



HOLY SPIRIT PARISH LIVING IN THE SPIRIT

FEBRUARY 26TH, 2023 | FIRST SUNDAY OF LENT



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MASS SCHEDULE

WEEKDAY MASS

Monday - Friday | 8:00am

WEEKEND MASS

Saturday | 5:00pm

Sunday | 7:30am, 9:00am, 11:00am
and 5:00pm

CONFESSION

Wednesday | 7:15am

Thursday | 5:15pm

Friday | 7:15am

Saturday | 3:00pm

GET IN TOUCH!

HOLY SPIRIT CHURCH

3601 E. Dudley Lane
Sioux Falls, SD 57103

605-371-2320
www.holyspiritsf.org

OFFICE HOURS

Monday - Friday
8:00am - 5:00pm

From the Desk of Father Schaeffbauer

Homilies are now available again on the website under "Liturgy."

"Every athlete exercises self-control in all things. They do it to receive a perishable wreath, but we an imperishable." (1 Corinthians 9:25)

The ancient Greek city of Corinth was home to a Panhellenic event known as the Isthmian Games. This sporting event was similar to the Olympic Games and occurred in the 2nd and 4th years of the Olympiad cycle (that is, the year before and the year after the Olympic events). These games were very popular and widely known in the ancient Greek world. So, St. Paul was very much justified in using athletic metaphors in his letters. He used these sports analogies for two reasons. First, because his audience was well aware of athletic life and the competitions for which they trained. Second, because the self-control practiced by athletes is very similar to the self-denial demanded of Christians.

Think, for example, of an athlete's training regimen. They refrain from certain foods and beverages, undergo intense workouts that target specific areas of the body, and maintain a consistent sleep schedule. Notice the theme: the athlete says 'no' to certain good things while saying 'yes' to less desirable or difficult goods. By learning true self-control, the athlete can truly order the good of his body to achieve a status of athletic excellence. But for what purpose? To attain a trophy, a title, an honor, that, ultimately, fades away.

The Christian life is no different. We learn to deny ourselves certain things not because they are bad, but because there is a certain excellence we desire to achieve. Of course, this is something we are to do daily; but the Church—like a good Mother caring for her children—provides us with an entire Liturgical Season (i.e., Lent) to practice and focus on self control. During these solemn 40 days, we are asked to say 'no' to some good things and 'yes' to less desirable or difficult goods. The more we can deny ourselves of good things, the easier it will be for us to say 'no' to that which is harmful to us, namely, sin. But we will also be more capable of receiving all the good that God offers us in this life, and ultimately the next. Christian self-control is rewarded with a prize that will never fade, but will last for all eternity. We call this beatitude, or union with God—Goodness itself—in which all our desires and labors will find rest and true satisfaction that will never fade.

~Fr. Zach Schaeffbauer



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Regan Manning
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LIFE OF THE PARISH

MONDAY, FEB. 27TH

5:00pm | CGS
6:15PM | Walking With Purpose
6:30pm | Boy Scouts

TUESDAY, FEB. 28TH

9:00am | CGS
6:00pm | Cub Scouts

WEDNESDAY, MAR. 1ST

7:15am | Confessions
8:45am | Jerry Johnson Bible Study
9:00am | Walking With Purpose

THURSDAY, MAR. 2ND

6:00am | Men's Group Core Meeting
5:15pm | Confessions

7:00pm | RCIA

FRIDAY, Mar. 3rd

6:00am | Men's Group
7:15am | Confessions
5:30pm | Stations of the Cross
6:00pm | K of C Lenten Meal

SATURDAY, MAR. 4TH

3:00pm | Confessions

5:00pm | Mass

SUNDAY, MAR. 5TH

7:30am | Mass 9:00am | Mass
11:00am | Mass 5:00pm | Mass

MASS INTENTIONS | FEBRUARY 27TH THROUGH MARCH 5TH

MONDAY

8:00am | Charles Small +

TUESDAY

8:00am | Joseph Solomon

WEDNESDAY

8:00am | Reed Grace +

THURSDAY

8:00am | Deceased Roemen Family +

FRIDAY

8:00am | Gloria Hansen +

SATURDAY

5:00pm | John and Evelyn Sehr +

SUNDAY

7:30am | William Daulton +
9:00am | Sheila Bryant +
11:00am | Jeff Cronk +
5:00pm | Holy Spirit Parishioners



New Members of the Parish

Shane and Marah Van Diest
Lucas and Megan Lueders
Dylan and Mary Bakken

RCIA

Fr. Schaeftbauer will talk about:
On Law, Virtue and Sin
If you are interested in joining the
Catholic Church, please contact the
parish office at 605-371- 2320.



Harvey Fridrich, father of
Yvonne Johnson.

Lent | Triduum | Easter

Stations of the Cross

Every Friday during Lent at 5:30

Friday Fish Dinners

Every Friday during Lent after the
Stations of the Cross.

Penance Service

Monday, April 3rd at 7:00pm

Holy Week Schedule

Palm Sunday, April 2nd

Saturday: 5:00pm | Sunday: 7:30am,
9:00am, 11:00am and 5:00pm.

Holy Thursday, April 6th

Mass of the Lords Supper : 7:00pm

Good Friday, April 7th

Divine Mercy Chaplet: 3:00pm

Passion of the Lord: 7:00pm

Easter Vigil Mass, April 8th

8:00pm

Easter Sunday Mass, April 9th

7:30am, 9:00am, 11:00am and

NO 5:00pm.

FORMATION

Religious Education Vacation Bible School: June 25th through the 29th.



Join us on a cosmic quest where we have a blast shining Jesus' light to the world. **S+ellar** rockets kids on an out-of-this-world adventure that's light years of faith-building fun.

VBS is for those 4 years old through 5th grade. Watch the bulletin for more information.

TAKE TIME TO CHAT

- Gospel Reading: Mt 4:1-11
- Questions to Discuss as a Family:

Today's Gospel says that Jesus fasted (didn't eat) for forty days and then he was tempted by the devil to use his power to turn stones into bread.

Jesus said no! Do you think it was hard for Jesus to stand up to the devil?

Have you ever been tempted to do something that you shouldn't do and, like Jesus, had the courage and strength to say no? Share about this experience.

What does this Gospel story teach us about Jesus?

Family Prayer

Learn the Act of Contrition. Explain to children that, at times, we all give in to the temptation to sin. We say the Act of Contrition to show sorrow for our sins (**CCC 1451**) when we celebrate the Sacrament of Reconciliation.

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against You whom I should love above all things. I firmly intend, with Your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In His name, my God, have mercy.

Family Challenge

Invite each family member to pick a person in their life that challenges

them or makes their life difficult. Ask each family member to "go the extra mile" to do something kind for them this week.

Check out www.52sundays.com for Sunday Mass readings, family activities, recipes, saints, and more.

YOUTH MINISTRY

SEARCH Retreat- March 3rd-5th for youth and adults 9th grade and older. Register at siouxfallssearch.org. Can you bake for us? We need 10 dozen bars and cookies. Please drop the goodies off in the parish kitchen on Friday, March 3rd. Call Amy to help. 605-371-1478.

SiouxFallsSearch@gmail.com or contact Amy Schlup.

GUATEMALA MISSION TRIP

June 2nd-9th

Come join the Mission Team. We still have a couple of spots open.

MUSIC MINUTE

Characteristics of Sacred Music - **Universality**



Universality...*St. Pius X tells us that when sanctity and goodness of form exist, together they will create universality. This characteristic is significant not only concerning Sacred Music, but the Church as a whole. This allows the Church and her music to be equally accessible to countless diverse cultures throughout the world. Because the Church has always encouraged and supported progress in the arts, she does allow modern music in addition to our rich repertoire of Gregorian Chant. However, it must respect both the liturgical spirit and the true values of the art form. For many reasons, to be discussed in the future, because Gregorian chant is the supreme model of sacred music, it continues to be an element of unity within the Roman Liturgy. Furthermore, St. John Paul II reminds us that "the sacred context of the celebration must never become a laboratory for experimentation or permit forms of composition and performance to be*

introduced without careful review."

If you have questions regarding the music or liturgy, please send Hannah an email at hannahecallies@gmail.com and I will do my best to answer them in the weeks to come.

*Sancta Caecilia, virgo martyr, ora pro nobis
Saint Cecilia, virgin martyr, pray for us*

From Our Health Advocate

St. Valentine and Heart Health month was celebrated in style on Tuesday February 14th. Sadly, I was prohibited from participating after testing positive for COVID, at our reboot to our treasured Yesterday's Kids. I am filled with joy that fellowship and fun was achieved! My hope is that this is just one of many regular activities to come in the months ahead with even more people enticed to join our elite group, so stay tuned! I also need to thank the office staff, for stepping in and taking charge with enthusiasm and determination and, as if they were given a reasonable amount of time to plan and take over. Our blessings are many and, trust me when I tell you that the office staff are at the top of February's blessing list! May all of you remember to count all of your blessings, be motivated by your faith to remain as healthy physically and emotionally, as well as remember the health and safety of not just ourselves but, all of those we will be in contact with.

Blessings to all of you,
Mary Kay, RN, HS Health Advocate
healthadvocate@holyspiritsf



988 is a nationwide suicide and crisis lifeline and is dedicated specifically to mental health crises and 988 can be texted or called.

988lifeline.org

211 otherwise known as "The Help Line of SD" directs callers to community services, including state resources for the disabled and elderly. helplinecenter.org

PARISH NEWS /ACTIVITIES

Knights of Columbus

Annual Lenten Food Drive for Feeding South Dakota. The Food Collection barrels will be in the nave area of the church to put the food in. Bags will be available and a list of Most Requested Item. Food may be brought in regular grocery bags and put in the barrels. A bucket will be available for donations after each Mass. You can make checks payable to The Knights of Columbus and add on the memo line "Lenten Food Drive." The Knights will also have an on-line donation link directly to Feeding SD <http://weblink.donorperfect.com/HSKnights>.

Thank you for your support.



Knights of Columbus Lenten Meals

The Knights of Columbus Lenten meal for March 3rd in the lower level of church will be Jambalaya, Cornbread, Cheese Pizza, Lettuce Salad, and for dessert an assortment of cookies, bars, and cake. Please join and support our Knights of Columbus Council.

Easter Flowers



If you would like to make a donation for Easter flowers in memory of a loved one, here's how: List the name of your loved one (s) and

turn in your donation to the parish office, put in the collection in a separate envelope, or mail it to Holy Spirit Church. Your loved ones will be prayed for at our Easter Masses and will be listed in the bulletin and on the Holy Spirit website.

Catholic Family Sharing Appeal



CFSA

Today we collect pledge cards for the Catholic Family Sharing Appeal—2023. This is an opportunity for us to unite with all Catholics in the diocese

to share our blessings and to show our concern for one another. Every gift, regardless of the size, is important to the success of Catholic Family Sharing Appeal and the many ministries that it supports.

If you did not bring your pledge card this week, please fill it out and return it as soon as possible. We need participation from everyone to support the many works of our Diocesan Church. If you cannot participate financially, fill out your card and offer a prayer for the success of Catholic Family Sharing Appeal. Our goal is 100% participation through time, talent and treasure. Again, any amount raised above the goal will stay in the parish. To those who returned their cards, thank you for your generous response!

Registration open: Following Christ

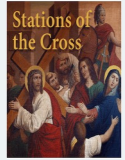
Register today! Following Christ is the second course in the ChristLife series and will be held Thursdays from April 13th, 2023 through May 25th, 2023 (Retreat May 13th, 2023). Completion of **Discovering Christ is a prerequisite to Following Christ.** No cost to participate. Registration available online at www.holyspiritsf.org/discovering-christ or hard copy forms are available in the parish office. Questions: **Contact Julie Wieseman** 314.852.0711 or jwiesema@swbell.net.

Sioux Falls School District

On behalf of the students and staff of the Sioux Falls School District, we appreciate your generosity. Wonderful people like you make our schools and community a better place and your donation of 1,500 towards student medication will help us to fulfill our mission "To educate and prepare each student to succeed in a changing world."

Molly Satter, MSN, RN
Senior Coordinator of Health Services
Sioux Falls School District.

FORMED



This prayerful reflection is accompanied by the Schola

Cantorum of Our Lady of Mount Carmel Church, Littleton, CO, chanting the traditional Catholic hymn Stabat Mater, in Latin, which depicts the loving presence of Our Sorrowful Mother, sharing in the suffering of Christ at the foot of the cross. Take advantage of this audio on your commute, at home, or anywhere you find the time, to enrich your prayer during Lent or throughout the year, and better unite yourself to the Passion of Christ.

Lector Training

If you are interested in becoming a lector, please attend the next lector trainings on Tuesday, February 28th at 6:30pm or Saturday, March 4th at 9:00am. This training is for new and current lectors who would like a refresher. **Please RSVP to Steve Roers with a text to 605-906-2727.**

From the Principal



I would like to thank all of the families that attended our Open House recently. If you were not able to attend our Open House but would like more information about our school offerings you may call the office and schedule a tour. The enrollment portal for the 2023-24 school year went live for all new families this past Wednesday. [The link to enroll is ogknights.org.](http://ogknights.org)

During this Lenten season our K-6 students will be attending the Stations of the Cross on Fridays. The schedule is as follows:

March 3rd-8:45 a.m.
March 17th-2:00 p.m.
March 24th-8:45 a.m.
March 31st-2:00 p.m.

Have a great week. Mr. Manning

ONLINE GIVING

holyspiritsf.org

Giving online offers an easy and worry-free way to contribute to your parish. Safe and secure, easy to set up. Scan the code on your phone or go to holyspiritsf.org

