



St. Patrick Faith Formation Anamosa



GROWING TOGETHER IN FAITH

September | 2025

The month of September is dedicated to
Our Lady of Sorrows.

September is dedicated to Our Lady of Sorrows in the Catholic Church, a time to reflect on the profound grief and suffering endured by the Virgin Mary, particularly during the Passion of Christ.

This dedication invites the faithful to contemplate Mary's Seven Sorrows, which include significant moments such as the prophecy of Simeon, the flight into Egypt, and her presence at the Crucifixion.

Observing this month, we are encouraged to deepen our empathy and compassion, drawing inspiration from Mary's strength and unwavering faith amidst adversity. Through prayer and reflection, believers seek to find solace and strength in their own trials, mirroring Mary's resilience and devotion. Here are some ways you and your family can observe the Feast on **September 15** – [click here](#).



We invite you to join us for a special celebration of **Catechist Sunday** and **Priesthood Sunday** on **September 28** at the 10:30 AM Mass. This is a wonderful opportunity to honor and express our gratitude for the dedicated catechists and priests who enrich our community with their faith and service. Following the Mass, we will gather in the parish hall to enjoy a delightful assortment of desserts and fellowship. We hope to see you there for this joyous occasion!



On September 8, we celebrate Mary's birthday. Here are some fun activities for families and a prayer. Let's thank God for the gift of Mary's life!

Let's observe this day with prayers, intercessions, family remembrance services, and a time of reflection.





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Engaging in Conversations About Faith with Your Teens

Teens often have inquiries regarding their faith and the importance of being Catholic. Parents can find helpful answers at CatholicCentral.com! This website offers entertaining videos that explore the history and truths of the Catholic Church, presented with humor and heart to enlighten and inspire.

- Check out the [Episode Guide](#) for brief descriptions of each video.
- Topics covered include:
 - Catholic Basics
 - Vocations
 - Catholic Prayer
 - Catholic Social Teaching

Each episode features a video, along with additional resources and more!



Join us!

Perfect blend of great coffee, easy conversation, and encouragement to get you through the week.
9 a.m.-10:30 a.m.
Wednesdays at Grounds & Goodies



We are immensely grateful to all who joined us for the event on Wednesday, August 13 featuring [Steve Angrisano](#) and in support of [Mary's Meals](#). It is heartwarming to see such a strong community coming together for a meaningful cause.

If you were inspired by the event and would like to contribute further, there is still time to donate to Mary's Meals. \$25.20 can feed a child for an entire school year! Thank you once again for your generosity and support. Together, we can make a difference.

You can give online (scan the QR Code), by mail, or by phone!

Please make checks or money orders payable to "Mary's Meals USA"
590 Bloomfield Ave #280
Bloomfield, NJ 07003
Telephone number #800-385-4983

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16 ways to do bedtime prayer with your kids.



Family Activities:

Easy fall crafts to make using things that can be found around the house- [click here](#).

10 September activities for Catholic families- [click here](#).

Seven Sorrows of Mary craft- [click here](#).

Salt Dough Cross to create on September 14th for the Exaltation of the Holy Cross- [click here](#).

Go outdoors and try to spot all the fall nature items- Fall Nature Hunt- [click here](#).

Our Catholic Faith: A Family Tree- [click here](#).

REGISTER NOW

[St. Patrick Faith Formation](#)

FAITH FORMATION REGISTRATION IS OFFICIALLY OPEN!



PLEASE REGISTER BY SEPTEMBER 3

REGISTER FOR OUR 2025-2026 FAITH FORMATION. STARTING WEDNESDAY, SEPTEMBER 10

REGISTER HERE: [ST. PATRICK 2025-2026 FAITH FORMATION](#)



September Saints and Feasts

Connect with the Saints!

Saints can teach us many things. Here you will find information about saints. There are brief descriptions about a few of the "saints of the month," as well as additional resources.

September 8: [Birthday of the Blessed Virgin Mary](#)

September 12: [Most Holy Name of Mary](#)

September 14: [Exaltation of the Holy Cross](#)

September 15: [Our Lady of Sorrows](#)

September 21: [St. Matthew, Apostle and Evangelist](#)

September 29: [Archangels Michael, Gabriel and Raphael](#)

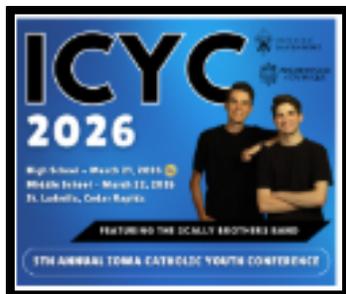


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Iowa Catholic Youth Conference (ICYC) Returns for Its 5th Year

The Iowa Catholic Youth Conference (ICYC) is back for its fifth year, featuring an event for high school students on the evening of **Saturday, March 21**, and a middle school gathering on **Sunday, March 22**.

Both events will take place at St. Ludmila Church in Cedar Rapids. Stay tuned for more information and registration details coming this fall!



Walking with Moms in Need

WalkingWithMomsIowa.com is a website designed to support women struggling with motherhood, particularly those with pre-born or newborn children.

To find local parishes offering resources for pregnant and parenting women, visit WalkingWithMomsIowa.com.

First Friday Adoration - September 5 6:30 a.m. - 8 p.m.



Attend First Friday Adoration as a family. This provides you and your children a chance to slow down and quiet yourselves before Jesus and to nurture and grow your relationship with our Lord.

"Could you not watch one hour with Me?"

SAVE THESE DATES!

**2026 Archdiocesan Women's Conference: Beauty in Christ
Saturday - January 31, 2026**

Mark your calendars for this event designed to gather women in your parish/cluster for a morning of friendship, faith, and formation! More information to come!



**2026 Archdiocesan Men's Conference
Saturday - March 28, 2026**

Mark your calendars for 2026 Archdiocesan Men's Conference with keynote speaker Gabriel Castillo. More information coming soon!



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SHARING THE JOYS OF MARRIAGE

For Your Marriage helps couples at all stages of life (dating, engaged, married, family life & parenting) to understand and live God's plan for happy, holy marriages by providing educational and spiritual resources.

Visit [*For Your Marriage*](#).

Save the Date- September 21, 2025! She Shall Be Called Woman

This season, we will embark on a profound exploration of what it means to embody the identity of Christ's bride in the world.

Season Three: Love Unveiled

- Session 1: Spoken For
- Session 2: Surrendered
- Session 3: Living Sacrifice
- Session 4: Strength Beneath the Veil
- Session 5: Rescued
- Session 6: Redeemed
- Session 7: Waiting for Happily Ever After
- Session 8: The Wounded Heart
- Session 9: Woman in Love

Prepare your heart for an unforgettable experience where you will be pursued by the Lord in a way that deepens your love for Him, invites your soul to heal, and fortifies your relationship with Christ.



Heads Up Men!

That Man Is You (TMIY) is Back for It's 4th Year - Saturday, September 6 at 6:00 am

Other than the Knights of Columbus, TMIY is the most successful men's group in the last 50 years at St. Patrick. This season features new speakers (plus some of our favorites from the past), new conversations, and larger than ever attendance.

More than 20 men attended at least one session last year, and average attendance was 12-14 men ages 18-78 each Saturday



Celebrate the Year of the Jubilee!

The Year of Jubilee, themed "Pilgrims of Hope," invites us to a spiritual journey of reconciliation, renewal, and awakening.

The Jubilee Year also provides Catholics with an opportunity to obtain a special Plenary Indulgence. Click [HERE](#) to learn more about the decree explaining the plenary indulgence.

Throughout the Jubilee Year, topics will be highlighted for which to celebrate and offer prayers.

For more information, visit dbqarch.org/jubilee.