

**THE ARCHDIOCESE OF GALVESTON-HOUSTON
OFFICE OF AGING PRESENTS**



RESOURCE GUIDE

For Seniors and People Who Love Them

2026

Exhibitors

Organization	Contact	Email	Phone
777 INSURANCE GROUP	VINCENT GONZALEZ	INFO@777INSURANCEGROUP.COM	832-400-3777
"WE PROTECT FAMILIES, FINANCES, AND FUTURES"			
ALZHEIMER'S ASSOCIATION	ADRIANNE MCGEE	AMMCGEE@ALZ.ORG	713-314-1342
THE ALZHEIMER'S ASSOCIATION PROVIDES RESOURCES AND INFORMATION REGARDING ALZHEIMER'S AND DEMENTIA, CAREGIVER SUPPORT, BRAIN HEALTH, RISK REDUCTION, AND MORE.			
ASSN. OF CATHOLIC MENTAL HEALTH MINISTRY	CLAIRE SHYNETT	CSHNETT@AOL.COM	713-444-9724
WE PROVIDE SPIRITUAL SUPPORT AND ACCOMPANY FAMILIES OR INDIVIDUALS. WE EDUCATE PARISH LEADERS AND PARISH COMMUNITIES IN THE IMPORTANCE OF THIS MINISTRY.			
CATHOLIC CHARITIES OF GALVESTON	ELIZABETH KINARD ALEJANDRA GAONA	AGAONA@CATHOLICCHARITIES.ORG	409-762-2064 EXT. 2105
CATHOLIC CHARITIES OF THE ARCHDIOCESE OF GALVESTON-HOUSTON PROVIDES FOOD, CLOTHING, SHELTER AND A NETWORK OF SUPPORT SERVICES TO PEOPLE OF ALL AGES AND FROM ALL WALKS OF LIFE AND RELIGIOUS BACKGROUNDS. CATHOLIC CHARITIES HOUSING PROGRAM ALSO OFFERS SERVICES TO HELP FAMILIES ON THE VERGE OF BECOMING HOMELESS, OR WHO HAVE ALREADY EXPERIENCED HOMELESSNESS.			
CARMA	ELIZABETH LAVAL	ELAVAL@UH.EDU	713-743-9318
COLLABORATIVE ON AGING RESEARCH AND MULTICULTURAL ASSESSMENT (CARMA)OUR RESEARCH TEAM IS DEDICATED TO INCREASING AWARENESS AND UNDERSTANDING OF ALZHEIMER'S DISEASE BY PROVIDING FREE RESOURCES TO HISPANIC AND LATINO COMMUNITIES.			
CONSCIOUS AGING	JIMMIE CORMIER	JIMMIECAJUN@GMAIL.COM	832-929-2339
ASSIST WITH THE TRANSITION FROM MID-LIFE TO ELDERHOOD BY DEFINING AND ASSISTING WITH RITES OF PASSAGE. ALSO RAISE AWARENESS OF A MORE PURPOSEFUL APPROACH TO ELDER YEARS. PROVIDE WORKSHOPS AND RETREATS FOCUSED ON THE PRACTICAL ASPECTS OF CONSCIOUS ELDERING.			

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Organization	Contact	Email	Phone
CONSOLATION/GRIEF MINISTRY	MARY JO BUTLER	MAMASITAWEY@ATT.NET	281-804-1966
ACCOMPANY THOSE WHO ARE SUFFERING THE LOSS OF A LOVED ONE, BEFRIEND THOSE WHO ARE EXPERIENCING THE LONELINESS AND PAIN OF LOSS.			
DIGNITY FUNERAL HOME	GRABIEL GONZALES	GRABIEL.GONZALES@SCI-US.COM	713-397-7451
DIGNITY MEMORIAL IS THE LARGEST PROVIDER OF FUNERAL, CREMATION AND CEMETERY SERVICES IN NORTH AMERICA. WE OFFER PAYMENT OPTIONS FOR PREARRANGEMENT SERVICES, FREEZING AND LOCKING IN TODAY'S PRICING FOR FUTURE USE. THE ABILITY TO PERSONALIZE YOUR SERVICES MAKES THINGS EASIER FOR YOUR SURVIVORS IN THE FUTURE.			
EMMAUS SPIRITUALITY CENTER	MARY PIERSON	MPIERSON@EMMAUSSPIRITUALITY CENTER.COM	713-598-3157
EMMAUS PROVIDES INDIVIDUAL SPIRITUAL DIRECTION, A VARIETY OF SPIRITUALITY PROGRAMS, AND A COMPREHENSIVE TRAINING PROGRAM TO BECOME A MINISTRY LEADER OR SPIRITUAL DIRECTOR.			
GRATIA PLENA	PUI AU-EARLS	PUIA@GRATIAPLENACOUNSELING.ORG	832-532-0129
PROVIDE MENTAL HEALTH SERVICES THAT IS FAITHFUL TO THE TEACHINGS AND VALUES OF THE CATHOLIC CHURCH.			
HOUSTON-GALVESTON AREA COUNCIL	HTTPS://WWW.H-GAC.COM/AGING-AND-DISABILITY-RESOURCE-CENTER		
THE AGING AND DISABILITY RESOURCES PROVIDES INFORMATION AND REFERRAL, RESPITE, MEDICARE EDUCATION, LOCAL CONTACT AGENCY, AND HOUSING NAVIGATION.			
HOU-GALV AREA COUNCIL OMBUDSMAN PROGRAM	JANETT GUTIERREZ	OMBUDSMAN@H-GAC.COM	888-929-1192
LONG-TERM CARE (LTC) OMBUDSMEN ARE ADVOCATES FOR RESIDENT RIGHTS. THEY HELP PROTECT THE QUALITY OF LIFE AND QUALITY OF CARE OF ANYBODY WHO LIVES IN A LONG-TERM CARE FACILITY. OMBUDSMEN ARE INDEPENDENT OF ANY LONG-TERM CARE FACILITY. SERVICES ARE FREE, CONFIDENTIAL AND AT THE RESIDENT'S DIRECTION.			

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Organization	Contact	Email	Phone
HUMANA MARKET POINT	MELISSA GARCIA	MGARCIA197@HUMANA.COM	346-268-8840
THROUGH COMMUNITY-DRIVEN OUTREACH, WE STRIVE TO EMPOWER OLDER ADULTS WITH RESOURCES AND INFORMATION THAT HELP THEM ACHIEVE HEALTHIER, HAPPIER LIVES. A LICENSED PROFESSIONAL WILL OFFER PERSONALIZED GUIDANCE TO SENIORS HELPING THEM UNDERSTAND THEIR HEALTHCARE BENEFITS, SOCIAL SUPPORT OPTIONS, AND PROGRAMS DESIGNED TO ADDRESS THEIR UNIQUE NEEDS.			
INNOVATIVE HEALTH SERVICES, INC.	MICHELLE AND VINCENT CHAVEZ	INFO@INNOVATIVEHSI.COM ADMIN@INNOVATIVEHSI.COM	409-267-6194
INNOVATIVE HEALTH SERVICES, INC. PROVIDES SKILLED HOME HEALTH CARE SERVICES INCLUDING NURSING, THERAPY, AND PATIENT SUPPORT TO PROMOTE INDEPENDENCE.			
JOSEPH EARTHMAN GENERATIONS, LLC	JOSEPH EARTHMAN	JOSEPH@JOSEPEARTHMAN.COM	713-802-0000
WE OFFER FUNERAL, MEMORIAL, CREMATION AND BURIAL SERVICES.			
LONE STAR LEGAL AID	GLORETTA THORNTON	GTHORNTON@LONESTARLEGAL.ORG	713-652-0077 EXT. 1234
WE PROVIDE FREE LEGAL SERVICES TO LOW INCOME FAMILIES ON CIVIL MATTERS, SUCH AS: HELPING PEOPLE TO OBTAIN OR MAINTAIN BENEFITS FROM SSA, HHSC, TWC, HHS ETC.			
METOYER ROUNDTABLE CONSULTING	VERNITA METOYER	VERNITA.METOYER@ICLOUD.COM	832-427-9347
FACILITY PLACEMENT, CARE MANAGEMENT, HOME CARE COORDINATION, SENIOR MOVING, SENIOR RESOURCES.			
OFFICE OF HISPANIC MINISTRY	LÁZARO A. CONTRERAS	OHM@ARCHGH.ORG	713-741-8727
WE PROVIDE PASTORAL LEADERSHIP FORMATION FOR PARISH LEADERS, LAY GROUPS, AND THOSE WHO ACCOMPANY THE HISPANIC/LATINO FAITHFUL THROUGHOUT THE ARCHDIOCESE.			
THE UNI. OF TEXAS MD ANDERSON CANCER CENTER		WWW.MDANDERSON.ORG	
INFORMATION ON CANCER PREVENTION.			

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Organization	Contact	Email	Phone
SECURE YOUR LEGACY, INC.	STEPHANIE SALCEDO	INFO@SYLEGACY.NET	832-884-3877
GIVING YOU PEACE OF MIND TODAY WHILE INSURING YOUR FAMILY IS NEVER LEFT WITH THE EMOTIONAL AND FINANCIAL BURDEN TOMORROW.			
ST. DOMINIC VILLAGE	DASHA JOHNSON	DJOHNSON@STDOMINICVILLAGE.ORG	713-823-9045
WE ARE CATHOLIC BASE SENIOR LIVING COMMUNITY THAT OFFERS CONTINUED CARE FOR ELDERLY. WE SPECIALIZE IN ASSISTED LIVING/INDEPENDENT LIVING/SKILLED NURSING AND REHABILITATION AS WELL AS 24HR NURSING LONG TERM CARE.			
TRAVEL COUNSELORS, INC.	BECKY MORENO	BECKY@TRAVEL-COUNSELORS.COM	
PROVIDE TRAVEL INFORMATION AND ANSWERS ANY QUESTIONS RELATED TO TRAVEL.			