



**March is National Nutrition Month!** To celebrate, try eating at least one new food each week. Keep it interesting by picking out new foods you've never tried before, like mango, lentils, quinoa, kale, or sardines.

References: Academy of Nutrition & Dietetics, USDA MyPlate



**MONDAY**

Grilled Chicken on  
WG Bun  
Sweet Potato Fries  
Fruit Cocktail **02**

**TUESDAY**

Swiss Steak  
Mashed Potatoes  
Dinner Roll  
Pineapple **03**

**WEDNESDAY**

Chili w/ crackers  
Cheese Stick  
Mandarin Oranges **04**

**THURSDAY**

Spaghetti w/ Meat Sauce  
Garlic Coin  
Salad w/ Ranch  
Pears **05**

**FRIDAY**

Cheese Omelet  
Hashbrown  
Juice  
Biscuit **06**

BBQ Pork Sandwich  
Baked Beans  
Peaches **09**

Breaded Pork Steak  
Mashed Potatoes  
Dinner Roll  
Pears **10**

Chicken Noodle Soup  
Crackers  
Carrots  
Fruit Cocktail **11**

Hamburger on Bun  
French Fries  
Pineapple **12**

Garlic Bread  
Salad w/ Ranch  
Mandarin Oranges **13**

**No School**

**16**

**St. Patrick's Day**  
Italian Dippers  
Salad w/ Ranch  
Applesauce **17**

Chicken Drumstick  
Carrots  
Biscuit  
Pears **18**

Mini Corn Dog  
Potato Wedges  
Peaches **19**

Pancake  
Scrambled Eggs  
Juice  
Hashbrown **20**

Pepperoni Pizza  
Salad w/ Ranch  
Fruit Cocktail **23**

Chicken Pot Pie over  
Mashed Potatoes  
Biscuit  
Mandarin Oranges **24**

Chili Crispito  
Refried Beans  
Pineapple **25**

Chicken Alfredo  
Broccoli  
Dinner Roll  
Applesauce **26**

Grilled Cheese  
Sweet Potato Fries  
Pears **27**

Taco Tot Casserole  
Refried Beans  
Peaches  
Dinner Roll **30**

Ham Steak  
Mashed Potatoes  
Fruit Cocktail  
Biscuit **31**



**School Information:** Milk is served with every meal, Menu is subject to change. This institution is an equal opportunity provider.

**MARCH 2026**