

# PRAYERS

*As Jesus taught his disciples how to pray, we too can teach our children and serve as models as they continue to grow in their faith. Please pray these prayers with your children throughout the year.*

## Sign of the Cross

In the name of the Father,  
And of the Son,  
And of the Holy Spirit.  
Amen.

## Our Father

Our Father, who art in heaven,  
Hallowed be Thy name;  
Thy kingdom come;  
They will be done on earth as it is in heaven.  
Give us this day our daily bread;  
And forgive us our trespasses  
As we forgive those who trespass against us;  
And lead us not into temptation,  
But deliver us from evil.  
Amen.

## Hail Mary

Hail Mary, full of grace,  
The Lord is with thee;  
Blessed are thou among women,  
And blessed is the fruit of thy womb, Jesus  
Holy Mary, Mother of God,  
Pray for us sinners now and at the hour of our death.  
Amen.

## Angel of God

Angel of God, my guardian dear,  
To whom His love commits me here  
Ever this day (or night) be at my side,  
To light and guard,  
To rule and guide.  
Amen

## Glory be to the Father

Glory be to the Father  
and to the Son  
and to the Holy Spirit  
As it was in the beginning,  
is now, and ever shall be.  
Amen.

## Prayer Before Meals

Bless us, O Lord and these thy gifts,  
which we are about to receive from Your bounty (goodness),  
through Christ our Lord.  
Amen.

## Nicene Creed

I believe in one God, the Father almighty,  
maker of heaven and earth, of all things visible and invisible.  
I believe in one Lord Jesus Christ, the Only Begotten Son of  
God, born of the Father before all ages.  
God from God, Light from Light, true God from true God,  
begotten, not made, consubstantial with the Father; through  
him all things were made. For us men and for our salvation  
he came down from heaven,  
(at the words that follow, up to and including and became  
man, all bow.)  
and by the Holy Spirit was incarnate of the Virgin Mary, and  
became man.  
For our sake he was crucified under Pontius Pilate, he  
suffered death and was buried, and rose again on the third day  
in accordance with the Scriptures. He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead  
and his kingdom will have no end.  
I believe in the Holy Spirit, the Lord, the giver of life, who  
proceeds from the Father and the Son, who with the Father  
and the Son is adored and glorified, who has spoken through  
the prophets.  
I believe in one, holy, Catholic and apostolic Church. I  
confess one Baptism for the forgiveness of sins and I look  
forward to the resurrection of the dead and the life of the  
world to come. Amen.

## The Spiritual Works of Mercy

Share knowledge.  
Give advice to those who need it.  
Comfort those who suffer.  
Be patient with others.  
Forgive those who hurt you.  
Give correction to those who need it.  
Pray for others.

## Act of Contrition

O my God, I am sorry for my sins, In choosing to sin, and  
failing to do good, I have sinned against You and Your  
Church. I firmly intend, with the help of Your Son, to make  
up for my sins and to love as I should.  
Amen.

## Morning Offering

O loving God,  
I give You this day,  
All that I think and do and say.  
Give You my love with Jesus Your Son.  
Today I will try to love everyone.  
Amen

## The Apostles' Creed

I believe in God,  
the Father Almighty  
Creator of heaven and earth,  
and in Jesus Christ,  
his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate, was  
crucified, died and was buried;  
he descended into hell;  
on the third day he rose again from the dead;  
he ascended into heaven, and is seated at  
the right hand of God the Father almighty; from there he will  
come to judge the living  
and the dead.  
I believe in the Holy Spirit,  
the holy Catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting. Amen

## The Ten Commandments

1. I am the Lord your God, you shall not have strange gods before me.
2. You shall not take the name of the Lord your God in vain.
3. Remember to keep holy the Lord's Day.
4. Honor your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.

## Seven Sacraments

1. Baptism
2. Confirmation
3. Eucharist
4. Reconciliation
5. Anointing of the Sick
6. Matrimony
7. Holy Orders

## Corporal Works of Mercy

Feed the hungry  
Give drink to the thirsty  
Shelter the homeless  
Visit the sick  
Visit the prisoners  
Bury the dead  
Give alms to the poor