



St. Patrick Faith Formation

Anamosa

GROWING TOGETHER IN FAITH

August | 2025

August is the month dedicated to the Immaculate Heart of Mary.

The Immaculate Heart of Mary symbolizes the pure and loving heart of Mary, Jesus' mother.

We honor Mary's heart because it shows her deep love for God and her caring nature towards everyone. Mary's heart is shown with a sword piercing it, surrounded by roses, and burning with love. This image reminds us of her sadness and her strong dedication to God.

We celebrate the Immaculate Heart of Mary on the Saturday after another special day the Solemnity of the Sacred Heart of Jesus. This day encourages people to follow Mary's good example and ask for her help. Mary's heart helps us remember her important role as Jesus' mother and how she still watches over people today.

During the month of August, we honor Mary with three feast days:

August 5- The Dedication of the Basilica of St. Mary Major.

August 15- Assumption of the Blessed Virgin Mary *The Feast of the Assumption is a holy day of obligation. Don't forget to go to Mass!

August 22- Queenship of the Blessed Virgin Mary. Watch this video from Bishop Barron.

Honor Our Lady in a special way this month. Pray the Angelus, the Rosary, or the Memorare daily, or participate in the First Five Saturdays devotion.



It is truly inspiring to witness the youth from St. Patrick, St. Paul, and the First Congregational United Church of Christ unite with open hearts to impact the lives of others. By creating 100 reusable t-shirt bags for those experiencing homelessness, they have not only offered a practical solution for those in need but also shown their commitment to fostering a brighter future for our community. Well done!

SAVE THE DATE

Faith Formation Open House for New and Current Families!

Sunday, August 17
9:00 AM – 10:00 AM
Church parish hall

- Learn about our Faith Formation Program and Sacramental preparation
- Receive information on our 2025-2026 class schedule



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FAITH IN ACTION

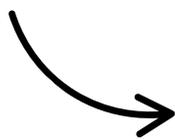
Join us this summer as the First Congregational United Church of Christ, St. Patrick, and St. Paul unite in faith and fellowship to create a positive impact in our local community.

- T-Shirt Bags for the Homeless Shelters
- Assist in Making Laundry Detergent for the Jones County Food Bank
- Prepare a Meal for the Willis Dady Homeless Shelter
- Have a Fun Afternoon of Bingo with Residents of Anamosa Care Center

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*Students in grades 6-12 (entering Fall 2025)

Scan the QR code to register or [click here](#).



St. Patrick Coffee Club

Join us! Perfect blend of great coffee, easy conversation, and encouragement to get you through the week.

9 a.m.-10:30 a.m.

Wednesdays at Grounds & Goodies

Wednesday, August 13!

Join us for music and fun with Steve Angrisano & Mary's Meals Summer Concert Series.

Sing and pray together and learn about the efforts of Mary's Meals, a global movement with the vision that every child deserves an education and enough to eat.

Mary's Meals provide meals at places of education in the world's most impoverished communities, currently to over 2 million children worldwide.

***No cost for the concert; free will donations accepted for Mary's Meals.

To learn more, click down below:

[The Story of Mary's Meals-Click Here](#)

[Steve Angrisano-Click Here](#)

ST. PATRICK WELCOMES

STEVE ANGRISANO & MARY'S MEALS

EVENING OF HOPE, MUSIC & STORYTELLING

 WEDNESDAY, AUGUST 13, 2025

 6:30 PM

 HIGH SCHOOL ELLEN KENNEDY FINE ARTS CENTER



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Engaging in Conversations About Faith with Your Teens

Teens often have inquiries regarding their faith and the importance of being Catholic. Parents can find helpful answers at CatholicCentral.com! This website offers entertaining videos that explore the history and truths of the Catholic Church, presented with humor and heart to enlighten and inspire.

- Check out the [Episode Guide](#) for brief descriptions of each video.
- Topics covered include:
 - Catholic Basics
 - Vocations
 - Catholic Prayer
 - Catholic Social Teaching

Each episode features a video, along with additional resources and more!



Walking with Moms in Need

WalkingWithMomsIowa.com is a website designed to support women struggling with motherhood, particularly those with pre-born or newborn children.

To find local parishes offering resources for pregnant and parenting women, visit WalkingWithMomsIowa.com.



Iowa Catholic Youth Conference (ICYC) Returns for Its 5th Year

The Iowa Catholic Youth Conference (ICYC) is back for its fifth year, featuring an event for high school students on the evening of **Saturday, March 21**, and a middle school gathering on **Sunday, March 22**.

Both events will take place at St. Ludmila Church in Cedar Rapids. Stay tuned for more information and registration details coming this fall!

August Saints and Feasts

Connect with the Saints!

Saints can teach us many things. Here you will find information about Saints. There are brief descriptions about a few of the "Saints of the Month," as well as additional resources.

- August 1- [St. Alphonsus Ligouri](#)
- August 4 - [St. John Vianney](#)
- August 8 - [St. Mary MacKillop](#)
- August 8 - [St. Dominic](#)
- August 9 - [St. Teresa Benedicta of the Cross](#)
- August 11 - [St. Clare of Assisi](#)
- August 12 - [St. Jane Frances de Chantal](#)
- August 14 - [St. Maximilian Kolbe](#)
- August 20 - [St. Bernard of Clairvaux](#)
- August 21 - [St. Pius X](#)
- August 24 - [St. Bartholomew the Apostle](#)
- August 27 - [St. Monica](#)
- August 28 - [St. Augustine](#)



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First Friday Adoration - August 1
6:30 a.m. - 8 p.m.



Attend First Friday Adoration as a family. This provides you and your children a chance to slow down and quiet yourselves before Jesus and to nurture and grow your relationship with our Lord.

"Could you not watch one hour with Me?"

Exciting Announcement! Every First Friday of the month, join St. Patrick Church from 6 p.m. to 7 p.m. for Family Adoration.

The Eucharist is the source and summit of our Catholic Faith. Spending time in the presence of Christ in the Eucharist provides immeasurable graces for families! Our children are a gift from Him, and we need to bring them back to Him. There is no better way to pray directly for their needs than with them in Adoration.

We understand that taking your family to Eucharistic Adoration may sound daunting.

**What if they talk?
What about the fidgeting?
What if they make noise?**

Family Eucharistic Adoration creates an opportunity for you and your child, regardless of their age, to spend time at the feet of our Lord in the Eucharist. **The sounds, the wiggles, and questions are not only welcome but encouraged!**

Here are some helpful tips for bringing your children to Adoration:

Start small: Begin with five minutes, then try ten, fifteen, and gradually work your way up to a comfortable goal.

Be confident: Sit near the front, share whispers about Jesus, smile at fellow adorers, and trust that you're making the right choice. Remember: Jesus is eagerly waiting for them! Let them know how thrilled He is to see them!

Provide your children with a rosary, a children's prayer book, or a journal for jotting down their prayers to Jesus.

Jesus made it clear that He welcomed children during His time on Earth: "Let the children come to me..." Clearly, He desires their presence in Adoration.

We invite you to join us as we pray together.



St. Patrick Family Activities

10 August Activities for Families - [Click Here](#)

Visit one of the Shrines or Holy Places in Iowa - [Click Here](#)

5 ways to keep your summer faith-filled - [Click Here](#)

Plan a tour of local churches in the [Archdiocese of Dubuque](#) this summer

10 Summer Ideas for the Catholic Family - [Click Here](#)

Taking a road trip? Here are some fun family [conversation starters](#)

Make plans this summer: [Activities](#) include a daily to do list, rainy-day activities, tv shows, books and more!



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Stages of Marriage

All thriving marriages experience change; this sustains their vitality and growth. ForYourMarriage.org offers resources to help couples understand and live out God's vision for joyful marriages.

Explore this [article](#) to learn about marriage stages and identify the cycles of growth you might be experiencing. Remember, marriage evolves over time, and knowing what to expect can guide you and your spouse toward deeper growth and holiness.



Save the Date- September 7, 2025! She Shall Be Called Woman

This season, we will embark on a profound exploration of what it means to embody the identity of Christ's bride in the world.

Season Three: Love Unveiled

- Session 1: Spoken For
- Session 2: Surrendered
- Session 3: Living Sacrifice
- Session 4: Strength Beneath the Veil
- Session 5: Rescued
- Session 6: Redeemed
- Session 7: Waiting for Happily Ever After
- Session 8: The Wounded Heart
- Session 9: Woman in Love

Prepare your heart for an unforgettable experience where you will be pursued by the Lord in a way that deepens your love for Him, invites your soul to heal, and fortifies your relationship with Christ.



Heads Up Men!

That Man Is You (TMIY) is Back for It's 4th Year - Saturday, September 6 at 6:00 am

Other than the Knights of Columbus, TMIY is the most successful men's group in the last 50 years at St. Patrick. This season features new speakers (plus some of our favorites from the past), new conversations, and larger than ever attendance.

More than 20 men attended at least one session last year, and average attendance was 12-14 men ages 18-78 each Saturday



Celebrate the Year of the Jubilee!

The Year of Jubilee, themed "Pilgrims of Hope," invites us to a spiritual journey of reconciliation, renewal, and awakening.

July 28 - August 3: [Jubilee of Young Adults and Young People \(Ages 18-35\)](#)

A Resource Packet can be found [HERE](#).

The Jubilee Year also provides Catholics with an opportunity to obtain a [special Plenary Indulgence](#). Click [HERE](#) to learn more about the decree explaining the plenary indulgence.

Throughout the Jubilee Year, topics will be highlighted for which to celebrate and offer prayers.

For more information, visit dbqarch.org/jubilee.