

ST. BARTHOLOMEW PARISH

NEEDHAM, MASSACHUSETTS

4th Sunday in Ordinary Time



“Jesus began to teach them, saying: “Blessed are the poor in spirit,
for theirs is the kingdom of heaven.” Matthew 5:2-3



Parish Mission

As a warm and welcoming community, we strive to live out our Catholic faith and share Christ's loving message of salvation. We nurture the gifts and talents of all, to serve our local and global community joyfully.

ST. BARTHOLOMEW PARISH

1180 Greendale Ave.—Needham, MA 02492
(781) 444-3434

CONTACT INFORMATION

Parish Office: (781) 444-3434

Fax: (781) 449-7550

Email: stbartholomew@comcast.net

Website: www.stbartholomew-needham.org

Office Hours: (M — F) 9:30 AM — 3:30 PM

PRAYER LINE

This is a network of people who pray for special intentions. Call the parish office and leave a message regarding for whom you would like prayers said.

PARISH STAFF

Administrator: Rev. J. Thomas Gignac

Business Manager: Gisele Byda

Front Office: Ann Mullin & Kathy Whitney

R.E. Coordinators: Grades K—6, Maryellen Jennings
Grades 7—10, Andrea Fidurko

Mass Intentions

~~CORRECTION—SUNDAY, JANUARY 15~~

11:30 AM Dr. John Bertrand Cadigan, Jr.
Eleanor Marie Cadigan

SATURDAY, JANUARY 28

4:00 PM Mary L. Nowak

SUNDAY, JANUARY 29

8:00 AM For the People of the Parish

9:45 AM Mary and Mark Nuccio

11:30 AM Bernarda Reigada Y Paredes

MONDAY, JANUARY 30

9:00 AM Poorest Soul of a Priest in Purgatory

TUESDAY, JANUARY 31

9:00 AM Greg Lewis

WEDNESDAY, FEBRUARY 1

9:00 AM Special Intention, known to priest

THURSDAY, FEBRUARY 2

9:00 AM Allan McCarthy

FRIDAY, FEBRUARY 3

9:00 AM Bishop John M. D'Arcy

SATURDAY, FEBRUARY 4

9:00 AM

May these intentions and all the prayers of the faithful be ever in the Heart of Jesus.

DONATIONS

WEEKLY PARISH OFFERTORY

January 14—20

TOTAL → \$4,467

OFFERTORY → 2,512

ONLINE → 835

MAIL-IN → 1,120

KIND REMINDERS

- Make checks payable to ST. BARTHOLOMEW PARISH, with your note on the memo line.
- Click here, stbartholomew-needham.org, to discover the many ways to donate.
- Don't forget to **update your online payment information**.
- Call us to order **giving envelopes**, at no charge to you.
- Let us know if your **personal information has changed**, so we can update our parish database.

MASS SCHEDULE

Saturday Vigil: 4:00 PM

Sunday: 8:00 AM, 9:45 AM, 11:30 AM

Daily Mass: Mon — Sat, 9:00 AM

SACRAMENT OF RECONCILIATION

Saturday 2:30 PM — 3:15 PM or by appointment

SACRAMENT OF BAPTISM

First Sunday of each month at 12:30 PM

Please call a month in advance to schedule Baptisms.

SACRAMENT OF MATRIMONY

Arrangements must be made with the parish priest at least 6 months prior to the wedding.

EUCCHARISTIC ADORATION

Eucharistic Adoration takes place at St. Joseph every Friday after 6:50 AM Mass until 12:00 noon.

FIRST SATURDAY DEVOTION

After the 9:00 AM Mass the first Sat. of each month.

ROSARY & DIVINE MERCY CHAPLET

Prayed immediately following weekday Mass (except when there is a 10:00 AM funeral).

A NOTE FROM FR. TOM

Psalm 146:6-7, 8-9, 9-10

R: (Matthew 5:3) Blessed are the poor in spirit;
the kingdom of heaven is theirs!

The LORD keeps faith forever,
secures justice of the oppressed,
gives food to the hungry.

The LORD sets captives free. **R**

The LORD gives sight to the blind;
the LORD raises up those who were bowed down.
The LORD loves the just;
the LORD protects strangers. **R**

The fatherless and the widow he sustains,
but the way of the wicked he thwarts.

The LORD shall reign forever;
your God, O Zion, through all generations. Alleluia. **R**

The Responsorial Psalm on this Fourth Sunday in Ordinary Time comes from the first of the five "Hallelujah" psalms that conclude the Book of Psalms with a boisterous chorus of praise to God. Psalm 146 emphasizes the character of the LORD, the God of Israel, and praises him for all that he does because of who he is. God is forever faithful; secures justice for those who are oppressed; feeds the hungry; and frees captives. God restores sight to the blind; raises up the downtrodden; loves those who are just; and protects the vulnerable. God sustains widows; he is Father to the fatherless. Psalm 146 gives praise for all these aspects of God's nature.

The refrain for the Responsorial Psalm is the first of the Beatitudes Jesus presents in today's reading from Matthew's account of the Gospel, in which Jesus begins his Sermon on the Mount: *Blessed are the poor in spirit; the kingdom of heaven is theirs.* It ties in nicely with the psalm, as Psalm 146 is one of the very few psalms that speaks directly of God's kingdom. Notice the correspondence between the disadvantaged in the psalm and the blessed in the Beatitudes. This shows the continuity between the Old and New Testaments. What Jesus proclaims in the Sermon on the Mount is not something completely new; it has roots in the Old Testament. Rather, the pairing of the Gospel with the psalm show that Jesus' teaching fulfills the hopes and expectations already present in Israel's sacred scriptures.

The kingdom of God is a great reversal of the things of earth. That's why the Beatitudes are both counterintuitive and countercultural: Blessed are the poor, the meek, the merciful, the persecuted, the peacemakers; those who mourn; those who hunger and thirst for righteousness. Strive to live the Beatitudes, and thereby, live in the kingdom of God.

God bless you,

Fr. Tom



KNIGHTS OF COLUMBUS SUPER BOWL PARTY TO SUPPORT SEMINARIANS

The Knights of Columbus Hall is the place to watch the Big Game on Super Bowl Sunday, **February 12th**. All are welcome to come. Festivities begin at 4:00 PM with pregame appetizers, including a Chili Cook-off Competition. Dinner will be served at 6:00 PM, prior to kickoff at 6:30. Cash Bar (beer and wine) available. There will be lots of chances to win prizes, including a 65-inch Smart TV. Fun for the whole family! All proceeds go to our RSVP Seminarian program to support men studying for the priesthood. \$30.00 donation. For reservations or more information, please contact Bob Timmerman at 781-589-4227 or rtimmerman1021@yahoo.com

January is dedicated to The Most Holy Name of Jesus

St. Bernard on the Holy Name of Jesus

The Name of Jesus is Light, and Food, and Medicine. It is Light, when it is preached to us; it is Food, when we think upon it; it is the Medicine that soothes our pains when we invoke it. Let us say a word on each of these. Tell me, whence came there, into the whole world, so bright and sudden a light, if not from the preaching of the Name of Jesus? Was it not by the light of this Name that God called us unto [H]is admirable Light? Wherewith being enlightened, and in this light, seeing the Light, we take these words of Paul as truly addressed to ourselves; Heretofore, you were darkness; but now, light in the Lord.

Nor is the Name of Jesus Light only; it is also Food. Art thou not strengthened, as often as thou thinkest of this Name? What is there that so feeds the mind of him that meditates upon this Name? What is there that so restores the wearied faculties, strengthens virtue, gives vigour to good and holy habits, and fosters chastity? Every food of the soul is dry, that is not steeped in this unction; it is insipid, if it be not seasoned with this salt. If thou write, I relish not thy writing, unless I read there the Name of Jesus. If thou teach me, or converse with me, I relish not thy words, unless I hear thee say the name of Jesus. JESUS is honey to the mouth, and music to the ear, and gladness to the heart.

It is also Medicine. Is any one among you sad? Let but Jesus come into his heart, and the mouth echo him, saying Jesus! and lo! the light of that Name disperses every cloud, and brings sunshine back again. Have any of you committed sin? and is despair driving you into the snare of death? Invoke the Name of life, and life will come back to the soul. Was there ever a man, that, hearing this saving Name, could keep up that common fault of hardness of heart, or drowsiness of sluggishness, or rancour of soul, or languor of sloth? If any one, perchance, felt that the fountain of his tears was dry, did it not gush forth more plentifully than ever, and flow more sweetly than ever, as soon as he invoked the Name of Jesus? If any of us were ever in danger, and our heart beat with fear, did not this Name of power bring us confidence and courage the moment we pronounced it? When we were tossed to and fro by perplexing doubts, did not the evidence of what was right burst on us as we called upon the Name of light? When we were discouraged, and well nigh crushed, by adversity, did not our heart take courage, when our tongue uttered the Name of help? All this is most true; for all these miseries are the sicknesses and faintings of our soul, and the Name of Jesus is our Medicine.

(From a sermon by St. Bernard of Clairvaux, as quoted in Dom Prosper Guéranger's entry in *The Liturgical Year for the Feast of the Holy Name*, in Volume II of the 1983 Marian House edition of the English translation by the Benedictines of Stanbrook.)

SPACED SEATING, CRY ROOMS, LIVE-STREAM MASS

There is no longer a general dispensation from attending Mass in person. Spaced seating is available on one side of the church for those desiring more room. Cry rooms are available for reservation on [Sign Up Genius](#). The 9:45 AM Sunday Mass is livestreamed on our Facebook page for those who cannot attend in person because of serious health reasons.

COUPLES' DATE NIGHT

National Marriage Week is February 7-14. Join us for a fun and resourceful date night as we learn the tools to "Manage Daily Stress" and "Resolve Conflict" with Clinical Psychologist, Dr. Greg Kolodziejczak on **Saturday, February 11th, 7:00-9:00 PM** in the formal dining room of the Pastoral Center in Braintree. Dinner, drinks, and a few surprises served. Cost is \$30 per couple. For more information or to register, visit bit.ly/Dateforcouples.

GIFT—GROWING IN FAITH TOGETHER

Join us for the St. Bartholomew Parish Women's Prayer Group each **Wednesday, 10:00 AM**, in the rectory O'Brien room—easy, no stairs, access through the garage. Refreshments are available, followed by the coming Sunday Gospel, prayers, and discussion. A Bible scholar one does not have to be. We are all joining together to raise our thoughts and voices to God for one blessed hour. PLEASE JOIN US! Questions, Kathy Reilly (781) 444-0862, kreilly15@yahoo.com

ST. BARTHOLOMEW MEN'S GROUP

The parish Men's Group meets every **3rd Tuesday** of the month (**7:30—8:30 AM**) in the Parish Office. The next meeting is **February 21**. The group discusses the Mass readings for the next Sunday, along with some friendly talk and fellowship. Any man interested in expanding his understanding of Scripture, and helping others to do the same, is invited to meet at the Parish Office on Tuesday morning. For more information, call Marty Cunniffe at (781) 444-9033 or (617) 694-6221 (cell).

ST. BARTHOLOMEW BOOK CLUB

Meetings are held every **1st Monday** of the month at **1:00 PM** in the rectory O'Brien room — easy, no stair access through the garage. The next meeting will be on **February 6**. Please join us! For questions, Kathy Reilly (781) 444-0862, kreilly15@yahoo.com

Our January meeting to review our chosen book, *Dinner with Ruth*, a memoir of the friendship between Nina Totenberg and Ruth Bader Ginsburg, opened up a fascinating conversation about friendships. Friendships from school, from childhood, from neighborhoods, from marriage, from family, from wherever. The nature of different kinds of friendships, their lasting quality, how formed and their necessity in our lives. Great, informative, and thoughtful book—highly recommended. The next meeting will take an entirely different turn: HUMOR. The book chosen, Richard Osman's *The Man Who Dies Twice* —New York Times "Joyous Fun"—presents us with an opportunity to examine "fun" as each of understands it. Will we agree?

February is also the beginning of Lent. So we will examine our Lord's Mercy per St. Faustina's life and also read *Grace In Tension*, by Claire McGarry.

ULTREYA

De Colores! Have you lived a Cursillo or do you want to learn more about it? If so, join us for our next Ultreya. This is your invitation! St. Mary's Church, Dedham, hosts an ULTREYA Mass and gathering **every 4th Tuesday of the month at 7:00 PM, starting on February 28th**.

FIAT

Fiat, a gathering of women interested in learning more about religious life, cordially invites you to the next meeting on **Wednesday, February 15th at 7:00 PM** on Zoom. The topic is "Sisters in Ministry." Sister Maryanne Ruzzo, SC will share her experience as a pastoral associate and a hospital chaplain. If you are interested in attending, please contact Sr. Marian Batho, CSJ at marian.batho@csjboston.org or 617-746-2025 for more information and the link to the meeting.

ST. BARTHOLOMEW PARISH CALENDAR

SUN	MON	TUE	WED	THU	FRI	SAT
January 29	30	31	February 1	2	3	4
Fourth Sunday in Ordinary Time		St. John Bosco Priest		The Presentation of the Lord		
MASSSES: 8:00, 9:45, 11:30 AM	9:00 AM, Mass 4:00 PM RE Class (1—6)	9:00 AM, Mass	9:00 AM, Mass 10:00 AM GIFT - O'Brien Rm	9:00 AM, Mass	9:00 AM, Mass	9:00 AM, Mass 2:30—3:15 PM, Confession 4:00 PM, Mass
February 5	6	7	8	9	10	11
Fifth Sunday in Ordinary Time	St. Paul Miki & Companions Martyrs				St. Scholastica Virgin	
MASSSES: 8:00, 9:45, 11:30 AM Community Sunday after 8:00 & 9:45 AM Masses 7:00 PM RE Class (7—10)	9:00 AM, Mass 1:00 PM Book Club - O'Brien Rm 4:00 PM RE Class (1—6) 7:00 PM RE Class Catholic Schools (10)	9:00 AM, Mass	9:00 AM, Mass 10:00 AM GIFT - O'Brien Rm	9:00 AM, Mass	9:00 AM, Mass	9:00 AM, Mass 2:30—3:15 PM, Confession 4:00 PM, Mass
February 12	13	14	15	16	17	18
Sixth Sunday in Ordinary Time		Ss. Cyril, Monk and Methodius, Bishop				
MASSSES: 8:00, 9:45, 11:30 AM	9:00 AM, Mass 4:00 PM RE Class (1—6)	9:00 AM, Mass	9:00 AM, Mass 10:00 AM GIFT - O'Brien Rm	9:00 AM, Mass	9:00 AM, Mass	9:00 AM, Mass 2:30—3:15 PM, Confession 4:00 PM, Mass

Saint Blaise

Saint Blaise is a bishop and martyr who lived in the fourth century in Turkey and Armenia. For a time, Blaise lived in a cave to escape persecution. On his feast the church recalls a miracle cure associated with him and celebrates the blessing of the throats. Blaise apparently saved the life of a boy who was choking on a fish bone. The saint said that anyone who lit a candle in his memory would be free of infection, thus candles are used in the traditional throat blessing. He is listed among the Fourteen Holy Helpers, saints revered as healers.

He is the patron saint of throat illnesses, animals, wool combers, and wool trading.

DIED 316

FEAST DAY — FEBRUARY 3



SEVERE FATIGUE? CHRONIC PAIN? TAKE YOUR LIFE BACK!

This is what it's like to suffer from Fibromyalgia.

Fibromyalgia symptoms make everyday life incredibly difficult and daily tasks nearly impossible. More often than not, these symptoms are made worse by practitioners that find it difficult to understand and even more troublesome to treat. It is characterized by widespread pain in muscles and tissues.

Symptoms are masked with over-the-counter medications or prescription pills that may only provide temporary relief. Unfortunately, more often than not these medications fail to provide relief at all. You may even be completely dismissed by medical providers who don't understand Fibromyalgia and may not have any treatments to offer.

If you are feeling ignored or let down by your providers who have failed to give you the pain relief options that you need, look no further than Acupuncturist Min K. Jeon at AWC|Acupuncture & Wellness Clinic

**At AWC you no longer have to suffer!
At AWC there is a medical practitioner that has a proven solution for fibromyalgia pain!**

Do you suffer from CHRONIC PAIN?

Does the pain seem to have a life of its own?

Does the pain seem to travel?

Are you plagued by SEVERE FATIGUE?

Are you afflicted with RECURRING HEADACHE or MIGRAINES?

Are you tortured with feelings of TENDERNESS and/or SWELLING?

Do you experience NUMBNESS or TINGLING in your arms and/or legs?



Acupuncturist Min K. Jeon uses non-invasive, non-pharmaceutical, integrative therapies to RELIEVE her patients of Fibromyalgia symptoms. Reducing various forms of pain and inflammation, stimulating the release of endorphins, and **offering effective symptom relief for Fibromyalgia.**

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"Jesus Wept." John 11:35



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Fr. Tom Nestor has served as pastor at the Collaborative Parishes of Resurrection and Saint Paul in Hingham for the past ten years, and previously served at St. Eulalia's in Winchester for 17 years. A Harvard graduate and native of West Roxbury, Fr. Nestor is known for fostering a sense of community wherever he goes.

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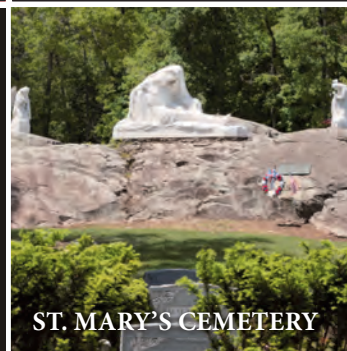
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ST. MARY'S CEMETERY

St Mary's Cemetery in Needham, founded in the 1870's, is the parish cemetery of Mary Immaculate of Lourdes. The Cemetery is a reverent resting place for those awaiting reunion with the Risen Lord. The decision to pre-plan and purchase interment rights is a responsible and thoughtful gesture, sparing loved ones the stress of making difficult decisions during a time of grief and loss.

For information, call the cemetery staff at Mary Immaculate of Lourdes Church at **781-235-1841**.
St. Mary's Cemetery | 1 Wellesley Avenue,
Needham, MA 02494

