



National School Breakfast Week is March 2 – 6. Check with your school nutrition team to see how you can celebrate National School Breakfast Week at your school this year!

# BREAKFAST

## MONDAY

Waffles  
Fruit  
Yogurt

02

## TUESDAY

Choice of Cereal  
Pop tart  
Yogurt

03

## WEDNESDAY

Homemade muffins  
Fruit  
Yogurt

04

## THURSDAY

English Muffin  
w/o egg & cheese  
Fruit  
Yogurt

05

## FRIDAY

Pancakes  
Fruit  
Yogurt

06

Bagels  
Fruit  
Yogurt

09

Energy Bar  
Fruit  
Yogurt

10

French Toast Sticks  
Sausage Links  
Yogurt

11

Scrambled Eggs  
Toast  
Yogurt

12

Choice of Cereal  
Nutrigrain Bar  
Yogurt

13

Waffles  
Fruit  
Yogurt

16

St. Patrick's Day  
English Muffin  
w/o egg & cheese  
Fruit  
Yogurt

17

Choice of Cereal  
Graham Crackers  
Yogurt

18

Homemade muffins  
Fruit  
Yogurt

19

Pancakes  
Fruit  
Yogurt

20

Choice of Cereal  
Pop tart  
Yogurt

23

Scrambled Eggs  
Toast  
Yogurt

24

Energy Bar  
Fruit  
Yogurt

25

French Toast Sticks  
Sausage Links  
Yogurt

26

Choice of Cereal  
PB Crackers  
Yogurt

27

Homemade muffins  
Fruit  
Yogurt

30

Choice of Cereal  
Nutrigrain Bar  
Yogurt

31



SSAT SCHOOL

# MARCH 2026

