

CHRISTMAS 2023

PEACE ON EARTH



Church of the Holy Family

1279 N. Great Neck Road, Virginia Beach, VA 23454
757-481-5702 www.holyfamilyvb.org

THE EPIPHANY OF THE LORD

January 6 & 7, 2024

Breviary – Week I – p. 37

PRAY FOR: Roberta Affelt, Michael Alleva, Emma Allshouse, Theresa Andrew, Susana Asercion, Lennie Bano, Maria Basmis, Ron Batdorf, Gerard Beres, Richard Bourdon, John Buford, Freddie Cahoon, Quinn Carpenter, Patrick Causey, Heather Cervantes, Carolyn Collings, Carol Collins, Donald Cortois, Mary Crell, Maureen Cullen, Linda Davis, Tucker Davis, Bill Dempsey, Joanne Deyo and Family, Lucy Dragnich, Michael Eaton, Barbara Evans, Brendan Feeley, Patricia Fogarty, Aretha Francois, Connie Gallacher, Tony Gargano, The Ginley Family, Daniel Girard, Rita Giuffre, Mary Ann Golas, Gail Grabowski, Charlene Gregory, Donna Gottshall, Sister Nancy Healy, George Heath, Russell Heath, Mary Hood, Elston Howard, Theresa Hughes, Billy Jankosky, Jeremy Johnson, Julia Johnson, The Joseph Family, Kristin Judge, Susan Kayota, Emily Kerr, Marianne Krop, Tess and Tony Liene, Jeremy Lopez, Connie Loschi, Susan Neal Matousek, Eila Grace McAlpin, Cheryl McLeskey, Thomas McQuay, Debbie Merritt, Isabel Mickle, L. P. Mickle, Steven Molesky, Shaun Maschue, Sandy Nuzum, Julie Oates, Marilyn O'Donnell, Collin O'Rourke, Cecilia O'Toole, Doug Palczewski, Elenia Pantelidis, Beth Park, Ryan Piotti, Margaret Pisone, Pete Popeck, Margaret Rafferty and Family, Irma Reagan, Daniel Reed, Paul Rehpelz, Kathy Rivet, Kelly Robinson, John Robishaw, Jr., Bob Rodgers, Lou Romano, Mary Romano, Cindy Anna Russo, Dan Ryan, Jr., Jeff Ryan, Frances Sandusky, Marlene Sayers, Sherry Schieno, Valerie Seiberlich, Christian Sleigh, Grace Smith, Carole Solliday, Carol St. Cyr, Mark Staff, Roy and Sue Starrin, Arlene Stepnick, Ann Stern, Gwen Stinard, Mark C. and Catherine Stinard, Dan Stinson, Diane Taylor, Jim Trimble, Tonya Trimble, Suzanne Wassel, Stella Watson, Kai Wescoat, Nancy Wiggins, Emma & Frank Williams, Brianna Willis, Dee Whitley, Emilie Yoder

DAILY SCRIPTURE READINGS

Sunday, January 7: *Epiphany of the Lord (USA):* Is 60:1-6;

Ps 72:1-2, 7-8, 10-13; Eph 3:2-3a, 5-6; Mt 2:1-12

Monday, January 8: *The Baptism of the Lord:* Is 42:1-4, 6-7 or

Acts 10:34-38; Ps 29:1a, 2, 3abc-4, 9b-10; Mk 1:7-11

Tuesday, January 9: 1 Sm 1:9-20; (Ps) 1 Sm 2:1, 4-8; Mk 1:21-28

Wednesday, January 10: 1 Sm 3:1-10, 19-20; Ps 40:2, 5, 7-10;

Mk 1:29-39

Thursday, January 11: 1 Sm 4:1-11; Ps 44:10-11, 14-15, 24-25;

Mk 1:40-45

Friday, January 12: 1 Sm 8:4-7, 10-22a; Ps 89:16-19; Mk 2:1-12

Saturday, January 13: *Saint Hilary, Bishop, Doctor of the Church:*

1 Sm 9:1-4, 17-19; 10:1a; Ps 21:2-7; Mk 2:13-17

Sunday, January 14: *Second Sunday in Ordinary Time:*

1 Sm 3:3b-10, 19; Ps 40:2, 4, 7-10; 1 Cor 6:13c-15a, 17-20;

Jn 1:35-42

PARISH OFFICE HOURS

Monday-Thursday from 9:30 a.m.-4:30 p.m.

Friday from 9:30 a.m.-12:30 p.m.

MASS SCHEDULE

Saturday – 5:30 p.m.

Sunday – 8:15 a.m. and 11:00 a.m.

Saturday Reconciliation – 4:00-5:00 p.m.

Tuesday Evening – 6:30 p.m.

Morning Weekday – 9:30 a.m.

Tuesday through Friday

(11:00 a.m. Mass also Livestreamed)

See Church of the Holy Family Facebook for more information.

BULLETIN PRAYER REQUESTS:

Please call the Parish Office at 481-5702.

EMERGENCY PHONE NUMBERS: If you have an emergency and call the Church Office at 757-481-5702, please follow the directions on the phone as to what number to call for what emergency. Do not call the number listed for the Sacrament of Anointing of the Sick if you need Financial Assistance. There is a separate number for Financial Assistance.

MASS INTENTIONS FOR THE WEEK:

Note: Some Mass Intentions may have had to be moved or changed after the Bulletin was published. We apologize for this inconvenience and appreciate your patience and understanding.

Saturday, January 6: 5:30 p.m.: Holy Family

Sunday, January 7: 8:15 a.m.: Paula McBride +

by Mike & Mary Touralt; 11:00 a.m.: Bobby Stepnick +

by Deacon Bob Durel and Arlene Stepnick

Monday, January 8: No Mass

Tuesday, January 9: 9:30 a.m.: Tam Bryant + by Lan Ballard;

6:30 p.m.: John Joseph McGill + by The O'Rourke Family

Wednesday, January 10: No Intention

Thursday, January 11: 9:30 a.m.: Declan Michael McBride +

by Anne Goldberg

Friday, January 12: 9:30 a.m.: Christine Watt + by Jim Watt

Saturday, January 13: 5:30 p.m.: Margaret C. Kelly +

by Tom & Pat Patterson

Sunday, January 14: 8:15 a.m.: Holy Family; 11:00 a.m.:

Charles Davis + by Deacon Bob Durel and Arlene Stepnick

ONLINE GIVING:



50/50 RAFFLE:

The 50-50 winner (ticket number 110468) has not come forward with their ticket to claim the \$402.00 cash winnings. If it is not claimed

this week, Holy Family will receive the total amount (\$804.00)

If this is the number on your ticket and you haven't already done so, please contact Lani, our Business Manager, in the Parish Office at 757-481-5702.

SERVANT LEADERSHIP TEAM EMAILS:

Fr. René R. Castillo, Pastor – pastor@holyfamilyvb.org or Father.Rene

Rev. Mr. Bob May, Deacon – deacon@holyfamilyvb.org

Brian Alexander, Social Justice Coordinator – socialjustice@holyfamilyvb.org

Abby Causey, Director of Evangelization – doe@holyfamilyvb.org

Sylvia Chapa, Music Director – music@holyfamilyvb.org

Michelle De Rubertis, Early Childhood Coordinator – michelle@holyfamilyvb.org

Laurie Powers, Pastoral Care and Liturgy Support – pal@holyfamilyvb.org

Carla Schneider, Parish Secretary – secretary@holyfamilyvb.org

Mark Stinard, Facilities Director – facilitiesdirector@holyfamilyvb.org

Lani Ulep, Business Manager – businessmanager@holyfamilyvb.org

Marie Wolanin, Christian Formation K-5 Coordinator – k5cf@holyfamilyvb.org

Natalie Wolanin, Evangelization Support – natalie@holyfamilyvb.org

Cindy Girard, Day School Director – dayschoolprincipal@holyfamilyvb.org

Rev. Mr. Bob Durel, Retired Deacon – robertdurel@gmail.com

PARISH PASTORAL COUNCIL: Fr. René Castillo, Pastor; Michelle Rack, Chair; Adam Stephens, Secretary; Bob Breault; Mariann Gannon; Dave Hicks; Connie Loschi; Dorothy Lyons; Lauren McDonough; Christina Neveau-Zepf; Amy Walton; Bella Mlodzinski, Youth Representative. ppc@holyfamilyvb.org.

FINANCE COUNCIL: Fr. René Castillo, Pastor; Steve Winter, Chairperson – swinter@edgewaterasset.com; Rob Wright, Vice-Chairperson – robwright@thalhimer.com; Jay Ly; Ray Micheline; Lani Ulep, Bonnie Volker; Mike Zeiders; and Pat Zogg.

WINTER WEAR CLOTHING DRIVE

The Winter Wear Clothing Drive is underway and will continue through January 31. Please consider donating clothing for men, women, and children (coats, hats, gloves, sweatshirts, scarves, sweaters, shirts, shoes, boots, socks, blankets, towels, toiletries, etc.) to the Church of the Holy

Family, and your Knights of Columbus will see to it that they get distributed to those who badly need our help. The need is great, particularly for men's clothing including work gloves and work boots. If you have any questions, please call Joe Murray at 757-412-0583. Thank You!

MEN OF FAITH:

Men of Faith – Who Are We? Just a group of guys coming together to share our thoughts and feelings about how we can be true to our Faith in this sometimes confusing world.

We meet here at Holy Family on the second Tuesday of each month, at 7:00 p.m., and the third Saturday of each month at 7:30 a.m. For more information, contact Bob Breault at bobbro1938@gmail.com or call 610-360-6070 or Ron Batdorf at ron.batdorf@gmail.com or call 757-739-4414.

**KNIGHTS OF COLUMBUS NEWS**

Council 10804

COUNCIL MEMBERSHIP MEETING

The Knights of Columbus Council 10804 monthly membership meeting is held on the first Thursday of each month. The Rosary will be held at 6:30 p.m. in the Chapel and all parishioners are invited. The members-only business meeting begins at 7:00 p.m. in the Family Room.

“You are born a man, YOU BECOME A KNIGHT!”

We invite all Catholic men 18+ years old to join today.

Visit www.kofc.org/join
and use the promo code **BlessedMcGivney**
for **FREE 12 months of online membership.**

(Please list Council #10804 as your preferred council.)

For more information regarding our Council
or how to join us, contact an officer below:

Grand Knight ~ Charles Clarkson (757-416-2707)
Deputy Grand Knight ~ Joe Murray (757-355-2108)
Chaplain ~ Fr. René Castillo

Knight of the Month: John Costas

Family of the Month: “Mike” Jakubec Family

**ROSARY:**

Please join us every Wednesday evening at 4:00 p.m. to pray the Rosary in the Chapel. This is a wonderful opportunity to pray as a family. We promise to start on time and have you out by 4:30 p.m.

**PRAY FOR OUR ARMED FORCES:**

Please pray for all those in the Army, Navy, Marines, Air Force, and Coast Guard, especially those who are serving in harm's way and facing the forces of violence and weapons of destruction.

WEEKLY OFFERTORY

Budget 2023/2024 is \$1,044,400.00

Our online giving company (Faith Direct) only provides us with total online giving donations twice a month. In order to provide a more accurate depiction of the total contributions being received from parishioners, we will be providing monthly figures in the bulletin.

Make your stewardship easy with e-giving. Have your contribution taken from your bank account or charged to your credit card. See “Online Donation” on the Parish website: <https://holyfamilyvb.org/>. Contact Lani Ulep, Business Manager, in the Parish Office if you have questions.

HOLY FAMILY DAY SCHOOL

757-481-1180

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NATIONAL VOCATIONS AWARENESS:

“For out of you shall come forth a ruler who will shepherd My people.” Is Christ calling you forth out of your comfort zone to serve Him in others as a sister, brother, or priest? Talk to your priest or reach out to the Office of Vocations at 804-359-5661, or via email vocations@richmonddiocese.org.



CHURCH OF THE HOLY FAMILY BEREAVEMENT SUPPORT GROUP

“Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around.”

~ Leo Buscaglia

Grief is the conflicting feelings caused by a change or an end in a familiar pattern or behavior; it is the normal and natural reaction to loss. Our Bereavement Support Group meets Tuesdays at 2:00 p.m. in the Parish Library. If you, or someone you know is grieving, please join us. These meetings will be confidential and held in a safe environment.

PASTORAL CARE FOR THOSE IN THE HOSPITAL:

Are you or a loved one are sick and in the hospital? Would you like to receive communion? If so, please call the Parish Office at 757-481-5702 and leave a message with your name and the best way to contact you. We will make arrangements to accommodate you during your hospital stay.

CREATION CARE CORNER:™

AIR POLLUTION – FIRST OF TWO ARTICLES

Air pollution is one of the most dire environmental problems in the world right now. Constant exposure to it poses incredibly high risks of health issues and premature deaths to the world’s population. The first step in tackling a problem is to have knowledge of the issue at hand. So, here are some breathtaking facts about air pollution.

Less than 1% of global land area has safe air pollution levels. The regions with the highest air pollution levels are Eastern and Southern Asia, followed by Northern Africa. At the other side of the spectrum are Australia and New Zealand, followed by other regions in Oceania and South America. Here, PM2.5 concentrations are the lowest, though they experienced an increase in air pollution levels over the past two decades, driven partly by intensified and prolonged wildfire seasons.

At least 1 in 10 people die from air pollution-related diseases. Air pollution is a leading risk factor for chronic health diseases and premature death. In 2017, air pollution was responsible for an estimated 5 million deaths globally, amounting to nearly 9% of the world’s population. Constant exposure to polluted air increases the risk of coronary and respiratory diseases, stroke, diabetes, and lung cancer. Air pollution-related deaths in South East Asian countries accounted for 15% of deaths globally, while rich nations contributed only to 2%, according to data in 2017 demonstrating a glaring disparity between developed and developing countries.

Air Pollution is a greater threat to life expectancy than smoking, HIV, or war. Air pollution is literally cutting years from the lives of billions of people around the world. It is a rapidly rising threat in Central and West Africa, where the average life expectancy has dropped by 2 to 5 years, making it a larger threat to human health than well-known killers like HIV/AIDS and malaria.

Air pollution has a nearly \$3 trillion economic cost, equivalent to 3.3% of the world’s GDP. A report released by the Centre for Research on Energy and Clean Air in 2020 revealed the human and economic costs of air pollution from fossil fuels. Air pollution related deaths were estimated to have a \$2.9 trillion economic cost and was responsible for 1.8 billion days of work absences.

Climate change increases risks of wildfires and air pollution from it. Extreme weather events and wildfires have become more frequent and intense as a result of climate change. As drought seasons become more prolonged, as well as growing deforestation rates to make way for agriculture development, so do the risks of large-scale wildfires, which release carbon emissions, smog, and pollutants into the air, which can spread across countries and regions.

TO BE CONTINUED IN NEXT WEEK’S BULLETIN

This article was adapted from the article, “10 Facts About Air Pollution That’ll Take Your Breath Away,” written by Olivia Lai and published on *Earth.org* on December 1, 2023

Ed Marroni – Holy Family Environmental Ministry

RCIA

RCIA is short for the “Rite of Christian Initiation of Adults.” RCIA is the normative process where those who are interested in the Catholic Church have a time of discernment about a possible call to full participation in the Catholic faith.

RCIA is open to:

- Those adults who have not been baptized and are spiritually looking
- Those adults who have been baptized in a recognized non-Catholic Christian tradition
- Those adults who were baptized Catholic but have not celebrated Eucharist and Communion

Participating in RCIA does not mean that you **have** to become Catholic, but it does help you discern as to whether God is calling you to join the Catholic Church.

Please contact the Parish Office at 757-481-5702 if you are interested in learning more.

WE INVITE YOU TO JOIN THE TEAM OF EXTRAORDINARY COMMUNION MINISTERS!



Each week as we come forward to receive the Eucharist, we say, “Amen!” to the person who offers us the Consecrated Body and Blood of Jesus Christ! “The Body of Christ, The Blood of Christ!” Is what we hear, and what we believe we receive.

You can join the team of Communion Ministers who help bring this important Sacrament to our “Holy Family” family! Please email Laurie Powers at PAL@hollyfamilyvb.org to express your interest in this essential ministry.

UPCOMING BAPTISM DATES

Baptisms are normally scheduled during weekend Masses on set dates.

January 13/14, 2024

April 27/28, 2024

June 01/02, 2024

Sacramental preparation consists of meeting with the Baptism Coordinator, completing an online Baptism program, and attending an in-person session.

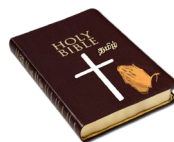
To request Baptism, please go to the parish website. Under the “Our Faith” tab, click “The Sacraments” and then click “Baptism.” There, you will find information about Baptism, as well as the Baptism Request Form: <https://www.hollyfamilyvb.org/baptism-request-form>.

Once your Baptism Request Form is received, the Baptism Coordinator will contact you to schedule an appointment to meet with her and plan the Baptism! Expectant parents are encouraged to reach out around the sixth month of pregnancy, but the unbaptized of all ages are welcome! Feel free to contact Michelle De Rubertis directly with any questions at 757-937-6712 or michelle@hollyfamilyvb.org.



Photo by Josh Applegate on Unsplash

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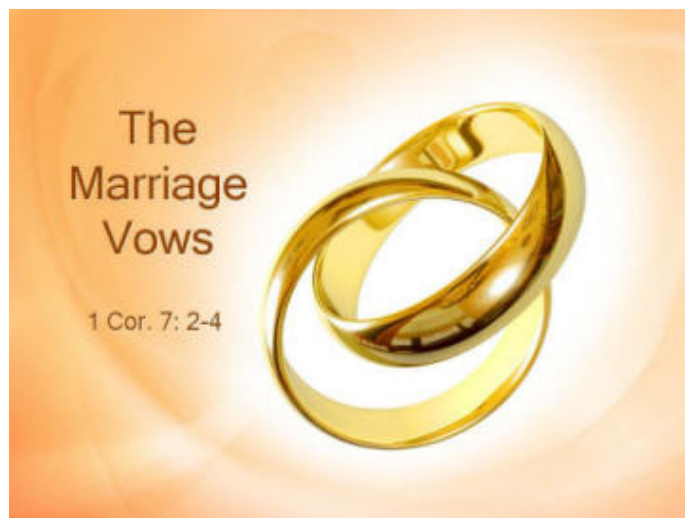
Gift Shop is open before and after each Mass.

FATHER MCGIVNEY GUILD



For those of you who might not have recorded or remembered the website Father René provided to join this guild, here it is again: **fathermcgivney.org**. Should you prefer utilizing a QR code, it is below as well. As Father stated, all Catholics are invited to join for free this thriving community of prayer and spiritual support which promotes the sainthood cause of the founder of the Knights of

Columbus. Be part of Blessed McGivney becoming a Saint by joining the Guild.



MARRIAGE RETREAT

Date: Saturday, February 3, 2024

Time: 9:00 a.m.-3:00 p.m.

Place: Church of the Holy Family

Don't miss this special Retreat!

Child care provided! Register on Flocknote!



PROMOTIONAL ANNOUNCEMENT

“The Lamb of God,” “The Bread of Life,” “The Body and the Blood of Christ”... these are phrases we know from the Mass. But do we understand

what they mean in the greater and deeper context of Scripture and Church teaching?

Adult Faith Formation (AFF) invites you to join us for our Winter program titled “Lectio – Eucharist.” We will dive into a study and look for the Eucharist in the pages of the Old and New Testaments. We will meet on Sundays between the Masses from January 21 through March 24. You can register on the parish website www.holyfamilyvb.org or forms are available at the Welcome Table. Please contact PAL@holyfamily.org for more information.



FUN-TASTIC AUCTION:

Save the date – **Saturday, April 27, 2024!** Watch the bulletin for more information.

There will be an Auction Committee Meeting on Wednesday, January 3, 2024, at Holy Family. If you are interested in helping with our 7th Annual Fun-Tastic Auction, please join us for that meeting.



Save the date: Holy Family Golf Tournament, April 8, at Broad Bay Country Club

Sponsor Contact: Paul Battaglia – 757-285-8609
(seeking sponsors!)

Golf Registration: Charlie Clarkson – 757-416-2707

Raffle Prize Donations: Mike Reda – 757-443-8788
(seeking donations, gift cards, gift appropriate)

🎵 *Christmas Music Notes* 🎵



from Holy Family Music Ministry!

We love praising God through music
With you at Masses!

May you all have a Happy and Blessed Christmas Tide filled
with the Joy of Music!

From:

Cantors, Parish Choir
Teen Singers, Teen Instruments
Children's Choir, Holy Family Ringers
Sylvia Chapa, Director of Music Ministries

*Merry Christmas Break to all you
Music Ministry singers, ringers, & players!*

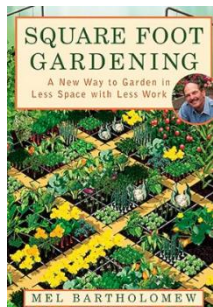
Watch this “Music Notes” column for start dates of
mid-January rehearsals. Until then, we’re taking a break
from weekly rehearsals.

You’ll still see us at all Masses and
we love hearing you sing!



Serving through Music





Lessons Learned by a First Time Composter by Brian Alexander

I have been gardening for at least the past ten years. My garden has grown into ten 4ft by 4ft raised beds. Zucchini, squash, peppers, tomatoes, cucumbers, basil (for pesto), herbs, onions, radishes, and milkweed (for the monarch butterflies) are grown following the guidance of Mel Bartholomew's book "Square Foot Gardening: A New Way to Garden in Less Space with Less Work".

I never ventured into the world of composting. No real reason for not composting, I just never did it. Being a retired earth science teacher, I knew the benefits of composting not only for my garden but also for the planet*. Therefore, when the Environmental Ministry at Holy Family began their composting project, I joined the team of over 40 parishioners who became "composters". Many were first timers like me. I purchased a composting bin. A Utopia Kitchen Compost Bin for Kitchen Countertop-1.3 Gallon Compost Bucket with Lid and Filter to be exact. I also purchased compostable bags from the Holy Family Gift Shop at a cost of \$5 for 30 bags.



Here is what I learned in my three months of composting.

1. Composting is easy. Just place your food scraps into the bin. Once compostable bag is full, drop bag off at Holy Family in the composting bins.
2. My household of two people produces a considerable amount of compostable material. I never realized the amount until we started composting. On any given week, we can collect one or two 2.5-gallon bags of compostable food scraps.
3. I realize the need for a commercial composting facility in Virginia Beach. Imagine how much compostable waste is produced by the 450,000 citizens of Virginia Beach.
4. Composting is clean. I have not had any issues with flies or bugs hanging out around the kitchen compostable.

Visit www.holyfamilyvb.org to learn more or contact Lon Scofield scofvb@verizon.net.

* **Did you know?** Composting not only makes healthier gardens and reduces landfills - it also reduces greenhouse gas emissions. Organic material in a landfill decomposes anaerobically, (without oxygen). When food breaks down without oxygen, it produces greenhouse gases (primarily methane) which escapes and accumulates in the atmosphere, contributing to global warming.

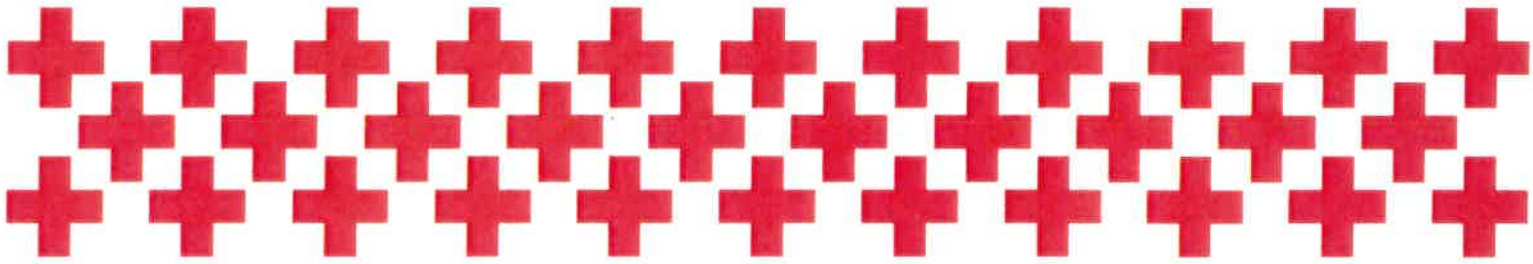
Catholic Social Teaching

On May 15, 1891, Pope Leo announced the encyclical *Rerum Novarum*: Rights, Duties of Capital, and Labor, which marked the beginning of modern Catholic Social Teaching. Pope Leo was responding to the drastic changes that had occurred in the lives of working people since the industrial revolution. Many people moved to the cities, where they lived in squalor and were paid low wages for working long hours. Pope Leo was writing to propose a third way, a **Catholic way**, in between the two extremes of unregulated capitalism and violent communism. Pope Leo rejected the idea of inevitable class warfare, and promoted instead an ethic of solidarity, of working together. He defended the right to private property, noting however that we must "share without hesitation when others are in need" He proclaimed the dignity of work and the worker, who must be paid a living wage and be given safe working conditions and adequate days of rest. He defended the rights of workers to form associations to protect their interests, and he maintained a role for the state to intervene as necessary to secure justice for all parties. Since 1891, the Church has continued to lead the way in proclaiming how the gospel truth should be applied to our social, economic, and political lives. Many popes have elaborated on Catholic Social Teaching as the times have changed.

See future bulletins to learn more about the seven themes of Catholic Social Teaching

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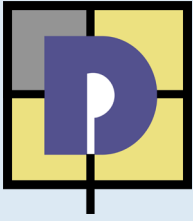
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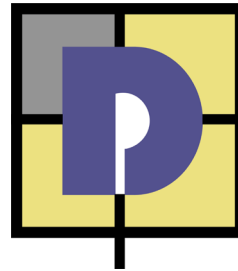


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