

Epiphany of the Lord Catholic Church

Love God ~ Serve Others ~ Go Make Disciples



7336 W. Britton Road Oklahoma City, OK 73132 ~ 405-722-2110 ~ www.epiphanyokc.org

Celebrating 50 Years 1976-2026 of Faith and Family

This Sunday, March 22,

**Join us for the
Prayer Labyrinth**

from 8:30am-12:30pm in the Gym
Parish Lenten Penance Service
at 5:00pm in the Church

Bring a bible or spiritual reading for meditation time.

Lenten Activities at Epiphany

Daily Mass & Adoration - 8:00am Monday - Friday
Sunday Evening Prayer - 6:30pm

Lenten Meal 6:00pm and

Stations of the Cross 7:00pm

Friday, March 27 - Cheese and Vegetable Lasagna

Fast and Abstinence Guidelines

FASTING - Adult Catholics (ages 18-59) are reminded to FAST (small portions, no eating between meals) on Good Friday.

ABSTINENCE - All Catholics age 14 and older are required to ABSTAIN from meat on Good Friday, and all Fridays of Lent.

If you have a medical condition relating to fast and abstinence, you are exempt from these guidelines.

Heal

A Lenten Homily Series

View the homilies on our webpage epiphanyokc.org or at [YouTube.com/@EpiphanyoftheLordOKC](https://www.youtube.com/@EpiphanyoftheLordOKC)

In their homilies last week, Fr. Vic and Fr. Bird spoke about physical healing and other types of healing. While some wounds come from personal choices, many are not anyone's fault, and shame or self-blame can keep healing at a distance. True healing requires attentiveness to the Lord and active participation on our part, cooperating with God's grace through concrete steps. What steps are you going to take?

Jesus, I give myself to you now to be my healer.

I give you my wounded heart.

I invite you into the broken places in my heart.

You know those places.

You know my brokenness and you love and accept me anyway.

Come and meet me here.

Speak to me.

Heal me. Amen.

Holy Week and Easter Schedule 2026

* These services will be live-streamed;
find the links at epiphanyokc.org

+These services will have no incense.

Palm Sunday Weekend-March 28-29

(All Masses begin in the gym; arrive early.)

Mass: Saturday 5:30pm

Mass: Sunday 8am; 10am*, 12:30pm

Holy Thursday-April 2

Morning Prayer: 9am

Mass of the Lord's Supper: 7pm*

Good Friday-April 3

Morning Prayer: 9am

Stations of the Cross: 3pm

Good Friday Service: 7pm**

Holy Saturday-April 4

Morning Prayer: 9am

Easter Vigil Mass: 8:30pm

(No 5:30pm Mass, No Confessions)

Easter Sunday-April 5

Mass Times: 8am; 10am*, 12:30pm

We hope you join us!

Fifth Sunday in Lent

March 22, 2026

Today's Readings: Ezekiel 37:12-14 ~ Romans 8:8-11 ~ John 11:1-45

Faith Question: When healing seems delayed, how can we persevere in prayer and not give up, trusting in God's timing?

Next Week's Readings: Matthew 21:1-11 ~ Isaiah 50:4-7 ~ Philipians 2:6-11 ~ Matthew 26:14—27:66

Parish Staff

Office 405-722-2110 ~ Fax 405-722-6719

Office Hours: 9:00am-4:30pm

Pastor - Father Stephen Bird

epiphany@epiphanyokc.org (moderated).....x111

Associate Pastor - Father Vic Luong

associatepastor@epiphanyokc.org.....x112

Deacons - Deacon Frank Alexander

deaconalexander@epiphanyokc.org.....x116

Deacon Eric Conrady

deaconconrady@epiphanyokc.org.....x117

Deacon Robert Heskamp (Retired)

Director of Operations - Geof Archer

operationsdirector@epiphanyokc.org.....x110

Pastoral Associate and Safe Environment - Tammy Jacobs

pastoralassociate@epiphanyokc.org.....x123

safeenvironment@epiphanyokc.org

Financial/Member Records - Jacob Devasia

records@epiphanyokc.org.....x114

Director of Faith Formation - Deborah West

faithformation@epiphanyokc.org.....x118

Director of Youth and Young Adult Ministry - Sarah Holt

youth@epiphanyokc.org.....x120

Music Director - Brent McWilliams

musicdirector@epiphanyokc.org.....x115

Contemporary Choir Director - Bryan Warren

ccdirector@epiphanyokc.org.....x121

Children's Day Out Director - Bernadette Tilton

cdodirector@epiphanyokc.org.....x129

Communications Director and Technology - Cara Koenig

communications@epiphanyokc.org.....x128

Afternoon Receptionist - Kate Micaletti

receptionist@epiphanyokc.org.....x124

Mass Schedule

Saturday: Vigil, 5:30pm*

Sunday: 8:00am, 10:00am**, 12:30pm

Monday - Friday: 8:00am

Holy Days of Obligation: 6:30am, 11:30am, 6:30pm

* Childcare available during Mass in the nursery.

+This Mass is Live-Streamed on the Epiphany Facebook and YouTube pages.

Adoration

Monday - Friday: Following 8:00am Mass

First Monday: 6:00pm

Sacraments

Reconciliation: Saturday, 6:30pm
and by appointment

Baptism: Contact Parish Office
during pregnancy

Matrimony: Contact Pastor at least
6-12 months in advance

Letters of Good Standing

Request must be made a minimum of 14 days in advance.

Contact Geof Archer, 405-722-2110 ext. 110 for a letter of reference, to be a sponsor or godparent.

Sacramental Records

Contact Cara Koenig, 405-722-2110 ext. 128 or sacraments@epiphanyokc.org to request a sacramental record. Anyone 18 and older must request records for themselves.

Mass Intentions for the Week

Sunday 10:00am, March 22

✠Jimmy Womack.....Carol Womack

Monday, March 23

✠Deceased Family Members.....Khan Duong

Tuesday, March 24

✠Larry TodaroThe John Azua Family

Wednesday, March 25

✠Joseph Thuan NguyenMargarita Nguyen

Thursday, March 26

Friend.....Khan Duong

Friday, March 27

Bernice Koscielniak.....Lynda Birch

Saturday, March 28

Fr. Prabhakar.....Lynda Birch

Lord Jesus,
We lift these people up to you: The healer of the sick, who raised the dead to life. We praise you for the faith you give us to keep on hoping and praying for those who are ill.
Amen. (adapted from: Living Faith)
Please Pray For...
Mary Ann Reherman, Gerald Duke, Lenny Ortiz, Audrey, Michael, and Penny Antkowiak, Bernice Koscielniak, Kemsley Sigala, Michael Micaletti, Mike Stich, Emmie Walkup, Sophie Miye, Emmanuel Tsiambom, Marilyn Jo Simpson, Phyliss Larimer, Sandee Fitzgerald, Terri Headrick, Jennie Mariel Melendez, Pat Fanning, Sylvia Flemming, Deacon Bob Heskamp, Mike Moxley, Glinda Parmley, Alex Davis, Cameron Grelle, Barbara Bauer, Jack and Carmen Jackson, Chris Stubbs, Osiris Gonzelez, Sara Hayes, Doug Duryea, Maria Chapelle, Grace Clark, Melva Carney, Carol Schmidt, Heather Osmulki, J.E. Soudek.

Fifth Sunday in Lent

Save the Date, It Could Save a Life



Health Ministry is hosting the OKC Fire Department for a free presentation (*not for certification*) on CPR **this Monday, March 23**, 6:00pm in Bryce Hall.

Homebound Parishioners



If you are, or if you know of, a parishioner unable to attend Mass due to illness/surgery, etc. and would like to receive Holy Communion, contact Tammy Jacobs at 405-722-2110 or pastoralassociate@epiphanyokc.org.

Epiphany Health Ministry Meeting



Our next meeting will be *this Thursday, March 26*, at 6:30pm in the Patio Room. If you are interested in learning more about what we do, come and join us. We are a lively group who offers so much to our parish. *We are always*

seeking volunteers with fresh ideas to help serve.

2026 Catholic Home Missions Appeal

Thank you for your generous support for last week's Catholic Home Missions

Appeal. Your donation helps strengthen the Church at home and spread the Gospel across the U.S. If you missed the appeal, it's not too late to give! Just visit www.usccb.org/home-missions.



The Second Collection

The Second Collection for **March 28 and 29** is for ***the St. Vincent de Paul Society and the Poor.***

Sacrificial Giving General Support Report

Sunday Envelopes: **\$22,994.00**

Sign up for auto payments with ParishSoft using the QR code or go to:



<https://giving.parishsoft.com/App/Giving/FD-806>

Looking Ahead in Our Parish

Sunday, March 22

9:00am Prayer Labyrinth
9:00am "Heal" Small Group
11:15am Faith Formation (PK4-5th)
11:15am "Heal" Small Group
11:15am Inquiry Session
11:15am Catechumenate Session
5:00pm Parish Penance Service
6:30pm High School Night

Monday, March 23

6:00pm Cub Scout Meeting
6:00pm Women's Club Meeting
6:30pm CPR Training

Tuesday, March 24

9:30am Tai Chi Session
6:00pm Project Gabriel Meeting
6:00pm "Heal" Small Group

Wednesday, March 25

9:00am "Heal" Small Group
10:00am Senior Walk
12:30pm Classics Bunco
5:45pm Middle School Faith Formation and Youth Group (6-8th)
7:00pm Choir Rehearsal

Thursday, March 26

9:00am Woodcarvers
9:30am Tai Chi Session
4:00pm Youth Scripture Study
6:00pm Children's Choir Rehearsal
6:00pm "Heal" Small Group
6:30pm Health Ministry Team Meeting
7:00pm Parish Council Meeting

Friday, March 27

10:00am "Heal" Small Group
6:00pm Lenten Meal -
Cheese and Vegetable Lasagna
7:00pm Stations of the Cross

Saturday, March 28

Palm Sunday - Mass begins in the Gym

Sunday, March 29

Palm Sunday - All Masses begin in the Gym

Baptismal Seminar Sign-Up is Open



The next seminar will be **Tuesday, April 7** at 6:30pm. Enter on the east side of the church through the double doors marked Hall. Seminar is in Room 2 in the office hallway.

All parents wishing to baptize their child are required to attend.

Parents expecting a child should attend during the pregnancy or during the process of adoption. Godparents are invited and encourage to attend.

This class is for parents of children from birth to six years-old (children seven and older contact Deborah West at 405-722-005).

To register, call 405-722-2110. Babysitting is available upon request. You must be a registered and active member of Epiphany to attend.

Calling All Epiphany Women

All Women of Epiphany are invited to our Women's Club gathering **this Monday, March 23.**

Rosary in the church at 6:00pm

Social Time in the Patio Room at 6:30pm

Meeting at 7:00pm

Our speaker will be Deacon Eric Conrady.

For more information contact Mary Jane Wittrock, 405-640-1025, or womensclub@epiphanyokc.org.



Classics Bunco

(55 years old and older)

this Wednesday, March 25,
at 12:30pm in the Patio Room.

For information call Judy,
405-831-3437.

Tai Chi Sessions

Sessions are **Tuesdays and Thursdays,**

9:30am - 10:30am, in the Gym. Tai Chi for Better Balance can be done seated or standing.

People at any level of fitness can participate.

For information call the parish office at 405-722-2110.



Project Gabriel Meeting

Project Gabriel is a Pro-Life Ministry helping women struggling with unplanned pregnancy.

Our next meeting will be **this Tuesday, March 24,** at 6:00pm in Room 12 (use the gym entrance).

For help, or to volunteer, call 405-534-2621 or email ProjectGabriel@epiphanyokc.org.

Interested in Becoming Catholic?

For someone desiring the Sacraments of Baptism, the Eucharist, and Confirmation, the Catholic Church recommends a period of formation beginning in Lent 2026, with initiation into the Catholic faith at Easter the following year (2027). For more information contact Deborah West, 405-722-2110 ext. 118.

High School Nights

(Grades 9th - 12th)

Sundays from 6:30-8:00pm in the Youth Room. Enter through the Mary Garden between the rectory and the office doors on the east side of the church.

High School Scripture Study

(Grades 9th - 12th)

Thursdays at 4:00pm in the Youth Room. Join as we read and discuss the readings for the upcoming Sunday Mass. Contact Sarah Holt at 405-721-1137 or youth@epiphanyokc.org.