



Saint Joseph Catholic Church

719 Utah Ave
Libby, MT

Women's Retreat: *"Modeling Mary in Prayer and Life"*

December 14 & 15, Saint Joseph Parish Hall

A Retreat with Dr. Christin McIntyre, MD, PhD

Description: "And Mary kept all these things, reflecting on them in her heart." As women – daughters, sisters, wives and mothers – we are uniquely designed to observe the needs of others and intercede on their behalf. Yet, too often our loving concern only drives us to worry, while we feel powerless to help the ones we love. Learn to model our Blessed Mother, Mary, drawing strength from the presence of Jesus within. Experience "God with us" in Immanuel Moment meditation, allowing His grace to heal our hearts and restore our trust in our loving Father. Learn to collect treasure from all that God permits to happen, as Mary did, making use of all things in prayer for the good of those we love.

Speaker's Biography: Dr. Christin McIntyre is a married mother of five who was received into full communion in the Catholic Church in 1997. She earned a combined MD/PhD degree in Pharmacology and Toxicology from the University of Kansas Medical Center, and returned to Oregon to complete a residency in Psychiatry at Oregon Health and Science University. She has been in outpatient practice as a psychiatrist in the Portland area since 2003, and she continues to see patients in Oregon and Washington by telehealth since relocating to Idaho in 2021. Psychotherapy continues to be a main focus of her practice, and to better serve a growing number of Catholic patients in recent years, she has pursued training in Thomistic psychology, as well as her on-going work with the John Paul II Healing Center.

This retreat is provided to the women of our parish and the greater community
at no cost, in gratitude for their witness of faith, love and service.

RSVP by December 6th • 406-293-4322 • stjosephlibby@gmail.com

Retreat Schedule

Saturday, December 14

8:00am	Adoration of the Most Blessed Sacrament	Church
9:00am	Morning Prayer	Church
9:15am	Coffee, tea and pastries	Parish Hall
10:00am	Conference #1	Parish Hall
<i>– Break between conferences –</i>		
11:00am	Conference #2	Parish Hall
12:00noon	Lunch <i>(provided by the Knights of Columbus)</i>	Parish Hall
1:00pm	Conference #3	Parish Hall
2:00pm	Adoration and Meditation	Church
<i>- Sacrament of Penance available, 2:00-3:00pm -</i>		
3:00pm	Conference#4	Parish Hall
<i>– Break between conferences –</i>		
4:00pm	Conference#5	Parish Hall
5:00pm	Holy Mass, Vigil of the 3 rd Sunday of Advent	Church
<i>(Retreatants may attend one or both of the parish Masses)</i>		

Sunday, December 15

9:00am	Morning Prayer	Church
9:15am	Coffee, tea and pastries	Parish Hall
10:00am	Conference #6	Parish Hall
11:00am	Holy Mass & conclusion of the retreat	Church