

Scholar's Name: _____ Grade: _____

Sacred Heart Elementary School

APRIL 2023



Please Choose Milk: 1% ☐ Skim Chocolate ☐

Please Place an X in box of the meals you wish to order.

Due March 20

Monday	Tuesday	Wednesday	Thursday	Friday
Lunch – Breaded Chicken Sandwich, (3oz) Mayo, (.3oz) WW Burger Bun, (1oz) and Zesty Corn Salad over Greens($\frac{1}{2}$ cup), Dressing Milk(8oz)/ Honey Dew Melon(1 slice) <input type="checkbox"/> 3	Lunch –Salisbury Steak(3oz) with Gravy(2oz), Roasted Potatoes, (4oz) Carrots($\frac{1}{2}$ cup), WW Dinner Roll(1oz) Milk(8oz) / Orange <input type="checkbox"/> 4	Lunch – Pancakes (3oz), Sausage Links (2oz), Tater Tots (2oz), Syrup, Whole Wheat Bread Slice(1oz), Milk(8oz)/Apple <input type="checkbox"/> 5	Holy Thursday 6	Good Friday 7
Easter Monday 10	Lunch – Meat Lasagna(8oz), Tossed Salad($\frac{1}{2}$ cup), Dressing, Whole Wheat Bread Slice w/Butter Milk (8oz) /Chilled Peaches(4oz) <input type="checkbox"/> 11	Lunch –Mac & Cheese(6oz), Popcorn Chicken, Garden Veg($\frac{1}{2}$ cup), Whole Wheat Dinner Roll(1oz) Milk (8oz) / Honey Dew(1 slice) <input type="checkbox"/> 12	Lunch –Cheeseburger(3oz) Cheese, (1oz)Whole Wheat Burger Bun, (1oz), Peas & Carrots, Chickpeas Milk (8oz) /Orange <input type="checkbox"/> 13	Lunch –Cheese Pasta Roll-up, w/ Meatballs & Tomato Sauce) WW Roll (1 oz) with Italian Green Beans, (3oz) Milk(8oz) / Apple <input type="checkbox"/> 14
April Break 17	18	19	20	21
Lunch –Chicken Parm(3oz) Whole Wheat Pasta(2oz) Salad($\frac{1}{2}$ cup), Dressing, Milk(8oz)/Apple <input type="checkbox"/> 24	Lunch –Breaded Chicken Tenders(5 each 4oz) with BBQ Dipping Sauce (2oz) with Carrots($\frac{1}{2}$ cup) and WW Dinner Roll(1oz) Milk (8oz)/ Pears(4oz) <input type="checkbox"/> 25	Lunch – Whole Grain Penne Pasta, (4oz) with Meat Sauce (4 oz) Italian Green Beans, Milk(8oz)/Chilled Pears(4oz) <input type="checkbox"/> 26	Lunch – Cheeseburger(3oz), Cheese(1oz), Whole Wheat Bun(1oz),Ketchup(.3oz), Mixed Vegetables($\frac{1}{2}$ cup), Chickpeas, Milk(8oz)/Cantaloupe(1slice) <input type="checkbox"/> 27	Lunch –Mac & Cheese (6oz), Popcorn Chicken, Green Beans($\frac{1}{2}$ cup), Whole Wheat Dinner Roll (1oz) Milk(8oz)/Chilled Peaches(4oz) <input type="checkbox"/> 28

* Due to on going supply chain issues and vendor shortages, meal and meal component substitutions may occur without notice. The new meal will meet or exceed all CACFP meal pattern requirements.

MEALS ARE SUBJECT TO CHANGE

**Before Placing your order, please inform the school if you have a food allergy!*

Meals/Month _____

This institution is an Equal Opportunity Employer