



**December is National Pear Month.** Pears are a top fruit source of fiber, especially when the skin is included. They also provide vitamin C and potassium. Add chopped pears to salads, parfaits, or baked goods like muffins



# LUNCH

## MONDAY

Mini Corn Dogs  
Buttered Noodles  
Cauliflower  
Mixed Fruit

01

## TUESDAY

Super Nachos  
Lettuce Salad  
Peaches

02

## WEDNESDAY

Tator Tot Casserole  
Mixed Vegetables  
Pears

03

## THURSDAY

Subs  
Green Beans  
Bananas  
IceCream

04

## FRIDAY

Hot Dog on a Bun  
Chips  
Baked Beans  
Fruit

05

KFC Bowl  
Popcorn Chicken  
Mashed Potatoes/Gravy  
Corn  
Mixed Fruit

08

Beef Ravioli  
Broccoli w/cheese  
Pineapple

09

Fish Sticks  
Dinner Roll  
Cauliflower  
Peaches

10

Pork Chop Patty  
Rice  
Peas  
Pears

11

Pizza  
Carrots and Cucumbers  
Cake  
Fruit

12

Ham Slice  
Cheesy Hash Browns  
Baked Beans  
Pineapple

15

Chicken Alfredo  
Green Beans  
Mixed Fruit

16

Tacos  
Lettuce Salad  
Peches

17

Goulash  
Corn  
Pears

18

Cold Turkey Sandwich  
Celery with Peanut Butter  
Fruit  
Christmas Cookies

19

Christmas Holiday  
No School

22

Christmas Holiday  
No School

23

Christmas Holiday  
No School

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Christmas Holiday  
No School

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Christmas Holiday  
No School

26

Christmas Holiday  
No School

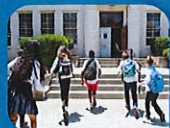
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Christmas Holiday  
No School

30

Christmas Holiday  
No School

31



**School Information:**  
Type your school information here.

# DECEMBER 2025