



Association of  
Catholic Mental  
Health Ministers

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Mental Health Ministry  
Mission Statement and Goal

Our Mission is to provide an environment where people living with mental illness can meet, share their experiences and their Catholic faith with others, and to grow spiritually closer in their relationship with God. It also supports the parents, family members, and friends of those who are supporting a loved one who is experiencing mental illness by providing assistance in finding educational and other support services to aid in their understanding of mental illness.

Our goal is to provide a place to speak out and be heard in a safe, confidential, and non-judgmental environment, where isolation and stigma dissipate as supportive community is created.