



The Truth About Downsizing
Decluttering: Why Start Now

A Little About Us



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Downsizing & Decluttering



Clutter: Verb

To fill or cover with scattered or disordered things that impede movement or reduce effectiveness

Clutter: Noun

A: Crowded or confused mass or collection

B: Things that clutter a place



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the life-changing magic of tidying up marie kondo



the life-changing magic of tidying up marie kondo

- Over 9MM copies sold
- Billion \$\$\$ industry
- konmarie method
 - Tidying up
 - » The key to success in tidying is to finish discarding first.” Marie Kondo
- Discard – but how???

Declutter – where did it go?



Declutter – where did it go?



Downsize & Declutter



Downsize: Verb

To relocate from a larger space to a smaller one.

To reduce excess personal accumulation due to a reduction in available space.

Rightsize. Simplify. Move

Do I have to declutter before I downsize?

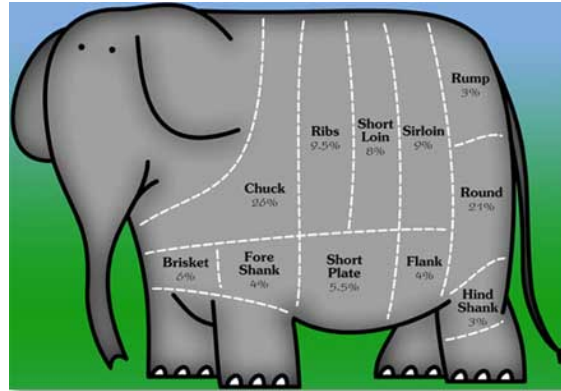
IT DEPENDS –

- 1. When do you want to downsize?**
- 2. Are you comfortable in your current space until then?**
- 3. How much control do you want over the process?**

How do you eat an elephant?

One bite at a time

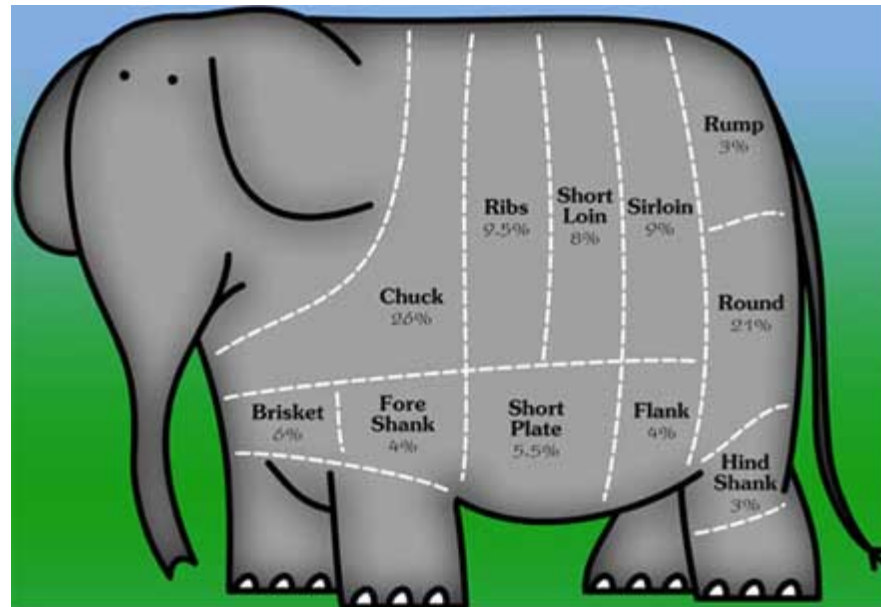
Young adult – “piece of cake” call the friends



How do you eat an elephant?

One bite at a time

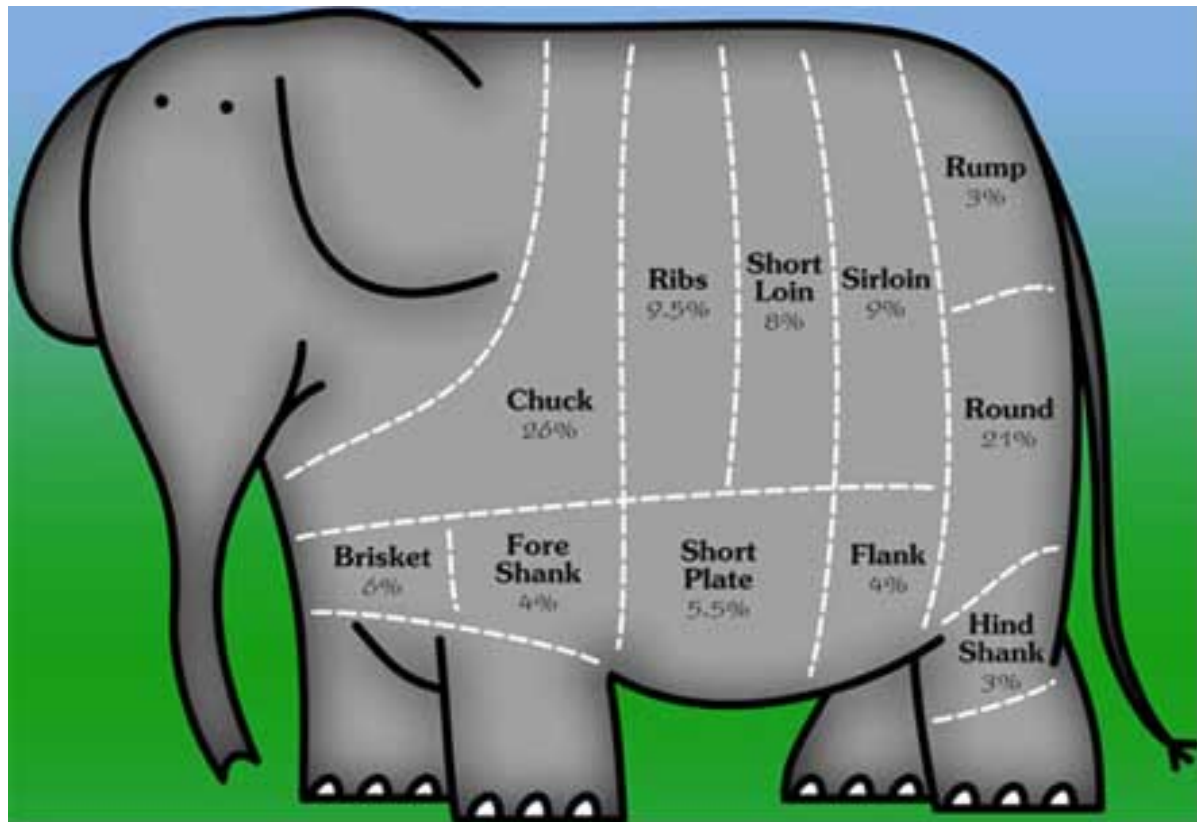
Middle Adult – “this is why they invented Ibuprofen”



How do you eat an elephant?

One bite at a time

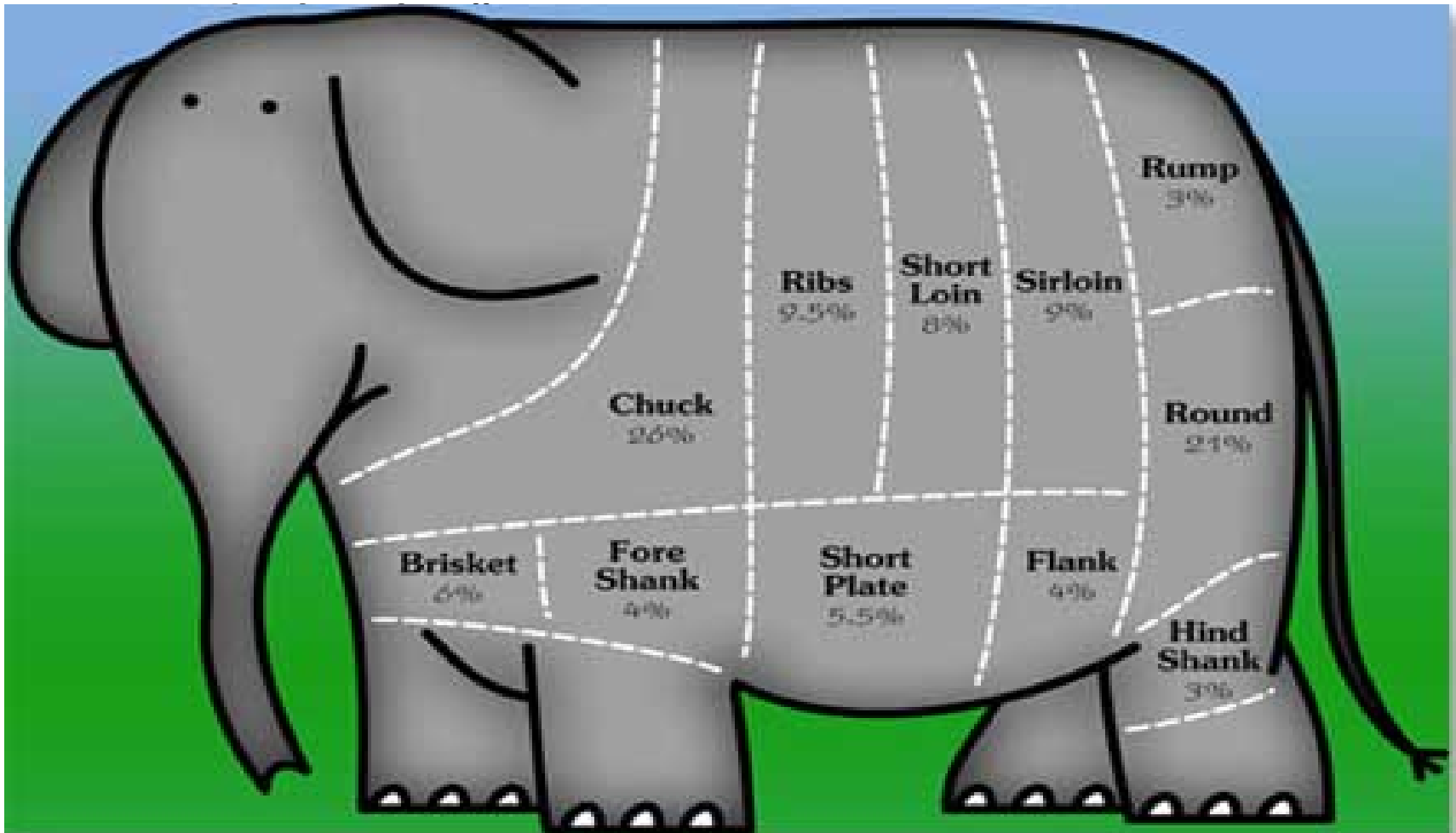
Later in life / early retirement – “Let’s call a mover. It’s worth the money.”



How do you eat an elephant?

One bite at a time

Older Adults— “Just leave it for the kids, let them



Liz: Please tell me, what is making you think about downsizing and moving at this time?

CHOICE



IE: Right now, we're capable of managing it ourselves. We don't want to wait until one of us is sick or grieving.

CHOICE

- **Time to mourn, celebrate, & reminisce**
- **Reduces decision fatigue**
- **Appeases your social conscience**
- **Empowerment**



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WHEN SHOULD I DECLUTTER?

IT DEPENDS –

- 1. When do you want to downsize?**
- 2. Are you comfortable in your current space until then?**
- 3. How much control do you want over the process?**

How do I discard?

GIFT



DONATE

Donate Here!

TRASH



SELL



Who Can Help?

- **Friends & Family**
- **Books and blogs**
- **Professional Organizers**
- **Professional Move Managers**
- **Professional Estate Liquidator**

Fees - Estimates

- Movers - \$100 to \$150 per hour for local move
- Estate Liquidators – 35% to 50%
- Move Managers – \$950 to \$5,000



Downsizing Mistakes

1. Doing it yourself
2. Rushing the process
3. Letting family help, instead of using professionals
4. Taking too much stuff with you
5. Spending too much time sorting
6. Selling home without new place to move
7. Moving stuff to storage
8. Holding a garage sale
9. Expecting a high return on personal items sold
10. Moving during a crisis

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