



Association of
Catholic Mental
Health Ministers



CLICKTOPRAY



Pope's Worldwide
Prayer Network

Monthly Mental Health Day of Prayer

December 2022 - Volunteer Not-for-Profit Organizations

We pray that volunteer non-profit organizations committed to human development find people dedicated to the common good and ceaselessly seek out new paths to international cooperation.

December 12, 2022 - Daily Moments

WITH JESUS IN THE MORNING

I welcome today with an open heart. Today is the monthly day of prayer for mental health and Pope Francis' monthly prayer intention is for volunteer non-profit organizations. Many people volunteer in organizations serving those who live with mental illness. Today's Gospel tells how Mary found joy in accepting God's call. We pray that volunteers in mental health organizations joyfully accept their call to serve and "proclaim the greatness of the Lord" by compassionately accompanying people living with mental illness. Our Father ...

WITH JESUS IN THE AFTERNOON

Take a moment to draw your heart nearer to the Heart of Jesus. The Way of the Heart reminds us that Jesus wishes to make his compassion present in the world in and through us. Pope Francis prays this month for volunteer not-for-profit organizations and today is the monthly day of prayer for mental health. May those who volunteer to care for those who suffer with mental illness be encouraged by the Holy Father's words offered in an address to volunteers, "You express one of the most noble desires of the human heart, making a suffering person feel loved." ¹

WITH JESUS IN THE NIGHT

God is with you now as you rest. Be thankful for those who in their daily gestures showed the mercy of Christ to you today. Pope Francis prays this month for volunteer not-for-profit organizations and today is the monthly day of prayer for mental health. Pope Francis said volunteer workers "give shape and visibility to mercy." Ask for forgiveness when you turned your back on organizations that offer mercy to those who suffer with mental illness by thinking "This does not affect me, this is not important to me" and open your heart and offer support tomorrow. "Hail Mary ...

SCHOOL OF PRAYER CARD

Prayer for Mental Health Ministry in the Church

We pray that mental health ministry becomes an integral ministry in the Church that is available in every Catholic parish and community. We pray for the elimination of the stigma and discrimination that people living with a mental illness encounter.

Monthly day of prayer for Mental Health – December 2022

We pray for volunteer not-for-profit organizations that support those who suffer with a mental health disorder. Addressing a conference on mental health, Pope Francis expressed his hope that "the protection of those with

¹ CATECHESIS OF HIS HOLINESS POPE FRANCIS FOR ALL WORKERS OF MERCY AND VOLUNTEERS, Saint Peter's Square, Saturday, 3 September 2016

mental illness will be strengthened ... by promoting associations and voluntary work alongside patients and their families ... so that the warmth and affection of a community is not lacking.” Pray that these organizations ceaselessly seek out new paths to “fully overcome the stigma with which mental illness has often been branded”.

The Association of Catholic Mental Health Ministers (<https://www.catholicmhm.org/click-to-pray>)

SOCIAL MEDIA POST

Pray for Volunteer Not-for-Profit Organizations

“Your presence is the hand of Christ held out to all” - Pope Francis²

BLOG

Title: *Pray for the Association of Catholic Mental Health Ministers*

Press Summary: *This Month Pope Francis prays for Volunteer not-for-profit organizations. The Association of Catholic Mental Health Ministers supports volunteers that accompany those with a mental health disorder.*

Pope Francis has said that we need to “fully overcome the stigma with which mental illness has often been branded and ... ensure that the culture of community prevails over the mentality of rejection.”³ He encourages us to build a community of warmth and affection where they “will find support and a light that opens them up to life.”⁴

Mental health ministry is a new and growing ministry in the Church that is committed to bringing the Pope’s vision to be a healing presence in the lives of people with mental illness. For the parents, family members and friends of people living with a mental illness, mental health ministry provide spiritual support and comfort in their efforts to help their loved ones. Mental health ministry educates and inform people about the issues, struggles and joys that can be found in the lives of people living with a mental illness.

The Association for Catholic Mental Health Ministers (CMHM) is a Lay Association of the Christian Faithful that provides the tools, methods and insights that allow volunteers and parish leaders to confidently minister to people with a mental illness without fear or prejudice. The CMHM works to make mental health ministry an integral ministry in the Church that is available in every Catholic parish and community.

You can learn more about mental health ministry by visiting the CMHM at <https://www.catholicmhm.org>

Deacon Ed Shoener, President
Association of Catholic Mental Health Ministers
<https://www.catholicmhm.org/click-to-pray>

² IBID

³ Message of the Holy Father to the participants in the second National Conference for Mental Health (Rome, 25-26 June 2021)

⁴ Pope Francis Prayer Intention November 2021, The Pope Video—People who suffer from depression