





rusting in the mercy and love of our Lord, Jesus Christ, who calls us to recognize our own needs as

well as the needs of our global human family, we voice our petitions saying, *Lord*, *hear our prayer*. For Raul and Lilian—whom we meet through CRS Rice Bowl—and for all who lack access to basic services such as education and clean water, that they have opportunities and resources to create positive change for their communities. We pray to the Lord. Visit <a href="https://www.crsricebowl.org">https://www.crsricebowl.org</a> to learn more.

## Abstinence/Fasting/Almsgiving

**Abstinence**—Catholics over 14 years of age are bound to the obligation of abstinence. Abstinence is to be observed on Ash Wednesday and on all Fridays of Lent. On days of abstinence, meat may not be used at all.

Fasting—Catholics over 18 and up to the beginning of their 60th year are bound to the obligation of fasting. Ash Wednesday and Good Friday are the days of fasting. On these days, only one full meal is allowed. Two other meatless meals, sufficient to maintain strength, may be taken according to each one's needs, but together they should not equal another full meal. Eating between meals is not permitted, but liquids, including milk and fruit juices are allowed.

Regarding other weekdays of Lent, participation in daily Mass and the voluntary observance of fasting is recommended.

**Almsgiving**—Commendable, particularly during Lent, is generosity to local, national and world programs of sharing our abundance, the traditional Lenten Devotions and all the self-denial summed up in the Christian concept of "mortification."

## Faith in Action—Let the Almsgiving Begin!



A fter a light dinner, the Confirmation I Class focused their attention on Lent!

As part of this focus, students from both parishes helped fill eggs for the Interfaith Social Services organization of Quincy.

Founded in 1947, Interfaith Social Services is dedicated to improving life for South Shore families and individuals in need, including families in Cohasset and Hull.



As a way to support the food pantry at Interfaith, students' families also donated approximately 25 jars of peanut butter and jelly. Let the almsgiving begin!







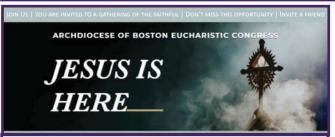
"Bear one another's burdens, and so you will fulfill the law of Christ." (Galatians 6:2)

Stephen Ministry offers a proven and effective way to organize, equip, and supervise a team of congregation members—called Stephen Ministers—to provide high-quality, one-to-one, Christ-centered care to people in the congregation and the community experiencing life difficulties.

As we continue to implement Stephen Ministry in our parishes, our Stephen Ministry Leaders, Paul Croke and Janice Todd, are currently training our first group of 14 Stephen Ministers. They include Elinore Barrett, Jack Riley, Lanier Grassie, Lynn Ferrara, Mary Ernst, Muffy Antico, Pauline Doherty, Rob Mortell, Polly Pyne, Mike Milner, Patty Castillo, Kevin O'Connor, Barbara Lawlor, and Mary Lambert. Please keep them

in your prayers during this time of training.

I continue to work with Paul and Janice to assemble a team of people who will work together to make sure that Stephen Ministry is effective, fruitful, and sustainable in our parishes.—Fr. Scott



Christ By The Sea Collaborative invites you to this daylong faith-filled event, Saturday, June 18, 2022.

Guest speakers include: Cardinal Seán O'Malley, Bishop Robert Barron, Bishop Daniel Flores, Deacon Harold Burke -Sivers and Jackie and Bobby Angel. In addition, Catholic Exhibitors, Eucharistic Adoration and music by Village Lights. Culminating with a procession through Lowell.

Sign-up early and save \$10 (Cost: \$54 until March 31st. \$64 beginning April 1st.) Your choice of lunch is included in the registration fee. Bus transportation will be provided to and from the venue by our collaborative.

For additional information, please contact our Eucharistic Congress Coordinator, Paul Kierce at pkierce@gmail.com.

Ways to Register:

Scan the QR Code with your phone Call Paul Kierce at 781-724-2954 Email Paul Kierce at pkierce@gmai.com Visit http://bit.ly/EC2022Reg



**Fun Fact:** The first Eucharistic Congress in the United States was held in Chicago, IL on June 20-24, 1926. Roughly 400,000 people attended the opening Mass at Soldier Field and a reported 800,000 attended a procession held at the newly established St. Mary of the Lake Seminary.



The Making Music Praying Twice Little Angels program is small group music and movement classes, integrated with faith, for children ages 0-5 with a participating parent, grandparent or caregiver. Not only is adult involvement a best practice for early childhood music education, it is key to truly impacting the religious development of the young child, and bringing whole families deeper into the life of the Church. An introductory series of Little Angels will be offered on 4 Tuesday mornings during Lent, March 15, 22, 29 and April 5th from 9:30 - 10:30 AM, in the parish center in Cohasset. Free CD of program music for each participant!



#### Grow & Go



March 13, 2022 | Second Sunday of Lent

Gn 15:5-12, 17-18 | Phil 3:17-4:1 or Phil 3:20-4:1 | Lk 9:28b-36

Written by THE FAITHFUL DISCIPLE

#### GROW AS A DISCIPLE | PRAY, STUDY, ENGAGE, SERVE

In today's Gospel from Luke, Jesus is transfigured before the disciples: They see a glorious vision of him wearing dazzling white, with a "face changed in appearance," and conversing with Moses and Elijah about the "exodus that he was going to accomplish in Jerusalem." This is in marked contrast to what Luke had recounted just prior to these verses: Jesus' prediction of his suffering and death, and the assertion that his disciples must take up their crosses daily in order to follow him. So it is no surprise that Peter, likely somewhat stunned after being a part of both moments, "did not know what he was saying." Then a cloud passes over and, while they are frightened, they hear God's voice affirm what they have just seen: "This my chosen Son; listen to him." We all experience these extremes - days where all seems lost; others where we feel as though we've had glimpses of heaven. Today's Gospel encourages us to look to Jesus, who has experienced the frailty of humanity and the glory of divinity. Through his suffering, death, and resurrection, we are redeemed, and ultimately - as the disciples glimpsed today - "he will change our lowly body to conform with his glorified body."

#### GO EVANGELIZE

#### PRAYER, INVITATION, WITNESS, ACCOMPANIMENT

Life can bring unexpected joys and disappointments. One day we celebrate a birth; another we grieve the loss of a loved one. We fall in love; we experience broken relationships. Many of us may find ourselves in flux much of the time: Will this pandemic ever end? Will the cancer recur? What's next now that the kids are grown? Today's readings give me great hope in the knowledge that God is with us through all the twists and turns and ups and downs of our lives. Just as God fulfilled his promises to Abraham, God has given us a Savior in Jesus Christ and promises that we will someday share in his glory. To that end, we can strive to ensure that no darkness in our world prevents us from becoming a source of light to others. Jesus and the saints walk before us. We pray, then, for the grace to listen to God's chosen Son, and to "stand firm in the Lord."

**PRAY** Lent is a good time to try a new form of prayer. Do you often pray silently? Try the rosary or spoken prayer. Do you normally pray out loud.? Try centering prayer or another form of quiet or silent prayer, such as *Lectio Divina*.



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Knights of Columbus 440 Nantasket Ave Hull, MA 02045

Tuesday, April 5, 2022 2:00 PM to 7:00 PM



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Come to give April 1-18 and get a Red Cross T-shirt, while supplies last! It's our thanks for being part of our lifesaving team. Your donation can help patients get back in the game this spring!



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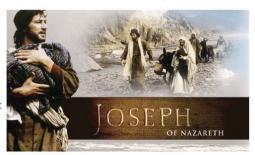
#### PICK OF THE WEEK

March 13, 2022

## VATCH

## JOSEPH OF NAZARETH: THE STORY OF THE MAN CLOSEST TO CHRIST

With this year being consecrated to St. Joseph, we celebrate the feast day of Christ's foster father with even more joy and respect! Enter into the life of this great saint through the movie Joseph of Nazareth!



# Beloved

#### BELOVED - SESSION 4: THE TOTAL GIFT OF SELF

As foster father of Christ and virginal husband of Mary, St. Joseph fully gives himself to both his family and to God. Explore how we can emulate this gift of self in this episode of our Beloved series!

## \_EARN

## **Let Us Pray**

#### **Baptisms**

St. Anthony of Padua

Skylar McPeak Rowan Rose O'Brien

### Repose of the Souls

St. Anthony of Padua

Robert Ciciotte Mary "Paula" Curran

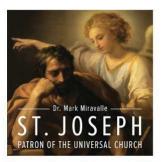
St. Mary of the Assumption

Patricia O'Brien

## ISTEN

## ST. JOSEPH: PATRON OF THE UNIVERSAL CHURCH BY MARK MIRAVELLE

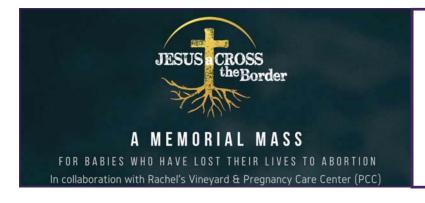
St. Joseph, the holiest of the patriarchs, serves as a model of fatherhood, obedience, chastity, and so many other virtues. Join Dr. Mark Miravelle as he shares incredible lessons found in the hidden life of Joseph.



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Hope & Healing:

Confession, Adoration, Mass, Testimony & Music

Saturday, March 19, 2022

St. Rita Parish
158 Mammoth Road, Lowell, MA
12:00 PM—3:00 PM

Free Parking Reception to Follow

## **MASS INTENTIONS**

#### St. Anthony

#### Saturday, March 12

5:30 PM—Chris Bowker (6th Anniversary)

#### Sunday, March 13

8:30 AM—Bernard Daly

11:30 AM—Joseph Tower (2nd Anniversary) 5:00 PM—For the People of the Parishes

#### Monday, March 14

7:00 AM-Jean Marie Frotten

#### Wednesday, March 16

7:00 AM—Valerian Lobo, Alice Martis Lobo, Simon Lobo, Fr. Francis Lobo, Ann Seguira, All Deceased Members of the D'Sa and Link Families

#### Friday, March 18

7:00 AM—Special Intention

#### Saturday, March 19

5:30 PM—Owen O'Malley and James O'Malley

#### Sunday, March 20

8:30 AM-Nancy MacDonald 11:30 AM—Susan L. Sullivan (1st Anniversary) 5:00 PM—For the People of the Parishes

## Year of the (H) EUCHARIST

"All the good works in the world are not equal to the Holy Sacrifice of the Mass because they are the works of men: but the Mass is the work of God. Martyrdom is nothing in comparison for it is but the sacrifice of man to God; but the Mass is the sacrifice of God for man."—St. John Vianney

#### **DEACON'S BENCH**

"May the Queen of peace preserve the world from the madness of war."—Pope Francis

#### St. Mary

#### Saturday, March 12

4:00 PM—Marie Comeau, Pat Coyne, Patti Dennihan

#### Sunday, March 13

7:00 AM—Margaret Smith 10:00 AM-Vincenzo Stanco

#### Tuesday, March 15

9:00 AM-Richard Long

#### Thursday, March 17

9:00 AM—Patti Dennihan

#### Saturday, March 19

4:00 PM

#### Sunday, March 20

7:00 AM—Jason Mazzeo and Treston O'Hare 10:00 AM—Bernice Jackson



#### St. Anthony of Padua Church 2 Summer Street

Cohasset, MA 02025 Religious Education: 781-383-0630

Music Director: Kathleen Keyes

Religious Education: Adrienne MacCarthy

#### **Mass Schedule:** Saturday: 5:30 PM

Sunday: 8:30 AM and 11:30 AM Sunday Evening 5:00 PM: Sept—May

Weekdays:

Monday, Wednesday and Friday: 7:00 AM

(Holidays Schedule: 8:00 AM)

#### **Adoration & Reconciliation:**

1st & 3rd Monday of the Month at 6:00 PM

No confession on holidays.

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#### St. Ann Church

204 Samoset Avenue Hull, MA 02045

Religious Education: 781-925-5446

Music Director: Daniel Farretta

**Religious Education:** Grades 1-8: Cathy Bowes

**Mass Schedule:** 

Saturday: 4:00 PM

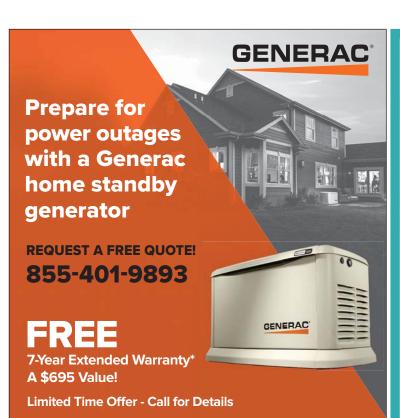
Sunday: 7:00 AM and 10:00 AM

Weekdays:

Tuesday and Thursday: 9:00 AM

Adoration & Reconciliation: 2nd & 4th Monday

of the Month at 6:00 PM. No confession on holidays





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