

# Choose Your Winter Challenge!

## **-1- The Christmas Challenge**

Pick one of the many Christmas offerings on [Formed.org](https://www.formed.org), a Catholic website with many good videos. Since our parish has a subscription, all you need to do is signup and you can access everything for free. Choose something about Christmas that appeals to you. Make sure to choose something that is appropriate for high school/adult, not something for children.

- For this challenge, parents and candidates will commit to watching something together.
- We encourage you to spend some time discussing your video after you watch.
- ***The primary goal of this challenge is to grow in your personal relationship with Jesus and expand your understanding of Scripture and Christmas.***

## **-2- Investment Opportunity**

This option is an intentional investment in one or more of the ongoing opportunities we have to grow in faith at our parish. Some are specific to Mass, some are ongoing opportunities you can try when it works with your schedule, and some are more of an ongoing commitment.

***The primary goal of this challenge is to connect more deeply to our parish community and find extra support for your faith journey.***

- Parents - Choose one (or more!) option below:
  - Signup up to help with one of our ministries at Mass (ushers/greeters, Extraordinary Ministers of Holy Communion, readers, and especially a need for cantors).
  - Participate in any one of our other 40+ ministries in the parish (contact the parish for more information).
  - If you have not already, make sure to return your Offertory pledge card (and keep to it!).
  - Commit to a Holy Hour (or even half an hour) of Eucharistic Adoration, Tuesdays between 1-8pm.
- Candidates - Choose one (or more!) option below:
  - Sign up for a HS Small Faith Group. You can join a group at any time - simply attend a HS Summit night to get connected. These are held on

the 2<sup>nd</sup> Sunday of the month following the 5:00 pm Mass at Sacred Hearts.

- Register to attend Frassati Fest, a Catholic youth rally held at the Kalahari Resort, February 6-8, 2026 (registration open)
- Register to attend a Love Begins Here local mission (service) trip in Summer 2026 (registration opens in January)

### **-3- The Search (Continues)**

One of the most popular series on [Formed.org](https://www.formed.org) is "The Search." You may have already watched either part or all of this series, either in Faith Formation or if you attended Sacred Hearts School. If you have not watched it already, please choose to do that. Otherwise, if you have watched "The Search," then search for "The Search Continues" and choose 8-10 of the topics to view and discuss together. Each segment is around 6-10 minutes long.

- After viewing each segment, discuss your thoughts on it. What questions do you still have? What topics do you particularly wrestle with and want more answers to?
- Select 1-2 topics to look into even further. Then, visit the "Ascension Presents" page on Youtube and search for videos related to that topic. Watch the videos together, and spend time discussing these topics together.
- ***The primary goal of this challenge is to explore those areas of Church teaching that you have the most questions about.***

We will ask you about which challenge you chose at your January Confirmation Interview.

*At that interview, we will also ask you what you've been doing to grow in your faith outside of these sessions, ask about your preparedness to live out the 5 precepts of the Church, and discuss which topics/Church teachings you wrestle with the most or still have questions about. These interviews are not meant to be intimidating, but are an opportunity for us to talk with you about where you're at on your faith journey so we can be of extra support in your final spring preparations for Confirmation.*