



## **Office of Chaplaincy Programs Workshops Archdiocese of Boston**

**617-746-5842**

**For more information on the following workshops contact  
Deacon Jim Greer: [JGreer@rcab.org](mailto:JGreer@rcab.org) or 617-746-5842**

**There is no cost for the following workshops**

### **Suicide Prevention and Intervention**

**Q-uestion, P-ersuade, R-efer; QPR**

**We can all save lives.**

The QPR mission is to reduce suicidal behaviors and save lives by providing innovative, practical and proven suicide prevention training. The signs of crisis are all around us. We believe that quality education empowers all people, regardless of their background, to make a positive difference in the life of someone they know.

QPR is a one-hour program for adults and for high school age youth.

### **Compassion Fatigue and Burn Out**

“Compassion fatigue, especially among our clergy, religious, and church workers is a real problem in the continuing demands of the church today. The servant leaders of the church today are always ‘on’ and there is never a time when they are not responsible for their ministry. We have been taught to ‘die to self’ and in trying to live this as a life-style, the self can die and burn out, or compassion fatigue often sets in, sometimes both. There is no longer the desire to serve. We are tired, and our ‘yes’s’ are no longer as enthusiastic as they used to be.”

*Marry Frances Seeley, OSF, PH.D*

## **Ethical and Religious Directives: (ERD's) *Seventh Edition***

The directives present the theological principals that guide the Catholic Church's vision of health care, calling for all Catholics to share in the healing mission of the church. With our health care system facing even more dramatic change, these directives guide us as we reaffirm the Church's commitment to health care ministry and the distinctive Catholic identity. These directives can be broken out by chapter or as an overview of the entire document.

## **End of Life: Ethical Decision Making**

This workshop looks specifically at the end of life, part five of the ERD's, and the ethical decisions that may need to be made. When is it okay to say no to a treatment or stop a treatment, nutrition and hydration, pain management, etc.

## **Advance Directives: A Catholic Perspective**

This workshop helps you to understand the teaching of the Church at the end of life. It covers: Advance Care Planning, Health Care Proxy, Palliative Care, Hospice Care, comfort care, Do Not Resuscitate Order (DNR), Medical Orders for Life – Sustaining Treatment (MOLST).

## **Funeral Planning**

Funeral Planning is a workshop to help parishes work with parishioners preparing the funeral rites. This workshop helps to understand the funeral rite as described in the Order of Christian Funerals and how the funeral is an important aspect of the bereavement process.

## **Bereavement Ministry**

Bereavement Ministry is a workshop that helps the parish to implement a bereavement ministry team. It looks at all aspects of bereavement, from conception to natural death. It helps to understand that bereavement has many aspects and may start long before there is a loss, and that a loss has many different faces.

## **The Emmaus Ministry**

The Emmaus Ministry is a retreat for anyone who has lost a child at any age. A one day retreat, weekend retreats and one hour retreats are available.

**For more information, contact Diane or Charley Monaghan (Paul's parents) at 617-542-8057. [www.emfgp](http://www.emfgp)**

## **Grief Overview**

Grief Overview is a workshop on the basics of grief and loss that looks at the multi-faceted response to loss and the different types of grief. Although conventionally focused on the emotional response to loss, it also includes physical, cognitive, behavioral, social, and philosophical dimensions. Grief is a healthy normal human response to a loss. Every person grieves differently.

## **Children and Grief**

Children and Grief is a workshop based on how children grieve. Are children just little adults when they grieve? NO! They grieve very differently. This workshop takes a look at how children grieve at different ages and how adults can help them.

## **Traumatic Grief**

Traumatic Grief is a sudden onset from events for which there is little or no time to prepare; there is little or no prior experience for those who experience these events; there are few sources of guidance on how to respond and what to expect. This workshop looks at the different aspects that are associated with a traumatic loss.

## **Suicide Grief**

With suicide grief, there is a complexity where people feel like the death was somehow preventable. This can create an array of complicated emotions, many of which can be linked back to this feeling. Many of the feelings—including guilt, shame, blame, fear, and isolation—all in some way can be associated with a suicide death. This workshop looks at all of the aspects of this type of death and how we as a church can help.

## **Grief Due to a Substance Use Death**

Much like suicide grief, there is a complexity in overdose deaths in that people feel like the death was somehow preventable. This can create an array of complicated emotions, many of which can be linked back to this feeling or belief. Many of the feelings—including guilt, shame, blame, fear, and isolation—all in some way can be correlated back to this. This workshop looks at all of the aspects of this type of death and how we as a church can help.