Santa Sophia CATHOLIC CHURCH





5TH SUNDAY IN ORDINARY TIME

600

"You are the light of the world. A city set on a mountain cannot be hidden." - Mt 5:14

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

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February 5, 2023

PASTOR

Reverend Corey Tufford frtufford@santasophia.org

DEACONS

Deacon Tim Clark
Deacon Michael Maria
Deacon John Turcich

MASS SCHEDULE

Saturday Vigil Mass 4:30 pm Sunday Masses 8:00 am & 11:00 am with incense

Daily MassMonday-Friday at 8:00 am **1st Saturday of the Month**

8:00 am RECONCILIATION

Mondays and Fridays 7:00 am-7:45 am Wednesdays 5:00 pm-6:00 pm or by appointment

PARISH OFFICE HOURS

Monday-Friday 8:45 am-4:30 pm

OFFICE (CMO)

Religious Education

(619) 463-6011 Monday-Friday 9:00 am-4:30 pm

ACADEMY

(619) 463-0488 Monday-Friday 7:30 am-3:30 pm

PRESCHOOL

(619) 463-0141 Monday-Friday 7:00 am-5:00 pm

ST. VINCENT de PAUL

Food Pantry-on campus (619) 463-6629, Ext. 235



Stewardship 5th Sunday in Ordinary Time **Tithing**

What is a Tithe?—While some use the word tithe synonymously with any church-related giving, it has biblical roots and literally means "tenth." The tithe was an obligatory

offering from the Law of Moses requiring 10 percent of an Israelite's first-fruits. Because God provided the harvest, this first part was returned in thanksgiving for God's provision and as a reminder that all things we have are God's. We are simply stewards of God's gifts, including our possessions.

What about Today?—In the Gospels, Jesus talks about money and possessions in an amazing 1 out of 10 verses! Although there is no obligatory offering in our Church today, those of us who choose to follow Jesus desire to listen carefully to His teachings. He taught about money and possessions because they can easily hold a greater priority in our minds and hearts than God. We are made in God's image, and thus we should desire to develop hearts that reflect the generosity of God—the greatest Giver of all.

How much should I Give?—Some Catholics do contribute 10 percent or more of their income to the Church and charitable organizations. Many contribute significantly less. Whatever your current giving habits are now, here are Four P's to help you discern your future giving: be prayerful, make a plan (be intentional), give proportionately to your income (rather than a dollar amount), and start with a certain amount and then make progressive steps toward growth in generosity.

-LPI



HOW TO OBSERVE WORLD DAY OF THE SICK

1. Pray for the sick

Say a prayer for those who are sick. They need all the help you can offer, and your prayers can go a long way.

2. Offer support to the sick

Interested individuals and organizations can also provide the sick with food, medication, and other supplies. Volunteering at a local health center is another excellent way to participate.

3. Appreciate healthcare workers

The World Day of the Sick also serves as an occasion to honor the work of healthcare professionals, hospital chaplains, and all those who help the sick. Encourage them and show them that their efforts are appreciated.



eGiving

We invite you to contribute via eGiving. It's easy

to set up, environmentally friendly, and provides a more convenient way to give your



Sunday offering. To start, scan the QR code or contact **the parish office (619) 463-6629** for help in setting up a recurring payment.

Scripture Readings & Intentions for The 5th Sunday in Ordinary Time

Date	Readings	Time	Intentions
SATURDAY, FEBRUARY 4 WEEKDAY	Heb 13:15-17, 20-21/Mk 6:30-34	8:00 AM	†Herb & †Mary Jane Barrack
SATURDAY, FEBRUARY 4 5 TH SUNDAY OF ORDINARY TIME (VIGIL)	Is 58:7-10/1 Cor 2:1-5/Mt 5:13-16	4:30 рм	†Olivia Kurupas
SUNDAY, FEBRUARY 5 5 TH SUNDAY OF ORDINARY TIME	Is 58:7-10/1 Cor 2:1-5/Mt 5:13-16	8:00 AM 11:00 AM	†Frank Flanders †Lee Holet
MONDAY, FEBRUARY 6 SAINT PAUL MIKI AND COMPANIONS	Memorial Gn 1:1-19/Mk 6:53-56	8:00 am	†Herb & †Mary Jane Barrack
TUESDAY, FEBRUARY 7 WEEKDAY	Gn 1:20—2:4a/Mk 7:1-13	8:00 am	Intentions of Aaron O'Connor
WEDNESDAY, FEBRUARY 8 WEEKDAY	St. Jerome Emiliani; St. Josephine Bakhita Gn 2:4b-9, 15-17/Mk 7:14-23	8:00 am	†Paul Villard
THURSDAY, FEBRUARY 9 WEEKDAY	Gn 2:18-25/Mk 7:24-30	8:00 am	†Joseph Cazares
FRIDAY, FEBRUARY 10 SAINT SCHOLASTICA	Memorial Gn 3:1-8/Mk 7:31-37	8:00 am	†Sue Houze
SATURDAY, FEBRUARY 11 6 TH SUNDAY OF ORDINARY TIME (VIGIL)	Sir 15:15-20/1 Cor 2:6-10/Mt 5:17-37	4:30 PM	†Jerry Beckstrand
SUNDAY, FEBRUARY 12 6 TH SUNDAY OF ORDINARY TIME	Sir 15:15-20/1 Cor 2:6-10/Mt 5:17-37	8:00 AM 11:00 AM	†Frank Flanders For the people of Santa Sophia Parish





Children's Liturgy of the Word

Children's Liturgy of the Word is a separate celebration of the liturgy of the word with children during the Sunday Liturgy. These celebrations promote active participation of children and

provide an opportunity for children to hear the readings proclaimed from the *Lectionary for Masses with Children*, and personally reflect on what the Scriptures teach them about daily living. The important thing to remember about the Liturgy of the Word for children is that it is liturgy, not a time for catechesis. It is neither a convenient way to baby-sit children beyond nursery age nor a Sunday Bible school complete with arts and crafts. Rather, it is a time for children to gather, pray together and break open the Word of God. It is no less sacred and no less important than the Liturgy of the Word for adults. Our parish will provide Liturgy of the Word for Children during the 11:00 am Sunday Liturgies.

Did you know...



We have added more opportunities for Confession

Our doors are open for grace and mercy on Mondays and Fridays from 7:00-7:45 am, & Wednesdays from 5:00 to 6:00 pm. If these times don't work for you, feel free to call the Parish Office at (619) 463-6629, to make an appointment with Father Corey.

Every time we go to confession, God embraces us.

-Pope Francis



Accepting Admissions for the 2023-2024 School Year!

Are you receiving the Santa Sophia's Starting Seven, previously known as our eNews? It's a great way to enter the weekend with the seven things you'll want to know about what's happening in your parish.

TEXT

eGiving

SANTASOPHIA

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santasophia.flocknote.com

Collectio	ns Repo	rt for the Wo	eek of		
January 16, 2023- January 22, 2023 \$18,335.67					
\$0.02- \$5.00	13	\$50.01-\$100.00	51		
\$5.01- \$10.00	32	\$100.01-\$150.00	21		
\$10.01- \$25.00	95	\$150.01-\$500.00	13		
\$25.01-\$50.00	60	\$500.01-\$2,500.00	3		
	TOTAL	CONTRIBUTING HOUS	EHOLDS: 287		
Plate	\$1,400.00	POL	0		
Envelopes	\$6,052.00	SVdP	\$864.00		

Building Fund

\$817.90



Catholic Daughters with Walking with Purpose are hosting a

Mother & Daughter Tea

on Sunday, February 19th from Noon until 2 pm in the DeMoor Room. All Catholic women are welcome to this complimentary event immediately following the 11:00 am Mass. If you have a daughter(s) age 10 and over, they are also invited to attend with you. Please reserve your seats with Lou Turner, by email: Injturner@cox.net, or call/text: (619) 985-7290 and give names of those attending.

February Bunco & Potluck

Please join the Women's Guild for their exciting monthly

Bunco & Potluck in Prendergast hall on Wednesday, February 15th, 12:00-2:30 pm.

No bunco in January

Women's Guild

Women of Santa Sophia are welcome to join the Women's Guild. Meetings are the last Mondays of the month from 12:30-2:30 pm in CMO Room 1. Contact Lorraine Sablan for more information at 619-597-4384.

Next meeting on Monday, February 27th.

Rosario Bíblico en Español

Únase a nosotros para nuestro rosario bíblico semanal en español, todos los lunes a las 9:00 am en CMO, Sala 1.



Rite of Christian Initiation for Adults

Get answers to all of your questions about the Catholic faith. Inquiry sessions are held on **Tuesday evenings**.

All sessions will be held in the Catechetical Ministry Office (CMO). If you are ready to take the journey or have questions, please call the **CMO at (619) 463-6011.** You do not have to journey alone.



How the Computer Affects your Health & your Brain

Presented by Dr. Phil Goscienski on Tuesday, February 7, 2023 at 7:00 pm in Prendergast Hall

This is a free event.

Enjoy refreshments and a Q&A after the seminar. Hosted by the Knights of Columbus. **No need to RSVP.**



Super Bowl Sandwiches!!

Back by popular demand! We will have handmade sausage or meatball

sandwiches for Super Bowl Sunday. These delicious and authentic Italian sandwiches will be available for pick up on Sunday, February 12th, from 9:00 am-12:30 pm in Prendergast Hall. First come first served and no preordering necessary. Each sandwich sells for \$8. Proceeds will go to Knights of Columbus charities.



Walking with Purpose

Walking With Purpose women's bible study now has two options for our winter/spring session - Wednesdays 9:00-10:45 am in CMO Room 1 and Sundays 9:15-10:45 am in the Academy library. We are studying St. Paul's Letter to the Hebrews guided by the book

"Grounded in Hope." No bible study experience necessary. Please join us. Questions - contact Jeanne at jeanne.gromer@gmail.com or (619) 246-6918 (call/text).



Catholic Adult Community

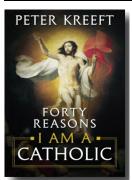
Looking for fun activities to do with other Catholic adults in our Diocese? Check out the calendar of events at the San Diego Catholic

Adult Community (CAC) website, www.sandiegocac.org. There are many events for Young Adults, Adults and Active 60+.



Legion of Mary

Legion of Mary seeks the glory of God through the holiness of its members by prayers, devotions and adoration. Our mission works are Conversion, Conservation and Consolation. Saturdays at 9:00 am in the DeMoor Room. Questions? Contact Yolanda Cazares at josephc4535@att.net, or at (619) 315-5361.



Catholic Doctrines Magisterial Teaching

Due to popular demand, we will continue exploring together in a discussion format, Dr. Peter Kreeft's "40 Reasons I Am a Catholic" on Wednesdays through February 8th. For further information contact Joe Carton: jecarton@gmail.com.



Adult Choir Practice

If you are a singer or instrumentalist and have a willing, generous spirit, then you are qualified to be in one of our choirs. Interested or need more information?

Contact Suzanne Ballon at skennedy@santasophia.org



Children of the Immaculate Heart's 10th Annual Gala

benefiting human trafficking survivors is on February 18th, 2023 from 6:00-9:00 pm at St. Therese of Carmel Catholic Church,

4355 Del Mar Trails Rd., San Diego, CA 92130.

The evening includes appetizers, dinner, dessert, wine, beer, a live band, and a silent auction. **RSVP is** required. Tickets are \$75.00 per person. **To RSVP click on QR Code or call 619-431-5537.**





Facing an Unwanted Pregnancy?

"You are not alone." That's the message from the staff of the pregnancy resource centers and clinics across San Diego and Imperial Counties that is ready to help any woman facing an

unwanted pregnancy — with no judgment. In addition, there is a hotline available 24 hours a day, seven days a week, in English and in Spanish to help women facing a crisis pregnancy: (877) 398-7734. The organization Options for Pregnancy lists resource centers and clinics across the U.S., plus resources: https://optionsforpregnancy.com/



Catholic Daughters of the Americas (CDA)

NEXT MEETING: Thursday, February 16th, 6:30 PM in the CMO

Attention women of the parish, the CDA helps women develop their spirituality and provides avenues of service to live out that spirituality. Come join this amazing sisterhood every 3rd Thursday of the month at 6:00 pm, in the CMO room. For more information, please contact Cristina Stone at (619)204-5286 or tinytune@cox.net.



SHARE YOUR PICTURES WITH US!

We are looking for pictures of parish life to share on our website, social media and bulletins. If you would like to share your pictures of church events, send them to **photos@santasophia.org**. Who

knows, they might make it in our communications.



The Catholic Community from the Diocese of San Diego joins millions of people around the world to pray and fast during the 40 Days for Life Spring Campaign. This campaign is a continuous peaceful prayer vigil for 40 days in front of abortion facilities with the aim to provide recourses to pregnant women in crisis and save babies from abortion.

SPRING CAMPAIGN OPENING CEREMONY Tuesday, February 21st at 5:00 pm

Meet on the sidewalk in front of the East County Urgent Care / FPA, 1625 E. Main Street El Cajon, CA 92020 (It is preferred you park near this area).

Speakers, music, procession to Planned Parenthood with

Most Rev. Auxiliary Bishop Ramón Bejarano, San Diego
Diocese.

Dress comfortably and for the weather Rain or Shine!



AFTER-ABORTION HEALING RETREAT

For catholic women (Catholic-friendly) given by Rachel's Hope on March 10th-12th, 2023, at the

Diocesan Pastoral Center, 3888 Paducah Drive, San Diego. "Not judged, not lectured, just healed." Professionally led and confidentiality maintained. Closing Mass included. Cost \$60; partial scholarships available. Group Size limited. Housing available if needed. For information/registration call Rosemary Benefield (858) 581-3022; text (858) 752-9378 or

email rachels_hope@juno.com.
Visit us on our website: www.RachelsHope.org



Daily Prayer for Priests

Jesus, Lord of the harvest, look with love on this portion of your vineyard. Bless the Diocese of San Diego with more priests to shepherd your people, Priests with hearts like your own. Mary, Mother of the Church, pray for us. Amen

Sun, 2/5-Rev. Raymond Elam, OSA Mon, 2/6-Rev. Msgr. William Elliott Tues, 2/7-Rev. Peter Escalante Weds, 2/8-Rev. Armando Escurel Thurs, 2/9-Rev. Silverio Espenilla, Jr Fri, 2/10-Rev. Damien Evangelista, OSB Sat, 2/11-Rev. Reynald Evangelista

Pray for our Parishioners: If you have a friend or relative who is ill or serving in our military and want their name to be added to our parish prayer lists, please call the parish office at 619-463-6629 or send an email to bulletin@santasophia.org. Names in bold are newly added this week.

- Tyler Poinktera
- Jolynn Jewett
- Bobbie Mattingly
 - Mia Boily
 - Toma Boily
- Issy Camacho
- · Lorraine Sablan

- Nomie Frazzetta
- Tina Sanchez
- Kathy McCoy
- Neil McCoy
- · Esperanza Silva
- Pedro Vaca Silva
- Don Weismann

- Joe Aven
- Neil McCoup
- · Cathy Schoen
- · Medina Prades
- · Helena White
- Theresa Daly
- Joe Frazzetta

Military Service Members

- · Adella F. Ramos Sanchez, USAF
- · WO1 Austin McHalek, USMC
- SSGT Connor O'Gara, USMC
- · Adam Grimm BM2, US Navy
- Cpt. Daniel Cobian, US Navy
- · LCPL John O'Gara, USMC
- · Adrian Sanchez, USAF
- · Sonny Almeida, NG
- · Lt. Martin Howard
- · Brandon K. Beamon 1st Lt USSF

This Week at Santa Sophia Parish

------Monday, February 6

7:00-8:00 am **Confession**-Church

7:00-4:00 pm Chapel Open for Prayer-Children's Chapel

8:00-9:00 am Mass-Church

9:00-12:00 pm Spanish Prayer Group-CMO 1

6:30 -8:30 pm Youth Ministry (High School)-CMO Room 5

7:00-8:45 pm Small Church Communities (Men)-CMO Room 1

7:00-8:45 pm Small Church Communities (Women)-CMO 2-4

7:00 8:30 pm **Equestrian Order Meeting**- Verhoeven Room

-----Tuesday, February 7

8:00-9:00 am **Mass**-Church

8:00-4:00 pm Chapel Open for Prayer-Children's Chapel

7:00-8:30 pm Men's Cursillo-CMO Room 1

7:00-8:30 pm RCIA-CMO Room 4

7:00-9:00 pm Lecture: Dr Phil Goscienski-Prendergast Hall

------Wednesday, February 8

8:00-9:00 am Mass-Church

8:00-4:00 pm Chapel Open for Prayer-Children's Chapel

9:00-10:45 am Walking With Purpose- CMO-1

5:00-6:00 pm Confessions-Church

5:00-6:00 pm **Exposition and Benediction**-Church

6:30-8:30 pm Youth Ministry (Jr High)-CMO Rooms 1 & 5

7:00-9:00 pm Catholic Doctrines-Verhoeven Room

-----Thursday, February 9

8:00-9:00 am Mass-Church

8:00-4:00 pm Chapel Open for Prayer-Children's Chapel

12:00-1:30 pm Seniors Luncheon-DeMoor Room

4:00-5:00 pm Kids Chorale-DeMoor Room

6:30-8:00 pm Adult Choir-DeMoor Room

6:30-8:30 pm Young Adult Ministry-CMO Room 1

------Friday, February 10

7:00-7:45 am **Confession**-Church

7:00-4:00 pm Chapel Open for Prayer-Children's Chapel

8:00-9:00 am Mass-Church

9:00-10:00 am Benediction - Church

7:00-8:30 pm AA Group Meeting-Verhoeven Room

-----Saturday, February 11

9:00-11:00 am Legion of Mary Meeting— DeMoor Room

4:30-5:30 pm Mass (Vigil)-Church

-----Sunday, February 12

7:45-12:45 pm Child Care-Church Nursery

8:00-9:00 am Mass-Church

9:00-12:30 pm Coffee & Donuts - Prendergast Hall

9:00-2:00 pm **Super Bowl Sandwich Sale**-Prendergast Hall

9:15-10:45 am Walking with Purpose-School Library

9:30-12:00 pm Liturgy of the Word (Children)-Verhoeven Rm

11:00-12:00 pm Mass-Church

11:15-12:00 pm RICA-CMO Room 4

988 SUICIDE & CRISIS

Call 9-8-8 for help

Experiencing a **mental health crisis** and want to talk to someone?

Dial 9-8-8 and be connected directly to trained professionals with no busy signals and no hold time.

Information Directory

Sacraments: For First Communion and Confirmation classes, please contact Michelle Leyva at the Catechetical Ministry Office at (619) 463-6011 for more information.

Sacrament of Reconciliation: Wednesday: 5:00 pm-6:00 pm, and by appointment; call Georgene Kruzel at the parish office at (619) 463-6629.

Baptism: Please contact Michelle Leyva at (619) 463-6011 for Baptism preparation information. Parents are encouraged to begin the preparation process before their child is born.

Quinceañera: Please contact Georgene Kruzel at the parish office at (619) 463-6629 before setting the date, time, and location of your Quinceañera.

Adult/Child Religious Formation: Please contact Michelle Leyva at the Catechetical Ministry Office at (619) 463-6011 for more information.

Matrimony: Please contact Georgene Kruzel at the parish office before setting the date, time and location of your wedding. In the Diocese of San Diego, couples should plan on a ninemonth (minimum) period of marriage preparation.

Anointing of the Sick: The First Saturday of every month, after the 4:30 pm Mass, and by appointment. In an emergency call the parish office at (619)-463-6629.

Funerals: Please contact Georgene Kruzel at the Parish office at (619) 463-6629.

Bulletin Submission Policy: Bulletins are sent to the publisher on Wednesday mornings. Submissions are due on Mondays, two weeks before the bulletin is published and must be approved by Father Corey. For suggestions, corrections or more information regarding the weekly bulletin, contact Josie at bulletin@santasophia.org.



Santa Sophia is a Safe Place

The Santa Sophia Safe Place Team provides information about resources for people affected by abuse. IN AN EMERGENCY, call 911. The hotline at 211 can also be a great help in providing information and resources when you have a specific concern.



Reporting Sexual Abuse

The diocese of San Diego treats all allegations of sexual misconduct by clergy or Church personnel seriously and deals with them in a prompt, confidential manner. To report sexual misconduct by clergy or Church personnel, including abuse please

call Mary Acosta at (858) 490-8353 or email misconduct@sdcatholic.org. Situations of recent or ongoing sexual abuse should be reported to local law enforcement.



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