



Assumption | Our Lady of the Lake | St. Bridget | St. Catherine of Siena

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stbridgetchurch.org



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(206) 524-8800
stcatherineparish.net

MARCH 30, 2025 | THE 4TH SUNDAY OF LENT





Assumption Catholic Church

(206) 522-7674

MASS TIMES

Monday, Wednesday & Friday at 9:00am | Sunday at 9:00am
Reconciliation: Friday at 9:30am

FRONT OFFICE

Annie Costello
annie@assumptionseattle.com

OFFICE ASSISTANT

Mary Green
maryigreen@assumptionseattle.com

MUSIC DIRECTOR

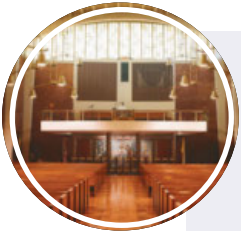
Craig Garretson
cgarretson.baritone@gmail.com

RELIGIOUS EDUCATION

Ellen Bollard
bollardeg@aol.com

CUSTODIAN

Kenny Kahaloe



Our Lady of the Lake

(206) 523-6776

MASS TIMES

Wednesday & Thursday at 9:00am | Saturday at 5:00pm
Sunday at 10:30am | Reconciliation: Saturday at 4:00pm

ADMINISTRATIVE ASSISTANT

Colleen Baardese
cbaardse@neseattlecatholic.org



St. Bridget Church

(206) 523-8787

MASS TIMES

Monday & Friday at 9:00am | Wednesday at 6:30pm | Sunday at 9:00am
Reconciliation: Wednesday at 5:30pm

ADMINISTRATIVE ASSISTANT

Mary-Anne Mutua
mary-anne@stbridgetchurch.org

PAS. ASST. MUSIC & CONFIRMAT.

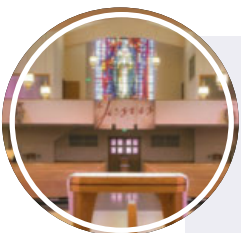
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PAS. ASST. ADULT FAITH FORM. & LITURGIES

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ADVANCEMENT & PROGRAMS

Anne Lovinger Earhart
anne@stbridgetchurch.org



St. Catherine of Siena Church

(206) 524-8800

MASS TIMES

Tuesday & Thursday at 9:00am | Saturday at 5:00pm
Sunday at 10:30am | Reconciliation: Saturday at 4:00pm

ADMINISTRATIVE ASSISTANT

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reception@stcatherineparish.net

DIRECTOR OF MUSIC

Jennifer Kowalewski
jkowalewski@st-c.org

03 | GET TO KNOW US

NE Seattle Catholic Community



NE Seattle Catholic Community All-Parish Family Clergy & Staff

PASTOR

Fr. William Heric
wheric@neseattlecatholic.org

PAROCHIAL VICAR

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frduc@neseattlecatholic.org

DEACON

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DIR. OF COMMUNICATIONS

Susie Lane
susie@neseattlecatholic.org

DIRECTOR OF LITURGY

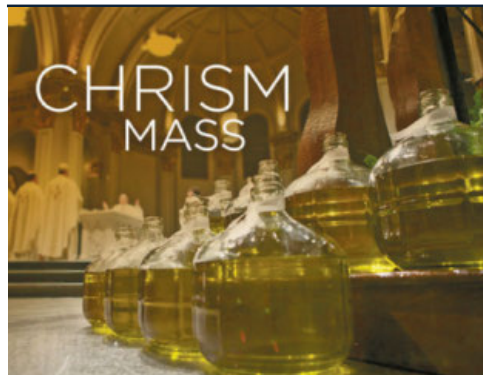
Kristin Holland
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FACILITIES SUPERVISOR

Jakob Pruss
jpruss@ollseattle.org

MARKETING SPECIALIST

Gabriela Olivas
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Chrism Mass

April 10, 7pm. St James Cathedral

Join Archbishop Etienne for the Chrism Mass and the blessing of the holy oils which will be used in the administration of the sacraments at Easter and throughout the archdiocese for the year.

These holy oils include oil of catechumens, the oil of the infirm and holy chrism. **Livestream @ ArchdioceseofSeattle.**

The bishops and all the priests of the Archdiocese join in this Mass and renew their priestly promises during the liturgy. The deacons also participate.

All are welcome to join us for this beautiful liturgy.susie

A REFLECTION BY FR. HERIC

Dear Friends in Christ,

This past Wednesday, we had an initial meeting of those who have been nominated to serve on the **Parish Family Advisory Council**, henceforth known as **PFAC**. This is the consultative body that will eventually serve as the pastoral council for the single parish we will become in NE Seattle. The "Handbook for Parish Families" describes the role of the PFAC as follows:

*This council is the pastor's go-to group to consult about **Partners in the Gospel**, including changes that impact the parish family, shared events, collaboration across parishes, and more. Comprised of parishioners from each parish in the family, this council focuses on the health of the entire parish family, looking beyond the needs of each individual community. They will be the key consultative body for the creation of the strategic pastoral plan called the One Parish Plan that will be submitted to the archbishop prior to becoming one canonical parish. **They will also help ensure the necessary discernment processes are in place for the completion of the strategic pastoral plan.***

I've highlighted the last sentence because it describes what I think is the most important role of the PFAC, which is to facilitate the discernment that is vital to the success of this plan. **Discernment** involves regular prayer, listening, dialogue, and forming a consensus as to what the Holy Spirit is calling us to become as the Catholic Community in NE Seattle. Discernment involves everyone in our four parishes. One of the PFAC's essential roles will be to facilitate synodal listening sessions to hear the hopes and dreams of our community, and also the fears and concerns we need to address in becoming a single parish.

We are blessed to have 18 people willing to serve on our PFAC. In order to become a manageable working group, we are narrowing the final number to 12, which will include 3 representatives from each of our four parishes. I hope to announce the members of the group sometime after Easter, and to begin meeting with them regularly from that point on. Please pray for this process to produce a dynamic and spirit filled renewal of the life of our NE Seattle Catholic Community!

Blessings of peace,

Fr. William Heric, Pastor



Mass Intentions

Our Mass celebrants will remember the following Intentions during the celebration of the Eucharist:

MONDAY, MARCH 31

9:00 am | Maria Luisa Buan † - AP

9:00 am | For Ronald Messenger † - STB

TUESDAY, APRIL 1

9:00am | For the Parish † - STC

WEDNESDAY, APRIL 2

9:00am | For the Parish † - AP

9:00am | For the Parish † - OLL

6:30pm | For the Parish † - STB

THURSDAY, APRIL 3

9:00am | For the Parish † - OLL & STC

FRIDAY, APRIL 4

9:00 am | For the Parish † - STB & AP

Mass intentions may be requested through the parish office.



Readings for the week of March 30, 2025

Sunday:

Jos 5:9a, 10-12/Ps 34:2-3, 4-5, 6-7 (9a)/
2 Cor 5:17-21/Lk 15:1-3, 11-32

Scrutiny: 1 Sm 16:1b, 6-7, 10-13a/Ps 23:1-3a, 3b-4, 5, 6 (1)/Eph 5:8-14/
Jn 9:1-41 or 9:1, 6-9, 13-17, 34-38

Monday:

Is 65:17-21/Ps 30:2 and 4, 5-6, 11-12a and 13b/Jn 4:43-54

Tuesday:

Ez 47:1-9, 12/Ps 46:2-3, 5-6, 8-9/Jn 5:1-16

Wednesday:

Is 49:8-15/Ps 145:8-9, 13cd-14, 17-18/
Jn 5:17-30

Thursday:

Ex 32:7-14/Ps 106:19-20, 21-22, 23/
Jn 5:31-47

Friday:

Wis 2:1a, 12-22/Ps 34:17-18, 19-20, 21 and 23/Jn 7:1-2, 10, 25-30

Saturday:

Jer 11:18-20/Ps 7:2-3, 9bc-10, 11-12/
Jn 7:40-53

Next Sunday:

Prayer Corner

Please pray for those who are ill:

Christine Adkins
Carmina Bacani
Ryan Corr
Onyeka Enaholo
Susan Donat
Phil Hart
Barbara King
Marianne Roulet
Terry Smith
Frank Virant

For those who have died:

Kristine Anderson
Fr. Gerard (Jerry)
Chapdelaine



05 | COMMUNITY LIFE

NE Seattle Catholic Community

Get Involved in Our Ministries!

Choir - All Parishes

SEEKING NEW MEMBERS!

All voice types, experience levels and instrumentalists are welcome. Combined musical opportunities between all ensembles will be coming soon for multi-parish celebrations.

Contact Sarah Chopyak at sarah@stbridgetchurch.org to learn more!

Homebound Ministry

ALL PARISH

We are seeking volunteers from all parishes to help with homebound ministry, an important act of service bringing the Eucharist to parishioners who cannot attend Mass, as well as checking in to see who needs help or assistance in their lives, spiritually or other. Please contact **Fr. Duc Nguyen** to sign up!

Lectors

ALL PARISH

Lectors proclaim the scriptures at Sunday, Saturday, and weekday Mass. This is a wonderful ministry for those who are comfortable with public speaking! Please contact the following at your parish for more information on getting involved!

STB - JJ Horner, matzje@hotmail.com

STC - Joe Bringman, jbringman@perkinscoie.com

OLL - Teresa Chudecke, chud8@comcast.net

AP - Sara Ireton, saraireton@comcast.net



Iron Sharpens Iron: Seattle Catholic Men's Conference

12th Annual Seattle Catholic Men's Conference: "Refined Through Love"

The Seattle Catholic Men's Conference invites men of all ages and backgrounds to deepen their faith and strengthen their families through prayer and action. This year's theme, "Refined Through Love: Becoming the Man You Are Called to Be," focuses on personal growth in faith, spirituality, and morality.

Saturday, May 24, 2025 at Holy Rosary Parish, 760 Aloha Street, Edmonds, WA

Join us for a day of fellowship, inspiration, and spiritual growth.

For more information and to register, please visit <https://www.seattlemensconference.org>.

Lenten Recipe - Chole Punjabi

Contributed by Mary Jo Gasparich

Ingredients: 1 T canola oil, 1 onion, 2 tsp minced garlic, 1 minced jalapeno, 1 -14oz can diced tomatoes, 1.5 tsp paprika, 1 tsp ground coriander, 1/2 tsp garam masala, 1/4 tsp turmeric, 1 tsp salt, 2 - 15 oz cans chickpeas, 1 tsp lemon juice, prepared brown rice.



Method: Heat oil. Cook onion until soft and translucent. Add minced garlic and jalapeno for 1 min. Add canned tomatoes, undrained. Cover and cook 5-6min. Transfer to a blender or blend using an immersion blender. Return contents to pan and add spices, chickpeas, and lemon juice. Simmer over low heat, stirring about every 10 minutes for a total of 50-60 min. Serve over brown rice.



CRS Rice Bowl Stories

A Desire to Make a Difference

In 1975, Catholics in Allentown, Pennsylvania, prayed, fasted and gave alms to help people suffering from famine in the Sahel region of Africa—marking the beginning of what would become CRS Rice Bowl. Since then, generations of Catholics across the United States have come together each Lent with one common goal: to end global hunger.

In the 50 years since, we've been deeply moved by the commitment and impact you've had on this shared mission. CRS Rice Bowl has been proud to bring stories of hope to you and your family—stories about how our sisters and brothers are engaged in activities that break the cycle of hunger and build health and resilience.

Whether this is the first time you're participating in CRS Rice Bowl, or you were one of the founding parishioners from Allentown,

Pennsylvania, we must come together to hear their stories and address this urgent need—because everyone deserves plenty to eat.

In this holy season, let us recommit to our global family as we pray:

Jesus, Bread of Life,

As we encounter you in the Eucharist this Lent,

nourish us with your love,

unite us in communion with our sisters and brothers,

showing us how we are connected.

Transform our hearts, that we may be moved to

share bread for life with our global family

and work for a world where all can thrive.

Amen.

Donate today at crsricebowl.org



Child Abuse Prevention Month

April is National Child Abuse Prevention Month. During this month, Archbishop Etienne is encouraging everyone to increase our awareness, to educate ourselves and our communities, and to pray for healing for those who have been tragically impacted by the scourge of child abuse. To learn about the Archdiocese of Seattle's longstanding commitment to transparency, accountability, and assistance to victims of abuse, as well as safe environment standards, visit: <https://archseattle.org/protect-and-heal/>



Teen Jubilee Pilgrimage and Service Project

April 26 | 10 a.m.-3:30 p.m. | Multiple locations

This local celebration features a spotlight on Blessed Carlo Acutis, a pilgrimage walk to St. James Cathedral and a service opportunity. Learn more and register here: <https://archseattle.org/events/teen-jubilee-service-project-and-pilgrimage/>

Have a bulletin story or pictures to share? Scan this code to learn more.



07 | COMMUNITY LIFE

NE Seattle Catholic Community

Lent Movie Nights!

Join us for Movie Nights at St Bridget's! We will have light snacks and beverages available; feel free to bring snacks and drinks of your own as well!

We are looking for teen volunteers to be present to help at the April 4th screening - service hours available! Contact Anne at anne@stbridgetchurch.org if interested!

At each screening an optional monetary or item donation that will go to St Vincent de Paul Society will be gratefully appreciated.

Please note the ages at each screening; not all movies will be appropriate for kids. Viewers are welcome to bring pillows and blankets from home.



April 4th @6:30pm - Joseph & The Amazing Technicolor Dreamcoat (ages 5+) Join us for Family Stations of the Cross before the movie!

April 12th @6:30pm - Jesus Christ Superstar (ages 15+)

April 14th @6:30pm - Passion of the Christ (ages 17+)



Social Seniors

Join Us for Social Seniors at St. Bridget's!

Come connect with friends old and new at our Social Seniors Gathering on **Wednesday, April 9 at 11:00 AM** in the parish hall! Enjoy good company, great conversation, and light refreshments. All are welcome—bring a friend! We look forward to seeing you!

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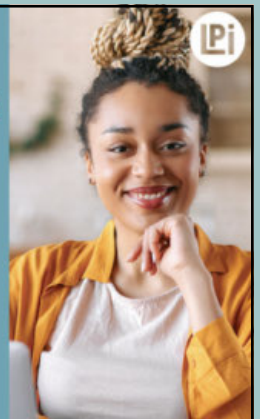
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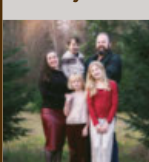


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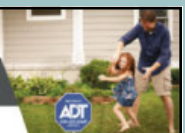
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