



# Our Lady of Mount Carmel *and* Our Lady of Loreto Parish

37 MASSASOIT ROAD, WORCESTER, MA

Parish telephone: 508-753-5001

Parish fax: 508-754-1537 Rectory: 508-304-9988

Parish e-mail - [clergy@ourladyofloreto.net](mailto:clergy@ourladyofloreto.net)

or [lisaolmc@gmail.com](mailto:lisaolmc@gmail.com)

Parish Website: [www.mtcarmel.ws](http://www.mtcarmel.ws)



## MASS SCHEDULE

Saturday Vigil: 4:00 p.m.

Sunday: 8:00 a.m. and 10:30 a.m.

## DAILY MASS

Monday through Thursday 7:00 a.m.

## HOLY DAY MASSES

Holyday: 7:00 a.m. and 7:00 p.m.

## SACRAMENT OF RECONCILIATION

Saturdays from 2:45-3:30

Or by appointment—please call 508-304-9988  
to schedule.

## SACRAMENT OF BAPTISM

To schedule a baptism please call 508-753-5001

## SACRAMENT OF MATRIMONY

Couples planning to be married should contact the pastor  
at least a year in advance. A program of preparation is  
required for all couples planning to marry in the church. To  
schedule a wedding please call 508-753-5001.

## SACRAMENT OF THE SICK

Please contact the parish office at 508-753-5001

## PARISH REGISTRATION

To become a registered member of the parish, please call  
508-753-5001 or register on-line at [www.mtcarmel.ws](http://www.mtcarmel.ws).

## MINISTERIAL STAFF

**Rev. Msgr. F. Stephen Pedone**, Pastor

[fpedone@charter.net](mailto:fpedone@charter.net)

**Gerald Montiverdi**, Deacon

**Donald Pegg**, Deacon

**Joan D'Argenis**, Director of Religious Education

[joan\\_dargenis@yahoo.com](mailto:joan_dargenis@yahoo.com)

**Maria Sciannameo**, RCIA Director

**Michael Sacco, Joseph Sama** - Finance

**Lisa Fenuccio**, Administrative Assistant

[lisaolmc@gmail.com](mailto:lisaolmc@gmail.com)

**Julia Tufano**, Secretary and Publicity

**David Soares**, Parish Council Chair

**Edward Amorello**, Property Comm. Chair

**Joan Venincasa and Virginia Bailey**, Organists

**Josef Konkol**, Choir Director

**Joseph Godek**, Respect Life Ministry

[jogopapa7@gmail.com](mailto:jogopapa7@gmail.com)

**John Oliver**, Hospitality Ministry and Property Manager

**Patricia Solitro**, Safe Environment Coordinator

**Chester DiLeo**, Coordinator, "Our Father's Bread" Ministry  
to Homebound—[cdileo2@charter.net](mailto:cdileo2@charter.net)

**John Morello**, Grand Knight of the Knights of Columbus

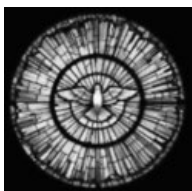
[John.morello@gmail.com](mailto:John.morello@gmail.com)

As a reminder Our Lady of Mount Carmel and Our Lady of Loreto Parish follows the guidelines of the national Charter for the Protection of Children and Young People approved by the US Bishops and the policies of the Diocese of Worcester in screening those who work with children in our care and in helping victims of abuse find healing.

If you or someone you know has been sexually abused by a Church employee or volunteer in the past, please contact The Office for Healing and Prevention at 508-929-4363 (direct line & confidential voicemail). You may also contact Monsignor Pedone, or Deacon Montiverdi at 508-753-5001. If you are concerned about a current case of abuse, please contact the local civil authorities immediately.

All church staff and volunteers must complete a CORI form and complete a Safe Environment Training session. For more information please contact our Safe Environment Coordinator Pat Solitro at 508-753-5001.

**Our Lady of Mt.  
Carmel and Our Lady of  
Loreto Parish  
PRAYER FOR PARISH  
SPIRITUAL RENEWAL**



Lord God, You love us with an everlasting love, and You choose us to share Your love with others. We ask that You rekindle in our hearts a new spirit of faith, of prayer and of reconciliation. Inspire us to search out and find ways of bringing one another closer to You. We pray for all who form our parish community, that we remain faithful to Your teaching, that we remain steadfast in our prayer, both personal and communal, that together with You and the Holy Spirit, our parish may be renewed and transformed. All this we ask in the name of Jesus and through the power of the Holy Spirit. Amen

**Please cut out and pray daily.**

**FAST AND ABSTINENCE**

Lenten fast and abstinence regulations for the Diocese of Worcester are as follows:

- ♦ Abstinence from meat is to be observed by all Catholics fourteen (14) years of age and older on Ash Wednesday, Good Friday and all the Fridays of Lent.
- ♦ Fasting is to be observed by all Catholics who are eighteen (18) years of age but not yet fifty-nine (59) years of age on Ash Wednesday and Good Friday.
- ♦ Those who are bound to fast may take only one full meal. Two smaller meals are permitted if necessary to maintain strength according to one's needs, but eating solid foods between meals is not permitted. Catholics should not lightly excuse themselves from these prescribed Lenten penitential practices.

During the Wednesdays of Lent (except for Ash Wednesday), we will again show episodes from the critically acclaimed series "The Chosen" beginning at 7:00 PM in the parish center followed by a discussion. This proved to be very popular and was well attended last year. Please join us and bring a friend!

**SACRAMENT OF PENANCE**

The confession schedule will be expanded for Lent. Confessions will be heard on Saturdays from 11:00 AM until 12:00 noon and 2:30 to 3:30 PM in the church. There will be a Deanery Communal Penance Service during Holy Week on Tuesday, April 4th beginning at 6:30 PM, at Our Lady of Czestochowa Church, 34 Ward Street, Worcester. Monsignor Pedone and other priests will be available to hear confessions at that time. Confessions can be heard by appointment as well. Please call the parish center at 508 - 753-5001.

**MONDAY, FEBRUARY 20TH, IS PRESIDENTS' DAY, A LEGAL HOLIDAY. PARISH OFFICES WILL BE CLOSED AND THERE WILL BE NO 7:00 AM MASS. HAVE A HAPPY AND SAFE HOLIDAY!**

**FROM THE PASTOR'S DESK**

Dear Friends,

The Season of Lent begins this week with Ash Wednesday, February 22nd. Lent is the season to observe and commemorate the passion, death and resurrection of Jesus Christ, the son of God, our Savior and Redeemer. It is an opportune time to reflect on what it means to be a follower of Christ.

Lent is meant to be a time of repentance. That's not a feeling of shame but an awareness that sin separates us from God and of what it cost Jesus to be reunited with us. Shame has its place, but feeling shame over sin is not the same thing as repentance from sin because our tempter, the devil, can take our obedience to God and turn it into a source of pride.

Lent is a time of inner reflection, self-sacrifice, and self-denial. If something has a grip on you, more than likely, it's become unhealthy. It may or may not be an idol. Lent is an opportunity to grow closer to God, to remember Jesus' life and death, and to focus more on Him and less on ourselves and our busy schedules. Fasting, or abstaining, for certain activities and items in our lives can help us focus on the life and sacrifice of Jesus. Greater intimacy with God is the reward of sacrifice. These 40 days are set aside to praise and worship the Lord; to participate in Mass during the week, as well as on weekends, to take the opportunities to go to confession, to read the Bible more, to pray more often, especially the Rosary. Christians who observe Lent correctly anticipate deeper intimacy with the Lord, which is the blessing; they do not expect rewards such as more favorable answers to prayer or the resolution of health concerns, although many Christians have reported that, following Lent, they experience freedom from long-standing issues.

May this Lent be for you a special and holy time of grace and blessing as we prepare for the great celebration of Easter.

Lenten blessings!  
Monsignor Pedone

**SEASON OF LENT**

**Lent begins with Ash Wednesday on February 22<sup>nd</sup>. Masses will be celebrated at 7:00 AM, 12:15 and 7:00 PM. Ashes will be imposed at all Masses.**

**HOLY HOUR FOR THE EUCHARIST**

Mt. Carmel Parish Knights of Columbus  
Please join us **Tuesday February 28, 6:30 PM** as we Pray a Holy Hour for the Eucharist.  
This special service will include Exposition and Benediction of the Blessed Sacrament, praying the Holy Rosary, followed by a reflection on the real presence of Christ in the Holy Eucharist, including a short video presentation.

**THINK "LENT"**

Guess what? Lent starts this Wednesday!

Isn't it always the way? The Christmas season is behind us and it feels like Ordinary Time has only just begun—

But suddenly it's Ash Wednesday, and we're scrambling to decide what we're doing for Lent and wondering whether our choice of penance is too hard or too easy. This year, don't let Lent take you by surprise—have your plan in place.

**Make a Plan:**

1. **Prayer:** This Lent, try spending at least fifteen minutes in prayer a day. If you already do this, make the Rosary a daily habit. If you already do that, maybe add a Divine Mercy chaplet or a Holy Hour before Jesus in the Blessed Sacrament.

**Give it some thought, and write down your commitment.**

2. **Fasting:** Consider taking on some hard-core fasting. Maybe pick a few more days during Lent to practice the Ash Wednesday/Good Friday fast. Maybe have one or two meals a day on one particular day of the week. Some people manage to do a bread-and-water fast at least once a week. If all this sounds too overwhelming, you can simply stick to the requirements of the Church\* and do them *well*—with your whole heart and soul.

**Give it some thought, and write down your commitment.**

\*On all Fridays, Catholics are requested to abstain from meat. On Ash Wednesday and Good Friday, Catholics between the ages of 18 and 59 (with exceptions for expectant women, for example) are required to fast. We do this by having only one full meal that day and two smaller meals that, added together, do not amount to the full meal.

3. **Almsgiving:** Pray about what alms you can give and to who. Discuss it with Jesus. "Each one must do as he has made up his mind, not reluctantly or under compulsion, for God loves a cheerful giver" (2 Corinthians 9:7). **Give it some thought, and write down your commitment.**

From the **Good Catholic** series

*The Life of Christ*

**PREPARE FOR LENT****What does it mean to Fast?**

To fast is to do without food. Its purpose is to experience the effects of not eating. It also serves to be a penance or a sacrifice—for the purpose of strengthening us. When we don't eat, we get hungry. When we get hungry, we have a heightened sense of awareness. In this state, we are more apt to ask God to purify us and prepare us to pray more deeply.

**What does it mean to Abstain?**

To abstain is to not eat meat on Ash Wednesday and all the Fridays of Lent. Its purpose is to be an act of penance—an act of sacrifice. Of course not eating meat and then having a more enjoyable meal instead would defeat the purpose. Some people do not eat meat so it is not an issue for them. Maybe abstaining from a meal you really want would be a sacrifice.

**Ash Wednesday Blessing**

Merciful God,  
you called us forth from the dust of the earth;  
you claimed us for Christ in the waters of Baptism.  
Look upon us as we enter these Forty Days  
bearing the mark of ashes,  
and bless our journey through the desert of Lent  
to the font of rebirth.

May our fasting be hunger for justice;  
our alms, a making of peace;  
our prayer, the chant of humble and grateful hearts.

All that we do and pray is in the name of Jesus,  
for in his Cross you proclaim your love  
forever and ever. Amen.

*~Catholic Household Blessings & Prayers*

**Mother Teresa.....a Documentary**

In observance of the Lenten Season, our parish Knights of Columbus is sponsoring a special screening of the moving documentary **"Mother Teresa—No Greater Love"**, on

**Sunday, February 26**, in the parish center immediately following the 10:30 Mass.

This unique film, produced by the Knights of Columbus organization, reveals not just who Mother Teresa was, but how her singular vision to serve Christ through the poor is realized to this day, through the religious order she founded, the Missionaries of Charity.

A light luncheon will be served before the showing and there will be a discussion period led by Deacon Don after for those who wish to stay. All are welcome to attend.

For planning purposes, please RSVP, to

John Morello @ 508-414-6362 or

Nino Giamei @ nino613@gmail.com.

**SAVE THE DATE**

The "All-You-Can-Eat" Lenten Porchetta is back!  
**Saturday March 18 immediately following the  
4pm mass**

\$35 pp B.Y.O.B. Entertainment

## RESPECT LIFE MINISTRY

Are you, or anyone you know in need of special care or counseling due to pregnancy, pre or post abortion, domestic abuse or elderly health services. This is a list of some of the local agencies and resources available. They are free and confidential. Elder Service Care programs are covered by most insurances, including Medicare and Medicaid.

Pernet Family Health Services, 508-755-1228.

Visitation House, 508-798-8002.

These agencies provide food, housing, life skill programs, pre and post- natal care, post abortion counseling, and more.

Catholic Charities 508-798-0191

Provides special needs programs for adults 18 and over, emergency stabilization and homeless prevention, men's and women's recovery programs, family shelter, home care, education and senior employment programs, family and adoption services and more.

Clearway Clinic 508-466-6464

Provides pregnancy testing, abortion pill reversal, post abortion counseling, ultrasound services, STI testing and treatment, pre-natal health education and more.

Project Rachel 508-791-7171

Provides post-abortion counseling.

Abby's House 508-756-5486

Provides shelter and affordable housing as well as advocacy and support services to homeless, low income and abused women with or without children.

Problem Pregnancy 508-507-8378

Provides free housing, medical care, ultrasound tests, baby clothes, maternity clothes, cribs, car seats, legal help, prenatal care, life skills counseling, spiritual counseling, vocational help, alternatives to abortion and more.

Summit Elder Services 508-368-9690

Provides all-inclusive care for the elderly including day care, home care, on-site medical staff and transportation to medical appointments

## RESPECT LIFE MINISTRY

The Respect Life Ministry of our parish promotes life from conception to natural death through prayer, education, legislative and pastoral programs.

We are concerned with issues of abortion, physician assisted suicide, euthanasia, the death penalty, end of life issues and bio-ethics.

We have 12 members and always looking for more. It's free and easy. If you have any questions or would like to join us, contact Joe Godek, jogopapa7@gmail.com or Barbara Godek, bgo42aub@gmail.com for more information or questions.

The Respect Life Ministry will be showing the movie "Unplanned" on Sunday, **March 5th at 2:00 PM in the Parish Center.** This is the true story of Abby Johnson, who worked at Planned Parenthood as a Clinical Director until she saw something that changed her life. Parents bring you high school age children. Family and friends are welcome. Free admission and complimentary popcorn and bottled water. Great Lenten event.



## RCIA NEWS

Our Lady of Mt. Carmel & Our Lady of Loreto Parish is happy to welcome two individuals who have been on a faith journey, learning about and/or rediscovering

our Catholic Faith, with other members of our parish, since October.

On Sunday February 26th, our parish will be celebrating the Rite of Sending as we send, Catechumen, **Mylinh Nguyen**, and Candidate, **Brad Germain**, to St. Paul's Cathedral to be received by Bishop Robert McManus and elected to continued conversion in the Catholic Faith. Please continue to keep them in your prayers as they prepare for Baptism, Confirmation and First Holy Communion during our Easter Vigil celebration!

## PASSOVER SEDER

On **Sunday March 26th at 1:00 PM** Rick Annunziata will be hosting a Passover Seder at the Parish Center.

The word Seder means order. The Passover is all about order. There is a particular way of celebrating the feast. It is also filled with symbolism, some of which is part of our modern Mass. More than anything the Passover is ancient, going back 3500 years or more.

Imagine traveling back in time to a Biblical Passover?

We will all have the unique opportunity to see and experience how Jesus fulfilled the feast as we embark on His journey and that of Moses. We will also discuss how the feast still applies to us today!

Space is very limited. If you are interested in attending please reach out to Rick at Rsa06@charter.net

**Ministry Assignments February 25-26**

**February 25 @ 4:00 pm**

**Lector – Joe Godek**

**Ministers – Fran Sena & Nancy Gurgone**

**February 26 @ 8 am**

**Lector - Chris Cook**

**Ministers - Joe Sama**

**February 26 @ 10:30 am**

**Lector—Santina MacGregor**

**Ministers - Maria Sciannameo & Chizoma Nosike**

**Please arrange for a substitute if you cannot fulfill your assignment. Thank you for the good work that you do! If a substitution is made, please contact Julie so the announcement sheets will be correct.**

# MASS INTENTIONS

Saturday, February 18, 2023—4:00 p.m.

**Rita Cenik** (5th Anniversary) by Anna Fenuccio  
**David Sciammacco** (First Anniversary) by Family  
**Fusae Pignataro** (13th Anniversary) by Family  
**Vincenza Cafaro** (7th Anniversary) by Son  
**Felipe Magpily** by the Ortiz Family

Sunday, February 19, 2023—8:00 a.m.

**Michael DelloStritto** by wife Josie and Children  
**Nikki and Joseph Gangai** by daughter Marlene and son-in-law Stephen Perno

Sunday, February 19, 2023—10:30 a.m.

**Anthony and Ursula Toscano** (Birthday Remembrance) by Family  
**Giuliano Taffuri, Giovanna Stellato and Emilio Taffuri** by Daughter

Monday, February 20, 2023—7:00 a.m.

**For the Health of Dan Mioduszezski** by the Flynn Family

Tuesday, February 21, 2023—7:00 a.m.

**The Souls in Purgatory**

Wednesday, February 22, 2023—7:00 a.m.

**Parishioners Intentions**

Wednesday, February 22, 2023—12:15 p.m.

**The People of the Parish**

Wednesday, February 22, 2023—7:00 p.m.

**The Sick of the Parish**

Thursday, February 23, 2023—7:00 a.m.

**Joseph Cianci, Jr.** (8th Anniversary) by Mr. and Mrs. Michael Cianci

Saturday, February 25, 2023—4:00 p.m.

**Marcia DiLeo** (5th Anniversary) by Family  
**Mr. and Mrs. Stephen Giorgio, Frank, Francis and Stephen Giorgio** by Family

Sunday, February 26, 2023—8:00 a.m.

**The People of the Parish**

Sunday, February 26, 2023—10:30 a.m.

**Marco Salerno, Vincenza Cafaro and Doriano Cafaro** by Son

Members of the family requesting a Mass for a loved one, may bring the gifts of bread and wine to the altar. Please make yourselves known to the Hospitality Ministers and position yourselves in a pew that is convenient for you to join the Offertory Procession.



**Please pray for the sick of our parish:** Francis Caffone, Donna Grasseschi, Lori Blackwell, Matteo Fiore, Patrick Loconto, Frank "Butch" Rano, Sylvia Pusateri, Thelma Ortiz, Cynthia Pedone, Roland Dionne, Sue Cozzolino, Anthony & Paul Locantore, Ann Servidio, Joseph Vancelette, Madelyn Martin, Anthony Paldino, Ann Marie Verdolino, Charlene Swalec, Irene Bastardo, Lorrie Tufano, Silvia Cazzaniga, Maxwell Mitchell, Lynn Wagner, Carol Youngstrom, Rudy Aromando, Richard and Rita Sharameta, Cindy Worthington, Beverly DeMarco, George Burton, Charlotte O'Mara, Renate Perry, Angela Vizzo, Jacob Rivera, Stephanie Berthiaume Cowie, Fulvia D'Amico, Dermot Kelly, Margaret Setaro, Isabella Gamble, Melissa Totaro, Nancy Meringolo, Veronika Montiverdi, Nancy Molinari and Joyce Molinari. May the Lord give them strength, courage and healing.

## THIS WEEK OUR SANCTUARY LAMPS ARE DEDICATED TO THE MEMORY OF:

**Vera Sbrogna**

By daughter husband, Gus

**Lorraine Pye**

(Birthday Remembrance)  
By Chuck and Leslie Coffone



## Financial Stewardship

For the week ending February 12, 2023

This bulletin was submitted before financial information for the week ending February 12 was available. This information will appear in next weekend's bulletin.

## Did you know.....

The Liturgical color for Lent is purple, the color of repentance and sin.

The ashes we receive on Ash Wednesday symbolize the dust from which God made us. As the ashes are applied to a person's forehead, the following words are prayed: "Remember that you are dust, and unto dust you shall return."

**PLEASE REMEMBER OUR PARISH IN YOUR  
WILLS, BEQUESTS AND UPON THE DEATH  
OF LOVED ONES FOR DONATIONS.  
MANY THANKS!**

**Upcoming Events**

**Adult Faith Formation** (every Monday - 6:30 pm)  
**Golden Years** (every Tuesday)  
**Knights of Columbus Meeting**—7 pm  
 (every 3rd Wednesday) All men of the  
 Parish are welcome to attend.

February 22—**ASH WEDNESDAY**  
 February 26—**First Sunday of Lent**  
 February 26—**Rite of Sending (RCIA Candidates)**  
 February 26—**"Mother Teresa—a Documentary"**  
 February 28—**Holy Hour for the Eucharist**  
 March 5—**Film "Unplanned"**  
 March 18—**Lenten Porchetta Dinner**  
 March 19—**St. Joseph Feast Day**  
 March 25—**Annual Catholic Men's Conference @**  
**Assumption University**  
 March 26—**Passover Seder**  
 March 26—**Confirmation Commitment Sunday**  
 April 1—**First penance**  
 April 6—**Holy Thursday**  
 April 7—**Good Friday**  
 April 8—**Holy Saturday**  
 April 9—**Easter Sunday**  
 May 7—**First Holy Communion**

**OPEN HOUSE**

The Golden Years Club is always welcoming new members. Please come and socialize, make some new friends, and see some old ones. **Join us for an Open House on Tuesday, February 28, 2023.**

The Club meets every Tuesday at the Our Lady of Mount Carmel and Our Lady of Loreto Parish Center (located behind the church) every Tuesday from 10:00 am – 2:00 pm. The Parish Center is handicap accessible with no stairs and easily accessible restrooms.

We enjoy a 50/50 raffle, bingo, and card games weekly. Also Holiday parties, Paper Sales, Bake Sales, and Cookouts throughout the year. We honor our deceased club members with a Memorial Mass in May in the chapel in the Parish Center.

There is also a Visiting Nurse who comes once a month and will check vital signs, review medications, etc. along with a flu shot clinic annually.

The Golden Years Club proudly supports the Friendly House Food Bank, Pernet Family Health and The Be Like Brit Foundation.

**VENERINI ACADEMY**

Venerini Academy is accepting students from Pk-3 to 8th grade. We have rolling enrollment for this academic year. Visit our website at [veneriniacademy.com](http://veneriniacademy.com) or contact Mary Sivo at 508-753-3210.

**Worcester Diocesan Catholic Men's Conference:**

Saturday, March 25, beginning at 8:00 am at Assumption University, Worcester.

**Tickets:** Adult \$50 (after March 3 or at the door \$65)  
 Student \$30 (anytime)

Lunch is included with all tickets.

Visit <https://catholicmenwore.com> for list of speakers and more information.

**Cursillo for 2023:**

Cursillo weekends are a wonderful, fun way to give you a start on this journey.

**2023: Women's: April 27-30**  
**September 8-11**  
**Men's: June 8-11**  
**December 7-10**

For more information contact **Elizabeth Santley @ 508-304-8871**, or at [esantley@yahoo.com](mailto:esantley@yahoo.com). Applications are available in the vestibule of the church.

**If anyone who has made a Cursillo and would like to be a sponsor, please contact Elizabeth Santley.**

**CONTRIBUTION STATEMENTS**

If you would like a copy of your 2022 contribution statement please call the main office at 508-753-5001 or email [lisaolmc@gmail.com](mailto:lisaolmc@gmail.com)

**MOUNT CARMEL GOLDEN YEARS CLUB**

February 2023

**February 21, 2023**

10:00 AM	Socializing
9:30 AM – 11:00 AM	VNA "Keep Well Clinic"
12:00 NOON	Lunch – Followed by Social
After Lunch	Bingo

**February 28, 2023**

10:00 AM	Socializing
	OPEN HOUSE for New Members
12:00 NOON	Lunch – Followed by Social
After Lunch	Bingo

\*Bingo for members only

**ALL DONATIONS FOR THE FOOD BANK WOULD BE GRATEFULLY ACCEPTED AND APPRECIATED.**

**"Every morning, on rising, we reaffirm before God, our decision to be faithful, come what may in the course of the day."**

**Pope Francis**  
*Amoris Laetitia*



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