

THE EXALTATION OF THE CROSS – SEPTEMBER 14, 2025



QUEEN of PEACE

102 4TH ST.
CLOQUET, MN
55720

CATHOLIC CHURCH



THE EXALTATION OF THE HOLY CROSS

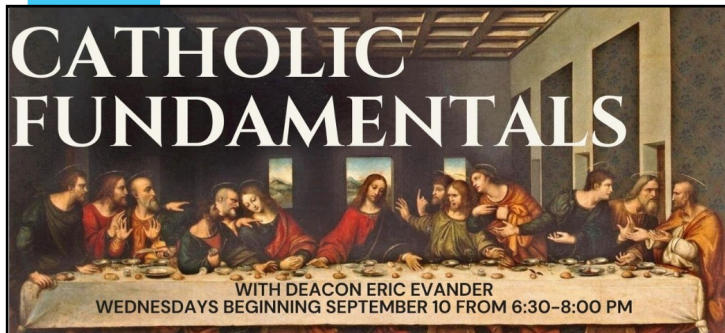
For God did not send his Son into the world to
condemn the world, but that the world might be
saved through him. - Jn 3:17

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPi

*We seek to build an authentic Catholic culture and community where we share all of life together
and where the fullness of the Catholic Faith is proclaimed, lived, and celebrated*

2 PARISH/SCHOOL

September 14, 2025



CATHOLIC FUNDAMENTALS

WITH DEACON ERIC EVANDER
WEDNESDAYS BEGINNING SEPTEMBER 10 FROM 6:30-8:00 PM

"A MAP OF LIFE: A SIMPLE STUDY OF THE CATHOLIC FAITH"

SEP 10- NOV 5

This may be a basics class, but whether you are a life long Catholic or new to this, you will learn something new about the Catholic faith.

You will learn fundamental aspects of Catholic life that perhaps you missed in your formation, forgot, or were never taught. This book and our discussions will help you to see the map that God has provided us in order to live an authentic Catholic life.

"EVERYTHING YOU EVER WANTED TO KNOW ABOUT HEAVEN"

NOV 12-FEB 8

Have you ever thought of what life in heaven is like, or perhaps you have read accounts of going to heaven after a near-death experience?

This study will provide solid answers to all of our questions about heaven, including: Will we have bodies there? Does time exist there? What will we do there? Will we know everything there? Will we have our emotions there? What is purgatory? Is there a hell? And many other questions. Bring your own questions as well and we will see if we can find the answers.

To be a part of either or both of these studies, please visit our parish website or the parish office to sign up.

All are welcome!

WWW.QOPPARISH.COM/BASICS-OF-THE-FAITH



Queen of Peace MINISTRY FAIR

2025

Come check out what's happening at Queen of Peace!

There will be tables with information for each of the ministries, including the many Outreach programs
Prayer Opportunities
Prolife groups
Discipleship Groups
Volunteer Opportunities
Memership info



September 20 & 21

After 5pm and 10am Masses

In the Gathering Space

Come visit our tables!

For More Info Call the Parish Office 218-879-6793

Join us for Our
BLUE MASS
at Queen of Peace Church
Saluting those who protect us

MONDAY,
SEPTEMBER 29
8:05 AM

Coffee & Donuts & Program to follow in the gym after Mass

5K

Q
Mighty Stars
QUEEN OF PEACE CATHOLIC SCHOOL

COLOR RUN

SEPT. 20, 2025
CLOQUET, MINNESOTA

REGISTRATION 10AM
RACE START 11AM
FOOD TRUCKS TO FOLLOW

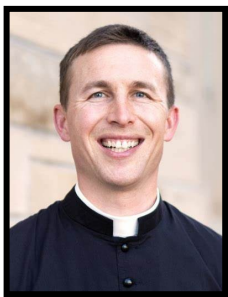
\$20 REGISTRATION FOR 5-12
\$25 REGISTRATION FOR 13+
4 AND UNDER FREE (SHIRT \$10)

SHIRTS GUARANTEED TO ALL REGISTRANTS 5+ BEFORE SEPTEMBER 8TH

20% OFF
ALL REGISTRATIONS
RECEIVED BEFORE JULY 20TH

More details and register online at queenofpeaceschool.org

A QUEEN OF PEACE MIGHTY STARS FUNDRAISER
PRINTING SPONSORED BY CREATIVEEDGE DESIGNS, CARLTON MINNESOTA



FROM THE PASTOR'S DESK

WELCOME

The Exaltation of the Cross

3

“LET THE CHILDREN COME TO ME!”

Here are a few tips from some wily veterans to help you with bringing kids to Mass. This is from people who have been around the block a time or two when it comes to bringing children to Mass...

Most importantly, keep coming. That way your children will get used to the Mass and how to behave there. And know in your heart God's great pleasure and delight in you! He loves that you continue to come even though it can be difficult with children. Having noisy children at Mass is just something all parents have to deal with. It's part of being a parent! We need to accept that.

Before Arriving at the Church

- **Beginning even with the smallest infants, dress them in some special clothing that they wear only for church or other special events.** It helps them to identify what we do at Mass as different from everyday activity.
- Check your diaper bag to make sure it is stocked for any possible needs. Consider including a small soft toy or book that your child sees only on Sunday at Mass.
- **Read the readings in the car on the way to church.** This could even be the job of an older child.
- **Before going into the church take a moment to remind children what you are about to do.** Make sure they know what their job is at Mass. We say that their job is to be quiet/still, to participate by praying quietly, sharing their voices at the right times, and to also try not to distract those around them from praying.

At Church

- We always want to be able to pray the Mass, but as parents, we are also responsible for allowing others to pray well. That means at times, we must sacrifice our own experience by making sure our children are behaving and as quiet as possible.
- **Sit towards the front. It can feel scary and even a little out of control the first few times, but it makes a world of difference for little ones to be able to see the action.**
- **We physically hold our infants in our arms during Mass.** This helps in many ways. The children get a better view; as they grow and mature, we can talk them through the stories and the actions; and we have a bit more control over their behavior. If an infant or toddler gets squirmy, often switching who is holding them is enough to calm them down. Otherwise, we might play a quiet game of “point to the...candles, priest, altar, cross, etc.”
- During their two-year-old year, we begin to let our children stand for a portion of Mass or try sitting next to us quietly, instead of on our laps. Then when they turn three, it is a special milestone to be big enough to stand, sit and kneel all on their own.
- If an infant or toddler makes a little noise during Mass and settles down right away, try not to feel self-conscious. Most folks except for those closest to you do not even notice.
- Sit on the outside end of the pew if possible. If a child cries or makes continual noise, it is best to calmly step out of the pew and take the child out of the pew until they have calmed down or are quiet. Just standing against a pillar or in the back for a minute can be effective. Our experience is that stepping out and returning even a few times is not nearly as disruptive.

After Mass

- **Praise your children abundantly for their good behavior.**
- If they need some improvement, mention briefly how they might do better next week and explain why. Let them know that you will help them by trying to remind them before the next Mass.
- Answer questions children have about Mass and encourage them to understand the liturgy and its place in our lives. **For older children consider taking time to discuss the readings and the homily.**

Again, **keep coming, keep coming, and most important, keep coming!**

- Father Nick

4

SCHEDULES

September 14, 2025

ASSISTING WITH MASSES

SATURDAY, SEPT. 20, AND SUNDAY SEPT. 21

SATURDAY, SEPTEMBER 20, 5:00 PM MASS

Reader Megan Fournier

Head Usher Steve Micke

Altar Servers Josiah Altaye,
James Visser

SUNDAY, SEPTEMBER 21, 10:00 AM MASS

Reader School Kids

Head Usher Volunteer

Altar Servers Jack McGrath,
Isaac Swanson,
Asher Swanson MC,
Zeek Levings, Andrew Bennett,
George Tallman

MASS INTENTIONS FOR THIS WEEK

SUNDAY - SEPTEMBER 14

8:00 am HF Mass (For the People of the Parish)

10:00 am Mass (✠Dr. Eleanor Richie)

MONDAY - SEPTEMBER 15

8:05 am Mass (✠Janice Obeidzinski)

TUESDAY - SEPTEMBER 16

7:00 am Mass (✠Betty Hobbs)

8:05 am Mass (Fr. Nick's Special Intention)

WEDNESDAY - SEPTEMBER 17

8:05 am Mass (✠Katie Schmitz)

THURSDAY - SEPTEMBER 18

8:05 am Mass (✠Alois Clasemann)

FRIDAY - SEPTEMBER 19

8:05 am Mass (✠Sister Janice Miller)

SATURDAY - SEPTEMBER 20

9:00 am Mass (Fr. Nick's Special Intention)

5:00 pm Mass (✠Jan Anderson)

SUNDAY - SEPTEMBER 21

8:00 am HF Mass (For the People of the Parish)

10:00 am Mass (✠Florence & Raymond Weckert)

Queen of Peace Church email—qopoffice@gmail.com

MONDAY SEPTEMBER 15	TUESDAY SEPTEMBER 16	WEDNESDAY SEPTEMBER 17	THURSDAY SEPTEMBER 18	FRIDAY SEPTEMBER 19	SATURDAY SEPTEMBER 20	SUNDAY SEPTEMBER 21
7:30-7:50 am Confessions	6:00 am Man Up	7:30-7:50 am Confessions	7:30-7:50 am Confessions	7:30-7:50 am Confessions	9:00 am Mass	7:30 am Confessions
8:05 am Mass	7:00 am Mass	8:05 am Mass	8:05 am Mass	8:05 am Mass	9:30-10:30am Confessions	8:00 am Mass
	7:35-7:50 am Confessions		Doughnuts & Coffee following Mass		QOP School Color Run	Holy Family Church
	8:05 am Mass				4:30-4:50 PM Confessions	9:15 am Confessions
					5:00 pm Mass	10:00 am Mass
						Coffee & Doughnuts to follow

Looking ahead...

September 20 QOP School Color Run
October 4 Father/Son Paintball
October 25 "Bloom Program" - Girls/Moms-QOP



October 25 Fall Festival at Queen of Peace
October 26 Fall Festival at Queen of Peace
November 1 All Saints Day
November 5 Confirmation at QOP
May 2026 Queen of Peace 100th Anniversary

24th Sunday in Ordinary Time

"For God so loved the world that he gave his only Son." (John 3:16)

God created us to be in relationship with Him. Sin broke that relationship. Jesus came to earth so that we may reconcile our relationship with God. Following Jesus' example, we can be blessed with a joy-filled life on earth and eternal life in Heaven. These four points are known as the "kerygma" - the first proclamation of the Gospel. This core message is the basis of our Catholic faith. How do you live this out in your daily life?

Intentional Community

Moms Group - Becca Kroll 218-260-7466

Couples Groups - Rebekah Swanson 218-591-6408

Man Up Men's Group - Loran Wappes 218-499-1476

Thursday Donuts after Morning Mass

Summer Youth Events - Rebekah Swanson
218-591-6408

BASICS OF FAITH

OCIA - Becoming Catholic

Mark Blomquist - 218-393-3148

Catholic Fundamentals - Deacon Eric - 612-685-4351

Troops of St. George, boys ages 5 and up

Justin Evander - jevander@gmail.com

Little Flowers, Girls ages 5 and up

Katie Borden - 218-831-6904

GOING DEEPER

Man Up Men's Group - Loran Wappes 218-499-1476

Women's Discipleship Group

Tracy Toner - 218-590-2623

Senior Women's Study Group

Deb McGrath 218-721-6789

Teen Discipleship Groups, grades 7 and up

Rebekah Swanson 218-591-6408

ADULT FORMATION

Great Adventure Bible Study

Tim Trumbull 701-206-1340

Catholic Fundamentals Deacon Eric 612-685-4351

OCIA- Becoming Catholic

Mark Blomquist 218-393-3148

Man Up Men's Group Loran Wappes 218-499-1476

Women's Discipleship Group

Tracy Toner - 218-590-2623

Senior Women's Study Group

Deb McGrath 218-721-6789

YOUTH FORMATION

Queen of Peace Catholic School

Pre-K-8th grade education

Mater Dei Apostolate 218-622-0882

9-12 grade education

Discipleship Groups grades 7 and up

Rebekah Swanson 218-591-6408

Troops of St. George, boys ages 5 & up

Justin Evander jevander@gmail.com

Little Flowers, Girls ages 5 and up

Katie Borden 218-831-6904

What Are you looking for?

The Exaltation of the Cross

5

Using my gift for Others

THIS MONTH'S FEATURED MINISTRY GROUP:

PARISH SERVICE - Norlene Bleskacek 218-213-4951

Helping behind the scenes to make our parish and liturgy beautiful and well-functioning.

Meal Trains - Parish Office 218-879-6793

Funeral Luncheons - Parish Circles

THE BEFRIENDERS - Deb McGrath 218-721-6789

Is there someone in your family unable to attend Mass due to recent illness, chronic illness or disability? The Befrienders Ministry is designed to support those parishioners who are not able to attend services (short term or long-term). Our members make visits to senior living, nursing homes, and private homes in the Cloquet area to provide social and spiritual support. If you would like to request a visit or know someone who would like to be added to our homebound parishioner list, please contact the Queen of Peace office at 218-879-6793 to make a request.

WELCOMING - Rebekah Swanson 218-591-6408

Help make every person who walks through our parish doors feel seen, known and loved.

Invite someone to Sunday Donuts / Mass Greeters

OUTREACH - Maggie Sunnarborg 218-591-7604

Help meet the needs of those in our community outside our parish walls.

RESPECT LIFE - Nicole Barousse- 337-280-7287

Providing prayer, education, & physical support regarding topics of life, from conception to natural death.

Lumen Matris Ministry—Supporting Women in all stages of Motherhood

Prenatal, postpartum, and miscarriage care

We offer Prayer, Education, Childcare,

Miscarriage Support, Care Packages, Meal Trains

& connections to tangible, local resources to uplift

& strengthen women in their vocation as mothers.

Come join us to support the Mothers in our community through your time, talent & treasure, or refer a Mom who could use a little light.

For more information Contact Marley Kryzer at 218-277-9481

Marleykryzer@gmail.com or Stef Gunelson at 218-343-6077, stefgunelson@msn.com

40 Days for Life - Kevin McGrath 218-310-0865

Sacraments & Prayer

Chapel - Lucy Carlson lmcarslon16@gmail.com

Prayer Chain - Marilyn Sowada 218-428-2301

Weddings - Father Nick 218-879-6793

Getting my child baptized - Father Nick 218-879-6793

First Communion - Father Nick 218-879-6793

Confirmation - Father Nick 218-879-6793

CONFESSIONS

M-F 7:35-7:50 / Saturday 4-4:50 / Sunday 9:15- 9:50 am

Saturday 9am Mass followed by Confessions

6 ABOUT US

September 14, 2025

STEWARDSHIP OF TREASURE

Queen of Peace

Adult Envelopes & Holy Days.....	\$9,973.00
Plate	\$530.00
Total Weekly Contributions (9/8/25).....	\$10,503.00

Black & Indian Mission.....	\$170.00
Votive Candles	\$11.01
School.....	\$278.00
Building Fund	\$95.00
Memorials	\$95.00

Ministries Appeal 2025

Goal.....	\$91,974.00
Total collected to date (9/8/25)	\$45,340.00

Holy Family Church

Adult Envelopes & Holy Days.....	\$155.00
Plate	\$142.00
Total Weekly Contributions (9/8/25).....	\$297.00

Ministries Appeal 2025

Goal.....	\$3,287.00
Total collected to date (9/8/25)	\$700.00

Queen of Peace Website www.qopparish.com

Scan here to contribute to Queen of Peace.

Thank you
for your investment in our parish!



HOLY FAMILY Catholic Church

280 Reservation Road
Cloquet, MN

SUNDAY

Confessions – 7:30 am
Sunday Mass – 8:00 am

QUEEN OF PEACE Catholic Church

102 4th St., Cloquet, MN

Sacrament of Reconciliation -

Wed - Fri. 7:30 - 8:00 am, Sat. 9:45 am

Sat - 4:30—4:45 pm, Sun - 9:15-9:45 am

Adoration - Wed - Fri 7:00 - 8:00 am

Mass M/W/Th/F-8:05am/Tues. 7am/Sat. 9am

Sat. 5:00 pm / Sun. 10:00 am

Confessions at St. Francis, Carlton, MN - Sat 3:05 pm



PARISH INFORMATION

Phone	218-879-6793
Fax.....	218-879-8930
Church Email.....	qopoffice@gmail.com
Website	www.qopparish.com
Fr. Nick's Email...	fr.nicholas.nelson@duluthcatholic.org

PARISH STAFF

Pastor , Fr. Nicholas Nelson	ex. 15
Deacon , Jon Skansgaard	218-340-9805
Deacon , Eric Evander	612-685-4351
Business Admin. , Len Robinson	ex. 26
Admin. Assistant , Becca Kroll	ex. 10
Admin. Assistant , Diane Bruning	ex. 10

OFFICE HOURS

Mon., Tues., Thurs., Fri.: 9:00 am - 12:00 pm

Wednesdays: 9:00 am - 3:00 pm

Cemetery Superintendent , Alvin Bryant	218-260-8597
Discipleship Formation	Rebekah Swanson
Email	qopyouthdirector@gmail.com
Director of Sacred Music	Rebecca Visser
Email.....	rvisser@queenofpeaceschool.org
Prayer Chain , Marilyn Sowada	218-428-2301
Sacristan ,	Tim Hebert

SCHOOL STAFF

Principal , Mrs. Melissa Marti	218-879-8516
Email: principal@queenofpeaceschool.org	
Pre-School , Karin Sabyan	218-879-8516
Email: ksabyan@queenofpeaceschool.org	
Admin. Assistant , Marie Mullen	218-879-8516
Head of Maintenance	Kevin Coil
Mater Dei Apostolate (9th-12th)	218-622-0882
Email: contact@materdeiapostolate.org	

PARISH SERVICES

Baptisms, Weddings, Funerals

Please call the Parish Office 218-879-6793

NEW PARISHIONERS

*We welcome any visitors to our parish.
If you would like to join our Catholic community
Please call the Parish Office 218-879-6793*

TRUSTEES

Loran Wappes	218-499-1476
Justin Evander	952-220-8169

FINANCE COUNCIL

Chris Hammitt, Chair.....	218-348-1535
---------------------------	--------------

SCHOOL BOARD CHAIR

Kevin McGrath	218-310-0865
---------------------	--------------

QUEEN OF PEACE ADORATION CHAPEL

Chapel hours:

Mon-Thurs 5am-9pm; Fri 5am-10am

CURRENT AVAILABLE HOURS:

Wed. @ 12pm & 4 pm, Thurs. @ 10 am

Fri. @ 5am

Sign up on the parish website or

contact Lucy Carlson

lmcarlson16@gmail.com

https://adorationpro.org/cloquet



PRAYER LIFE

Please pray for those who are sick/had surgery:

Craig Sutherland, Jim Mosack, David Danielson, Fr. Ben Hadrich, Rodger Maida, Oliver Thoene, Sheryl Stramer, Fr. Pio Atonio, Don Brtek, Jamie Bushey, Pat Johnson, Terry Erickson, Robert Raisanen, Rose Manderfeld, Mark Kayser, Greta Lindbo, Mary Carrier, Bobbie Dale Hill, Jo Meisner, Chris Isakson, Steve Monfeldt, Jessica Lavan, Joshua Olson, Kinsley Pease, Sally Baecker, Dorothy Prevost, Mary Saline, Rick Stowell, Jeff Isakson, Darlyne Zywicki, Mike Larson, Keith Bryon Levings, Alex Konczal, McKenzie Ellena, Steve Noecker, Bryson Calcaterra, Joyce Fritsinger, Don Fossum, Marge Jurek, Jean Ann Wilson

Please pray for the deceased:

Eileen Chartier, John Haverkamp, Patricia Badger, Dolores Lindstrom, Patricia Eldien, Frans Matteson, Katie Pfeffer, Janice Obeidzinski

Please pray for those in the military:

Eric Singpiel, Adam Isakson, Kent Price, Treavor Lowther, Gavin Silbernagel, Everett Sibernagel, Kannon Korpela

TWENTY-FOURTH SUNDAY IN ORDINARY TIME

That all who have repented of the sin of abortion may be given the grace to forgive those who pressured them or failed to help them

SEPTEMBER—FOR PEOPLE LIVING ON THE MARGINS

We pray for those persons living on the margins of society, in inhumane life conditions; may they not be overlooked by institutions and never considered of lesser importance

Prayer requests should be called in to our prayer chain leader, Marilyn Sowada at 218-428-2301.



"Never tire of firmly speaking out in defense of life from conception. Christ is with you: BE NOT AFRAID" - St. Pope John Paul II

Precious babies continue to be aborted in the womb and their mothers misled at the WE Building for Women in Duluth.

Let us walk with Moms & their babies.

You are invited for 40 Days For Life Prayer Vigil & fasting for an end to abortion & give public witness by peacefully praying.

Sundays from 7am - 7pm.
September 28—November 2, 2025.

You can sign up for hours at the table in the gathering space after Mass or contact Kevin McGrath at 218-310-0865

& MORE
**The Exaltation of
the Cross**

7

FALL FESTIVAL

SAT & SUN
OCT. 25 & 26

**The Fall Festival Large Raffle tickets
are now available. Please pick up your
envelope at the back of the church**
The top prize is \$1,000 !

Additional tickets will be available at the church office if you need more for family and friends to purchase.

We will be having a Fall Festival planning meeting on Monday Sept 15th at 6 pm in the gathering space. Please join us to offer your ideas and/or if you would like to help in any way. Making memories for years to come!

Please call the parish office for more info 218-879-6793