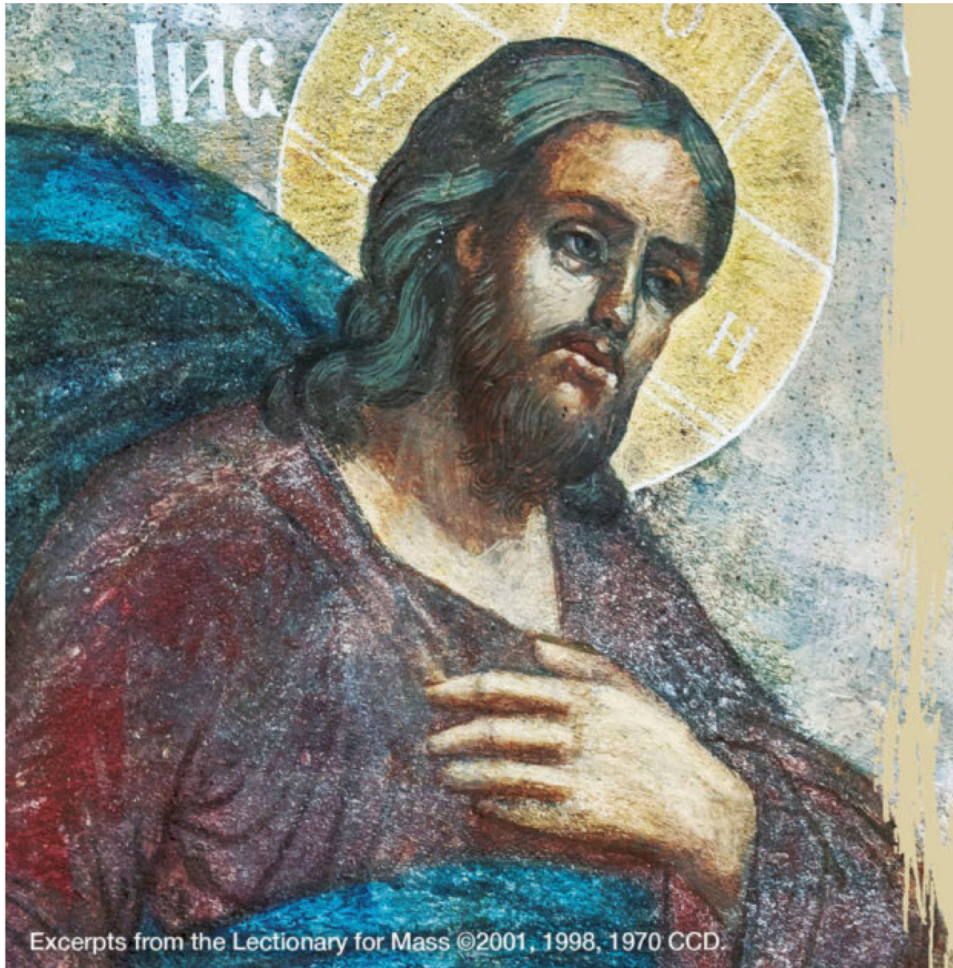




ST. BRIDGET
CATHOLIC CHURCH



FEBRUARY 19, 2023 | LEADING LIVES FULL OF **FAITH, HOPE AND LOVE**



7th
SUNDAY IN
ORDINARY TIME

**"Love your
enemies and
pray for
those who
persecute you."
- Mt 5:44**

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPi

Rooted in the Gospel of Christ, we are a Catholic parish community, welcoming all people to pray, love, and serve together.

MASS TIMES

WEEKEND MASS TIMES

Saturday 5pm, *Sunday 9:30am

WEEKDAY MASS TIMES

Mon., Thur. & Fri. at 9:00am

Wednesday at 6:30pm

***live-streamed**

SACRAMENTS

BAPTISM & CHILDREN'S CHURCH

Please contact Amanda Cahill

CONFIRMATION & R.C.I.A.

Please contact

Sarah & Alex Chopyak

MARRIAGE

Please contact Fr. William Heric

RECONCILIATION

Saturday - 3:45pm - 4:30pm

or by appointment

ANOINTING OF THE SICK

Please contact

Fr. William Heric

PARISH INFORMATION & NEWS

SCRIPTURE READINGS & DAILY SAINTS

FEBRUARY 19

R1, Lv 19:1-2, 17-18

Ps 103:1-2, 3-4, 8, 10, 12-13

R2, 1 Cor 3:16-23

Gospel, Mt 5:38-48

Saint Conrad of Piacenza

FEBRUARY 20

R1, Sir 1:1-10

Ps 93:1ab, 1cd-2, 5

Gospel, Mk 9:14-29

**Saints Jacinta and Francisco
Marto**

FEBRUARY 21

R1, Sir 2:1-11

Ps 37:3-4, 18-19, 27-28, 39-40

Gospel, Mk 9:30-37

Saint Peter Damian

FEBRUARY 22

R1, Jl 2:12-18

Ps 51:3-4, 5-6ab, 12-13, 14 and 17

R2, 2 Cor 5:20—6:2

Gospel, Mt 6:1-6, 16-18

Chair of Saint Peter

FEBRUARY 23

R1, Dt 30:15-20

Ps 1:1-2, 3, 4 and 6

Gospel, Lk 9:22-25

Saint Polycarp

FEBRUARY 24

R1, Is 58:1-9a

Ps 51:3-4, 5-6ab, 18-19

Gospel, Mt 9:14-15

Blessed Luke Belludi

FEBRUARY 25

R1, Is 58:9b-14

Ps 86:1-2, 3-4, 5-6

Gospel, Lk 5:27-32

Blessed Sebastian of Aparicio

FEBRUARY 26

R1, Gn 2:7-9; 3:1-7

Ps 51:3-4, 5-6, 12-13, 14 and 17

R2, 1 Rom 5:12-19

Gospel, Mt 4:1-11

Saint Maria Bertilla Boscardin

A REFLECTION BY FR. WILLIAM HERIC

Dear Friends in Christ,

These past weeks in the Gospel of Matthew we have heard Jesus's magnificent **"Sermon on the Mount"**. You may recall it begins with the famous **"Beatitudes"** which outline Jesus's program for happiness. Oh, how happy you would be he says if you were poor in spirit so that you might focus your life on being merciful and a peacemaker. **Lent** is the sacred season of the year when Christians are invited to walk three distinct paths to this happiness.



The first path is to **live out of your center**, which is Christ and not your own ego. That means letting go of self-centered programs for happiness that can't possibly work, and letting God be all in us. Lent invites us to spend more time in **prayer**, to center our lives on the love of Christ.

The second Lenten path to happiness is to **recognize that you are a sinner**, an imperfect work in progress who walks in the company of fellow sinners. Something that helps me on this path is the **"Jesus Prayer."** It's simple to remember so that one can repeat it over and over again throughout the day: Lord Jesus, son of the living God, have mercy on me a sinner. It's also a great way to prepare for the **sacrament of reconciliation!**

The third path to real happiness is to **realize that your life...is not about you!** It's about magnifying the Lord as Mary the Mother of God so brilliantly models. The Lenten discipline of **almsgiving** helps us remember this. Consider using the **Rice Bowl Program** to guide you on this path. So does the discipline of **fasting** from certain attitudes and behaviors to prepare to feast on the happiness to be found in the risen Lord. So, this Lent

- Fast from judging others; feast on the Christ dwelling in them
- Fast from emphasis on our differences; feast on our oneness
- Fast on words that pollute; feast on words that purify
- Fast from discontent; feast on gratitude
- Fast from pessimism; feast on optimism
- Fast from worry; feast on trust
- Fast from complaining; feast on appreciation
- Fast from hostility; feast on letting go
- Fast from bitterness; feast on forgiveness
- Fast from selfishness; feast on compassion for others
- Fast from discouragement; feast on seeing the good
- Fast from idle gossip; feast on spreading good news
- Fast from problems that overwhelm us; feast on prayerful trust
- Fast from trying to be in control; feast on letting go.

A blessed Lent to all!

Fr. William Heric, pastor

CATHOLIC SOCIAL TEACHINGS (CST)

LIVING OUR CATHOLIC VALUES THROUGH ADVOCACY

EARTHQUAKE RELIEF OPPORTUNITY

On February 6th, a 7.8 magnitude earthquake devastated large areas of central Turkey and northwest Syria. The death toll has surpassed 36,000 and continues to climb. The earthquake is the worst to strike Turkey this century. Please consider donating today by visiting www.crs.org - your gift will help us to provide safe shelter and access to food, clean water and hygiene supplies.

Thank you for your support!

SAINT VINCENT DE PAUL

Working with Partners in the Community

We recently received an unusual request for assistance.

Margaret and her three-year-old grandson from the Midwest were just wrapping up a year spent in Seattle while the boy was being treated for cancer at Seattle Children's Hospital. Margaret is the sole caregiver for her grandson and has limited resources.

The boy's treatment at Children's had come to an end, and they were preparing to return home. While their airline fares were covered by a cancer charity, there was still the matter of moving their household belongings back to the Midwest – including the child's medical equipment.

Many of our conference members were involved in seeking a solution to this problem. We sought support from various agencies, and Margaret also used the limited time she had left in Seattle to seek assistance with the help of a hospital social worker. However, no one would cover this part of the family's expenses.

Then one of our conference members suggested that we contact the Windermere Foundation, which is dedicated to helping low-income and homeless families in our community. We received a generous pledge through the Wedgwood office of Windermere Real Estate (as well as contributions from individual Windermere agents) to reserve a U-Haul truck for the move. Our conference pledged to cover the rest of the cost.

This was a marvelous team effort from many people inside and outside of our parishes. As Margaret said, "This is a huge weight off my shoulders."

Unfortunately, this case did not turn out as we had all hoped. After working hard to find a solution for this family, the child became ill on the flight home and was hospitalized upon arrival in the Midwest. We have reached out to Margaret many times to find out how we can get her the help we collaborated on, but to no avail.

Margaret has not returned our calls. At this point, all we can do is lift Margaret and her grandson up in our prayers. One of the hard things about working with neighbors through St. Vincent de Paul is that sometimes the outcome isn't resolved in a way that we hope for and work towards. But finding a partner in the Windermere Foundation and various other Windermere agents who contributed on their own has been a blessing all the same. The funds they pledged for this case were returned to them, but we look forward to working together again in the future.

We appreciate your regular support of the work our St. Vincent de Paul conference participates in. Your continued prayers for our Vincentians, our partners such as the Windermere Foundation, and, of course, our neighbors, as we work together to find solutions to their needs, is greatly appreciated.



LENTEN REFLECTION GROUP

Please join us for a Lenten Reflection Group to read and discuss the book, "Saving Us: A Climate Scientist's Case for Hope and Healing in a Divided World," by Katharine Hayhoe.

Here are some quotes from the book to give you feel for what it's about:

- I've lived here for 30 years, and the weather is just getting weirder. (page 97)
- Ours is the first generation to deeply understand the damage we are doing to our planetary household, and probably the last generation with a chance to do something about it. (page 97)
- We are so locked into our political identities that there is virtually no candidate, no information, no condition that can force us to change our minds.

(page 49)

- Walking out is not an option. We don't get to give up. This planet is the only home we will ever have. (page 151)
- The planet will survive. The question is whether we will be here to witness it. (page 185)

The 5 sessions will be held on each Wednesday during the month of March, starting March 1, from 7-8 pm in the Assumption Fellowship Hall. The book can be obtained from the Seattle Public Library in a hardcover, e-book, or downloadable audio format. It can also be purchased from Amazon for \$14 in Hardcover or Kindle format. Questions? Please contact Scott Pelton at peltonwoodin@hotmail.com or 425-876-6265.

Please sign up by filling out this form:

<https://www.osvhub.com/assumption-seattle/forms/mother-earth>

UPCOMING EVENTS & NEWS

WEEK OF FEBRUARY 20 - 26

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<i>FEBRUARY 20</i>	<i>FEBRUARY 21</i>	<i>FEBRUARY 22</i>	<i>FEBRUARY 23</i>	<i>FEBRUARY 24</i>	<i>FEBRUARY 25</i>	<i>FEBRUARY 26</i>
Parish Office Closed 9:00am-5:00pm Church is open 9:00am Daily Mass 3:00pm - 10:00pm Adoration 7:00pm BPSG	9:00am-5:00pm Church is open 9:00am Word and Communion Service 7:00pm Choir Rehearsal	9:00am-7:00pm Church is open 9:00am Ash Wednesday Mass 5:30pm Holy Rosary 6:30pm Ash Wednesday Daily Mass	9:00am - 5:00pm Church is open 9:00am Daily Mass	9:00am - 5:00pm Church is open 9:00am Daily Mass 9:30am Stations of the Cross	9:00am - 6:00pm Church is open 5:00pm Vigil Mass 6:00pm Sr. Thea Bowman Movie	9:00am - 3:00pm Church is open 9:30am+ Mass & Children's Church 10:30am Coffee & Donuts
						+Live-streamed

NORTH SEATTLE DEANERY RACIAL SOLIDARITY NETWORK

This long title and is simply meant to describe a group of North Seattle Catholics who are trying to work within our parishes to eradicate racism in our culture. We meet regularly and share strategies, promote books, films, lectures, etc that will raise awareness, and educate our parishioners about the sin of racism. You will see notices for events hosted by both St Bridget's as well as other North end Parishes in the bulletin. All are welcome!

One such event will take place at 6pm (following 5pm Mass) on **Sat, Feb 25th, in the Fireside room. We'll provide pizza, and watch the Film "Going Home Like a Shooting Star: Thea Bowman's Journey to Sainthood"**. Sister Thea was a Black Catholic Franciscan sister, teacher, musician, and scholar who made major contributions to the ministry of the Catholic Church toward African Americans. Learning about her life is a fitting ending to Black History month! Please RSVP for this event so we have an idea of how much pizza to order. **RSVP: <https://stbridgetchurch.flocknote.com/signup/113911>**

If you're unable to attend in person, you can stream the video here: [Going Home Like a Shooting Star: Thea Bowman's Journey to Sainthood - YouTube](#). Stay tuned for more events to follow!



ASH WEDNESDAY

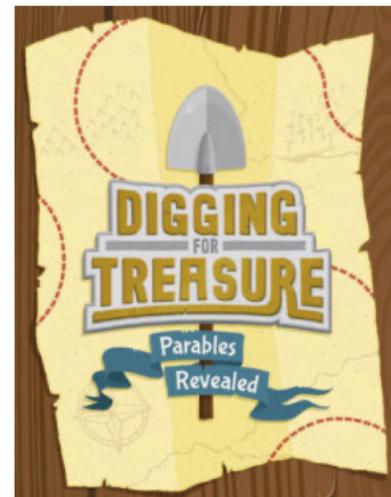
Join us February 22, for Ash Wednesday Mass with the distribution of ashes. Two opportunities at St. Bridget's include:

9:00 AM and 6:30 PM

VACATION BIBLE SCHOOL

July 31 - August 4

It's time to think about summer camps! We are so excited to bring Vacation Bible School back to St. Bridget's. This fun and engaging camp will take place on July 31-August 4 from 9:30AM to Noon. This is open to all incoming Pre-K through 5th grade students, but hurry, spots are limited! Please see our website for more information and to register and or volunteer.



PARISH INFORMATION

LENTEN FASTING & ABSTINENCE FOR CATHOLICS

WHEN

Ash Wednesday & Good Friday = Fasting & Abstinence
Every Friday = Abstinence

WHO?

Catholics 14+ practice abstinence,
Catholics 18-59 practice fasting

WHAT IS FASTING?

One full meal & two smaller meals ≠ one full meal

WHAT IS ABSTINENCE?

No meat

ARCHDIOCESE OF SEATTLE

LENT BEGINS, FEBRUARY 22, ASH WEDNESDAY!

Please prayerfully consider how you will prepare for Easter by the disciplines of Prayer, Fasting and Almsgiving through the Rice Bowl Program! More information to follow!

PASTORAL COUNCIL

Mike Wietholter Chairman

mikewieth@hotmail.com

Tim Vinopal Vice Chairman

timvinopal@comcast.net

Ilaria Hare Heiderich Secretary

ilaria@floorworksinc.com

Manon Cypher

Arun Mathew

Beth Toomey

Julie Henling

PRAYER CORNER

**Please pray for those
who are ill:**

Betty Anne Coady

Nicole Cummins

Marilyn Davis

Irene Dunphy

John Ernest

Mary Gibson

Roseanne Hart

Miguel Santana Hernandez

Linda Lovinger

Daisy Lu

Catherine Lubatti

John Monk

Judith Platt

Jeannie Shields

Joseph Tagaban

and the patients in Seattle
Children's Hospital

For those who have died:

Chris Kane

PARISH FINANCE COMMITTEE

Ryan Oftebro - Co-Chair

roftebro@uw.edu

Cheryl Carey - Co-Chair

cahc06@gmail.com

Mary Kay Beeby

Jean Marie Shields

Robert Skinner

Shallete D'Souza

SPECIAL MASS INTENTIONS

Monday	Feb.	20	9:00am	Daily Mass	Matt Gasparich, RIP
Tuesday	Feb.	21	9:00am	Service of Word & Holy Communion	
Wednesday	Feb.	22	6:30pm	Daily Mass	For the Parish
Thursday	Feb.	23	9:00am	Daily Mass	For the Parish
Friday	Feb.	24	9:00am	Daily Mass	For the Parish
Saturday	Feb.	25	5:00pm	Vigil Mass	For the Parish
Sunday	Feb.	26	9:30am	Mass	For the Parish

PARISH STAFF

Pastor	Fr. William Heric	wheric@stbridgetchurch.org	Ext. 207
Deacon	Angus McDonell	amcdonell@stbridgetchurch.org	Ext. 214
Parish Admin. & Accountant	Lyanne Scott	lyanne@stbridgetchurch.org	Ext. 203
Office Manager	Christine Kelly	christine@stbridgetchurch.org	Ext. 201
Dir. of Communications	Susie Lane	susie@stbridgetchurch.org	Ext. 204
Dir. of Children's Church	Amanda Cahill	children@stbridgetchurch.org	Ext. 205
Pastoral Asst. for Music	Sarah Chopyak	sarah@stbridgetchurch.org	Ext. 210
Sacristan and Special Events	Luanne Johnson	luanne@stbridgetchurch.org	Ext. 214
R.C.I.A. and Confirmation	Sarah & Alex Chopyak	RCIA@stbridgetchurch.org	Ext. 223
		confirmation@stbridgetchurch.org	Ext. 223
Parish Office		parishoffice@stbridgetchurch.org	(206) 523-8787
Principal, ASB School	Kathleen Conklin	kconklin@asbschool.org	(206) 524-7452

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FOR LENT FOR LIFE



Photo by Karen Kasmauski for CRS

This Lent, be transformed—
and transform the world—by
practicing:

- ▣ Daily prayer.
- ▣ Weekly fasting.
- ▣ Almsgiving.

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to encounter God and our
global family. What you give
up for Lent changes lives!

Find stories, videos and
more at **crsricebowl.org**