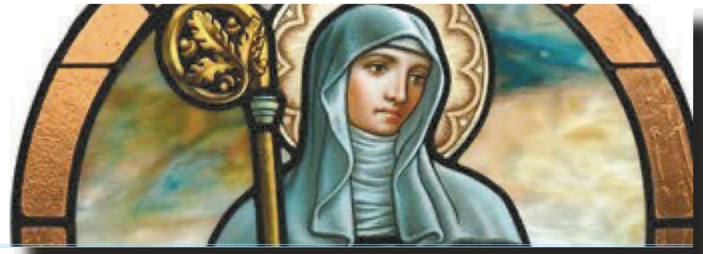




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WEEKEND MASS TIMES

Saturday 5pm, *Sunday 9:30am

WEEKDAY MASS TIMES

Mon., Thur. & Fri. at 9:00am

Wednesday at 6:30pm

***live-streamed**

SACRAMENTS

BAPTISM & CHILDREN'S CHURCH

Please contact Amanda Cahill

CONFIRMATION & R.C.I.A.

Please contact

Sarah & Alex Chopyak

MARRIAGE

Please contact Fr. William Heric

RECONCILIATION

Saturday - 3:45pm - 4:30pm

or by appointment

ANOINTING OF THE SICK

Please contact

Fr. William Heric



www.stbridgetchurch.org



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PARISH INFORMATION & NEWS

SCRIPTURE READINGS & DAILY SAINTS

NOVEMBER 19

R1, 1 Prv 31:10-13, 19-20, 30-31

Ps 128:1-2, 3, 4-5

R2, 1 Thes 5:1-6

Gospel, Mt 25:14-30

Saint Agnes of Assisi

NOVEMBER 20

R1, 1 Mc 1:10-15, 41-43, 54-57, 62-63

Ps 119:53, 61, 134, 150, 155, 158

Gospel, Lk 18:35-43

Saint Rose Philippine Duchesne

NOVEMBER 21

R1, 2 Mc 6:18-31

Ps 3:2-3, 4-5, 6-7

Gospel, Lk 19:1-10

**Presentation of the Blessed
Virgin Mary**

NOVEMBER 22

R1, 2 Mc 7:1, 20-31

Ps 17:1bcd, 5-6, 8b and 15

Gospel, Lk 19:11-28

Saint Cecilia

NOVEMBER 23

R1, 1 Mc 2:15-29

Ps, 50:1b-2, 5-6, 14-15

Gospel, Lk 19:41-44

Blessed Miguel Agustín Pro

NOVEMBER 24

R1, 1 Mc 4:36-37, 52-59

1 Chr 29:10bcd, 11abc, 11d-12a, 12bcd

Gospel, Lk 19:45-48

**Saint Andrew Dung-Lac and
Companions**

NOVEMBER 25

R1, 1 Mc 6:1-13

Ps 9:2-3, 4 and 6, 16 and 19

Gospel, Lk 20:27-40

Saint Catherine of Alexandria

NOVEMBER 26

R1, Ez 34:11-12, 15-17

Ps 23:1-2, 2-3, 5-6

R2, 1 Cor 15:20-26, 28

Gospel, Mt 25:31-46

Saint Columban

A REFLECTION BY FR. WILLIAM HERIC

Dear Friends in Christ,

Some of you know that my youngest brother is also a priest. **"Fr. Heric the younger"** as we refer to him is a priest of the Diocese of Spokane. Fr. Paul serves as the Director of the Catholic Newman Center at Washington State University, and also as the chaplain for the WSU football team. He will be over for the Apple Cup at Husky Stadium on Saturday, Nov. 25. **"Fr. Heric the elder"** is of course your pastor, and our parish is made up mostly of members of "Husky Nation." We do have a few Cougs here, but they are a small minority we greet with "Go Dawgs" at the end of Mass. As it turns out, I was given tickets and a field pass to the Apple Cup and will meet my brother on the field to make a bet on the game. The priest whose team loses has to wear the winning team's jersey and walk around their respective school for an hour. I don't expect to do it, but if you hear reports that I was sighted on the UW campus wearing a Cougar jersey, that's the reason! Here's hoping no one is injured in the game!



On a more serious note, I want to invite you to join me for a **Bible Study of the Gospel of Mark** on Mondays Nov. 20, 27 & Dec. 4, 11, and 18, from 7:00-8:15pm. We will be using the Little Rock Scripture Study Program to help us dive deeper into the gospel we will be hearing at Mass in the coming lectionary B cycle. Mark is considered the earliest of the gospels and was a primary source for Matthew and Luke in the writing of their gospels. A zoom option will be available for those who prefer. Please register if possible at <https://stbridgetchurch.flocknote.com/signup/142092> or see the QR code on page 3. A 10.00 fee for the study booklet is appreciated. All are welcome!

Blessings of peace,

A handwritten signature in cursive script that reads "Fr. William Heric".

Fr. William Heric, Pastor

CATHOLIC SOCIAL TEACHINGS (CST)

LIVING OUR CATHOLIC VALUES THROUGH ADVOCACY

Why are we talking about peace in the Sahel? The Sahel is engulfed in a deadly spiral of violence that has claimed countless lives, uprooted millions from their homes, and shattered vital social services. In less than two years, the number of displaced persons has increased by 40%, recently reaching 2.5 million people in five west African nations in Sahel. Please visit www.crs.org for more information and to see how you can help!

DONATE TO THE ASB AUCTION WINE TOSS

The ASB Auction is right around the corner (Dec. 2, 2023) and the wine toss is always a fun part of the event! If interested, our parish community can donate to the fun too. Please consider contributing via one of the options below (bottles should be a market value of \$30 or more):



- **Drop-off:** Leave a bottle of wine (or two!) in the bin in the church entrance on or before Sunday, 11/26.
- **Home pick-up:** Email Meg Eike at meghan.c.eike@gmail.com and we'll coordinate wine pick-up at your house
- **Monetary donation:** We also happily accept monetary donations via Venmo (of any dollar amount!) to @Alisonhartvigson and we will purchase the wine on your behalf.

Thank you for your generosity!

ASSUMPTION - ST. BRIDGET SCHOOL

Do you have a future Bulldog? Assumption-St. Bridget School is now accepting applications for PreK-8th for the 2024-25 school year! Pre-K & **Kindergarten application deadline is December 15th.**



Inquire today on our website at asbschool.org to find out more about ASB or to set up a tour.

Questions? Please email admissions@asbschool.org

ALL SOULS DEDICATION MONTH

During the month of November, our celebration of All Souls continues. Once again this year, we have created a dedicated shrine to pay tribute to those we lost this past year. Additionally, there will be a remembrance book where you can inscribe the names of those you hold in your prayers in a unique and heartfelt manner.

BIBLE STUDY - THE GOSPEL OF MARK

With Fr. Bill Heric

Join Fr. Heric for a Bible Study featuring the Gospel of Mark on Mondays at 7:00 pm beginning Nov. 20 - December 18. Please register by scanning the QR code below.



ADVENT RECONCILIATION & PENANCE SERVICE

Father Heric will offer the Sacrament of Reconciliation after the Wednesday 6:30pm Mass on **December 6, 13, and 20**. Furthermore, St. Bridget's will host an Advent Communal Reconciliation Service with General Absolution, on **Thursday, December 21, starting at 7:00 pm**. All are welcome.



COOKIE DECORATION CELEBRATION FOR A CAUSE!

Join us at St. Bridget's for a festive Christmas Cookie Decorating Party **December 18 & 19**, over the holiday break! Contribute by bringing homemade cookies and donating some to share the joy of Christmas with families in need. Register to bring plain sugar cookies, frosting/icing, sprinkles, and more! Scan the QR code below. Earn volunteer service hours for both kids and adults! More details to follow.



UPCOMING EVENTS & NEWS

WEEK OF NOVEMBER 20 - 26

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
NOVEMBER 20	NOVEMBER 21	NOVEMBER 22	NOVEMBER 23	NOVEMBER 24	NOVEMBER 25	NOVEMBER 26
9:00am-10:00pm Church is open 9:00am Daily Mass 3:00pm-10:00pm Adoration 7:00pm -BPSG -Bible Study -Centerpiece Enrichment Class	9:00am-5:00pm Church is open	ASB No School 9:00am-7:00pm Church is open 5:30pm Holy Rosary 6:30pm OCIA Meeting 6:30pm Daily Mass	Thanksgiving ASB No School Parish Office Closed 9:00am - 5:00pm Church is open 9:30am Thanksgiving Mass	ASB No School Parish Office Closed 9:00am - 5:00pm Church is open 9:00am Daily Mass	9:00am - 6:00pm Church is open 3:45-4:30pm Reconciliation 5:00pm Vigil Mass	9:00am - 3:00pm Church is open 9:30am+ Sunday Mass 11:00pm Confirmation Rehearsal +Live-streamed

UPCOMING EVENTS & NEWS

SUSTAINING OUR MISSION

Stewardship of Treasure 2024

Everything we have is a gift from God and we're called to share these gifts with others. Stewardship is our response to God's generosity. Please prayerfully consider how you will respond to the call for this year's parish stewardship, which supports St. Bridget Parish and our many ministries. Together with our parish family, seeds of stewardship can grow. Please fill out and return your 2024 pledge card today!

Questions? Please contact Parish Administrator and Accountant, Lyanne Scott

Step 1: Make a Pledge



Step 2: Update Your Giving



THANKSGIVING CENTERPIECE ENRICHMENT CLASS

Craft a unique Thanksgiving centerpiece with Corks and Canvas at St. Bridget's. Join us for an evening of personalized floral instruction, complete with all supplies, an apron to wear during class, and a vase. Please pre-register to secure your spot by scanning the QR code below! The cost is \$75.

Date: Monday, November 20, 2023

Location: St. Bridget Parish Hall

Time: 6:30 pm: Check-in

7:00 pm - 8:30 pm: Expert floral instruction



Create a one-of-a-kind Thanksgiving centerpiece to adorn your holiday table. Your masterpiece will vary based on floral availability, ensuring it's truly special. Don't miss this creative and social experience. Reserve your spot today!



PARISH INFORMATION

ARE YOU SOMEONE OR DO YOU KNOW SOMEONE WHO...

- Has expressed an interest in becoming Catholic?
- Has a child over the age of seven who has not been baptized?
- Was baptized Catholic as a child, but has not celebrated the Sacraments of Confirmation and Eucharist?

We offer an opportunity to come together in a small group to learn more about our faith. Sessions focus on the teachings and experience of the Church and prepare individuals to celebrate the Sacraments of Baptism, Confirmation, and Eucharist during the Easter season. You are welcome to participate in the process with your questions, your insights and your faith story in a warm accepting setting.

REGISTRATION IS OPEN ON THE PARISH WEBSITE!

Classes will continue on **Wednesdays, 6:30 - 8:00 pm.** All are welcome! For information please contact Alex Chopyak at RCIA@Stbridgetchurch.org

PARISH FINANCE COMMITTEE

Ryan Oftebro - Co-Chair
roftebro@uw.edu

Cheryl Carey - Co-Chair
cahc06@gmail.com

Mary Kay Beeby

Jean Marie Shields

Stephanie Eastman

Shallete D'Souza

PASTORAL COUNCIL

Mike Wietholter Chairman
mikewieth@hotmail.com

Tim Vinopal Vice Chairman
timvinopal@comcast.net

Ilaria Hare Heiderich Secretary
ilaria@floorworksinc.com

Manon Cypher

Arun Mathew

Beth Toomey

Julie Henling

Shannon Hull

Joe Rinaldi

PRAYER CORNER

Please pray for those who are ill:

Ronnie Cross
Joseph Daniel
Marilyn Davis
Irene Dunphy
John Ernest
Mary Gibson
Gary Hill
Linda Lovinger
Daisy Lu
Catherine Lubatti
Fr. Tim Sauer
Jeanne Shields
Jonathan Spencer
The patients in Seattle
Children's Hospital

SPECIAL MASS INTENTIONS

Monday	Nov.	20	9:00am	Daily Mass	For the Parish
Wednesday	Nov.	21	6:30pm	Daily Mas	For the Parish
Thursday	Nov.	22	9:00am	Daily Mass	For the Parish
Friday	Nov.	23	9:00am	Daily Mass	For the Parish
Saturday	Nov.	24	5:00pm	Vigil Mass	For the Parish
Sunday	Nov.	25	9:30am	Sunday Mass	For the Parish

PARISH STAFF

Pastor	Fr. William Heric	wheric@stbridgetchurch.org	Ext. 207
Deacon	Angus McDonell	amcdonell@stbridgetchurch.org	
Parish Admin. & Accountant	Lyanne Scott	lyanne@stbridgetchurch.org	Ext. 203
Office Manager	Christine Kelly	christine@stbridgetchurch.org	Ext. 201
Dir. of Communications	Susie Lane	susie@stbridgetchurch.org	Ext. 204
Pas. Asst. for Children Faith Form.	Amanda Cahill	children@stbridgetchurch.org	Ext. 205
Pas. Asst. for Music & Confirm.	Sarah Chopyak	sarah@stbridgetchurch.org	Ext. 223
Pas. Asst. for Adult Faith Form.	Alex Chopyak	RCIA@stbridgetchurch.org	Ext. 223
Program Coordinator	Anne Lovinger Earhart	anne@stbridgetchurch.org	Ext. 214
Program Coordinator	Melissa Malley	melissa@stbridgetchurch.org	Ext. 214
Parish Office		parishoffice@stbridgetchurch.org	(206) 523-8787
Principal, ASB School	Kathleen Conklin	kconklin@asbschool.org	(206) 524-7452

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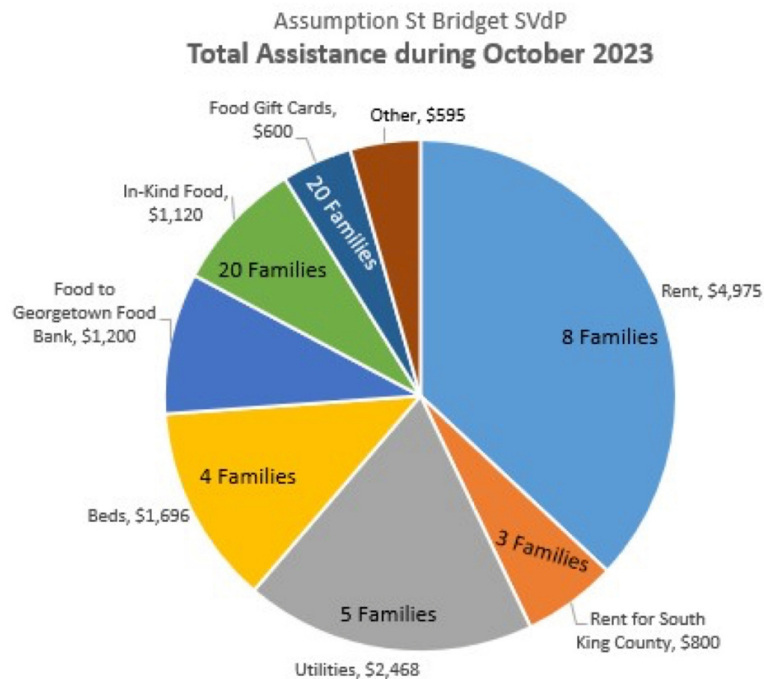
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Assumption St. Bridget SVdP Financial Report - October 2023

The chart below shows the total assistance that was provided to neighbors in need from the Assumption St. Bridget SVdP Conference during October 2023. All this assistance has come from generous donations from Assumption Parish, St. Bridget Parish, and other benefactors. The total for the month was **\$13,454**. This consists of both financial assistance and in-kind assistance in the form of groceries and hygiene items from our monthly food drives. All told, our Vincentians assisted **30 families** over the course of the month and provided support for **73 people** in those homes.



Rent continues to be our top assistance category. We assisted 19 people within 8 local families. We also assisted 3 families in South King County with our Twinning gift to the Holy Spirit Conference in Kent.

Utilities was our second largest assistance category. We assisted 20 people within 5 families.

Beds was our next largest category, with 4 families getting new beds and bedding during the month.

The next few categories all have to do with food assistance. Our monthly food drives are so successful that we share the groceries with the Georgetown Food Bank. Typically, when we provide food to a family, we provide a bag of groceries, along with a food gift card to be used for fresh food.

All this assistance is due to your generous donations. Thank you so much for contributing to our Assumption St. Bridget SVdP Conference so that we can assist our neighbors in need.

If you are interested in joining SVdP, please email Scott Pelton at peltonwoodin@hotmail.com.

To donate, please see our giving site on the parish website homepage and look for St. Vincent de Paul or connect with the QR code below.

If you or anyone you know needs help with basic needs like rent, food, utilities, and clothing, please call the SVdP of Seattle/King County Helpline: 206-767-6449 (8am-3pm - M-F).

Mother Cabrini can teach us how to pray better. Her energy was grounded in her rich prayer life. She had a ferocious desire to do whatever Jesus asked of her.

Mother Cabrini teaches us how to bear difficulties. When we struggle with challenges, acceptance can make the lighter. She said, "If you carry your cross willingly, the cross will carry you."

Mother Cabrini can show us how to grow in humility. St. Frances Cabrini's life is evidence that true humility can lead to bold action and courage. Let us ask her to show us how to follow in her footsteps of faith.

<https://cabrinishrinenyc.org/three-things-mother-cabrini-can-teach-us/>

Times change slowly. Just as in Mother Cabrini's time, our world today continues to deal with the challenges of immigration; people coming from war-torn countries, countries plagued with drought or famine, or countries hamstrung by poverty, drugs and human trafficking. Organizations such as one in New York, Cabrini Immigrant Services, help by empowering immigrants and their families with education, access to essential services, and working with communities to be more inclusive.

I have a great personal story about Mother Cabrini. In 2012, a friend of mine had fallen and broken her thigh just above her knee replacement. A short time later I went to the Midwest to teach iconography near Chicago. A friend took me to see sights, including the Mother Cabrini shrine/monument in Chicago. We entered the church and I gazed at the altar, where a relic could be seen from far back in the nave.

It was the thigh bone of Mother Cabrini. After I stopped chuckling, I made an offering to Mother Cabrini and said a prayer of healing for my friend, Maggie.

My Chicago friend was a doctor, and during his training he worked sometimes at Columbus hospital site located near the shrine. He said that videos would be shown in patients' rooms, and that if no video was available, an image of Mother Cabrini's thigh bone would appear on the screen.

Prayer

Almighty and Eternal Father, Giver of all Gifts, show us Your mercy, and grant, we beseech You, through the merits of Your faithful Servant, Saint Frances Xavier Cabrini, that all who invoke her intercession may obtain what they desire according to the good pleasure of Your Holy Will ... (name your request).

O Lord Jesus Christ, Savior of the world, mindful of Your bountiful goodness and love, deign, we implore You, through the tender devotion of Saint Frances Xavier Cabrini for Your Sacred Heart, to hear our prayers and grant our petitions.

O God, the Holy Spirit, Comforter of the afflicted, Fountain of Light and Truth, through the ardent zeal of Your humble handmaid, Saint Frances Xavier Cabrini, grant us Your all-powerful aid in our necessities, sanctify our souls and fill our minds with Divine Light that we may see the Holy Will of God in all things.

<https://www.stemily.org/novena-to-st-frances-xavier-cabrini-2/#:~:text=O%20God%2C%20the%20Holy%20Spirit,of%20in%20all%20things.>

Please continue to pray for me as I create icons of St. Brigid and Mother Cabrini for your parish. As I work I pray for all of you. Kathy Sievers

The two icon panels now each have ten layers of gesso on them. I purchased a new sander with a vacuum, as I'll be sanding them in my studio due to the rainy season. Rather than send pictures of blank white panels, I will share more info about St. Bridget and Mother Cabrini. Note: I use the spelling of Brigid or Bridget interchangeably. The next icon update will show the panels with the drawings lined in brown.

The Celtic name Brigid means fiery arrow. It can be traced back to the goddess of the same name, with whom Brigid is often confused. The name Brigid is derived from the Gaelic noun brigh, which means power, strength, vigor, virtue, or exalted. Brigid is sometimes called Mary of the Gael, or Bride of the Holy Fire.

Brigid is recognized as a saint in Catholic, Anglican, and Eastern Catholic and Orthodox churches. A total of 46 miracles are attributed to St. Bridget, which include healing, making or increasing amounts of food, taming domestic animals—all to aid those in need.

At St. Bridget Parish, you follow in Brigid's example in your outreach to poor and sick, particularly helping those families staying at the nearby Children's Medical Center.

A flower, Anemone Coronaria St. Brigid, is a florist favorite, with lavish colors and a long vase life. It is a tough plant that can return year after year. This rugged flower can be a metaphor for the determination and vigor to serve others at St. Bridget Parish.

In Ireland, an old tradition is to put a blue ribbon outside one's house on the night of January 31/ Feb. 1. The tradition holds that Brigid will pass by and will bless the ribbon, which can then be used to cure migraines. I have personal experience with migraines so this sits very well with me.

Brigid is the patron saint of midwives, newborns, abused children, Irish nuns, fugitives, blacksmiths, dairy workers, boat men, chicken farmers, cattle, scholars, sailors, those with migraines, and more.

The feast of St. Brigid is Feb. 1. An old custom in Ireland is to celebrate with a meal of potatoes, freshly churned butter, chopped cabbage, and apple cakes, served with tea.

In Ireland in 1964, 595 babies were named Brigid, the 8th most popular name of that year. In 1965, the total was 293, 26th most popular name. From 1995 to 1962, 62 girls were named Bridget. From 2018 to 2020, 11 girls were named Brigid, and in 2021, only 3. Her name has fallen out of favor, yet she lives on in the lives of believers and in parishes dedicated to her.

Prayers to St. Bridget

St. Bridget, inspire us to act justly and to reverence all God has made.

<https://stbridgetberryville.org/>

May the mantle of your peace cover those who are troubled and anxious, and may peace be firmly rooted in our hearts and in our world. Inspire us to act justly and to reverence all God has made. Brigid you were a voice for the wounded and the weary.

<https://www.irishchaplancy.org.uk/7512#:~:text=May%20the%20mantle%20of%20your,the%20wounded%20and%20the%20weary.>

Icon Project for St. Bridget Parish Seattle, WA April 2023



Hello St. Bridget Parish!

This is an introduction to the creation of icons for your sanctuary. In this very rough sketch, you see the general layout of the icons and how they will fit in the sanctuary.

St. Bridget of Kildare is to the left of the altar, and St. Frances Xavier Cabrini is to the right.

Both of these saints are powerful figures who lived their faith in Jesus Christ by serving others.

This newsletter will be sent to you monthly.

Icon Project for St. Bridget Parish Seattle, WA

April 2023

Here is a brief outline of the steps in the process of creation of icons.

1. Refine drawings of the saints
2. Create large wood panels the correct size
3. Apply gesso for the base coats on the panels; sand panels smooth
4. Transfer the enlarged drawings to the prepared panels
5. Begin applying color, then paint highlights
6. Apply gold leaf to haloes, etc
7. Finishing touches: paint, inscriptions, borders
8. Varnish completed icons.
9. Deliver icons to parish
10. Install and bless icons

I expect the project to take from one to one and one-half years. As I progress through the stages, I will send newsletters to update your community.

I will include information about St. Bridget and St. Frances in each newsletter. They led fascinating lives and are courageous models of Christianity for all of us.

An important part of the process of creating icons is to establish a prayer relationship. I will be praying for you as I work on the icons.

I ask that you would pray for me as I undertake this project.

Peace in Christ,
Kathy Sievers



To create icons, I begin with the Sacramentary and look at the prayers for the feast day of the saint. I study their lives.

Then I look at images that have been created throughout history, models from Western and Eastern Christianity. I also analyze the images to discover the proportions and ratios of the figures and setting.

A canon of rules exist for creating icons, which I follow. These rules have been handed down throughout Christianity. Once I am familiar with the rules for a particular saint, I am free to create variations that remain true to the canon.

Since both of these saints are Western, I can look at models of women saints in the Eastern Church as prototypes.

Sometimes stained glass windows are helpful, such as this image of St. Bridget.

I live just west of Portland, OR. If you are traveling in this area, you are welcome to come see the icons in process in my studio.

Icon Project for St. Bridget Parish Seattle, WA

April 2023



ST. BRIDGET OF KILDARE

St. Bridget lived in Kildare, Ireland, from 451 to 525. She is considered a pillar of Christianity in Ireland, along with St. Patrick and St. Colomba. She was born a slave, as was her mother. She served the poor from a very young age.

She started communities of religious in Ireland. She ruled as an Abbess over her monastery of Kildare, thus the staff is a symbol of her authority.

ST. FRANCES X. CABRINI

St. Frances Xavier Cabrini was born in Italy in 1850. She came to the US as a missionary sister to serve the large numbers of Italian immigrants who had come to the US. She started schools and orphanages for many children, including one just across the street from your parish, which is now Villa Academy.

