

# OUR LADY OF CZĘSTOCHOWA CATHOLIC CHURCH 120 Sussex Street, Jersey City, NJ 07302

EST. 1911

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Monday-Wed., Friday 9:30 am-5:30 pm Thurs. 10:00 am-2:00 pm

### Follow Me

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### SAT 5:00PM, SUN 10AM & 12:30PM

CATHOLIC SCHOOL EDUCATION
OUR LADY OF CZESTOCHOWA SCHOOL

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### **FROM THE PASTOR**

Dear Parish Family,

The Gospel this week shows us one of the most intimate and powerful moments in the Gospel: Jesus teaching His disciples how to pray. As He teaches them, He teaches us also.

This prayer is not fancy. It's not long. It's simple, straightforward, and bold. And maybe that's what prayer needs to be in our regular, busy lives... real.

Jesus begins with "Father." Not "Almighty One," or "Judge," but Father—Abba. We're not speaking to a faraway deity. We're speaking to Someone who loves us, provides for us, and wants us close. Let this remind you of who you are: a beloved child; and of who God is: close, caring, attentive.

"Give us this day our daily bread." Not a week's worth. Not a full pantry. Just enough for today. That's how prayer works, too. You don't need to pray for hours—just enough for this day. Five minutes of silence. One Psalm. A walk with God. A whispered Our Father and Hail Mary in the middle of your workday.

Some people make time for quiet prayer in the early morning or late at night. Some listen to Scripture through an app while driving. Some pray while walking the dog. The method doesn't matter as much as the connection.

Prayer is not about being perfect—it's about being present.

Jesus includes in His prayer the need for forgiveness. Not as an afterthought—but as a central part of spiritual life. We need to be forgiven. And we need to forgive.

Confession is one of the most concrete and powerful forms of prayer we have. It's where we come face to face with the Father's mercy. If it's been awhile since your last confession, don't be afraid. Don't overthink it. God already knows your heart—He just wants to heal it.

Don't try to do it alone. One of the most overlooked forms of prayer is the conversation you have with someone else about God: a friend who helps you stay grounded; a family member you can pray with; a small group member with whom you relate. These holy conversations breathe life into our faith. If you don't know a person like that, ask God to send you one. And be willing to be that person for someone else.

This week, I invite you to pray the Our Father slowly. Really pray it. Let each line shape your day. And then choose one small step: a five-minute prayer, a quiet moment, a visit to confession, a meaningful conversation, which will culminate in Sunday Mass.

Jesus didn't give us the Our Father as a formula just for prayer. He gave it as a pattern for how to live. If we drift away from it, the solution isn't guilt—it's beginning again. It's saying, "Lord, teach me to pray"—just like the disciples did.

God bless,

### MASS INTENTIONS JULY 26 - AUGUST 3

SATURDAY 5 PM WALTER & VICTORIA CZYSZ &

**JULY 26** FAMILY

FROM LAURA CZYSZ; CATHY &

**ALLIE SAVAGE** 

SUNDAY 10 AM PEOPLE OF THE PARISH

JULY 27 12:30 PM LUIS CARO MOTOLINIA

FROM LAUREN CAROL MOTOLINIA

TUESDAY 12:30 PM ARISTOTLE CLARAVALL

**JULY 29** FROM FAMILY

WEDNESDAY 12:30 PM PATTY COVIELLO (1<sup>st</sup> Ann.)

JULY 30 FROM LAURA CZYSZ & KEN HEISER

THURSDAY 12:30 PM JULY 31 FROM

FRIDAY 12:30 PM SPECIAL INTENTION OF

AUGUST 1 DR. VIC JOSEPH

FROM ANDREA SELVARAJA

SATURDAY 5 PM. PEOPLE OF THE PARISH

**AUGUST 2** 

SUNDAY 10 AM MANUEL CURMI AUGUST 3 FROM THE CURMI FAMILY

12:30 PM RICHARD HARMON

FROM MICHAEL & JILL HARMON









THANK
YOU FOR
ALL OF
YOUR
SUPPORT

#### CONSISTENT SUPPORT AND PARISHONERS



### **Sunday Scripture**

July 27

Gn. 18:20-32

Col. 2:12-14

Luke 11:1-13

August 3

Eccl. 1:2; 2:21-23

Col. 3:1-5, 9-11

Luke 12:13-21



Celebrate
grandparents and
the elderly today.
Thank them for
passing on
their faith,
their love, and our
family traditions.

### The Virgin Mary's Parents



### July 26<sup>th</sup> is the Feast Day of Saint Anne and Saint Joachim

Even though the story of Mary's parents is not written in the Bible, it was passed down through tradition. It is said that they prayed to God for a child and promised that if He blessed them with a baby, they would dedicate the child to Him. They trusted in Him.

While Saint Joachim was living with shepherds, an angel came to him and promised, "Your wife will bear a daughter and you will call her Mary. She will be filled with the Holy Spirit from her mother's womb."

An angel also appeared to Saint Anne and related the same happy news to her.

That baby turned out to be the Blessed Virgin Mary, who became the mother of Jesus and of the whole church!

We learn from those who go before us, and while we don't know much about Mary's family, they were faithful and raised her to love God and be devoted to Him. That is why she was praying when the Angel Gabriel appeared to her, and prepared her to say "yes" to God's plan for her, and for all of us! So Saints Anne and Joachim helped to prepare the way for Jesus, our savior, even before His mother was born.



### What can you do for your elders?

- Call them up on the phone
- Mail them letters and pictures you draw for them
- · Write stories together
- Ask them to teach you songs from their childhood, games, magic tricks, or any other secret talents they might have hiding right under your nose!



#### **Traditional Celebrations**

Besides being a day to celebrate grandparents and elders, the feast of St. Anne is celebrated with festivities across Europe. Immigrants from Italy brought those festivities to the U.S., including our neighboring city of Hoboken, where immigrants from San Giacomo preserved their religious and traditional values in their new home. These "San Giacomese Hobokenites" established the St. Ann's Society, and for 115 years now have celebrated the feast with a festival.



Picture from St. Ann's festival in Hoboken

### To Do: Support Mercy House!

**Donate** 

Food: pasta, sauce, canned fish/meats, cereal, rice, pancake mix, mac & cheese, milk, juice, snack bars, corn

Donate

Baby items: diapers, wipes, gently used clothes & equipment, toiletries

**Donate** 

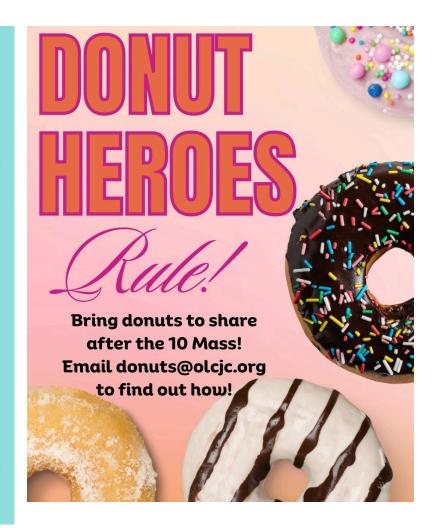
Household items: kitchenware, bedding/linens, seasonal decorations

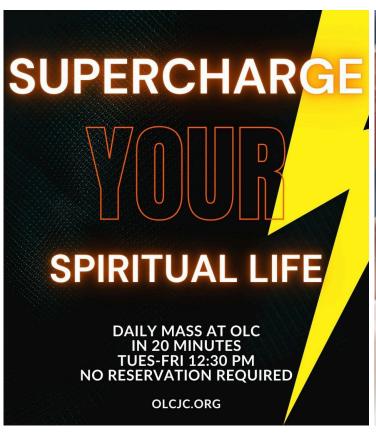
Donate<sup>|</sup>

Personal items: adult & teen clothes, toiletries, fem. hygiene

**Bring to Mass** 

Last Sunday of each month







## T OLC First Holy Communion & Confirmation Prep

2025-26 Registration for Sacramental Preparation for First Holy Communion & Confirmation

### Now Open!

Students prepare for each Sacrament through a two-year educational program: Grades 1 and 2 for Communion and Grades 7 and 8 for Confirmation. Please go to www.olcjc.org for signup and more information.