

THE Compass



● Fall Play seniors pose together after their final performance of *Alice's Adventures in Wonderland*

ISSUE 4

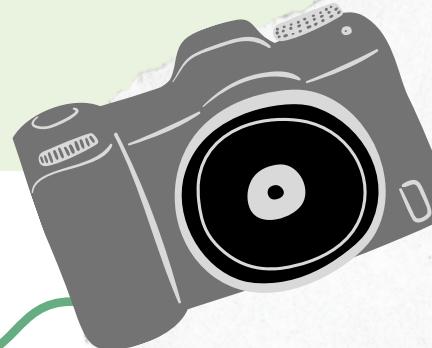
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- 11/23-11/25: Thanksgiving Break - No School
- 11/29 - Advent Mass @ 9 am
- 12/2 - PD Day - No School
- 12/2 - Midterm Grade Pull
- 12/8 - Mass of Immaculate Conception

Feed the Hungry CAMPAIGN



By Megan Fangman & Steph Boyer

Columbus is hosting its annual Feed the Hungry Campaign this month. The Feed the Hungry Campaign is put on every year to help St. Vincent De Paul provide non-perishable food items for people in need in our community. The school goal is to collect 16,000 cans and other non-perishable items. The Senior Leadership Team (SLT) has many fun events planned to help students get involved and give back to people in need.

Senior, Vy Van, who is on SLT says she is part of planning “coffee shop and trivia night and promoting the food drive around the school.” Coffee shop is an opportunity for students to show off their talents and skills by playing an instrument, singing, doing magic tricks, and much more.

Coffee Shop took place this past weekend and many fantastic performances took the stage. Trivia Night is a fun event to test students on their knowledge about food and restaurant history. Trivia Night is being hosted on November 30th at 6:30pm. Other events that took place this month included a three on three basketball tournament, a dodgeball tournament, and a spaghetti dinner dine and donate.

Students can look out for sign ups and information about all of these events in their emails. To participate in these events “each student must bring in cans,” says Vy. Acceptable donations are non-perishable items, canned foods, and money on Wednesdays. Sailors don’t forget to watch your emails, sign up, have fun, and give back to people in need.



VETERANS DAY

By: Abby Rhomberg

On Friday, November 11, Columbus Catholic High School honored the veterans in our community by hosting a Veterans Day Celebration. A free breakfast was served, with a program and photo presentation put on by Student Government following. The program started with an introductory prayer read by Junior class president, Jackson Mudd. Next, Major Westoff introduced a performance of "Taps" by a member of the band, Nicholas Carda, by explaining how the bugle call became what we know it as today. The Columbus band also played the United States Armed Forces Medley, and invited any veterans or family members of veterans from each branch to stand.

Additionally, there was a slideshow presentation being displayed throughout the majority of the program with photos that current and past CVCS families have submitted of their loved ones who have served or are currently serving our country. This year, the students in charge of the assembly decided to teach a little bit about the history of our country's flag. Simeon Hasselbrook explained the meaning of the placement of the thirteen red and white alternating stripes, and blue rectangle bearing 50 stars. He also explained the traditional story of the creation of our flag by Betsy Ross along with the history of all the changes that have occurred to it throughout history. Alli Hagness and Katie Ruden concluded this by folding our nation's flag, as Megan Fangman described what each fold means. A small flag was gifted to each veteran that was present and each of their family members who were with them. A short essay titled, "It is the Veteran," was read by freshman, Claire Schaefer. It had an overarching theme of how veterans have earned us every single one of the basic freedoms we take for granted in the first amendment: religion, press, speech, assembly, and voting.

In the gym for the program, and in the cafeteria for the remainder of the day, there was a table displayed with each object representing a specific sentiment towards all MIAs and POWs. The table, tablecloth, red rose, red ribbon, black ribbon, candle, lemon, salt shaker, six flags, Bible, empty chair, and inverted glass all work together to pay homage and give honor to those who have not returned from their patriotic service and military duty to the nation. Lastly, sophomore Sawyer Schaefer discussed the artificially reverent view of the military that the American civilian population has adopted with the passing of years, and concluded the program by urging us to thank a veteran every day for their efforts towards our freedom. Thank you, veterans, for your unwavering courage and service to our country!



Classroom Highlight

FAMILY CONSUMER SCIENCES



From cooking and baking to sewing, adulthood, and much more, Mrs. Davis teaches it all. She is not only devoted to her job, but also finds a perfect balance between fun and educational learning. Students here love taking her classes. They rave about the things they learn and how much they enjoy the classes. She's been teaching here at Columbus for a long time and her hard work has never diminished over the years. Mrs. Davis' Foods, Childhood Development, and Clothing classes are some of the best electives Columbus has to offer.

"My favorite part about teaching foods class is seeing how excited the students get when they realize how much they can make. Like angel food cake, sponge cakes, pies, and yeast breads. They realize they can actually do this," Mrs. Davis says. Foods class is a fun and hands-on class that involves much more than just cooking and baking delicious items. Mrs. Davis makes sure to include nutritional learning, allergy learning, and many other necessary and health factors of working in the kitchen. You may have seen students running around with plates of food to give to teachers or overheard the muffin bake-off winners over the intercom. As someone who has taken Foods I before, I truly enjoyed every part of it.

Cooking and baking skills aren't the only thing she teaches. Childhood Development and clothing classes are always something she leads, too. In childhood development, "It really helps the young ladies realize what's in their future and that it's a vocation that is worthwhile," Mrs. Davis states. Childhood Development helps those who are interested to look into their future and the responsibilities it holds. In clothing classes, Mrs. Davis teaches the basics of sewing and teaches students how to create clothes. "I love seeing how much they improve in the first couple of months. It makes sense to them all of the sudden and they're creating beautiful things." Mrs. Davis is passionate about these classes and wants to see every student succeed. There is never a dull moment in one of these classes, she even said there have been multiple occasions of sewn thumbs! Mrs. Davis is a versatile teacher who teaches classes that anyone should be interested in taking! From cooking, sewing, and childhood development, she surely teaches a class you'll enjoy. So, don't forget to try one of her classes before your years at Columbus are over.



BY: THUY PHAM



EXPLORE NIGHT

BY: ADISON HAGEDORN

On Thursday, November 8th, CVCS families had the opportunity to have a look at Columbus during Explore Night. BMAP and other prospective Columbus families were able to get more information about different Columbus activities and classes.

This year, in each information folder, families were given “passports” to fill up with stamps from different activity booths and staff members. They were also able to watch a video made by students about why they love Columbus. Tours were given to families by Columbus Student Ambassadors. Explore Night was planned by the Student Lighthouse Culture Crew. Special thanks to seniors, Becca Dufour and Emma Reiter, for heading up the organization of this event. Becca said, “We want to convince people to join the CVCS family and showcase all that Columbus has to offer.”

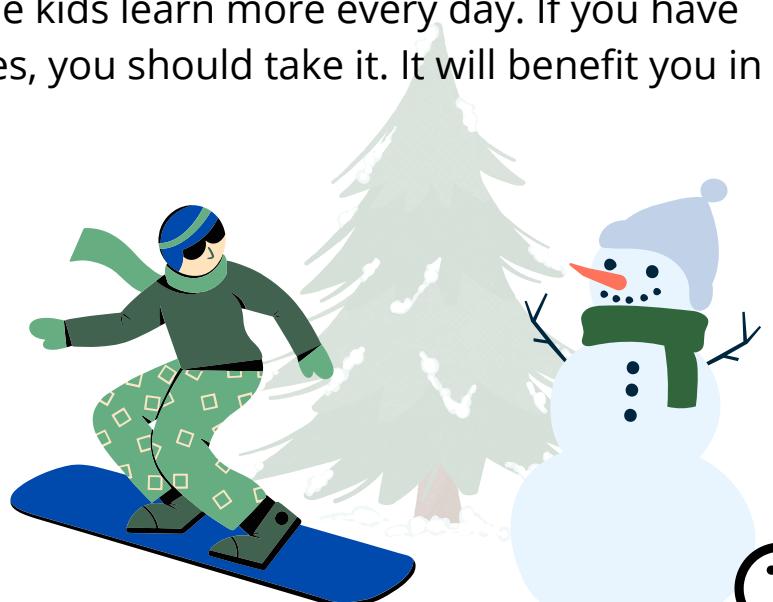


OFF-CAMPUS CLASSES

BY: SERENITY JORGENSEN

Hawkeye Community College offers a variety of different classes. Some are off campus classes like the early childhood education classes offered at Lowell Elementary School, culinary classes offered at the Waterloo Career Center, classes at Allen hospital, FSB Tower, UNI, and more. When asked about their favorite part of off campus classes, Grace Hackett said her favorite part was getting to experience different classrooms and meeting new people. "It can be challenging some days and overwhelming, but it's rewarding because it gives me a better understanding of the field of work I want to go into," she explains. Students should take these classes to get more experience and a better understanding of college classes, and to get a better idea of what field they want to work in. It's a hands-on way to learn and it's better for students who don't like online classes.

In my personal experience with off campus classes, it's a great way to step out of your regular school day life and get to experience classes that will benefit your future career path. At Lowell, I get to be hands on with preschoolers and learn different ways to work with them. The most rewarding part is being able to use the skills I have learned in my class to help the kids learn more every day. If you have the opportunity to take off campus classes, you should take it. It will benefit you in many different ways!



FOOTBALL POST SEASON

BY NATALIE STEELE & MYLES GARDNER

The Sailors finished off their season 6-4 after a tough second round playoff loss to West Branch, the final score being 27-14. The Sailors ended their season better than they started, which was 1-3. Junior, Parker Kjeldsen shared that the season was "Good from starting 1-3, then going on a win streak and making our way to the playoffs." In order to improve for next year's season, Parker stated:

"Everyone needs to stay in the weight room." Parker said his goal for next year is "personally have a good rushing year, and as a team make it to the dome." He said the coaches can "Get us prepared, and give us motivation" to help them the following season.

Parker's advice to any underclassmen planning to play football is to "Get in the weight room, and don't be nervous. Take advantage of your opportunities."

Senior, Major Westhoff, shared that his favorite part of the season was beating Denver in the first round of playoffs. "I learned that you can only focus on the present, and that you can't focus on the past because you can't go back and change it." Major's advice to underclassmen echoed Parker, emphasizing to "use the weight room to your advantage and set high goals for yourself." Major's favorite football memory would be "winning the Homecoming game junior year against MFL Mar-Mac."

Congrats to the Sailor football team on another amazing season!



VOLLEYBALL

Recap

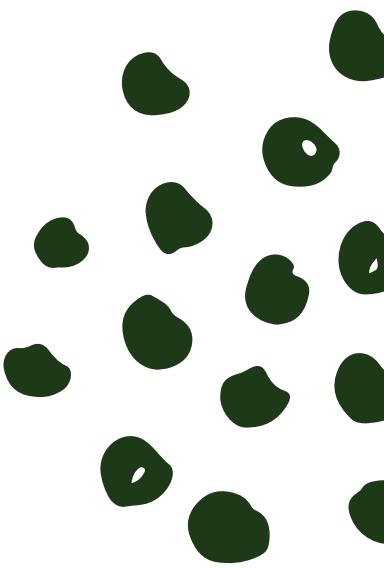
By: Haile Frost



This fall wasn't like just another ordinary season for the Columbus Sailor volleyball team. It was special to these girls with learning how to overcome adversity and under the leadership of a new coach and a great group of seniors. At the end of the season they weren't where they wanted to be but they remembered to keep their heads high and stay positive. Junior, Isabelle Noland's favorite part of the season was "being with teammates and spending time on the weekends at tournaments with friends and coaches." With having a new team on the court there were some challenges they had to face with getting used to playing with each other. Senior, Megan Fangman wants to pass down an important lesson to the younger girls to take with them. She wants them to remember "to enjoy every moment with the team and work hard every day while, most importantly, having fun."



SENIOR SPOTLIGHT: Theodore Ahern



What's your favorite memory throughout your time at Columbus?

"Friday Football games and especially this year since I was the student section leader with Mason it was a lot of fun going to all of the football games."

What activities have you participated in throughout your years at Columbus?

Cross Country, track, baseball, stats for basketball, fall play, musical, speech, NHS, and senior leadership

Advice to underclassmen?

"Do whatever you wanna do, don't worry about what other people think, don't let that keep you from doing the things you wanna do."

What's your favorite school lunch?

Freshman year chicken sandwich

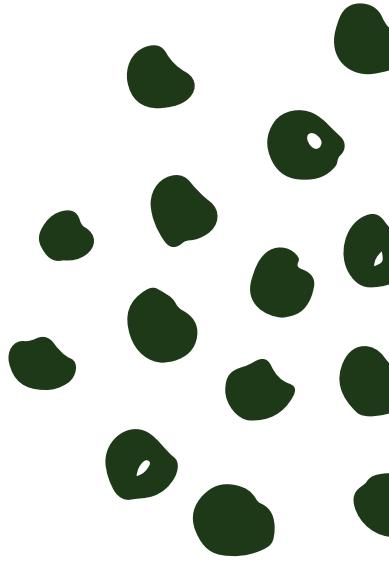
What are your future plans?

Go to Iowa and major in exercise science to become a physical therapist.

Most embarrassing moment?

Almost getting dunked on by Canon Butler my freshman year but it didn't go in.

SENIOR SPOTLIGHT: Miriam Ayard



What's your favorite memory throughout your time at Columbus?

Doing LipDub last year.

What activities have you participated in throughout your years at Columbus?

Spanish club, volleyball, NCYC

Advice to underclassmen:

Try and leave your comfort zone and to try new things.

What's your favorite school lunch?

Pizza

What are your future plans?

Attend Iowa State or the University of Iowa to become a social worker.

Accomplishments:

Silver award freshman and sophomore year