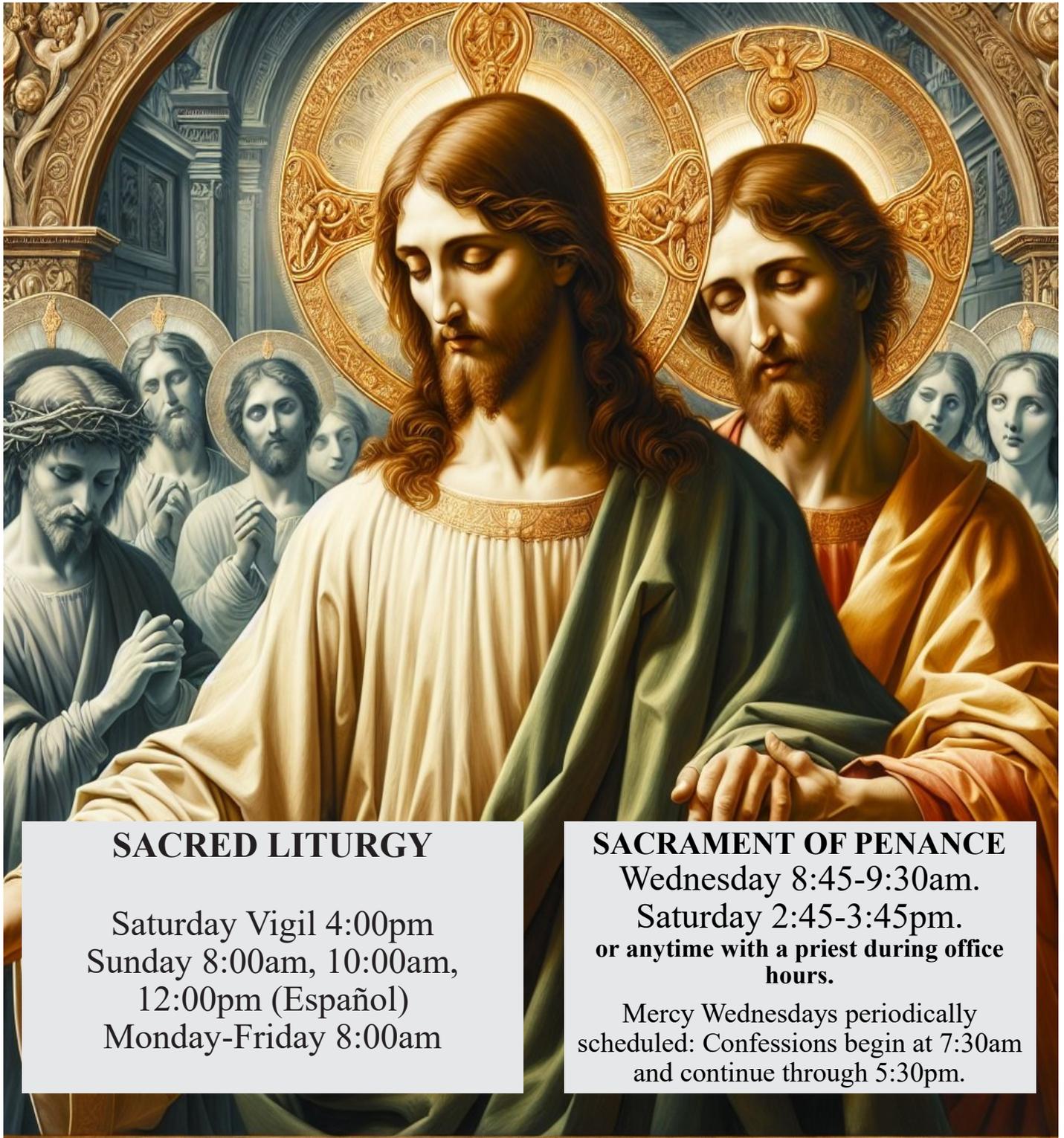
First Sunday of Lent

# ST. GABRIEL THE ARCHANGEL CATHOLIC CHURCH

8755 Scarborough Dr. Colorado Springs, CO 80920

(719)528-8407

[www.saintgabriel.net](http://www.saintgabriel.net)



## SACRED LITURGY

Saturday Vigil 4:00pm  
Sunday 8:00am, 10:00am,  
12:00pm (Español)  
Monday-Friday 8:00am

## SACRAMENT OF PENANCE

Wednesday 8:45-9:30am.  
Saturday 2:45-3:45pm.  
or anytime with a priest during office  
hours.

Mercy Wednesdays periodically  
scheduled: Confessions begin at 7:30am  
and continue through 5:30pm.

# STEWARDSHIP AND READINGS

## STEWARDSHIP REFLECTION

GN 2:7-9; 3:1-7; PS 51:3-6,12-13,17; ROM 5:12-19 or 5:12, 17-19; MT 4:1-11

As we begin the season of Lent, the Church invites us into 40 days of renewal and refocusing. Lent is not only about giving something up, but about making room for God. For Christian stewards, this season invites us to reflect on how we are using the time entrusted to us.

In the first reading, Adam and Eve turn their attention away from God and allow doubt to take root. Trust is replaced by self-reliance, and the harmony of the Garden is broken. These same temptations remain familiar when our days become crowded with distractions that pull us away from God.

In the Gospel, Jesus shows us a different path. In the desert, He gives time to prayer and fasting, remains grounded in Scripture, and places His complete trust in the Father. By intentionally giving time to God, Jesus resists temptation and remains faithful.

Lent invites us to do the same. By making space in our schedules for prayer, Scripture, and quiet reflection, we grow in trust and gratitude. When we place God at the center of our time, stewardship becomes a way of life, and our hearts are prepared to celebrate the joy of Easter.

## Childcare providers wanted

**JOIN OUR TEAM WHERE GOD'S LOVE SHINES HERE... WE'RE SEEKING CANDIDATES WHO BELIEVE IN 'NURTURING FAITHFUL HEARTS' BY PROVIDING A SAFE AND LOVING ENVIRONMENT DURING MASS FOR OUR KIDS AND OTHER OCCASIONS.**

- Childcare is provided during the 10am Mass each Sunday and for special occasions as needed.
- If you are interested in this paid, flexible position, please contact Kim in the office.
- [kseiler@saintgabriel.net](mailto:kseiler@saintgabriel.net) or 719-528-8407

## Readings for the Week of February 23

Monday: Lv 19:1-2, 11-18/Ps 19:8, 9, 10, 15/  
Mt 25:31-46

Tuesday: Is 55:10-11/Ps 34:4-5, 6-7, 16-17, 18-19/  
Mt 6:7-15

Wednesday: Jon 3:1-10/Ps 51:3-4, 12-13, 18-19/  
Lk 11:29-32

Thursday: Est C:12, 14-16, 23-25/Ps 138:1-2ab,  
2cde-3, 7c-8/Mt 7:7-12

Friday: Ez 18:21-28/Ps 130:1-2, 3-4, 5-7a, 7bc-8/  
Mt 5:20-26

Saturday: Dt 26:16-19/Ps 119:1-2, 4-5, 7-8/  
Mt 5:43-48

Sunday: Gn 12:1-4a/Ps 33:4-5, 18-19, 20, 22/  
2 Tm 1:8b-10/Mt 17:1-9

# Pastoral Team

Parish Office 719-528-8407  
Parish Fax: 719-598-1696

## Pastor

Rev. Francisco J. Quezada x102  
[fjquezada@diocs.org](mailto:fjquezada@diocs.org)

## Parochial Vicar

Rev. Christian Vaca x100  
[cvaca@diocs.org](mailto:cvaca@diocs.org)

## Deacons

Mike McGrady [mmcgrady@diocs.org](mailto:mmcgrady@diocs.org)  
Robert Marquez [rmarquez@diocs.org](mailto:rmarquez@diocs.org)  
Donbosco Le [ale@diocs.org](mailto:ale@diocs.org)  
David Simonton [dsimonton@diocs.org](mailto:dsimonton@diocs.org)

## Pastoral Administrative Assistant:

Sylvia Vazquez x108  
[svazquez@saintgabriel.net](mailto:svazquez@saintgabriel.net)

## Directory of Liturgy & Worship:

Kathy Thomas x107  
[kthomas@saintgabriel.net](mailto:kthomas@saintgabriel.net)

## Coordinator of Parish Catechesis:

Kim Seiler x103  
[kseiler@saintgabriel.net](mailto:kseiler@saintgabriel.net)

## Business Manager:

Andy Ziny x111  
[aziny@saintgabriel.net](mailto:aziny@saintgabriel.net)

## Office of Stewardship:

Linda Popolano x110  
[lpopolano@saintgabriel.net](mailto:lpopolano@saintgabriel.net)

## Pastoral Administration:

Melissa Wesenberg x101  
[mwesenberg@saintgabriel.net](mailto:mwesenberg@saintgabriel.net)

## Pastor's Assistant:

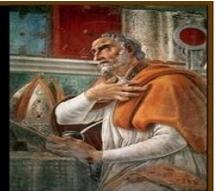
Velma Arbizzani x108  
[varbizzani@saintgabriel.net](mailto:varbizzani@saintgabriel.net)

## St. Gabriel Classical Academy Principal:

Holly Goodwin 719-418-5670  
[hgoodwin@stgabrielcos.com](mailto:hgoodwin@stgabrielcos.com)

**We speak to God when we pray. God speaks to us when we read the Bible**

~ St Augustine ~



## YOUR FAITHFUL TITHE

### February 2026 Offertory

Online Giving: \$14,134.48  
Weekend Collection: \$14,556.46  
Total: \$28,690.94

## 2026 DIOCESAN MINISTRY APPEAL

Parish Goal: \$122,676.00

## Adoration of the Blessed Sacrament

Adoration of the Blessed Sacrament is Monday through Wednesday and Friday immediately following the 8:00am Mass until 7:00pm., and every Thursday until 6:00p.m. Please refer to our parish website in the event of inclement weather.

### ADVERTISING DEADLINE

All bulletin submissions are due **12 pm NOON Friday prior to publication.**

\*\*Please send all submissions for bulletin to: [bulletin@saintgabriel.net](mailto:bulletin@saintgabriel.net).

\*\*Please send all Mass announcements to: [massannouncements@saintgabriel.net](mailto:massannouncements@saintgabriel.net)

Please refer to our parish website for a full calendar of current and upcoming events at our parish:  
[www.saintgabriel.net](http://www.saintgabriel.net)

### PRAYER CHAIN

If you have a request for needed prayers, strength, hope, courage or thanksgiving for yourself, family or friends, please email [ncbelanger54@gmail.com](mailto:ncbelanger54@gmail.com).

### Prayer Intentions of the Holy Father Pope Leo XIV

**For children with incurable diseases.**

Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.



### 2026 CATHOLIC PARENT CONFERENCE:

**Forming Hearts and Minds in a Screen-Filled World**

All are invited to the 2026 Catholic Parent Conference on Saturday, February 28 from 8 am-4 pm at St. Gabriel Parish (8755 Scarborough Dr in Colorado Springs)! Technology is a part of life in today's world, and it is important to teach our children to use it responsibly and intentionally. Meet other Catholic parents and join us for some amazing talks by local Catholic mental health professionals on the psychology behind instilling virtuous use of screen time in kids and why it matters! The day will include Mass, talks, lunch, and a Holy Hour with the opportunity for confession. Childcare will be available (pre-registration required). Cost is \$20 per person. Register at [www.diocs.org/parent-conference](http://www.diocs.org/parent-conference). Contact Dcn. Mike McGrady at 719-866-6293 or [mmcgrady@diocs.org](mailto:mmcgrady@diocs.org) with questions.

### Parish Office Hours

Monday-Thursday

9:00am-4:00pm

Friday

9:00am-12:00pm

Closed Saturday & Sunday

### SACRAMENTAL INFORMATION

#### Baptism

Please call the office to schedule the sacrament or to register for the Baptism class. Our Baptism class is offered on the Second Saturday of the month from 8:30am-10:00am and are offered in both English and Spanish.

#### Marriage

Preparation sessions must begin twelve months prior to marriage date. Please contact the office before any arrangements are made regarding the wedding.

#### Permission Letter

If you are in need of a permission letter for a sacrament or to be a Godparent, call or come to the office. Submit permission letter request 1 week prior to pick up.

#### Sick or Homebound

If you are homebound and wish to receive Eucharist please call the office.

#### Funerals

Please call the parish office before scheduling date and time with a funeral home. The parish office schedules presiders, musicians, and servers in consultation with family members.

### LIVING THE VIRTUES: PRUDENCE

As we continue to pray, fast, and give alms this Lent, we can easily be presented with multiple good decisions for the same dilemma. How do we make a prudent decision? Start with prayer; if you can do that in the presence of the Blessed Sacrament (see the Adoration schedule in the bulletin). Ask the Lord to open **your** heart. Consider the effects the different decisions will have on you, your family, your neighbors. Trust that through prayer, the decision you make will lead you closer to the Lord. Know that you have grown in virtue of prudence.

### 2026 DIOCESAN MINISTRY APPEAL VIDEO

If you weren't able to view the 2026 Diocesan Ministry Appeal video this past weekend, it is now posted on the homepage of the parish website, [www.saintgabriel.net](http://www.saintgabriel.net), where you will find both the English and Spanish versions of the video. It is also on the parish Facebook page. Thank you for your participation in helping the parish reach its DMA goal this year!

## DIOCESAN MINISTRY APPEAL

Jesus certainly shook things up with his ministry. He declares, very clearly, that he is replacing the laws of Moses from the Old Testament with a new Law. Yet, Jesus, who was raised in a devoted Jewish family, also makes clear that he is not abolishing God's laws but fulfilling them. As the Son of Man, he has the authority to deepen the laws Moses established. The new era that Jesus is ushering in holds believers to a higher standard than what the scribes and Pharisees practice.

Luckily, God doesn't expect perfection from us. Though made in His image and likeness, we are human. Thus, we are flawed. Even though we fall short of living according to our Heavenly Father's laws, our desire to try – our good intentions – please God. And through grace, the Lord provides the strength to follow the new commandments that Jesus sets forth in today's Gospel. We just need to remember to call on God to be our help: "Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. For everyone who asks, receives; and the one who seeks, finds; and to the one who knocks, the door will be opened" (Matthew 7:7-8).

We can be a channel of God's love and mercy for others who are "asking," "seeking," and "knocking" when we support the ministries and programs that the Diocesan Ministry Appeal makes possible.



### When a Loved One Dies by Suicide

An 8-week Support Group for Survivors of Suicide Loss

March 11-May 6, 2026  
Wednesdays, 6:30-8:00pm  
(No meeting during Holy Week)

Presented by St. Gabriel the Archangel Parish  
8755 Scarborough Drive  
Colorado Springs, Colorado  
719-528-8407

Fellow survivors share their stories of grief and the hope they have found in our Catholic faith.

Whether your loss was recent or decades ago, you are invited to participate in a supportive and confidential environment.

All survivors are welcome. You do not have to be Catholic to join.

For more information, contact Linda Popolano at 719-528-8407 or [ipopolano@saintgabriel.net](mailto:ipopolano@saintgabriel.net).

### Easter Baskets for Foster Kids

Saint Gabriel's has been assisting Fostering Hope, a program that provides support to Foster care families in El Paso county for many years. For the fifth year, we will provide Easter baskets for approximately 120 youths currently in the foster care system and supported by Fostering Hope. We will have tags in the Narthex beginning next weekend (Feb 28-Mar 1) providing Easter basket items to create age-based baskets to show we care. Some tags are for a complete basket while other tags are single items like bubbles or books which will be combined with other donations to create completed baskets. Thank you in advance for your help with this project for you have always shown great generosity and caring to those in need.

## MASS INTENTIONS



Sat	Feb 21	4:00PM	for: Carmella Jones (+)
Sun	Feb 22	8:00AM	for: Wade Vacha (SI)
Sun	Feb 22	10:00AM	Pro Populo
Sun	Feb 22	12:00PM	for: Jorge & Jose Juarez (+)
Mon	Feb 23	8:00AM	Andrew Del Rio (SI)
Tue	Feb 24	8:00AM	Genoveva & Florentino Rodriguez (+)
Wed	Feb 25	8:00AM	Edna Schiltz (+)
Thur	Feb 26	8:00AM	Eladia Gutierrez (+)
Fri	Feb 27	8:00AM	Carol Vacha (+)
Sat	Feb 28	4:00PM	Nicholas Franchs (+)
Sun	Mar 1	8:00AM	Pro Populo
Sun	Mar 1	10:00AM	Alexa & Paul Arbizzani (SI)
Sun	Mar 1	12:00PM	Carolina Hillail (SI)



### TRAVELING CHALICE

Let's all pray for an increase for Catholic Vocations.

You can do that by bringing home the Traveling Chalice. Find the weekend mass that you would like to sign up for. At the end of Mass, Father will ask you to come forward for the Traveling Chalice. Then take it home and put it in a place where the family will see it throughout the day and then use the power of prayer for Vocations. Finally, bring the chalice back to Saint Gabriel the following weekend and give it to the Sacristan. Thanks in advance for volunteering to bring this Traveling Chalice into your home. If you have any questions, email Robert Applegate





# LENTEN

DAYS OF REFLECTION  
HOW TO KEEP HOPE ALIVE THIS  
LENTEN SEASON

February 23-25  
6:30-7:15 pm



Fr. Matt Kane  
Speaker



PARTICIPATING IN THESE THREE  
TALKS EARNS YOU A PLENARY  
INDULGENCE

St. Gabriel Archangel  
Catholic Church

## LENTEN SCHEDULE

### Stations of the Cross

Stations will be held each Friday of Lent at 6pm followed by a Soup Supper or Fish Fry at 6:30pm.

Feb 27: Stations followed by fish fry.

Mar 6: Stations followed by fish fry.

Mar 13: Stations followed by soup supper.

Mar 20: Stations followed by soup supper.

Mar 27: Stations followed by soup supper.

### Lenten Fish Fry

The Knights of Columbus will be hosting Friday Fish Frys during Lent. They will be held on February 27, and March 6, immediately following Stations of the Cross. The price for these dinners are \$13 per adult, \$6 per child 3-12 years of age, and children under 3 are free. The menu includes salad, rolls, Cole slaw, baked potato, chips, grilled cheese sandwiches and of course fish (we have baked fish that is gluten free for those that request it). To go orders are available, but we welcome all to socialize in the parish hall.

## SHROUD TALKS THIS LENT & EASTER SEASON:

MONDAYS, FEB. 23 - MAY 4, 6:30PM,  
AT ST. FRANCIS OF ASSISI IN COLORADO  
SPRINGS IN THE PARISH HALL.

The goal of these 10 presentations is to provide a unified theological & scientific understanding of the Holy Triduum (Last Supper, Passion/Death, Resurrection) based on Holy Scripture, Scientific studies of major Holy Relics, and pilgrimages to the Holy Land. The presenters are parishioners, John & Rebecca Jackson, and Keith Propp. They are experts in this field and responsible for our Shroud of Turin display. They have given 3000+ Shroud talks worldwide.



Office of Marriage & Family Life

Healing through Connection

THE ANTIDOTE TO STRESS, ANXIETY, DEPRESSION, AND ADDICTION

Have you ever wondered why, despite all your coping strategies and self-control, anxiety, depression, or addiction can still feel insurmountable?

Join us for a series of talks at St. Gabriel Parish.

RSVP: [www.diocs.org/mental-health-series](http://www.diocs.org/mental-health-series)

**DATES/TIMES**  
6:00 pm - 8:00 pm  
Thursday, February 26  
Thursday, March 5  
Thursday, March 12  
Thursday, March 19

**LOCATION**  
ST. GABRIEL PARISH HALL (C)  
8755 Scarborough Dr  
Colorado Springs, CO 80920

Presenter: Andrew Koumis, MA, LPC  
Owner, Alpine Family Counseling | EMDR-trained | IFS Informed | Trauma & Attachment Specialist

Andrew Koumis is a licensed professional counselor who helps individuals, couples, and families navigate trauma, addiction, anxiety, depression, and disconnection. He is committed to fostering resilience and lasting change by helping people build deeper connection and emotional attachment with themselves and others.




**Poland + Lithuania**  
Lands of Mercy  
Lands of Saints  
Lands of Mary

A 12 day Catholic Pilgrimage  
September 11 - 22, 2026

Fr. Jason Keas  
Parish of Holy Apostles,  
Diocese of Colorado Springs

David & Susan Swanson  
Stella Maris Tour's Master (Fr & His Rt)

Pilgrimage to Poland and Lithuania with Fr. Jason Keas: September 11-26, 2026

**Information Night:**  
Tuesday, February 24 at 6:00pm  
Downstairs in Mary's House at Holy Apostles Catholic Church  
4925 N. Carefree Circle, 80917  
(Mary's House is located on the north side of Holy Apostles.)

More information at: [Holyapostlescc.org](http://Holyapostlescc.org) or use the QR code





# Vocations Mass & Holy Hour

1<sup>st</sup> Saturday of the Month

St. Patrick Catholic Church

6455 Brook Park Drive

Mass-9:00am

Holy Hour-10:00am

All are welcome....come and pray for vocations!

## LLAMADO AL MINISTERIO DIOCESANO

Jesús ciertamente transformó las cosas con su ministerio. Declara, muy claramente, que está reemplazando las leyes de Moisés del Antiguo Testamento con una nueva Ley. Sin embargo, Jesús, quien se crio en una familia judía devota, también deja claro que no está aboliendo las leyes de Dios, sino que las está cumpliendo. Como Hijo del Hombre, tiene la autoridad para profundizar las leyes que Moisés estableció. La nueva era que Jesús inaugura exige a los creyentes un estándar más alto que el que practican los escribas y fariseos.

Dios no espera perfección de nosotros. Aunque creados a su imagen y semejanza, somos humanos. Por lo tanto, tenemos defectos. Aunque no alcancemos a vivir de acuerdo con las leyes de nuestro Padre Celestial, nuestro deseo de intentarlo —nuestras buenas intenciones— agradan a Dios. Y por su gracia, el Señor nos da la fuerza para seguir los nuevos mandamientos que Jesús establece en el Evangelio de hoy. Solo debemos recordar pedirle a Dios que nos ayude: «Pedid, y se os dará; buscad, y hallaréis; llamad, y se os abrirá. Porque todo el que pide, recibe; el que busca, encuentra; y al que llama, se le abrirá» (Mateo 7:7-8).

Podemos ser un canal del amor y la misericordia de Dios para quienes piden, buscan y llaman cuando apoyamos los ministerios y programas que la Campaña Ministerial Diocesana hace posible.



# CUARESMA

DÍAS DE REFLEXIÓN  
CÓMO MANTENER VIVA LA  
ESPERANZA EN ESTA CUARESMA

Febrero 23-25

6:30-7:15 pm



Fr. James Gordon FSSP  
Presentador



PARTICIPAR EN ESTAS TRES CHARLAS  
TE HARÁ GANAR UNA INDULGENCIA  
PLENARIA.



Fr. Christian Vaca  
Presentador

St. Gabriel Archangel  
Catholic Church



Inicia la tarde del **Viernes 27 de Febrero** termina al **mediodía del Domingo 1 de Marzo** con Misa en Catedral.  
Para información e inscripción llamar al tel: **719-233-3082 o 719-499-7107**  
Participa y recibe todas las bendiciones que Dios tiene para ti!  
*(Cooperación voluntaria \$100 DLLS)*

ST. GREGORY THE GREAT SEMINARY  
**COME AND SEE**

**March 6-8, 2026**

- Begins Friday evening and concludes Sunday after morning Mass.
  - Open to high school juniors and seniors as well and college students.
  - A great opportunity to meet other Catholic young men who want to grow in their faith and explore a call to the priesthood.
  - Meet priests and seminarians, ask questions, check out the seminary, enjoy great food and fun
  - \$25/person
  - Join us, even if you are not able to stay the whole weekend!
  - When registration opens you will be able to sign up online by clicking the link below (you'll receive the full schedule).
- Questions? Call us or e-mail: 402-643-4052 or [sggs@sggs.edu](mailto:sggs@sggs.edu)



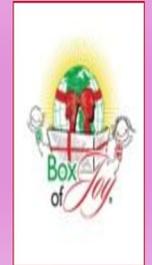
COME AND SEE WEEKEND



**Please Join Our  
 Lenten Journey**

St. Gabriel Classical Academy will be collecting supplies to fill 75 Boxes of Joy (about the size of a shoebox) in partnership with Cross Catholic Outreach to benefit children in need around the world. The students invite parishioners to join the effort by providing supplies for those in need. A **collection bin** will be present in the Narthex after Masses on Feb 21/22 and Feb 28/Mar 1. Supplies needed include: **small toys** (finger puppets, jump ropes, legos, toy cars, yo-yo's, etc); **school supplies** (pencils, colored pencils, sharpeners, pens, erasers, small story books, etc); **apparel** (t-shirts, shorts, socks, underwear, poncho, etc); **"necessities"** (bandages, combs, lip balm, nail clippers, sewing kit, toothbrushes, hair bands, wallets, drawstring bags, barrettes, sunglasses, etc). Our students invite you to join this important act of almsgiving and deepen your Lenten journey.

ST. GABRIEL  
 CLASSICAL ACADEMY



**Diocesan Ministry Appeal Kickoff**



Many parishioners stayed after Sunday Mass to greet and bid farewell to Archbishop Designate James Golka and kickoff our Diocesan Ministry Appeal efforts.