



ST. BRIDGET
CATHOLIC CHURCH



JULY 23, 2023 | LEADING LIVES FULL OF **FAITH, HOPE AND LOVE**



16th SUNDAY IN ORDINARY TIME

“The righteous will
shine like the sun in the
kingdom of their Father.”
- Mt 13:43a

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

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*Rooted in the Gospel of Christ, we are a Catholic parish community, welcoming
all people to pray, love, and serve together.*

MASS TIMES

WEEKEND MASS TIMES

Saturday 5pm, *Sunday 9:30am

WEEKDAY MASS TIMES

Mon., Thur. & Fri. at 9:00am

Wednesday at 6:30pm

**live-streamed*

SACRAMENTS

BAPTISM & CHILDREN'S CHURCH

Please contact Amanda Cahill

CONFIRMATION & R.C.I.A.

Please contact

Sarah & Alex Chopyak

MARRIAGE

Please contact Fr. William Heric

RECONCILIATION

Saturday - 3:45pm - 4:30pm
or by appointment

ANOINTING OF THE SICK

Please contact
Fr. William Heric



www.stbridgetchurch.org



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4900 NE 50TH ST - OFFICE HOURS: M-F 9:30 AM - 2:30 PM (206) 523-8787 - parishoffice@stbridgetchurch.org

SCRIPTURE READINGS & DAILY SAINTS

JULY 23

R1, Wis 12:13, 16-19
Ps 86:5-6, 9-10, 15-16
R2, Rom 8:26-27
Gospel, Mt 13:24-43

Saint Bridget of Sweden

JULY 24

R1, Ex 14:5-18
Ex 15:1bc-2, 3-4, 5-6
Gospel, Mt 12:38-42

Saint Sharbel Makhoul

JULY 25

R1, 2 Cor 4:7-15
Ps 126:1bc-2ab, 2cd-3, 4-5, 6
Gospel, Mt 20:20-28

Saint James

JULY 26

R1, Ex 16:1-5, 9-15
Ps 78:18-19, 23-24, 25-26, 27-28
Gospel, Mt 13:1-9

Saints Joachim and Anne

JULY 27

R1, Ex 19:1-2, 9-11, 16-20b
Daniel 3:52, 53, 54, 55, 56
Gospel, Mt 13:10-17

Saint Titus Brandsma

JULY 28

R1, Ex 20:1-17
Ps 19:8, 9, 10, 11
Gospel, Mt 13:18-23

Blessed Stanley Rother

JULY 29

R1, Ex 24:3-8
Ps 50:1b-2, 5-6, 14-15
Gospel, Jn 11:19-27

Saints Martha, Mary, and Lazarus

JULY 30

R1, 1 Kgs 3:5, 7-12
Ps 119:57, 72, 76-77, 127-128, 129-130
R2, Rom 8:28-30
Gospel, Mt 13:44-52

Blessed Solanus Casey

A REFLECTION BY FR. WILLIAM HERIC

Dear Friends in Christ,



This past Wednesday, July 12, I joined 27 members of our staff, pastoral council, finance and stewardship council, and several parish members at large for a **leadership retreat day**. It was a wonderful opportunity to pray, share fellowship, and reflect together on our parish mission, values, and goals as outlined in our 2023-2025 strategic plan. The added focus of the retreat was to reflect on how we can continue to grow as a St. Bridget parish community, even as we prepare to merge with other local parishes in the Partners in the Gospel strategic plan.

One of our goals at this point is to foster a more engaged and inclusive parish community by inviting more and more parish members to contribute their gifts in the various ministries we offer at St. Bridget's. To assist in our growth in this area, I am happy to announce the hiring of two individuals who will share the job of **Program Coordinator** to help facilitate greater engagement of our members in parish life. Please welcome **Melissa Malley** and **Anne Lovinger Earhart** to our parish staff. They will each be working for the parish 10 hours a week and will begin their jobs toward the end of the month. You will hear more from them as they begin to work on deepening everyone's participation in the life of the church.

Blessings of peace,

Fr. William Heric, Pastor

CATHOLIC SOCIAL TEACHINGS (CST)

LIVING OUR CATHOLIC VALUES THROUGH ADVOCACY

By 2050, someone could be eating the last piece of chocolate. The Fair-trade Foundation estimates that by 2050, cocoa-producing regions will become too warm for cultivation. The good news is that farmers who protect the environment can delay that from happening. Visit www.crs.org for more information!

(PRACTICING) CATHOLIC

Soil Conditions

I am a hopeless gardener. I never met a plant I couldn't swiftly kill with good intentions and poor understanding of soil conditions.

Because really, it's all about the soil conditions — at least, that's what Google tells me when I helplessly search phrases like “Why aren't any of my seeds sprouting? Please, I tried so hard.” I can never seem to match the right type of soil offering the right type of drainage and texture with the right plant. I can't understand why it's not enough to bury the seed in whatever ground is available, sprinkle some water and ask it, very nicely, to grow.

This is also a quality that makes me a poor evangelist to people who do not share my beliefs. How many times have I encountered a friend or loved one who left the faith, and I tried to coax them back by hurling Catechism passages in their direction, offering advice they never asked for and are ill-equipped to understand? I sow these seeds of witness and bang my fists in frustration that they rot where I plant them, never realizing that it's all about the soil.

It is Christ, and Christ alone, who works within the heart. It is Christ who is the sower of the seed, not me. When I leave him out of the equation, when I fail to offer the Person and instead only offer the teaching, I can anticipate that any witness I have to offer will rot where it is planted just as sure as a tulip bulb in a bed of clay.

*“...my word shall not return to me void, but shall do my will, achieving the end for which I sent it.”
— Isaiah 55:11*

Colleen Jurkiewicz Dorman

Why do we do that? Catholic Life Explained

Question:

Why do we use incense at Mass?

Answer:

The use of incense in religious ceremonies and worship is a practice that predates Christianity, and which is also found in many other religious traditions today.

Incense, which is made from resin infused with aromatic spices and oils, is one of those fundamentally human symbols that incorporates more than one of our senses, helping us to reflect on realities that transcend the everyday details of our lives.

The use of incense in the Church's liturgy — in the Mass, as well as in devotions to the Eucharist and the Liturgy of the Hours — is inspired by the use of incense in the Jewish tradition. In the writings of the Old Testament, we hear about incense being used in the worship of the temple, and Psalm 141 asks, “Let my prayer be incense before you; my uplifted hands an evening offering” (vs. 2). The image here is that, as the incense gently rises to heaven, our prayers also rise to God as something sweet and pleasant.

Another ancient use of incense that has also become part of our Catholic tradition is the idea that when we incense something, it's because it is something special or sacred. This is why the Book of the Gospel is incensed during the Liturgy of the Word and the bread, wine, priest celebrant, and congregation are incensed at the presentation of the gifts. To this, we can also add the incensing of the Blessed Sacrament during eucharistic adoration and benediction, and the body of the deceased at the end of the Mass of the Resurrection (the Funeral Mass).

UPCOMING EVENTS & NEWS

WEEK OF JULY 24 - 30

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
JULY 24	JULY 25	JULY 26	JULY 27	JULY 28	JULY 29	JULY 30
9:00am-5:00pm Church is open 9:00am Daily Mass 3:00pm - 10:00pm Adoration 6:00pm VBS Volunteer Meeting	9:00am-5:00pm Church is open 9:00am Word and Communion Service	9:00am-7:00pm Church is open 5:30pm Holy Rosary 5:30pm OCIA Meeting 6:30pm Daily Mass	9:00am - 10:00pm Church is open 9:00am Daily Mass	9:00am - 9:00pm Church is open 9:00am Daily Mass	9:00am - 10:00pm Church is open 11:00am Funeral Mass and Reception for Mary Dean 3:45-4:30pm Reconciliation 5:00pm Vigil Mass	9:00am - 3:00pm Church is open 9:30am+ Sunday Mass 10:30am Coffee Hour

+Live-streamed



ANNUAL CATHOLIC APPEAL HAPPENING NOW!

Your donation to the Annual Catholic Appeal directly supports the corporal and spiritual works of mercy, through our Outreach ministries such as Hospital Ministry, Jail and Prison ministry, Seafarer's Ministry, Immigrant & Refugee Ministry, Mental Health Ministry and others. Please give today through the ACA link on your parish home page or at archseattle.org/GiveACA. Thank you! #AnnualCatholicAppeal

ACA GIVING UPDATE

As of our weekly report obtained last week, we currently have received the following gifts toward our goal \$77,221:

Pledges made: 19% of parish participation

One time gifts + pledges received to date: \$64,925.00

WORLD YOUTH DAY

*St. James Cathedral - Seattle
August 5, 2023*

Calling all high school students and college-aged young adults ages 16 - 30! Join this regional World Youth Day celebration and take part in this global Church event! This is one of three local WYD Celebrations – Come to one, two, or all three! Saturday is Pilgrimage Day in Lisbon – and in Seattle!



Calling all local high school students and college-aged young adults!

**JOIN US LOCALLY FOR
WORLD YOUTH DAY**

August 5, 2023

10am to 4pm

Begins at St. James Cathedral, Seattle

ARCHDIOCESE OF SEATTLE

PARISH INFORMATION

ARE YOU SOMEONE OR DO YOU KNOW SOMEONE WHO...

- Has expressed an interest in becoming Catholic?
- Has a child over the age of seven who has not been baptized?
- Was baptized Catholic as a child, but has not celebrated the Sacraments of Confirmation and Eucharist?

We offer an opportunity to come together in a small group to learn more about our faith. Sessions focus on the teachings and experience of the Church and prepare individuals to celebrate the Sacraments of Baptism, Confirmation, and Eucharist during the Easter season. You are welcome to participate in the process with your questions, your insights and your faith story in a warm accepting setting.

REGISTRATION IS OPEN ON THE PARISH WEBSITE!

Classes will begin with the SEARCH on **July 19th** from 5-6:30pm. All are welcome! For information please contact Alex Chopyak at RCIA@Stbridgetchurch.org

PARISH FINANCE COMMITTEE

Ryan Oftebro - Co-Chair

roftebro@uw.edu

Cheryl Carey - Co-Chair

cahc06@gmail.com

Mary Kay Beeby

Jean Marie Shields

Stephanie Eastman

Shallete D'Souza

Stephanie Eastman

PASTORAL COUNCIL

Mike Wietholter Chairman

mikewieth@hotmail.com

Tim Vinopal Vice Chairman

timvinopal@comcast.net

Ilaria Hare Heiderich Secretary

ilaria@floorworksinc.com

Manon Cypher

Arun Mathew

Beth Toomey

Julie Henling

Shannon Hull

Joe Rinaldi

PRAYER CORNER

Please pray for those who are ill:

Marilyn Davis

John Ernest

Mary Gibson

Linda Lovinger

Daisy Lu

Catherine Lubatti

Sharon MacTavish

Fr. Tim Sauer

Jonathan Spencer

The patients in Seattle
Children's Hospital

For those who have died:

Mary Dean

Jenny Lindstrom

Bill Mitchell

John Monk

SPECIAL MASS INTENTIONS

Monday	July	24	9:00am	Daily Mass	For the Parish
Tuesday	July	25	9:00am	Service of Word & Holy Communion	
Wednesday	July	26	6:30pm	Daily Mass	John Kelly, Surgery
Thursday	July	27	9:00am	Daily Mass	Jenny Lindstrom, RIP
Friday	July	28	9:00am	Daily Mass	John Monk, RIP
Saturday	July	29	5:00pm	Vigil Mass	For the Parish
Sunday	July	30	9:30am	Sunday Mass	For the Parish

PARISH STAFF

Pastor	Fr. William Heric	wheric@stbridgetchurch.org	Ext. 207
Deacon	Angus McDonell	amcdonell@stbridgetchurch.org	Ext. 214
Parish Admin. & Accountant	Lyanne Scott	lyanne@stbridgetchurch.org	Ext. 203
Office Manager	Christine Kelly	christine@stbridgetchurch.org	Ext. 201
Dir. of Communications	Susie Lane	susie@stbridgetchurch.org	Ext. 204
Dir. of Children's Church	Amanda Cahill	children@stbridgetchurch.org	Ext. 205
Pastoral Asst. for Music	Sarah Chopyak	sarah@stbridgetchurch.org	Ext. 210
Sacristan and Special Events	Luanne Johnson	luanne@stbridgetchurch.org	Ext. 214
R.C.I.A. and Confirmation	Sarah & Alex Chopyak	RCIA@stbridgetchurch.org confirmation@stbridgetchurch.org	Ext. 223 Ext. 223
Parish Office		parishoffice@stbridgetchurch.org	(206) 523-8787
Principal, ASB School	Kathleen Conklin	kconklin@asbschool.org	(206) 524-7452

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Hello St. Bridget Parish!

Here you can see the back side on one of the icon panels, which shows two coats of paint. Each panel will receive three coats of paint on the reverse side.

In creating icon panels, what is applied on one side needs to be applied on the other, as well, so that both sides of the wood receive a solid coating. I use Baltic birch plywood. This helps the wood panel to remain more stable.

Next, I turn the panels over and begin applying gesso to the surface. Multiple layers of gesso are applied to the painting surface, anywhere from 6 to 15 or more. I usually use about 8-10 layers. Slow going, but summer is an excellent time to apply it.

Finally, I will sand the gesso and make sure flaws are removed.

In this project, I am using acrylic gesso for its stability and flexibility. It has more give than the ancient method of using true gesso (made from animal hide glue and whiting and water), which can easily crack. The dry pigments that I use are the same for true gesso or acrylic. Only the binder changes.





Since I cannot paint the saints until the panel is prepared, I can encourage you to take time to learn about both of these wonderful saints.

My spiritual director recently retired. In his last year of directing, he and his wife traveled to Ireland to the site of St. Bridget's well. They prayed there for this project, for me and for your community, that St. Bridget will guide us well.



St. Frances Xavier Cabrini was unflappable in her zeal to attend to the spiritual and physical needs of children and immigrants in this country, and in many other countries, too. She is a model of someone who worked tirelessly to bring religious and civil leaders together to help the needy.

I ask for your continued prayers as I work on these icons for your community. I continue to pray for all of you.



I am currently looking for host families for the **upcoming** school year. Why host? Being a host family is as rewarding for you as it is for the international student you bring into your home! You learn about another culture, you provide a once-in-a-lifetime experience for a teenager from across the globe, and you form a relationship that will stay with you and your family forever.

Trust Pan Atlantic Foundation to ensure that your exchange experience will be the best it can be! We offer:

- An Area Representative who helps you select the right student for your home and works with your school.
- Great support throughout the exchange year
- Students who have been carefully screened for language, attitude and grades.
- Students who bring their own spending money and insurance.

To learn more about hosting your own exchange student, contact:

Lindsey Garabedian

lindsey.garabedian@gmail.com
call or text: (747)298-0116





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- Compete for the longest drive!
- Enjoy brunch and dinner with fellow golfers.
- Visit with our seminarians.

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- Register as an individual or foursome.
- Consider a sponsorship and promote your company.
- Invite a friend and represent your parish.
- Share on social media.

All proceeds from the Archbishop's Golf Tournament go to the Seminarian Education Fund, which supports men from our Archdiocese studying for the priesthood.

To learn more or register, visit our website:

ArchSeattle.org/ArchGolf2023

