



**Nutrition Tip:** Help with food waste by getting creative with leftovers and planning meals around the food you already have on hand.

Reference: Eat Right



# LUNCH

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

Mini Corn Dogs  
Buttered Noodles  
Peas  
Mixed Fruit

05

Super Nachos  
Lettuce Salad  
Pears

06

Fish sticks  
Dinner Roll  
Baked Beans  
Peaches

07

No School

01

No School

02

Hot Ham & Cheese  
Cauliflower  
Bananas

08

Pizza  
Steamed Carrots  
Fruit  
Cookie

09

Chicken Nuggets  
Mashed Potatoes  
Steamed Carrots  
Pears

12

Spaghetti with meat balls  
Garlic Bread  
Green Beans  
Mixed Fruit

13

Hamburger Stroganoff  
Mixed Vegetables  
Mandarin Oranges  
Ice Cream

14

Chili  
Crackers  
Celery w PB  
Pineapple

15

Turkey, Ham & Cheese Wrap  
Lettuce Salad  
Fruit

16

Meatballs  
Buttered Noodles  
Steamed Carrots  
Pears

19

Tacos  
Peas  
Peaches

20

Cold Turkey Sandwich  
Lettuce Salad  
Banana  
Cake

21

Pork Chop Patty  
Rice  
Broccoli w/cheese  
Mixed Fruit

22

Hot Dog  
Chips  
Celery w/PB  
Fruit

23

Slice of Ham  
Hash Brown Square  
Baked Beans  
Pineapple

26

Goulash  
Cauliflower w/cheese  
Mandarin Orange

27

Sliced Turkey w/gravy  
Mashed Potatoes  
Green Beans  
Pears

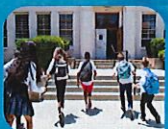
28

Chicken Fajitas  
Mixed Vegetables  
Peaches  
Brownies

29

Hamburger on Bun  
French Fries  
Carrots & Cucumbers  
Fruit

30



**School Information:**  
SS Andrew Thomas School

# JANUARY 2026