

# STRENGTHENING *Families* PROGRAM

FOR PARENTS AND YOUTH 10-14

Every Thursday  
October 5th-November 16th 2023  
5:30-8:00 PM  
Location: Carlisle Family YMCA

Free Family Meal and  
Child Care for children  
under 10

This no cost program is designed for  
youth ages 10 to 14 AND their  
parents/caregivers.  
Registration is required!



\*More info on back

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## This program can help...

- Prevent adolescent substance abuse and other behavior problems
- Strengthen parent/youth communication skills
- Increase academic success in youth

**For more information**

Scan: QR code

Email: [cumbperrydanda@cumberlandcountypa.gov](mailto:cumbperrydanda@cumberlandcountypa.gov)

Phone: 717-240-6300



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