

# Saint Elizabeth Ann Seton Church

800 Portion Road, Lake Ronkonkoma, NY 11779-1997



2nd Sunday of Lent  
February 25, 2024

**St. Elizabeth Ann Seton Church**  
**800 Portion Road**  
**Lake Ronkonkoma, NY 11779**

**Phone #631-737-4388; Website: [steas.org](http://steas.org)**  
**Email: [steas@optonline.net](mailto:steas@optonline.net)**

**PARISH STAFF**

**PASTOR**  
Fr. Allan Sikorski

**PARISH OFFICE**  
**631-737-4388**

**(OFFICE CLOSSES AT 4PM JULY & AUGUST)**  
Mon to Thurs 9:30AM to 12:30PM; 1:30PM to 5:00PM CLOSED Friday  
Lori Marando, Business Manager  
Maria Dickes, Receptionist/Secretary

**RELIGIOUS FORMATION OFFICE**  
**631-737-8915**  
**(OFFICE CLOSSES AT 4PM JULY & AUGUST)**  
Mon. to Thur. 9:30AM to 12:30PM; 1:30PM to 5:00PM CLOSED Friday  
Briana Maggio, Director of Faith Formation

**PARISH OUTREACH OFFICE**  
**631-737-4416 (BY APPOINTMENT ONLY)**  
**(OFFICE CLOSSES AT 4 PM JULY & AUGUST)**  
Tues. & Thurs. 1:30PM to 4:30PM CLOSED Friday

**MUSIC DIRECTOR**  
Theresa Saxe

**FINANCE COMMITTEE**  
Donna Singer - Chairperson  
John McElhone - Trustee  
John Romaine - Trustee  
Robert Penn - Committee Member  
Christina Akl - Committee Member  
Cindi Sanna - Committee Member

**MASS SCHEDULE**

Saturday Evening 5:00 PM  
Sunday 9:00 AM, 11:00 AM  
Weekday Monday to Thursday - 9:00 AM  
Holy Day As Announced

**DEVOTIONS**

**Rosary**  
Monday to Thursday after 9:00 AM Mass  
**Miraculous Medal Novena**  
Monday after the 9:00 AM Mass  
**Our Mother of Perpetual Help Novena**  
Tuesday after the 9:00 AM Mass  
**St. Joseph Novena**  
Wednesday after the 9:00 AM Mass

**SACRAMENTS**

**CONFESSION**  
Saturday at 4:00 PM or at other posted times.

**BAPTISM**  
Visit our website at [www.steas.org](http://www.steas.org) for information and follow the instructions. It is highly recommended that this be done during the pregnancy.

**MARRIAGE**  
Couples must make arrangements for their wedding at least 6 months in advance. \*\*\***Please secure your wedding date at the Church before reserving a reception date\*\*\***

Marriage preparation is required for every couple. Visit our website at [www.steas.org](http://www.steas.org) for information.

**ANOINTING OF THE SICK**  
Is offered to Parishioners who are seriously ill or in danger of death. Please call early in the illness of a loved one to arrange for the Sacrament.

**NEW MEMBERS (RCIA)**  
Anyone interested in becoming a member of the Catholic Church is invited into the Rite of Christian Initiation of Adults Process (RCIA). We also invite baptized persons who wish to receive Eucharist and Confirmation to become part of this process.



## *Remember A Loved One* Memorial Donations Available for:



Announced Masses  
Bread & Wine - 1 week  
Flowers - 1 week  
7 Day Sanctolite Candle - 1 week  
Altar Candles - 1 month  
Charcoal - 1 month



Contact the Parish Office to reserve your memorial.



### **This Sunday, February 25th**

**9:00 AM** - People of the Parish, Melinda Mandler

**11:00 AM** - Michael A. Sharadin, Mary Diaz

### **Monday, February 26th**

**9:00 AM** - Helen Bartkowiak

### **Tuesday, February 27th**

*Saint Gregory of Narek, Abbot and Doctor of the Church*

**9:00 AM** - Philip Salvatore

### **Wednesday, February 28th**

**9:00 AM** - Richard Young

### **Thursday, February 29th**

**9:00 AM**

### **Friday, March 1st**

**9:00 AM** - Millie Lipp

**6:30 PM** - Confessions

**7:00 PM** - Stations of the Cross

### **Saturday, March 2nd**

**5:00 PM** - Millie Lipp, Geraldine Catalano,  
John Cione, Kevin Sullivan

### **Next Sunday, March 3rd**

**9:00 AM** - Dominick Scarfone

**11:00 AM** - People of the Parish, Lillian Callahan  
John Cione

## **WEEKLY SACRIFICE FOR THE PARISH**

### **THIS YEAR**

2/11/2024 & 2/18/2024 Attendance: 615 & 546

Regular Sunday: \$11,506.00

Ash Wednesday: \$1,930.00

### **LAST YEAR**

2/12/2023 & 2/19/2023

Regular Sunday: \$11,374.00 Attendance: 420 & 413

Ash Wednesday: \$2,206.00

Please remember to support your parish in these difficult times. We need you now more than ever. Donations can be mailed in or online through our website at [www.steas.org](http://www.steas.org). Thank you & God Bless.

*Altar Candles for the month of March are donated*

*In loving memory of*

*Melinda Mandler*

*Requested by Jessica & R.J.*

**Fridays of Lent**

9:00 AM Mass

6:30 PM Confessions

7:00 PM Stations of the Cross



**Baptism**

*Atlas James Desch*

**16th ANNUAL SUPER DAILY BONANZA DRAWING  
\$25 Winners**

Sunday, 2/18/24 #13823 Shawn R. Fields

Monday, 2/19/24 #09146 Terry Connor

Tuesday, 2/20/24 #00163 Coppola

Wednesday, 2/21/24 #06686 Mildred Curaro

Thursday, 2/22/24 #13708 Laura Gallagher

Friday, 2/23/24 #01606 Linda Hackett

Saturday, 2/24/24 #07304 David Dasilva

**CONGRATULATIONS!!**

*Payments are mailed to winners on the following  
Thursday after results are posted in bulletin.*

**16th Annual Super Daily Bonanza Drawing began  
June 1st and will end until May 31, 2024.**

We will draw a winning ticket number daily. The owner of that ticket will win the prize for that day. Then the ticket will be put back into the drum for the next drawing, giving you another opportunity to win.

NAME \_\_\_\_\_

PHONE \_\_\_\_\_

ADDRESS \_\_\_\_\_

Number of Tickets \_\_\_\_\_ \$25.00= \_\_\_\_\_

5 for \$100.00= \_\_\_\_\_ TOTAL = \_\_\_\_\_

Please mail your check to: St. Elizabeth Ann Seton Church,  
800 Portion Rd, Lake Ronkonkoma, NY 11779

**SAVE THE DATE**

March 9<sup>th</sup> – St. Patrick's Day Dance

March 21<sup>st</sup> - Catholic Health Bus

March 22<sup>nd</sup> – Concert by Members of Music Ministry

April 20<sup>th</sup> - KofC Spring Night at the Races

May 19<sup>th</sup> – Chinese Auction

August 18<sup>th</sup> - KofC Parish BBQ

September 14<sup>th</sup> - Car Show

October 19<sup>th</sup> - Oktoberfest Dance

November 9<sup>th</sup> - KofC Fall Night at the Races

December 1<sup>st</sup> – Christmas Craft Fair

(Check the bulletin for event flyer)

**REMINDER**

**SNOW CLOSINGS FOR MASS**

For snow or severe weather during the week days, we follow the Sachem SD schedule. Tune into News12 or WALK FM Radio. If Sachem SD is closed, there will be no Mass that day.

If severe weather happens on the weekend and Mass needs to be cancelled, call the Parish Office at 631-737-4388 and the recording will be updated with any cancellations. Thank you.

Or you can sign up with "**REMIND**" for instant notifications by text or email. See website for more information at [www.steas.org](http://www.steas.org).



## ARE YOU A REGISTERED PARISHIONER?

Many parishioners support St. Elizabeth Ann Seton Parish in the weekly collection and we don't have them listed in our census. We would like to make sure you are given proper credit for your donations. Please fill in the bottom of this page and we will send you a registration card. **\*\*You are not automatically registered if you received a sacrament in the parish i.e. Baptism, Confirmation, Matrimony etc.\*\***

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY/ZIP \_\_\_\_\_

EMAIL \_\_\_\_\_ PHONE NUMBER \_\_\_\_\_

\*\*\* You may also register online at [www.steas.org](http://www.steas.org)



### EASTER

Outreach will be collecting food donations to provide an Easter meal for families in need. Outreach will be collecting the following Easter donations: ham, canned soup, canned pineapple/fruit, instant potatoes, yams, dinner rolls, coffee, tea, cookies, Easter paper napkins/plates, Easter candy and grocery store gift cards. **All Easter donations are due by the weekend of March 16th/17th.** Please drop donations off at the Parish Office during normal business hours.

**FOOD PANTRY** is in need of: beans, long grain white rice, chicken soup, coffee, decaf tea, paper towels, toilet paper, napkins, dish detergent, laundry detergent, cookies, kid's snacks, diapers size 3, 4, 5, & 6, baby wipes & Stop n' Shop/ShopRite gift cards.

**Outreach Volunteers Needed** The Outreach program provides food assistance to those in need. If you can offer some time and are able to volunteer **during the day** Tuesday and/or Thursday from 1:30 PM - 4:30PM, please contact Jeanette by email at: [carmenortiz62@yahoo.com](mailto:carmenortiz62@yahoo.com).

### PRAYER BLANKET MINISTRY

Meetings are held once a month on Saturdays  
from 9:30 AM—12:30 PM.

Contact Janice by email: [pbministry16@gmail.com](mailto:pbministry16@gmail.com).  
Come join us!

Whether you are a beginner or an experienced knitter or crocheter, all are welcome! We offer instruction for any wishing to learn or brush up on their skills. Different projects are completed monthly for donation to various causes. For further information, contact the above email.

We gladly accept donations of yarn. Thank you for your generosity and support!

FREE Religious Books in the Parish Hall Lobby!



Thank you to Elizabeth & Pat Mauro for donating a bookcase and religious books for parishioners to take home and enjoy.

Come down, take a look and take a book (or two :)



# *2024 St. Patrick's Day Dinner-Dance*

Saturday, March 9, 2024

6:30 PM - 10:30 PM

Dinner Served 6:30 PM - 7:30 PM

**Corned Beef and Cabbage**

**OR ½ Roasted Chicken**

(Catered by Lakoma Delicatessen)

**Beer-Wine-Soda-BYOB-Dessert-Coffee**



**TICKETS \$ 35.00 PER PERSON**

Music by DJ Rob and

A presentation of Irish Step Dance by the InishFree School of Dance

50/50 Raffle on the night of the dance

Prize Raffle tickets available when/where dance tickets are sold

Tickets will be sold on the weekend after all masses from

February 10<sup>th</sup>/11<sup>th</sup> to March 2<sup>nd</sup>/3<sup>rd</sup>

OR YOU MAY CONTACT US TO PURCHASE TICKETS AT THE PHONE  
NUMBERS BELOW.



FOR MORE INFORMATION,  
PLEASE CALL

LARRY REILLY AT (631) 835-7987

MIKE COPPOLA AT (631) 585-0921

Free health screenings

# Mobile Outreach Bus



The Community Outreach team is pleased to offer free health screenings in your community by a Catholic Health registered nurse.



## Services for adults (18 and older):

- Brief cardiac history
- Blood pressure screening
- BMI screening
- Simple blood test for cholesterol and glucose
- Health education
- Referrals as needed
- Resources for those without insurance

**St Elizabeth Ann Seton Church**

**800 Portion Rd**

**Lake Ronkonkoma, NY**

**Thursday 3/21/2024 9 am - 2 pm**

[chsli.org](https://chsli.org)





Annual Spring Chinese Auction is  
Sunday May 19th, 2024

Donations of New Items or Gift Cards  
needed to fill our raffle baskets!

Drop off at the Parish Office or in the  
Church Lobby.  
(label "Chinese Auction Donation")

Thank you!!



# THIS WEEK ON **FORMED**

Week of February 25, 2024



## The Three Temptations with Dr. Brant Pitre

Reflect with Dr. Brant Pitre on the temptations of Jesus in the desert as he gets to the heart of the meaning of Lent.



## The Hour of Our Death | Eternal Rest | Episode 3

The Anointing of the Sick is one of the seven sacraments of the Church. This session, we discover the role of this sacramental anointing in the spiritual struggle during serious illness, the final stages of our temporal life, and the hour of our death.



## Talking Back: Scripture's to Answer Common Fears | Fearless | Episode 3

How can the Word of God help us face fear and win back victory from the Enemy's control? Chris continues his conversation with Fr. Dave Pivonka about how people of faith address fear. Scripture provides concrete ways to wield the power of God's Word against the fear of need, abandonment, vulnerability, condemnation, and more. Unlock the means for the Lord to free you from all fear.

Our parish has a FORMED subscription.  
Visit [signup.formed.org](https://signup.formed.org) and select our parish name.



# Faith Formation

## AT SAINT ELIZABETH ANN SETON

Hopefully your Lenten season has been off to a good start! For our Level 4 and 5 students, they created paper chains to help them with their Lenten Journey. Each day, students can take a loop of their chain and do the challenge for the day. The chain is full of opportunities to pray, fast and give. They also have a wonderful countdown to Easter! Here are some of the challenges they are going to do this Lent:

- Don't play video games today.
- Pray an Our Father for a favorite coach or teacher.
- Pick out some clothes to donate to the poor.
- Say a Glory Be for the Holy Souls in Purgatory.
- Don't complain about anything today.
- Draw a picture of our Lord on the cross.
- Write your own prayer or poem to God.
- Only drink water today.
- Pray an Our Father for the people of the parish,



Pray that they are able to complete all of these challenges and that they grow closer to our Lord during this season. If you can, from now until Easter, pray a Hail Mary each day for our Faith Formation children. That's your new challenge from me!

Yours In Christ,

*Briana Maggio*

Director of Faith Formation







*Saint Jerome said, "Ignorance of Scripture is ignorance of Christ." This is an assignment that our children do each month. Each week, you can learn and pray alongside our students. Choose one of the following Bible verses where Jesus interacts with a person or people, then answer the questions below. Take time to really see how God is speaking to you through this encounter Jesus actually had.*

☐ Jesus & possessed man

**Matthew 9:32-34**

☐ Jesus & stranger

**Luke 8:19-21**

☐ Jesus & 12 disciples sent mission

**Mark 6:6-13**

☐ Jesus & people re: Good Shepherd

**John 10:1-21**

**What did Jesus say or do?**

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**How did people respond?**

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**What can I learn from this response?**

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**What was Jesus thinking during this encounter?**

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Second Sunday of Lent, Year B, Feb 25, 2024

Entrance Antiphon:  
Of you my heart has spoken: Seek his face.  
It is your face, O Lord, that I seek  
hide not your face from me.



I believed, even when I said,  
"I am greatly afflicted."  
Precious in the eyes of the LORD  
is the death of his faithful ones.

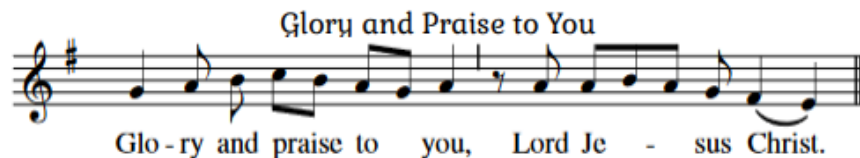
**R. I will walk before the Lord, in the land of the living.**

O LORD, I am your servant;  
I am your servant, the son of your handmaid;  
you have loosed my bonds.  
To you will I offer sacrifice of thanksgiving,  
and I will call upon the name of the LORD.

**R. I will walk before the Lord, in the land of the living.**

My vows to the LORD I will pay  
in the presence of all his people,  
In the courts of the house of the LORD,  
in your midst, O Jerusalem.

**R. I will walk before the Lord, in the land of the living.**




From the shining cloud the Father's voice is heard:  
"This is my beloved Son, hear him."

Offertory Hymn

Attende Domine

Refrain



At - tén-de Dó-mi - ne, et mi - se - ré - re, Qui - a pec - cá - vi - mus  
Have mer - cy on us, Lord, Je - sus our Sav - ior: Bur - dened with sin, we im -

Verses



ti - bi. 1. O great Re-deem-er, King of all cre - a - tion,  
plore you! 2. Ex - alt - ed Sav - ior, Cor - ner-stone of heav - en,  
3. We beg you, Je - sus, God im-mense in pow - er:  
4. We stand con-vict - ed, own - ing our of - fens - es;  
5. Re-mem - ber, Je - sus, you gave all to save us;



1. As we are sin - ners, we de - serve your judg - ment:  
2. Gate of sal - va - tion, Way to life im - mor - tal:  
3. Lis - ten in kind-ness as we ask for - give - ness:  
4. Guil - ty be - fore you, yet we seek your par - don:  
5. Dy - ing for sin - ners, you en - dured the Pas - sion:

to Refrain



1. Je - sus, be gra - cious; hear our prayer of sor - row.  
2. Send forth your Spir - it; heal your hum - bled peo - ple!  
3. Though sin con-demns us, you are strong to save us!  
4. O gen - tle Sav - ior, great is your com - pas - sion!  
5. Sav - ior, im - mor - tal, grant your gift of free - dom!

Communion Antiphon:

This is my Beloved Son with whom I am well pleased: Listen to Him.

Communion Hymn-O God of Loveliness

- |   |  |
|---|--|
| 1. O God of loveliness, O Lord of Heaven above,<br>How worthy to possess my heart's devoted love.<br>So sweet Thy countenance, so gracious to behold<br>That one, one only glance to me were bliss untold.                | 3. To think Thou art my God—O thought forever<br>blest!<br>My heart has overflowed with joy within my breast.<br>My soul so full of bliss, is plunged as in a sea,<br>Deep in the sweet abyss of holy charity. |
| 2. Thou art blest Three in One, yet undivided still,<br>Thou art the One alone, whose love my heart can fill<br>The heav'ns and earth below were fashioned by<br>Thy Word,<br>How amiable art Thou, my ever dearest Lord. | 4. O Loveliness supreme, and Beauty infinite,<br>O ever flowing Stream and Ocean of delight,<br>O Life by which I live, my truest Life above,<br>To Thee alone I give my undivided love.                       |



## Ave Regina Caelorum- Marian Recessional Hymn for Lent

6.  

 Ave Re-gí-na cœlórum,\* Ave Dómina Ange-lórum :  
 Sá-lve rá-dix, sálve pó-rta, Ex qua mundo lux est órta :  
 Gáude Ví-r-go glo-ri- ó-sa. Su-per ó-mnes spe-ci- ó-sa : Vá-le,  
 o valde decó-ra, Et pro nó-bis Chrístum exó-ra.

Translation:

*Hail, Queen of heaven, hail Lady of the angels.  
 Hail root and gate from which the Light of the world was born.  
 Rejoice glorious Virgin, fairest of all.  
 Fare thee well, most beautiful, and pray for us to Christ.*

*Ave Regina Caelorum* is traditionally recited as a recessional prayer  
 beginning after the Feast of Candlemas on February 2 until Wednesday of Holy Week.



[www.cffor.org](http://www.cffor.org)

## Focus on Religious Freedom

*"Socialism (is) the most bitter enemy of Christian principles."  
Pope Benedict XV (1914-1922)*

### Warnings from Nine Popes about Socialism and Its Threat to Religious Freedom: Part 2

The Catholic Church has condemned Socialism in all its forms - so-called Christian Socialism as well as atheistic Socialism - without exception. But why? What is the error of socialism?

**Pope John Paul II (1978-2005)** said, "The fundamental error of socialism is ... (it) considers the individual person simply as an element, a molecule within the social organism, so that the good of the individual is completely subordinated to the functioning of the socio-economic mechanism." However, Christianity holds the belief that each individual must be free to assume responsibility for his own choices. Jesus came to save each person individually and not a collective called "people."

In 1891, **Pope Leo XIII (1878-1903)** wrote, "It is clear that the main tenet of socialism, community of goods, must be utterly rejected, since (it is) directly contrary to the natural rights of mankind and would introduce confusion and disorder into the commonweal." Socialism advances the error that private property is not a human right but can be taken away from individuals by the state and given to others.

**Pope Pius XI (1922-1939)** explained, "Just as it is gravely wrong to take from individuals what they can accomplish by their own initiative and industry and give it to the community, so also it is injustice and a grave evil to assign to a higher association (big organization or government) what a lesser and subordinate association (local organizations or government) can do."

"No Catholic could subscribe even to moderate socialism (since) Socialism is founded on a doctrine of human society which ... takes no account of any objective other than that of material well-being. It proposes a form of social organization which aims solely at production; it places too severe a restraint on human liberty," wrote **Pope John XXIII (1958-1963)** in his 1961 encyclical *Mater et Magistra*.<sup>1</sup>

Read more: <http://tinyurl.com/3kabitew> <http://tinyurl.com/2jdz7496> <http://tinyurl.com/9f5pt5an>

**"The state which would provide everything, absorbing everything into itself, would ultimately become a mere bureaucracy incapable of guaranteeing the very thing which the suffering person- every person – needs: namely, loving, personal concern."**

- Pope Benedict XVI (2005-2013)

LENT 2024 | Reflect. Repent. Restore.

Week of February 25th — March 2nd

Daily Inspiration for Your Lenten Journey

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>February 25</b> Second Sunday of Lent "This is my beloved Son. Listen to him." (Mark 9:7)	<b>February 26</b> "We need to listen to Jesus. Lent is a time of grace to the extent that we listen to him as he speaks to us." (Pope Francis, Message for Lent 2023)	<b>February 27</b> After dinner, pray a decade of the Rosary for those who feel unwelcomed, unheard, and unloved.	<b>February 28</b> "Often when people commit deeds of injustice, they act together. In the same way, when they repent they help one another, so that, freed from sin by the grace of Christ, they may work together with all people of good will for justice and peace in the world." ( <i>Order of Penance</i> , no. 5)	<b>February 29</b> On this "extra" day of the year, make a list of all the good things that God has given you and say a prayer of thanksgiving for God's loving care.	<b>March 1</b> Prayerfully discern ways that you can give to others by sharing your time, treasure, and talent.	<b>March 2</b> If possible, apologize to someone you have hurt or offer forgiveness to someone who has hurt you.

For full 2024 Daily Lent Reflection Calendar go to: [www.usccb.org/lent](http://www.usccb.org/lent)



## **BUY A BRICK TO PAVE THE WAY TO ST. ELIZABETH ANN SETON'S FUTURE**

*Now is the time to support our church with a donation that will last a lifetime!*

**CELEBRATE ~ PARTICIPATE ~ AND START A TRADITION ~ ANNIVERSARY ~  
BIRTHDAYS ~ IN HONOR OF ~ GRADUATION ~ IN MEMORY OF...**

### **ENGRAVING INFORMATION**

4X9 BRICKS \$150 EACH  
3 LINES PER BRICK  
14 CHARACTERS PER LINE  
(SPACES INCLUDED)

9X9 BRICK \$300 EACH  
4 LINES PER BRICK  
14 CHARACTERS PER LINE  
(SPACES INCLUDED)

9X13 BRICK \$500 EACH  
4 LINES PER BRICK  
20 CHARACTERS PER LINE  
(SPACES INCLUDED)

NUMBER OF BRICKS 4X9      \$150X\_\_\_\_\_ = TOTAL DUE \$\_\_\_\_\_

NUMBER OF BRICKS 9X9      \$300X\_\_\_\_\_ = TOTAL DUE \$\_\_\_\_\_

NUMBER OF BRICKS 9X13      \$500X\_\_\_\_\_ = TOTAL DUE \$\_\_\_\_\_

GRAND TOTAL      \$\_\_\_\_\_

(Please be sure your engraving information is spelled correctly. If you are sponsoring more than one brick, please use a separate form. Subject matter reviewed and approved accordingly.)

\_\_\_\_\_  
LINE 1

\_\_\_\_\_  
LINE 2

\_\_\_\_\_  
LINE 3

\_\_\_\_\_  
LINE 4

**METHOD OF PAYMENT CASH OR CHECK MADE PAYABLE TO: ST. ELIZABETH ANN SETON PARISH  
(TAX DEDUCTIBLE) OR CREDIT CARD**

ACCOUNT TYPE:      ☐ VISA      ☐ MASTER CARD      ☐ AMEX      ☐ DISCOVER

CARDHOLDER NAME\_\_\_\_\_

ACCOUNT NUMBER\_\_\_\_\_

EXPIRATION DATE\_\_\_\_\_ SECURITY CODE\_\_\_\_\_

BILLING ADDRESS\_\_\_\_\_

CITY\_\_\_\_\_ STATE\_\_\_\_\_ ZIP CODE\_\_\_\_\_

PHONE#\_\_\_\_\_ CELL#\_\_\_\_\_

**CONTACT INFORMATION:**    NAME\_\_\_\_\_

ADDRESS\_\_\_\_\_

PHONE#\_\_\_\_\_ CELL#\_\_\_\_\_

### Bereavement Support Groups

Four bereavement groups are being offered this spring. These groups are for the newly bereaved and include those who have lost a spouse, parent, sibling, child or partner. Interested individuals should contact the name listed below and a registration form will be mailed to you. There is a one-time \$25 fee to cover the book and materials used in the group.

St. Joseph RC Church (Ronkonkoma) Contact Michele Nappi at 631-588-8456

Tuesdays Mornings, April 9 - June 4th at 10:00 AM to 11:15 AM or Tuesdays Afternoons, April 9—June 4th at 4:00 PM to 5:15 PM

Holy Cross (Nesconset) Contact Kelley Mowat at 631-786-7821

Wednesdays, April 3—May 8th at 1:30 PM to 3:30 PM

St. Joseph the Worker (Patchogue) Contact Luciano Sabatini at 631-823-0552

Thursdays, April 4—May 30th at 11:00 AM to 12:15 PM

If you have any questions, contact Luciano Sabatini via email at lousab@aol.com or at 631-823-0552.

Sign up for  
the **free**  
weekly diocesan  
E-Newsletter

Subscribe today!



[www.drvc.org/  
newsletter](http://www.drvc.org/newsletter)

POWERED BY OFFICE OF COMMUNICATIONS  
DIOCESE OF ROCKVILLE CENTRE



## The Diocese of Rockville Centre GOLDEN WEDDING ANNIVERSARY MASSES

Honoring Couples Married Fifty Years

The Diocese of Rockville Centre would like to honor those couples who celebrated Fifty Years of Marriage in 2024 by inviting them to attend one of the Masses below for a special blessing.

**Sunday, April 21, 2024, at 3:00 p.m.**

The Cathedral of St. Agnes, Rockville Centre  
Celebrant: Most Reverend Andrzej Zglejszewski  
Registration must be received by Tuesday, April 16, 2024

**Sunday, May 5, 2024, at 3:00 p.m.**

Church of Our Lady of Mount Carmel, Patchogue  
Celebrant: Most Reverend Robert J. Coyle  
Registration must be received by Tuesday, April 30, 2024

Register online at [drvc-faith.org](http://drvc-faith.org)

For questions, please contact Lisette Robustelli, Associate Director at (516)678-5800 ext. 200 or via email at [lrobustelli@drvc.org](mailto:lrobustelli@drvc.org)



A CATHOLIC EDUCATIONAL COMMUNITY IN PATCHOGUE



Holy Angels is a child-centered, family-sensitive Catholic School. We are dedicated to the development of the whole child: intellectually, spiritually, emotionally, physically, and socially. Our students are challenged to learn, lead, and serve as Jesus taught.

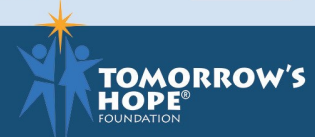


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Suffolk County Department of Health

## Learn to be... Tobacco-free program



Date	Details
Class 1, March 18	Program overview
Class 2, March 25	Tobacco additives
Class 3, April 8	Pam Laffin video presentation
Class 4, April 15	The physical, psychological & habitual
Class 5, April 22	Creating support systems
Class 6, April 29	Relapse prevention
Class 7, May 13	Reunion class

**Free smoking  
cessation classes  
6:00 pm – 7:30 pm**

Location:  
St. Catherine of Siena Hospital  
Medical Office Building, Lower Level  
St. Vincent Conference Room  
48 Rte. 25A  
Smithtown, NY 11787

For more information  
or to register, please call  
Debra at (631) 853-2928,  
Wanda at (631) 853-4017 or email  
[debra.rippel@suffolkcountyny.gov](mailto:debra.rippel@suffolkcountyny.gov)



Program website including list of new classes:  
[www.suffolkcountyny.gov/health](http://www.suffolkcountyny.gov/health)

## Living Healthy Workshop Series



**Wednesdays: March 13, 20, 27,  
April 3, 10, 17**

**1:00 – 3:00 pm**

St. Catherine of Siena Hospital  
Medical Office Building  
Lower Level  
St. Raphael Conference Room  
48 Route 25A  
Smithtown, NY

**Feel better**—Increase your energy and get relief from pain, fatigue and difficult emotions.

**Take control of your life**—Helps you do the things you want to do each day.

**Get connected**—Learn from others who have similar health and lifestyle issues.

The Living Healthy Workshop Series is a free, peer-led health education program for seniors and people with an ongoing health condition. The purpose of the workshop is to enhance one's skills and ability to manage their health and maintain an active and fulfilling lifestyle. The course is facilitated by two trained volunteers, over a six-week period.

Presented by RSVP (Retired & Senior Volunteer Program) of Suffolk and St. Catherine of Siena Hospital.

**Program includes:**

- Decision-making and problem-solving skills.
- Developing and maintaining a safe, long-term physical activity program.
- Fatigue management.
- Dealing with anger, depression and difficult emotions.
- Cognitive management of pain and stress.
- Communicating effectively with family, friends and health care professionals.
- Using prescribed medication appropriately.
- Healthy eating.
- Making informed treatment decisions.
- Planning for future health care needs.



Please register at (631) 870-3444

There is no cost to attend, but we ask that you participate for the full six weeks.





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