

# February 18, 2024 - First Sunday of Lent

# St. Elizabeth Ann Seton Church 800 Portion Road Lake Ronkonkoma, NY 11779

Phone #631-737-4388; Website: steas.org

Email: steas@optonline.net

## **PARISH STAFF**

#### **PASTOR**

Fr. Allan Sikorski

# **PARISH OFFICE**

631-737-4388

# (OFFICE CLOSES AT 4PM JULY & AUGUST)

Mon to Thurs 9:30AM to 12:30PM; 1:30PM to 5:00PM CLOSED Friday Lori Marando, Business Manager Maria Dickes, Receptionist/Secretary

# RELIGIOUS FORMATION OFFICE 631-737-8915

# (OFFICE CLOSES AT 4PM JULY & AUGUST)

Mon. to Thur. 9:30AM to 12:30PM; 1:30PM to 5:00PM CLOSED Friday Briana Maggio, Director of Faith Formation

# PARISH OUTREACH OFFICE 631-737-4416 (BY APPOINTMENT ONLY)

(OFFICE CLOSES AT 4 PM JULY & AUGUST)

Tues. & Thurs. 1:30PM to 4:30PM CLOSED Friday

#### MUSIC DIRECTOR

Theresa Saxe

#### FINANCE COMMITTEE

Donna Singer - Chairperson
John McElhone - Trustee
John Romaine - Trustee
Robert Penn - Committee Member
Christina Akl - Committee Member
Cindi Sanna - Committee Member

#### MASS SCHEDULE

Saturday Evening 5:00 PM

Sunday 9:00 AM, 11:00 AM

Weekday Monday to Thursday - 9:00 AM

Holy Day As Announced

#### **DEVOTIONS**

## Rosary

Monday to Thursday after 9:00 AM Mass

**Miraculous Medal Novena** 

Monday after the 9:00 AM Mass

Our Mother of Perpetual Help Novena

Tuesday after the 9:00 AM Mass

St. Joseph Novena

Wednesday after the 9:00 AM Mass

## **SACRAMENTS**

#### **CONFESSION**

Saturday at 4:00 PM or at other posted times.

#### **BAPTISM**

Visit our website at <u>www.steas.org</u> for information and follow the instructions. It is highly recommended that this be done during the pregnancy.

#### **MARRIAGE**

Couples must make arrangements for their wedding at least 6 months in advance. \*\*\*Please secure your wedding date at the Church before reserving a reception date\*\*\*

Marriage preparation is required for every couple. Visit our website at <a href="https://www.steas.org">www.steas.org</a> for information.

#### ANOINTING OF THE SICK

Is offered to Parishioners who are seriously ill or in danger of death. Please call early in the illness of a loved one to arrange for the Sacrament.

## **NEW MEMBERS (RCIA)**

Anyone interested in becoming a member of the Catholic Church is invited into the Rite of Christian Initiation of Adults Process (RCIA). We also invite baptized persons who wish to receive Eucharist and Confirmation to become part of this process.

The Parish Office is closed Monday, February 19th in observance of President's Day. The Parish Office will reopen on Tuesday, February 20th at 9:30 AM.



# WEEKLY SACRIFICE FOR THE PARISH

### THIS YEAR

2/4/2024

Regular Sunday: \$5,647.00

Attendance: 586

## **LAST YEAR**

2/5/2023

Regular Sunday: \$5,620.00

Attendance: 370

Please remember to support your parish in these difficult times. We need you now more than ever. Donations can be mailed in or online through our website at www.steas.org. Thank you & God Bless.

# Remember A Loved One Memorial Donations Available for:



Announced Masses Bread & Wine - 1 week Flowers - 1 week



7 Day Sanctolite Candle - 1 week Altar Candles - 1 month Charcoal - 1 month

Contact the Parish Office to reserve your memorial.



# This Sunday, February 18th

9:00 AM - People of the Parish,
Anthony Scarfone, Melinda Mandler, David Ortiz,
For the intentions of Tony Alberico
11:00 AM - Michael A. Sharadin

Monday, February 19th 9:00 AM - Cornelius F. Griffin

Tuesday, February 20th 9:00 AM - George Blessington

Wednesday, February 21st
Saint Peter Damian, Bishop and Doctor of the Church
9:00 AM - Eleanor Guzzino

Thursday, February 22nd
The Chair of Saint Peter the Apostle
9:00 AM - The intentions of Lana Maggio

# Friday, February 23rd

Saint Polycarp; Bishop and Martyr9:00 AM - Millie & Donald Lipp6:30 PM - Confessions7:00 PM - Stations of the Cross

Saturday, February 24th 5:00 PM - Ralph & Ann Cirone

# Next Sunday, February 25th

**9:00 AM** - People of the Parish, Melinda Mandler **11:00 AM** - Michael A. Sharadin, Mary Diaz

## Tax Receipts Request For 2023 Donations

If you would like a tax receipt to show your 2023 donations, please call the Parish Office at 631-737-4388 to request a tax receipt. A receipt will not be sent unless one is requested. Thank you.

# February 18, 2024 - First Sunday of Lent

# **Fridays of Lent**

9:00 AM Mass 6:30 PM Confessions 7:00 PM Stations of the Cross Congratulations to the following young parishioners that received Honor Roll certificates for the Second Quarter at St. Anthony's High School.

Elizabeth Crispo Madyson Gavilanes Mayson Gavilanes Giovanni Massaro Aidan O'Sullivan

# 16th ANNUAL SUPER DAILY BONANZA DRAWING \$25 Winners

Sunday, 2/11/24 #11852 Monica McEleney Monday, 2/12/24 #09685 Justin Perrotta Tuesday, 2/13/24 #05692 Cathy Wurtz Wednesday, 2/14/24 #05637 M.J. Ratzsch Thursday, 2/15/24 #09806 Chris Friday, 2/16/24 #02369 Thomas & Paula Romano Saturday, 2/17/24 #08043 Bill & Jo Mongan

# **CONGRATULATIONS!!**

Payments are mailed to winners on the following Thursday after results are posted in bulletin.

# 16th Annual Super Daily Bonanza Drawing began June 1st and will end until May 31, 2024.

We will draw a winning ticket number daily. The owner of that ticket will win the prize for that day. Then the ticket will be put back into the drum for the next drawing, giving you another opportunity to win.

NAME		
PHONE		
ADDRESS		
Number of Tickets	\$25.00=	
5 for \$100.00=	TOTAL =	

Please mail your check to: St. Elizabeth Ann Seton Church, 800 Portion Rd, Lake Ronkonkoma, NY 11779

# **SAVE THE DATE**

MARCH 9<sup>TH</sup> – ST. PATRICK'S DAY DANCE
MARCH 21<sup>ST</sup>- CATHOLIC HEALTH BUS

MARCH 22<sup>ND</sup> – CONCERT BY MEMBERS OF MUSIC MINISTRY
APRIL 20TH - KOFC SPRING NIGHT AT THE RACES
MAY 19<sup>TH</sup> – CHINESE AUCTION
AUGUST 18TH - KOFC PARISH BBQ
SEPTEMBER 14TH - CAR SHOW
OCTOBER 19TH - OKTOBERFEST DANCE
NOVEMBER 9TH - KOFC FALL NIGHT AT THE RACES
DECEMBER 1<sup>ST</sup> – CHRISTMAS CRAFT FAIR

(CHECK THE BULLETIN FOR UPDATES)

# REMINDER

# **SNOW CLOSINGS FOR MASS**

For snow or severe weather during the week days, we follow the Sachem SD schedule.

Tune into News12 or WALK FM Radio. If Sachem SD is closed, there will be no Mass that day.

If severe weather happens on the weekend and Mass needs to be cancelled, call the Parish

Office at 631-737-4388 and the recording will be updated with any cancellations. Thank you.

Or you can sign up with "**REMIND**" for instant notifications by text or email. See website for more information at **www.steas.org**.

# ARE YOU A REGISTERED PARISHIONER?

Many parishioners support St. Elizabeth Ann Seton Parish in the weekly collection and we don't have them listed in our census. We would like to make sure you are given proper credit for your donations. Please fill in the bottom of this page and we will send you a registration card. \*\*You are not automatically registered if you received a sacrament in the parish i.e. Baptism, Confirmation, Matrimony etc.\*\*

NAME	
	PHONE NUMBER
	*** You may also register online at www.steas.org



# **EASTER**

Outreach will be collecting food donations to provide an Easter meal for families in need. Outreach will be collecting the following Easter donations: ham, canned soup, canned pineapple/fruit, instant potatoes, yams, dinner rolls, coffee, tea, cookies, Easter paper napkins/plates, Easter candy and grocery store gift cards. All Easter donations are due by the weekend of March 16th/17th. Please drop donations off at the Parish Office during normal business hours.

**FOOD PANTRY** is in need of: coffee, decaf tea, paper towels, toilet paper, dish detergent, laundry detergent, almond milk, cooking oil, olive oil, canned salmon, cookies, diapers size 6, 3, & 4, desitin & grocery store gift cards

<u>Outreach Volunteers Needed</u> The Outreach program provides food assistance to those in need. If you can offer some time and are able to volunteer <u>during the day</u> Tuesday and/or Thursday from 1:30 PM - 4:30PM, please contact Jeanette by email at: carmenortiz62@yahoo.com.

# PRAYER BLANKET MINISTRY

Meetings are held once a month on Saturdays from 9:30 AM—12:30 PM.

Contact Janice by email: pbministry16@gmail.com.
Come join us!

Whether you are a beginner or an experienced knitter or crocherer, all are welcome! We offer instruction for any wishing to learn or brush up on their skills. Different projects are completed monthly for donation to various causes. For further information, contact the above email. We gladly accept donations of yarn. Thank you for your generosity and support!

FREE Religious Books in the Parish Hall Lobby!



Thank you to Elizabeth & Pat Mauro for donating a bookcase and religious books for parishioners to take home and enjoy.

Come down, take a look and take a book (or two:)

# St. Elizabeth Ann Seton Parish

# BABY BOTTLE CAMPAIGN TO BENEFIT LIFE CENTER OF LONG ISLAND



# REMEMBER TO BRING IN THOSE BABY BOTTLES!

Recently, St. Elizabeth Ann Seton Parish kicked-off their Baby Bottle Campaign to benefit the Life Center.

THIS WEEKEND BRING IN THOSE FILLED BABY BOTTLES:

February 17<sup>th</sup> and 18<sup>th</sup>

The Life Center consults women and men who are experiencing an unexpected pregnancy. They provide free pregnancy test kits, free sonogram referrals, maternity housing with eligibility requirements referrals, medical care referrals, material aid, including car seats, cribs, clothing, diapers, and many other needed baby items.

Remember, all it takes is your change in a baby bottle and a heartfelt prayer to make a <u>BIG, POSITIVE DIFFERENCE</u> for all those we serve.

(Please make checks payable to the Life Center of L.I.)

May every drop of a coin remind you to pray to save a preborn baby from abortion and give a mother the opportunity to hear the gospel of Jesus Christ!

# **Palm Crosses**

The Knights of Columbus will be taking PRE-ORDERS for Palm Crosses after all masses, the weekends of February 10-11 and February 17-18. The cost for each cross is \$12.00. Payment accepted is cash or check and must be made in advance. Crosses will be available for pick up after all masses the weekends of March 2-3 and March 9-10.

Only pre-ordered crosses will be available for pick up. There will be no extras for sale.

Name:	Phone #:
Number of Crosses:	
Total Due:	Paid:

If you have any questions, please contact Pat O'Reilly @ 631-416-2029.





# 2024 St. Patrick's Day Dinner-Dance

<u>Saturday, March 9, 2024</u> <u>6:30 PM - 10:30 PM</u> Dinner Served 6:30 PM - 7:30 PM

Corned Beef and Cabbage
OR ½ Roasted Chicken
(Catered by Lakoma Delicatessen)





# TICKETS \$ 35.00 PER PERSON

Music by DJ Rob and
A presentation of Irish Step Dance by the InishFree School of Dance
50/50 Raffle on the night of the dance
Prize Raffle tickets available when/where dance tickets are sold

Tickets will be sold on the weekend after all masses from February  $10^{th}/11^{th}\,$  to March  $2^{nd}/3^{rd}$ 

OR YOU MAY CONTACT US TO PURCHASE TICKETS AT THE PHONE NUMBERS BELOW.



FOR MORE INFORMATION, PLEASE CALL LARRY REILLY AT (631) 835-7987 MIKE COPPOLA AT (631) 585-0921



Annual Spring Chinese Auction is Sunday May 19th, 2024

Ponations of New Items or Gift Cards needed to fill our raffle baskets!

Prop off at the Parish Office or in the Church Lobby.

(label "Chinese Auction Donation")

Thank you!!





## AT SAINT ELIZABETH ANN SETON

Jesus longs to be with us. He wants to be in a relationship with us! He wants to reside in our hearts and souls. He does that weekly in the Most Holy Eucharist. But while He is waiting for us to come to Him, He resides truly present in the Tabernacles of our churches around the world.

From the moment we enter the threshold of church, we find ourselves in the very presence of God Himself. This why we offer Him the utmost respect by maintaining an atmosphere of prayerful silence. It is not a time to catch up with our parish family and friends. It's not a time for conversation. Waiting for Mass to begin is an opportunity to pray to God, to offer Him our struggles and joys of the week and to prepare our hearts for Mass.

We should also be genuflecting to our Lord in the tabernacle when we enter and exit our pew. We should also bow or genuflect before receiving the Holy Eucharist. The following 15 minutes after receiving Jesus are the most holy minutes of our week. Jesus is present within us and we should be prayerful and adoring of our Lord for those minutes.

Our Level 2 students, who are preparing for their First Holy Communion, created their own tabernacles where Jesus in the Holy Eucharist is waiting for them and for you!







Yours In Christ,

Director of Faith Formation





Saint Jerome said, "Ignorance of Scripture is ignorance of Christ." This is an assignment that our children do each month. Each week, you can learn and pray alongside our students. Choose one of the following Bible verses where Jesus interacts with a person or people, then answer the questions below. Take time to really see how God is speaking to you through this encounter Jesus actually had.

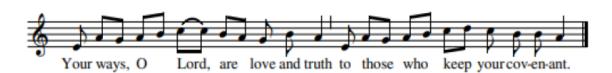
☐ Jesus & possessed man  Matthew 9:32-34  ☐ Jesus & 12 disciples sent mission  Mark 6:6-13	☐ Jesus & stranger  Luke 8:19-21  ☐ Jesus & people re: Good Shepherd  John 10:1-21
What did Jesus say or do?	
How did people respond?	
What can I learn from this response	e?
What was Jesus thinking during th	is encounter?

First Sunday of Lent, Year B, February 18, 2024

# Entrance Antiphon:

When he calls on me, I will answer him; I will deliver him and give him glory, I will grant him length of days.

# Responsorial Psalm



- Your ways, O LORD, make known to me; teach me your paths,
   Guide me in your truth and teach me, for you are God my savior.
- R. Your ways, O Lord, are love and truth to those who keep your covenant.
- 2. Remember that your compassion, O LORD, and your love are from of old.

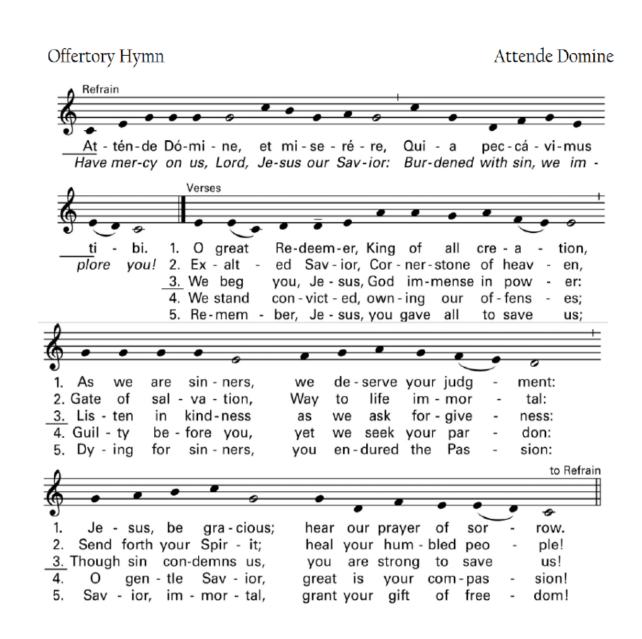
  In your kindness remember me, because of your goodness, O LORD.

- R. Your ways, O Lord, are love and truth to those who keep your covenant.
- Good and upright is the LORD, thus he shows sinners the way.
   He guides the humble to justice, and he teaches the humble his way.
- R. Your ways, O Lord, are love and truth to those who keep your covenant.

# Glory and Praise to You



One does not live on bread alone, but on every word that comes forth from the mouth of God.



# Communion Antiphon:

# The Lord will conceal you with his pinions, and under his wings you will trust.

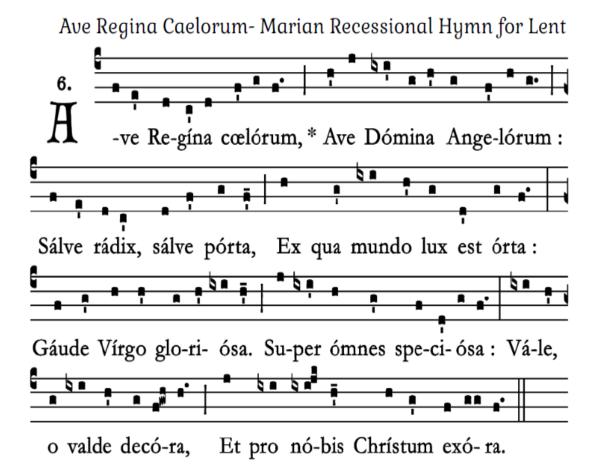
# Communion Hymn-Anima Christi

Soul of my Savior, sanctify my breast, Body of Christ, be Thou my saving guest; Blood of my Savior, bathe me in Thy tide, Wash me with water flowing from Thy side.

O Blessed Jesus, hear and answer me;

Strength and protection, may thy Passion be; Deep in they wounds, Lord, hide and shelter me,

So I shall never, never part from thee. Guard and defend me from the foe malign; In life's last moments make me only thine; Call me and bid me come to thee on high, Where I may praise thee with thy saints for aye.



## Translation:

Hail, Queen of heaven, hail Lady of the angels.

Hail root and gate from which the Light of the world was born.

Rejoice glorious Virgin, fairest of all.

Fare thee well, most beautiful, and pray for us to Christ.

Ave Regina Caelorum is traditionally recited as a recessional prayer beginning after the Feast of Candlemas on February 2 until Wednesday of Holy Week.



# COFFEE with JESUS

# Lenten Series via Zoom

# Join Bishop Andrzej

10:00 am on Friday mornings during Lent:

February 23, March 8 and March 22

Online Lenten Reflections on Scripture Readings, with the special emphasis on the Last Words of Jesus.

Join this great opportunity to prepare and nourish your mind, spirit and heart in preparation for Easter.





To register, please call Suzanne 516-744-6850 or email <u>westernvicariate@drvc.org.</u>

Once you are registered, you will be emailed the ZOOM information prior to each session of this Lenten series.

Our council was honored to host the 2024 Chaplain night for The Suffolk County conference of the Knights of Columbus. Usually, attendance at a Suffolk County conference meeting is 55-60 guests. This event had just over 100 guests! As hosts, we were responsible to provide the repast and fortunately all guests were fed. More importantly, our council was well represented as there were 13 Knights attending and assisting. The meeting was a bit different than normal as there were NY State representatives handing out awards for C&B sales to many councils. There was also a \$10,000.00 C&B winner in attendance! In addition to the C&B recognitions, there were several announcements regarding upcoming events from various councils and NY state. I am very proud of our council for the effort to make this truly a successful night for all in attendance. Thank you to those who assisted. Eugene Cordi, Grand Knight, council 17159.

The Knights of Columbus is the largest Catholic Men's organization in the world! Some of the things we support include the church, Catholic Education, hold food drives to feed the poor, run clothing drives for those less fortunate, just to name a few! Membership is open to any man who is a practicing Catholic and over the age of 18! You can join online by going to kofc.org/join and enter in council 17159 when submitting the application. You can also reach us directly at kofc17159@gmail.com or call/text us at 631-406-9374.

















# St. Elizabeth Ann Seton BLOOD DRIVE

Sunday, February 18 8:45AM-2:45PM

800 Portion Rd., Lake Ronkonkoma



Fellowship Hall



Appointments are preferred but walk ins are still welcome! To sign up scan the QR code, or call 1-800-933-2566, or visit www.nybc.org

Any further questions for medical eligibility please call 1-800-688-0900. If you are having trouble making an appointment call Jennifer 516-310-2382

Please remember to eat, drink, and bring your ID with your name and photo. Appointments are preferred however walk-ins will be welcomed if space permits.

Visit nybc.org/coronavirus for COVID-19 safety protocols.





# Bereavement Support Groups

Four bereavement groups are being offered this spring. These groups are for the newly bereaved and include those who have lost a spouse, parent, sibling, child or partner. Interested individuals should contact the name listed below and a registration form will be mailed to you. There is a one-time \$25 fee to cover the book and materials used in the group.

St. Joseph RC Church (Ronkonkoma) Contact Michele Nappi at 631-588-8456

Tuesdays Mornings,April 9 - June 4th at 10:00 AM to 11:15 AM or Tuesdays Afternoons, April 9—June 4th at 4:00 PM to 5:15 PM

<u>Holy Cross (Nesconset)</u> Contact Kelley Mowat at 631-786-7821 Wednesdays, April 3—May 8th at 1:30 PM to 3:30 PM

<u>St. Joseph the Worker (Patchogue)</u> Contact Luciano Sabatini at 631-823-0552 Thursdays, April 4—May 30th at 11:00 AM to 12:15 PM

If you have any questions, contact Luciano Sabatini via email at lousab@aol.com or at 631-823-0552.



# BUY A BRICK TO PAVE THE WAY TO ST. ELIZABETH ANN SETON'S FUTURE

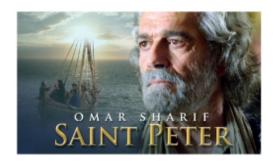
Now is the time to support our church with a donation that will last a lifetime!

# CELEBRATE ~ PARTICIPATE ~ AND START A TRADITION ~ ANNIVERSARY ~ BIRTHDAYS ~ IN HONOR OF ~ GRADUATION ~ IN MEMORY OF...

	ENG	RAVING	INFORM	IATION	
4X9 BRICKS \$150 EACH 3 LINES PER BRICK 14 CHARACTERS PER LINE (SPACES INCLUDED)		9X9 BRICK \$300 EACH 4 LINES PER BRICK 14 CHARACTERS PER LINE (SPACES INCLUDED)			9X13 BRICK \$500 EACH 4 LINES PER BRICK 20 CHARACTERS PER LINE (SPACES INCLUDED)
NUMI	BER OF BRICKS 4	X9 \$150	0X=	TOTAL DUE \$	5
NUMI	BER OF BRICKS 9	X9 \$300	0X=	TOTAL DUE \$	<u> </u>
NUMI	BER OF BRICKS 9	X13 \$500	0X=	TOTAL DUE \$	<u> </u>
	GRAND TOTAL			\$	
	ing information is parate form. Subj				g more than one brick, please <b>v</b> rdingly.)
LINE 1					
LINE 2					
LINE 3					
LINE 4					
METHOD OF PAYMENT CAS	SH OR CHECK MA	ADE PAYABI			IN SETON PARISH IBLE) OR CREDIT CARD
ACCOUNT TYPE:  CARDHOLDER NAME  ACCOUNT NUMBER	E				
EXPIRATION DATE_ BILLING ADDRESS_				SECURITY COD	DE
					<u> </u>
PHONE#					
CONTACT INFORMATION:	NAME				
	PHONE#			CELL#	



# Week of February 18, 2024



# Saint Peter

Watch the epic story of the spread of Christianity during the early years of the Church. This film follows the journey of St. Peter through his martyrdom on a cross.



# The Afterlife | Eternal Rest | Episode 2

What happens after the moment of our death? Once the soul has been separated from the body, then what? What is heaven, hell, and purgatory? This session looks at the truth about what awaits the human person on the other side of death.



# Week One | Restore: Lent with Sr. Miriam James Heidland, SOLT

In the Week One video for the Restore Lent series, Sr. Miriam James Heidland, SOLT, reflects on the theme of the week—the desert. She explains that Jesus is inviting you to move beyond your comfort zone and into the deepest places of your heart with him. It is Jesus who helps you root out the sin, sickness, and self-hatred in your life. Sr. Miriam assures us that we can look to him for comfort, love, and healing.

Our parish has a FORMED subscription. Visit signup.formed.org and select our parish name.



www.cffor.org

# Focus on Religious Freedom

"Religious Socialism, Christian Socialism, are contradictory terms; no one can be at the same time a good Catholic (Christian) and a true Socialist." - Pope Pius XI (1922-1939)

# Warnings from Nine Popes about Socialism and Its Threat to Religious Freedom: Part 1

The word "socialism" and "socialist" are often used in discussions today, but "few people in the modern Western world understand what socialism is" ... or the "traditional Marxist view of socialism." Socialism is not only about caring for the poor and eradicating poverty as many people mistakenly believe. "From **Pope Pius IX** (1846-1878) to **Pope Benedict XVI** (2005-2013), the popes have consistently condemned socialism" as "destructive" and "wicked."

"Socialism, like Communism, advances the view of the state as the supreme authority and inevitably persecutes religion.... Even when the persecution is not blatant or heavy-handed, the belief that the state is higher than the Church leads to innumerable forms of persecution. For example, God is not rightly acknowledged in the public forum, prayer is silenced, morality based on God's laws is ridiculed, taxes are used as coercion, and worship can be prohibited for what the government deems as just cause."

Socialism advances class warfare and the deadly sin of envy. **Pope Leo XIII** (1878-1903) said, "The great mistake is the notion that class is naturally hostile to class and that the wealthy and the working man are intended by nature to live in mutual conflict. So irrational and so false is this view that the direct contrary is the truth ... Each needs the other: capital cannot do without labor, nor labor without capital. Mutual agreement results in the beauty of good order, while perpetual conflict necessarily produces confusion and savage barbarity."

"Too often Christians attracted by Socialism tend to idealize it ... They refuse to recognize the limitations of the historical social movements... Pope Paul VI (1963-1978)

Read more: http://tinyurl.com/3kabjtew http://tinyurl.com/2jdz7496 http://tinyurl.com/9f5pt5an

"We make this pronouncement: Whether considered as a doctrine, or an historical fact, or a movement, Socialism, if it remains truly Socialism, ... cannot be reconciled with the teachings of the Catholic Church because its concept of society itself is utterly foreign to Christian truth." - Pope Pius XI (1922-1939)

The Diocese of Rockville Centre

# GOLDEN WEDDING ANNIVERSARY MASSES

Honoring Couples Married Fifty Years

The Diocese of Rockville Centre would like to honor those couples who celebrated Fifty Years of Marriage in 2024 by inviting them to attend one of the Masses below for a special blessing.

Sunday, April 21, 2024, at 3:00 p.m. The Cathedral of St. Agnes, Rockville Centre Celebrant: Most Reverend Andrzej Zglejszewski Registration must be received by Tuesday, April 16, 2024

Sunday, May 5, 2024, at 3:00 p.m.

Church of Our Lady of Mount Carmel, Patchogue Celebrant: Most Reverend Robert J. Coyle Registration must be received by Tuesday, April 30, 2024

## Register online at dryc-faith.org

For questions, please contact Lisette Robustelli, Associate Director at (516)678-5800 ext. 200 or via email at Irobustelli@drvc.org



#### A CATHOLIC EDUCATIONAL COMMUNITY IN PATCHOGUE





Holy Angels is a child-centered, familysensitive Catholic School. We are dedicated to the development of the whole child: intellectually, spiritually, emotionally, physically, and socially. Our students are challenged to learn, lead, and serve as Jesus taught.



Stop by for a Tour Today!

- holyangelsregional.org Oholyangelspatchoque
- **(631)** 475 0422
- holyangelsregional
- 1 Division St, Patchogue, NY 11772



Tuition-Assistance Scholarships TomorrowsHopeFoundation.org



#### **Suffolk County Department of Health**

# Learn to be... **Tobacco-free program**





#### Free smoking cessation classes 6:00 pm - 7:30 pm

Location: St. Catherine of Siena Hospital Medical Office Building, Lower Level St. Vincent Conference Room 48 Rte. 25A Smithtown, NY 11787

For more information or to register, please call Debora at (631) 853-2928, Wanda at (631) 853-4017 or email debora.rippel@suffolkcountyny.gov



# **Living Healthy Workshop Series**

Wednesdays: March 13, 20, 27, April 3, 10, 17

1:00 - 3:00 pm

St. Catherine of Siena Hospital Medical Office Building

Lower Level St. Raphael Conference Room 48 Route 25A

Feel better—Increase your energy and get relief from pain, fatigue and difficult emotions.

Take control of your life—Helps you do the things you want

Get connected—Learn from others who have similar health and lifestyle issues.

The Living Healthy Workshop Series is a free, peer-led health education program for senior and people with an ongoing health condition. The purpose of the workshop is to enhance one's skills and ability to manage their health and maintain an active and fulfilling lifestyle. The course is facilitated by two trained volunteers, over a six-week period.

Presented by RSVP (Retired & Senior Volunteer Program) of Suffolk and St. Catherine of Siena Hospital.



#### Program includes:

- Program includes:

  Decision-making and problem-solving skills.

  Developing and maintaining a safe, long-term physical activity program.

  Fatigue management.
- Dealing with anger, depression and difficult emotions.
- Cognitive management of pain and stress.
- Communicating effectively with family, friends and health care professionals.
- Using prescribed medication appropriately.
- Healthy eating.
- Making informed treatment
- Planning for future health care





**Family Owned** & Operated Funerals & Cremations Pre-planning Available

"A home where lives are not lost, they are celebrated ForresterFuneralHome.com info@ForresterFuneralHome.com

**Melissa Forrester** Lic. Manager & Owner Tel: 631-732-7832 998 Portion Road 🚺 Ronkonkoma, NY 11779



Looking to buy or sell? Call me today!





631.965.6269

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Client Text: 631.230.1118



Family Owned and Managed Serving the Community Since 1948 **Providing Reasonably Priced Funerals** 631-588-9599 Conveniently Located at LIE Exit 60 231 Hawkins Avenue, Lake Ronkonkoma NY www.iaweberfuneralhome.com



Francis D. Moloney, Jr.

CENTRAL ISLIP arleton Ave. (631) 234-6000

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