



Words...so many words

The number of words coming into our brains daily can be overwhelming, and the season of Lent is no exception. The *Little Black Book, Living Faith*, the booklet the parish sent home, online daily reflections, homilies...so many words! In our desire to be open to the words God has to speak to our hearts, we can allow ourselves to drown in a sea of words.

In his homily for the Lenten weekday of Tues. March 12, Fr. Eugene shared that the purpose of the School of Lent is to deepen our relationship with the Father, and that is where the disciplines of Lent - prayer, fasting and almsgiving - lead us.

Words can lead us to prayer, of course, but there can be too much of a good thing. Relationships are built on two way communication and if we are focused on too many words we can fail to get the one message that God might have for us for the day. That requires quiet.

Here are some ideas to stem the flow:

- Pray to be open to God's message for you.
- Choose a quiet time and place.
- Cut down on social media use.
- Turn off the radio and TV.
- Choose one or two Lenten resources on which to focus, maybe not the same ones every day.
- Open your Bible and read until a word or phrase seems to draw your attention.
- Sit with the words that seem to speak to you. Ask questions of God. Try to stay with the silence that will allow you to hear the voice of God within.
- Be present to God in creation.
- Be still, and know that God is God. (Psalm 46)

Discipleship Update

Volume 2, Issue 5 March 2019

Our New Prague Area Catholic Community parish mission:

We are a Catholic community forming disciples of Jesus Christ dedicated to loving God through our worship, sharing the Good News, and loving service to others.

growing
together

Want to enter more deeply into Holy Week this year?

The beautiful Holy Thursday service offers a number of opportunities for families and people to participate. It involves a presentation of the oils that are used throughout the year for various anointings. In a beautiful ceremony, the altar is dressed for our Eucharistic meal. The Gospel focuses on Jesus washing the feet of his disciples. At the Mass, volunteers wash each others' feet, to remind us that we are all to love and serve, as Jesus did. Our adult choir is also there to lead us as we give glory, praise, and thanks to our God. This service is packed full of meaning.

If you would like to be part of this Mass, call the parish office (952-758-3225) soon to be put in touch with the committee who organizes participation in Holy Week. If you have not been at a Holy Thursday service here, please consider taking part this year.

