2022-2023

Level 2 Faith Formation

SAINT ELIZABETH ANN SETON CHURCH

Welcome to Faith Formation!

BUILDING FAMILIES OF FAITH

I am so excited to begin this year with you, helping to form the faith lives of your children and to lead them closer to our Lord. This year I am going to challenge you and your family to grow deeper in faith together. Living a life of faith starts in the home. I want to help uplift you each step of the way. At times it won't be easy. I will call you to deeper participation and holiness. I want to help give you and your children an authentic, Catholic life. After all, this is not our permanent home. We are all working toward that eternal reward.

This is the time and the place where we need to put in the work. We need to build that relationship with God now. We need to help our children build that foundational relationship with Him first and foremost. There are so many distractions in this world, so many things to do, places to go, and things to get done. But let's do our best to not lose sight of God in all that chaos. Let's work together to make Him our first priority. I can promise you that when you do, your family will be stronger, happier, healthier, and holier. Let's do this together!

Warmly,

Briana Maggio

MY CONTACT
steasdre@optimum.net
(631) 737-8915

Level 2 Expectations

REQUIREMENTS FOR LEVEL 2 COMPLETION

This page contains the required events, assignments, and prayers that your child will need to complete, learn, and attend in order to move forward in their Faith Formation.

KEY ELEMENTS

Weekly Sunday Mass

- Mass attendance is the most important item on this list. It is ***mandatory.*** It is the cornerstone of our faith and will be treated accordingly for our program.

Catechism Class

- One weekly online lesson, done at home with parental assistance.

Blessed

- Bi-weekly in-person classes specifically focused on sacramental preparation.

Formed: Brother Francis

- Watch the designated Brother Francis Episode for the month.
- Submit the corresponding worksheet each month.

Prayers

- 6 prayers that your child needs to know before the end of this year.

Parental Formation

- 3 In-Person Sessions on the Sacrament of the Eucharist for parents to help prepare you to help your children better understand the mystery and importance of this sacrament.

Catechism Class

AT HOME FAMILY LEARNING

Lessons may be completed at your own convenience, on any day of the week you choose. We will review student progress on a monthly basis. **Children need to maintain a cumulative grade of 70% or higher to pass for the year.**

If your child does not pass a quiz and would like to try again, they are allowed a second attempt. Please email steasdre@optimum.net with your child's name and the lesson number you need reset.

Each lesson is broken down into 7 simple steps. To really get the most out of this program, ensure your child completes each step fully.

1. Introduction: Includes the historical background on the topic as well as a clear, concise description of the material to be covered.

2. Opening Prayer: All we do should begin and end in prayer. In the case of these lessons, the prayers are often related directly to the material being studied.

3. Scripture: Our faith is deeply rooted in the Word of God.

4. Church Documents & Catechism References: Various Catholic Catechisms as the writings of the Popes and the saints, give clear instruction and inform us on the Sacred Tradition of the Holy Catholic Faith.

5. Integration: We reflect and integrate Scripture and Tradition by explaining the topic at hand in a way that deepens the understanding of topic beyond what most other programs offer.

6. Activity: An age appropriate activity is included that ranges from coloring or word searches (for younger children) to learning prayers, living out the Faith in a community, or practicing the spiritual or corporal works of mercy (for older children and adults). The Faith must be lived our in practice and we give concrete ideas to do so.

7. Closing Prayer: We begin and end in prayer and make the entire teaching a form of prayer! As Christ Himself taught us, "Pray without ceasing.".

Catechism Class Schedule

LEVEL 2			
✓	**Week of**	**Lesson #**	**Lesson Topic**
	9/25	1	Grace
	10/2	2	Matter & Form
	10/9	3	Sacraments of Initiation
	10/16	4	Baptism
	10/23	5	Confirmation
	10/31	6	Eucharist Part I
	11/6	7	Eucharist Part II
	11/13	8	Eucharist Part III
	11/27	9	Confession Part I: Sin
	12/4	10	Confession Part II: Forgiveness
	12/11	11	Confession Part III: Priests
	12/18	12	Confessions Part IV: How to Go to Confession
	1/1	13	Holy Orders
	1/8	14	Holy Matrimony
	1/15	15	Anointing of the Sick
	1/22	16	Sacramentals
	1/29	17	Vocations
	2/5	18	Prayer
	2/12	19	Our Father
	2/26	20	Sacrifice of the Mass
	3/5	21	Liturgical Year
	3/12	22	Rosary & Prayer
	3/19	23	Cardinal Sins
	3/26	24	Corporal & Spiritual Works of Mercy
	4/16	25	Theological & Moral Virtues

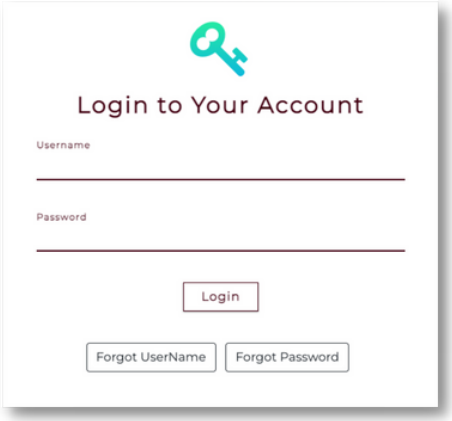
How to Access Your Lessons

ON CATECHISMCLASS.COM

1. Open your web browser and go to catechismclass.com.

2. Click "Log In" at the top of the page.

3. Provide username and password. Each student has been given a separate username and password. The student's username will be his or her first and last name, with the first letter capitalized with no spaces.



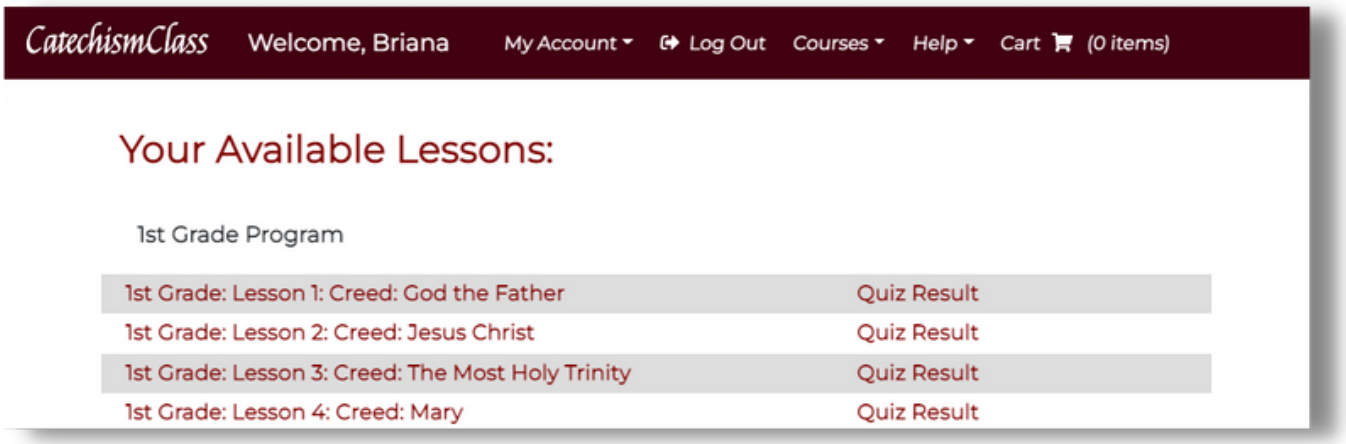
Example: Brianamaggio

The student's password will be the capitalized first initial of their name, last name capitalized, and the number 2020

Example: BMaggio2020

Note: If the student's full name is less than 8 letters long, please call the office to get their proper username.

4. Once you log in to your child's account, you will see a list of lessons that have been assigned to you. These lessons can be accessed any time, on any device. They are yours to keep years into the future.

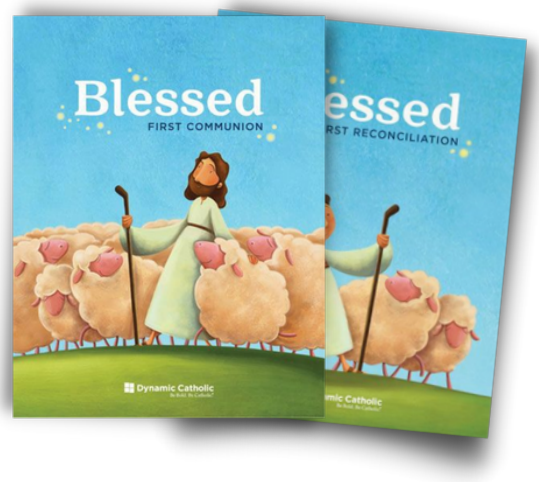


Call the Faith Formation Office at (631) 737-8915 if you experience any issues.

Blessed

SACRAMENTAL PREPARATION

The Blessed Program is a dynamic learning experience, created to help children emotionally connect to these two amazing sacraments. Utilizing animated videos along with a beautifully illustrated workbook, this program was designed to capture children's imagination and opens their eyes to God's incredible dream for their lives. Each section will meet bi-weekly at 4:30pm in the Hall.



CLASS SCHEDULE

✓	Section A	Section B	Lesson	Lesson Topic
Blessed: First Reconciliation				
	10/4	10/5	1	You are Blessed
	10/18	10/19	2	The-Best-Version-of-Yourself
	11/1	11/2	3	God Sent Jesus to Save Us
	11/15	11/16	4	Forgiveness & Healing
	12/6	12/7	5	Your First Reconciliation
	12/20	12/21	6	It's Only the Beginning
Blessed: First Communion				
	1/10	1/11	7	Sunday is Special
	1/24	1/25	8	The Greatest Event on Earth
	2/7	2/8	9	The Word of God
	2/28	3/1	10	The Eucharist
	3/14	3/15	11	Your First Communion
	3/28	3/29	12	God's Family

Brother Francis

FOUND ON FORMED.ORG OR
THE FORMED APP

OCTOBER

- [ ] *Born Into the Kingdom: The Miracle of Baptism (26 mins)*

In this happy presentation, Brother Francis invites us to share in the realities of the Sacrament of Baptism and the union it provides us with God's big family! Filled with instruction and inspiration, "Born into the Kingdom" is a great reminder of God's wonderful grace!

NOVEMBER

- [ ] *The Mass: A Life-Giving Prayer (20 mins)*

Come with Brother Francis as he celebrates the life-changing power of the Mass in this inspirational and instructive presentation!

DECEMBER

- [ ] *Oh Holy Night, The King is Born: What Christmas is About (26 mins)*

Celebrate the wonder and joy of Christmas with Brother Francis in this heartwarming presentation of the birth of God's Son! Witness the moving submission of Mary, Joseph, and others as they make way for our Savior.

JANUARY

- [ ] *Forgiven: The Blessings of Confession (26 mins)*

This joyful presentation reminds old and young alike about the great gift of God's forgiveness through the Sacrament of Reconciliation!

FEBRUARY - WEEK OF ASH WEDNESDAY

Let's Learn About Lent! (10 mins)

Join Brother Francis in this compact presentation of what Lent is all about and how we observe it as Catholics. Great for the whole family!

FEBRUARY

The Bread of Life: Celebrating the Eucharist! (28 mins)

Join Brother Francis in the delightfully inspirational and instructive presentation that teaches children all about the sacrament of the Eucharist!

MARCH

Brother Francis: Stations of the Cross (41 mins)

Join Brother Francis as he follows our Lord on his way to the Cross.

APRIL

He is Risen! The Power of the Resurrection (29 mins)

Join Brother Francis as he celebrates the power and splendor of the Resurrection of Jesus Christ in this moving and instructive animated presentation!

MAY

The Rosary: A Special Way to Pray (24 mins)

Join Brother Francis in this entertaining and guidance-filled presentation that will inspire children to deepen their faith by praying the Rosary!

Brother Francis

My name is _____

Today, Brother Francis taught me about: (circle one)

Baptism **Mass** **Christmas** **Confession** **Eucharist**

Lent **Stations of the Cross** **The Rosary** **Resurrection**

My 3 Favorite Things I Learned in this Episode were...

1.

2.

3.

Learning about our Faith is more fun together! Who watched Brother Francis with you?

Prayers

TO BE MEMORIZED

These six prayers are the starting point for all recited prayer. They build the base of the rosary and should be prayed daily. You should pray these prayers each day in the morning and in the evening. Start your day with your child in prayer, maybe saying them together on the way to school or as a gentle way to wake them up. End each day as you are tucking your children into bed. Ask them what they are thankful for today or who they would like to pray for. Before meals though out the day, be sure to thank God with the Pray Before Meals.

By making prayer a part of your family's daily routine, memorizing these will be easy. Not only is prayer a way for us to connect with God, but it is also a way for parents to connect with their children. Use prayer to grow closer to them!

How to Lead Your Children in Prayer

Begin with the *Sign of the Cross.*

1. Sentence Prayer. You can help your children pray aloud by giving them a sentence to complete, such as:
   a. "Lord, I thank you for ..."
   b. "Lord, forgive me for ..."
   c. "Lord, help my friend ..."
   d. "Lord, help me be more ..."
   e. "Lord, help me to let go of ..."
   f. "Lord, give me the courage to ..."
   g. "Lord, one of the fears I need help with is ..."
2. Highs and Lows. Ask your children what their "highs" were from the day, and then ask them about their "lows" from the day. Share your highs and lows as well, and then pray for them together.
3. Prayer Journal. Share your prayer requests with the other members of your family and then record them in a prayer journal. One person can pray for all the requests you've listed for the day. The next time you pray together, look over the requests you listed previously and update any changes and answers. This is a good way to see how God has been active in your prayer lives.

Then end with the prayers below. You can have them choose which ones they would like to say! Conclude with the *Sign of the Cross*.

My Daily Prayers

Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Our Father

Our Father, Who art in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. Amen.

Hail Mary

Hail Mary, full of grace, the Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

Guardian Angel Prayer

Angel of God, my guardian dear, to whom God's love commits me here, ever this day be at my side, to light and guard, to rule and guide. Amen.

Prayer Before Meals

Bless us, O Lord, and these thy gifts, which we are about to receive, from thy bounty, through Christ our Lord. Amen.

O my God, I am heartily sorry for having offended Thee, and I detest all my sins because of thy just punishments, but most of all because they offend Thee, my God, who art all good and deserving of all my love. I firmly resolve with the help of Thy grace to sin no more and to avoid the near occasion of sin. Amen.

Act of Contrition

Why do we say the Act of Contrition?
It's similar to when you're at fault for hurting a friend and you ask him or her for forgiveness. Usually you explain what you did wrong, ask them to forgive you, and tell them that you'll try to do better going forward.In the Act of Contrition, you're having a similar conversation, but with God. While this seems like a scary prospect, the Sacrament of Penance is the best gift we can ever receive. We know that sin (especially mortal sin) separates us from God and that each time we sin that gap widens. Through His mercy, God offers us a chance to close that gap each time we go to confession, and to be reconciled with Him. Let's break down each part of the prayer:

O my God! I am heartily sorry for having offended You.
In this first line we are stating right away that we have offended God by sinning and that we're not just sorry, but heartily (profoundly) sorry.

I detest all my sins, because I dread the loss of Heaven and the pains of Hell;
Here we're admitting how much we hate our sins because we fear that our actions will lead us to face the pain and darkness of hell rather than the light of heaven.

But most of all because I have offended You, my God, who are all-good and deserving of all my love.
This is the most important line of the prayer. While we at first admit that we're petrified that we'll go to hell for our sins, the number one reason why we should be sorry for our sins is because they offend, hurt, and disappoint our God who deserves nothing but 100 percent of our love and adoration. In another version of the prayer, this line reads: "In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things." The word "choosing" drives home the point that even though a little voice inside our head told us that what we were about to do was wrong, we ignored it and chose to sin anyway.

I firmly resolve, with the help of Your grace, to confess my sins, to do penance, and to amend my life. Amen.
The last line of the prayer is vowing that with the help of God's grace, we'll confess all of our sins, do penance (say a set of prayers or perform charitable acts as suggested by the priest), and make a commitment to not sin again. To never sin again is the ultimate goal—and the hardest part. As long as we are making an honest effort, that's all that God asks.

Presence

THE MYSTERY OF THE EUCHARIST

In order to best prepare our children for the sacraments, our parents need to know them well. For Level 2 Parents, we will focus in on the sacrament of the Eucharist. The Eucharist is the cornerstone of our faith. God desires an intimate union with us. Through these sessions, we will examine the effects of the sacrament and its setting in the Mass, explore the scriptural foundation of the sacrament, and discover the beauty of Holy Communion and the transformative power of the grace God offers us in the sacrament. Attendance is mandatory for at least one parent or guardian.

SESSION 1 : NOVEMBER 3, 2022 @ 7:15PM

God is with Us

When is the last time you sat down to enjoy a meal with your family or close friends—not just to eat food in close proximity to each other, but to bask in each other's presence and grow in love for one another? For most of us, this doesn't happen at a typical meal. But this is the kind of meal God wants to share with us. This is the kind of meal he has prepared for us and invites us to participate in through the Sacrament of the Eucharist.

SESSION 2 - JANUARY 26, 2023 @ 7:15PM

The Story of the Eucharist

God is the Master Storyteller. He authors His great love story not only with words, but with deeds. All of God's mighty deeds throughout history make up one beautiful narrative of salvation, which culminates in the Paschal Mystery. Jesus's teachings and actions throughout his ministry prepare for the moment he offers himself for, and to, each of us, fullling his promise that "My flesh is food indeed, and my blood is drink indeed" (John 6:55).

SESSION 3 - MARCH 23, 2023 @ 7:15PM

Bread for the Journey

Food is one of our most basic needs. We can't live for long without it, and when we are in need of it, our bodies let us know with a hunger that can be nearly impossible to ignore. As indispensable as material food is to our physical life, the Eucharist is even more vital to our spiritual life. God saved the Israelites from starvation in the wilderness by providing manna for them. We need the Eucharist even more than the Israelites needed the manna. It sustains and strengthens us for our life's journey. It is, as Monsignor Ronald Knox once said, "the day's food for the day's march."

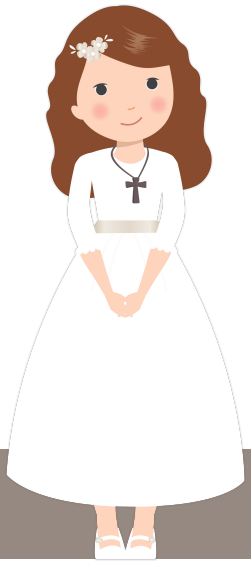
Sacrament Questions

FREQUENTLY ASKED QUESTIONS

COMMUNION ATTIRE

Girls

- A light-colored dress in white or ivory. The dress should be simple with easy cuts and designs, below the knee or longer.
- Shoulders should be covered, so if you choose a dress with thinner straps, please make sure to pair with a sweater.
- White or ivory-colored ankle socks or tights. However, these are entirely optional.
- A veil, if you please. Or any headpiece such as a tiara, flower wreath, or headband.
- Add a white sweater, bolero, or cardigan to the dress if the weather remains cold.
- Gloves are not required. You can certainly get them and wear them for pictures or even during Mass. But they must be off at the time she will be receiving Communion.
- Light-colored flats and dress shoes for the ceremony.



Boys

- A traditional suit, light or dark colored (white, grey, blue, black).
- They should wear a tie.
- Sunday best slacks with jacket, dress shirt and tie also works as well if you don't want to get a suit.
- Nice dress shoes (no sneakers).

COMMUNION PORTRAITS

Professional Portraits with Vanessa Guzzo | April 30th, 2023 at 1pm

- Included in your communion fee are two professional portraits taken in our church. This is an amazing opportunity we started last year that most first communicant don't get!
- As we get closer to the date, you will be assigned a 15 minute time slot for your child's photo. You are more than welcome to bring their dress or suit for them to change into at the church.
- A few weeks after the session, the photographer will send me a gallery link that I will send along to you. You are free to download your child's photos from there at no charge for the digital assets. You can also order professional prints through her website at a discount, but there is no obligation. You can print them wherever you like!

Important Dates

More information about the details of the days will be emailed as these dates approach. But for now, you can add them to your calendars to block off the dates.

COMMUNION REHEARSAL - APRIL 20TH, 2023 AT 4:30PM

FIRST RECONCILIATION - APRIL 29TH, 2023 AT 11AM

FIRST COMMUNION - MAY 6TH, 2023 AT 11AM

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