



St. Patrick Faith Formation Anamosa



GROWING TOGETHER IN FAITH

October | 2025

October is dedicated to Our Lady of the Holy Rosary

The Rosary helps us meditate on the profound mysteries of salvation, encompassing the life, death, and resurrection of Jesus Christ. Each bead and prayer serves as a bridge connecting believers to the Divine, allowing them to reflect on the pivotal moments of the Gospel through the eyes of Mary. By honoring Mary, the Mother of God, through the Rosary, the faithful find solace, strength, and a deeper connection to their faith, drawing inspiration from her unwavering devotion and grace. Pray a single decade or the entire Rosary with your family each evening this month, enjoy a [Rosary activity](#) or pray along with your little ones-[videos](#). **Join us Tuesdays as we pray the Rosary for Life at 8 a.m. prior to Mass.**

Join us for Faith Formation on **Wednesday, October 8, at 6:15 PM**, as we gather to pray the Rosary alongside our older youth.



Faith Formation is off to a great start!

Upcoming FF Wednesday Dates:

- October 1: 6:15 PM – 7:30 PM
- October 8: 6:15 PM – 7:30 PM
- October 15: 6:15 PM – 7:30 PM
- October 18: Confirmation Retreat
- October 19: Confirmation Class
- October 22: 6:15 PM – 7:30 PM
- October 29: Catechist Meeting; no class

Keeping Halloween Holy

Halloween is a holiday rich in history and meaning. Read about the [Catholic origins of Halloween](#). This is a great opportunity to teach your kids about All Saints' Day and All Souls' Day. Celebrate your Catholic faith by promoting [Family Values on Halloween](#).





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First Friday Adoration - October 3 9 a.m. - 8 p.m.

Eucharistic Adoration provides a special opportunity to spend face-to-face time with Jesus in the Blessed Sacrament. For those that are new to Adoration...you might be curious: What exactly is Adoration? Adoration, which stands for Adoration of the Blessed Sacrament, is a sacred moment for prayer and connection with Jesus. During this time, the consecrated host, the Body of Christ, is taken from the tabernacle and displayed in a monstrance on the main altar. **The Blessed Sacrament is the Real Presence of Jesus –He is truly there!**

Each time you come to sit with the Lord is a unique and special time between you and Him. Here are some things you can do during your time with Jesus in Adoration:

- Sit in silence. Be open to hearing God's voice in the silence of your heart. Spending time in silence helps to quiet our minds and hearts so that we can keep Christ at the center of our lives.
- Pray or just talk to Jesus. Pray in thanksgiving, in petition, or in asking for forgiveness. Or simply talk to Jesus. Bring everything to Him.
- Read the Bible or other spiritual books. Immerse yourself in God's Word or powerful Catholic writings.
- Pray the Rosary.
- Journal your thoughts as you listen to God in prayer.

No matter what you choose to do, sit before Him and just **allow Him to love you**. If you long to be loved and filled with God's endless mercy; if you seek healing and hope, come to Him in Eucharistic Adoration. **He will accomplish wonderful things in your heart.**



Come out to the Fall Festival!

We will be serving roast beef, mashed potatoes and gravy, homegrown corn, coleslaw, sauerkraut, dinner rolls, pickled beets, desserts, milk, coffee, and lemonade.

Adults-\$15
Children 5-10-\$8
Under 5 are free
Carryout available

Country Store, crafts, children's games, silent auction, and a raffle!



Join us!

Perfect blend of great coffee, easy conversation, and encouragement to get you through the week.

9 a.m.-10:30 a.m.

Wednesdays at Grounds & Goodies



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Be sure to visit St. Patrick Church and St. Patrick School's booth at Pumpkinfest on **Saturday, October 4**, from 9 AM to 5 PM! We'll be handing out FREE material, welcoming visitors with friendly smiles, and showcasing the joys of being Catholic and a member of St. Patrick. Don't miss the chance to stop by and say hello!



October is Respect Life Month

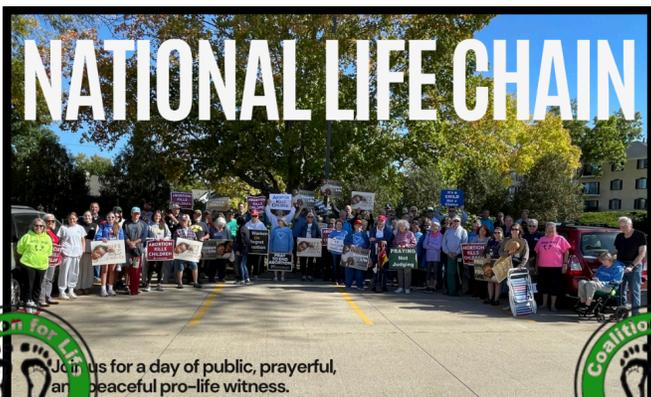
Every October, we consider more deeply why every human life is valuable, and we reflect on how to build a culture that protects life from conception to natural death.

Here are some simple steps you can use the materials at your home to celebrate Respect Life Month.

- Display the Respect Life Poster at your home or work.
- Talk with your family and friends about respect for human life on Respect Life Sunday.
- Pray for the protection of human life. Pray the Respect Life Novena.

Check out the Respect Life Month Statement.

"The gift of human life exists as a sign of hope to our world today, defying the powers of darkness and the culture of death."



Sunday, October 5, 2025

From 2 PM to 3:30 PM

2310 1st Ave NE, Cedar Rapids

- Meet at St. Matthew's Catholic Church
- Sign in
- Pick up a sign
- Prayer Rally Send Off

Participants are asked to register with Sue Martinek at susjmar@aol.com or 319-270-0054



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October Saints and Feasts

Connect with the Saints!

Saints can teach us many things. Here you will find information about saints. There are brief descriptions about a few of the "saints of the month," as well as additional resources.

October 1- St. Therese of Lisieux

October 2- The Holy Guardian Angels

October 4- St. Francis of Assisi

October 5- St. Faustina Kowalska

October 7- Our Lady of Rosary

October 11- St. John XXIII

October 12- St. Carlo Acutis

October 15- St. Teresa of Avila

October 17- St. Ignatius of Antioch

October 18- St. Luke, Evangelist

October 22- St. John Paul II

October 28- SS. Simon and Jude, Apostles



SHARING THE JOYS OF MARRIAGE

For Your Marriage helps couples at all stages of life (dating, engaged, married, family life & parenting) to understand and live God's plan for happy, holy marriages by providing educational and spiritual resources. Visit For Your Marriage.



We are immensely grateful to all who joined us for the event on Wednesday, August 13 featuring Steve Angrisano and in support of Mary's Meals. It is heartwarming to see such a strong community coming together for a meaningful cause.

If you were inspired by the event and would like to contribute further, there is still time to donate to Mary's Meals. \$25.20 can feed a child for an entire school year! Thank you once again for your generosity and support. Together, we can make a difference.

You can give online (scan the QR Code), by mail, or by phone!

Please make checks or money orders payable to "Mary's Meals USA"
13 Municipal Plaza P.O. Box 389
Bloomfield, NJ 07003
Telephone number #800-385-4983



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Iowa Catholic Youth Conference (ICYC) Returns for Its 5th Year

The Iowa Catholic Youth Conference (ICYC) is back for its fifth year, featuring an event for high school students on the evening of **Saturday, March 21**, and a middle school gathering on **Sunday, March 22**.

Both events will take place at St. Ludmila Church in Cedar Rapids. Stay tuned for more information and registration details coming this fall!



Engaging in Conversations About Faith with Your Teens

Teens often have inquiries regarding their faith and the importance of being Catholic. Parents can find helpful answers at CatholicCentral.com! This website offers entertaining videos that explore the history and truths of the Catholic Church, presented with humor and heart to enlighten and inspire.

- Check out the [Episode Guide](#) for brief descriptions of each video.
- Topics covered include:
 - Catholic Basics
 - Vocations
 - Catholic Prayer
 - Catholic Social Teaching



Family Activities:

[21 Ways to Pray a Family Rosary](#). Pray a single decade or the entire rosary with your family each evening this month.

The Feast of St. Therese "The Little Flower" is October 1st: [Coloring Page](#). [Make your own sacrifice beads](#).

Enjoy [angel food cake](#) for the feast of the Holy Guardian Angels, October 2nd. Pray [the Guardian Angel Prayer](#) together as a family.

Work on a [coloring page](#) for St. Francis on October 4th.

Spend the month reading from the Gospel according to Saint Luke. Saint Luke's feast day is October 18th.



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LOVE. SERVE. CONNECT.

Catholic Heart
Workcamp
July 12-18, 2026

Join Us for an Incredible Summer Opportunity!

We have a limited number of spots available for this wonderful chance to love, serve, and connect this summer!

This mission trip includes:

- Daily Mass, Eucharistic Adoration, and the Daily Rosary
- 4-Corners activities and Live Music
- Engaging Service Projects and Youth Programming
- All Meals & Lodging provided

Highlights:

- Service-focused projects
- Significant spiritual growth
- Genuine connections
- Plus all the fun of summer camp!
- *This opportunity is open to those entering 8th grade and above.*

Catholic Heart Workcamp invites you to participate in something greater through love, service, and connection. Our mission trips provide meaningful service projects, foster spiritual growth, and create lifelong friendships, equipping youth to make a positive impact in the world and deepen their relationship with God.

If you're interested in attending, please contact us at dbq005ff@dbqarch.org.

Limited spots available!



2026 Archdiocesan Women's
Conference: Beauty in Christ
Saturday - *January 31, 2026*

Mark your calendars for this event designed to gather women in your parish/cluster for a morning of friendship, faith, and formation! More information to come!

2026 Archdiocesan Men's Conference
Saturday - *March 28, 2026*

Mark your calendars for 2026 Archdiocesan Men's Conference with keynote speaker Gabriel Castillo. More information coming soon!



Walking with Moms in Need

WalkingWithMomsIowa.com is a website designed to support women struggling with motherhood, particularly those with pre-born or newborn children.

To find local parishes offering resources for pregnant and parenting women, visit WalkingWithMomsIowa.com.



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She Shall Be Called Woman

This season, we will embark on a profound exploration of what it means to embody the identity of Christ's bride in the world.

Season Three: Love Unveiled

- Session 1: Spoken For
- Session 2: Surrendered
- Session 3: Living Sacrifice
- Session 4: Strength Beneath the Veil
- Session 5: Rescued
- Session 6: Redeemed
- Session 7: Waiting for Happily Ever After
- Session 8: The Wounded Heart
- Session 9: Woman in Love

Prepare your heart for an unforgettable experience where you will be pursued by the Lord in a way that deepens your love for Him, invites your soul to heal, and fortifies your relationship with Christ.

Every Sunday at 8:30 AM - 10:00 AM in the Church Parish Hall. ****No meeting on Sunday, October 12. Have fun at the fall festival!**



Heads Up Men!

That Man Is You (TMIY) is Back for Its 4th Year - Saturday mornings at 6:00 am in the parish hall. Other than the Knights of Columbus, TMIY is the most successful men's group in the last 50 years at St. Patrick. This season features new speakers (plus some of our favorites from the past), new conversations, and larger-than-ever attendance.

More than 20 men attended at least one session last year, and average attendance was 12-14 men ages 18-78 each Saturday.



We would love to hear from you!

JIF Meeting #2: Sunday, October 19 @ 3:30 PM - 6:00 PM

JIF Meeting #3: Thursday, November 6 @ 6:00 PM - 8:30 PM